

For My Valentine

Of course you'll give "Her" a gift on St. Valentine's Day! Make it a practical remembrance and she'll appreciate your thoughtfulness.

We suggest

HOSIERY

We have the weight you want... at the price you want to pay.

59c 75c \$1.00

Corticelli
Quality
SILK HOSIERY

Prowse Bros. Ltd.

Attention to Farmers Near Charlottetown

Wanted number of cars of Number One Certified Cobler seed. Can be loaded at any Railway station along the line on or before February 25th. Call at our office to arrange about the bags.

It looks as if this may possibly be our only seed order of any size this spring, and if you have stock to move act at once.

FRANK B. CLARK,
Prince Street Wharf
Charlottetown

VEGE BOUNTY BE PAID ON DOGFISH

ST. JOHN'S, Nfld., Feb. 11.—A Commission of Enquiry investigating the fisheries of Newfoundland and Labrador has reported that steps must be taken to eliminate the menace of dogfish, whose presence was interfering most seriously with the industry.

The suggestion was advanced by the report that a bounty be paid for catching and destroying dogfish. Evidence before the commission revealed the pest was one of the greatest difficulties the fishermen had to contend with, as balls were taken by them as soon as lines were aaced in the water. Traps also became filled with them.

The result has been that the fishermen have ceased fishing rather than waste gasoline. The opinion was expressed that before any action to combat the pest could be taken, complete data on the appearance of dogfish on the various coasts of Newfoundland and Labrador would have to be compiled.

Y. P. U. MEETING

The regular meeting of the Cape Traverse Young People's Union was held at the home of Miss Estelle Ross on Tuesday, Feb. 8th, with the vice-president, Miss Mary Muttart in the chair. The meeting opened with the hymn "I Me The Stories Of Jesus," followed by the Lord's Prayer in unison. Scripture readings from Luke 14 were given by Ruth MacDonald and Fern Bell. The hymn Pass

WHEN COLDS BRING SORE THROAT



Relieves THROAT PAIN RAWNESS

Enters Body through Stomach and Intestines to Ease Pain

The speed with which "Aspirin" tablets act in relieving the distressing symptoms of colds and accompanying sore throat is utterly amazing... and the treatment is simple and pleasant. This is all you do. Crush and dissolve three "Aspirin" tablets in one-third glass of water. Then gargle with this mixture twice, holding your head well back.

This medicinal gargle will act almost like a local anesthetic

DEMAND AND GET—ASPIRIN

The Central Guardian

This column is reserved for news of local interest but advertising of a newsy nature may be inserted at a cost a word strictly payable in advance.

CRASWELL for Photographs.

CONFEDERATION LIFE INSURANCE. L-8789-7-12-312

NOW FOR A REAL BREAKFAST with Robin Hood Porridge Oats, China, Silverware or Flax.

GET YOUR EGGS at the Candling Station, Weymouth Street. They are the best. L-3573-2-10-31.

CAVENDISH CHARGE. Workshop on Sunday, February 13th in North Rustico at 11 A. M. Stanley Bridge at 3 P. M. Geo. W. Tilley, Minister. L-3620-2-12-11.

SUNDAY SERVICES.—New Glasgow 11.00 A. M. and 7.30 P. M. Cavendish Baptist Church 3.00 P. M. Rev. Wm. G. Quigley, Minister. L-3622-2-12-11.

A BREATH OF SPRING.—Yesterday the Guardian received a Mayflower from Mr. Ernest S. Doucette, of North Rustico, found there before the big snowstorm of Thursday.

That Body of Yours

By James W. Barton, M.D.

VALUE OF BARIUM SULPHATE IN SWEEPING OUT MUCOUS AND WASTES FROM LARGE INTESTINE

A patient consults his physician about pains in the stomach and abdomen. The physician on examination finds some symptoms that suggest stomach ulcer, others that suggest cancer of the stomach. Others that suggest a chronic appendicitis and still others that suggest colitis—Inflammation of the lower bowel.

In an attempt to get more definite information on the condition of the stomach and intestine the physician has the patient undergo an X-ray examination wherein about 4 ounces of barium sulphate in buttermilk is taken some morning before any food is eaten, and the patient has films taken of the stomach and intestine. The barium sulphate—a very white substance—which makes a black shadow all the way down through the stomach and intestine. It is a matter of three or four days to a week before the barium sulphate is completely out of the intestine. He completely examines the films himself or receives a report from the operator recording, among other findings, the length of time the barium sulphate remained in the stomach, then in the small intestine and then in the large intestine before finally leaving the body. From this report the physician is able to get much help as the X-ray films show whether there is an ulcer—depression or crater—on the wall of the stomach or intestine—the condition or position of the appendix, any unusual delay or obstruction at any part.

Sometimes the films show practically a normal condition and the physician awaits the return of the patient to tell him the good news to his surprise (if he thinks about it at all) he finds that the patient does not return to see him.

Why has the patient neglected to return?

It has been found that barium sulphate and lactulose—a form of clay—actually sweep the lining of the stomach and intestine more particularly the wastes and excess mucus from the lining of the large intestine, and with the removal of these wastes and mucus, the symptoms also disappear. As the patient feels better for weeks, perhaps months afterward, he doesn't bother to visit the physician.

It should not be forgotten however that the barium sulphate, if used, should be obtained from a reliable or graduate drugist or from the hospital X-ray department.

DEATH OF MRS. WILLIAM MALLET

Mrs. William Mallett passed away on Thursday at her home on East Street, Summerside, after a long illness. Mrs. William Mallett, Mrs. Mallett had been a resident of Summerside for many years and was a very estimable woman. She leaves to mourn her husband, Captain William Mallett, two daughters, Viola and Daisy and one son, in Western Canada. Mrs. Duane Palmer of Summerside is a sister. Much sympathy is extended to the bereaved family. The funeral is taking place this afternoon from her late residence to the Peoples Cemetery—S.

THE BAPTIST CHURCH.

The music at the morning service will be in charge of the Junior Choir. The details of their morning numbers are set forth in the Church advertising to-day. Mr. Denton's morning sermon will be "Some customs of Jesus." An interesting feature of the Church School at 2.30 will be a discussion on "What should be the Christian attitude toward the 'Sit Down Strike'?" This will be led by Mr. J. W. Boulter and Mr. Ralph J. Rupert. The evening sermon by the Rev. H. L. Denton, B. D. will be "The message of the 'Sit Down Strike'." Miss Pearl Burns sings "Pughe-Evans' 'Return unto thy rest.'" The choir sings selected anthems.

ANNUAL MEETING.

The annual congregational meeting of the United Church was held at Clifton United Church on Wednesday, Feb. 9th. Regret was expressed for the illness of Mr. Chester Buntain, who has been secretary of this congregation for some years. A motion was passed setting forth the sympathy of the congregation and hope that Mr. Buntain's recovery may be speedy and complete. Reference was made to the passing of Mr. Hugh MacKay. He was an official of this congregation for many years. Mr. MacKay has helped with the work as long as his health permitted, and always retained his interest in the congregation. A resolution in remembrance and appreciation of Mr. MacKay was placed on the records.

PRETTY VALENTINE TEA.

The Gracia Club of the Central Christian Church held a very pretty Valentine tea at the home of the president, Mrs. S. C. Cooper, Kent Street, yesterday afternoon. The door was opened by Miss Shirley Stewart, dressed as a Valentine sweetheart. Mrs. S. C. Cooper, president of the club, assisted by Mrs. Everett Platts, vice-president, and William Henry Quigley, ushered the guests to the dining room. Presiding over the tea table was Mrs. Jack Stewart. Assisting in serving were: Mrs. Alison Owen, Mrs. Wilkey Dunmore, Mrs. Harper MacMillan, Mr. Arthur Woolner, Mrs. Preston Beck, Miss Lily Dewar and Miss Mary Stewart. The prettily arranged tea table was centered with red tulips.

Personals

Mr. Wesley Bruce of Bothwell is attending the Agricultural course in the P. W. C.

Mr. Shaw MacDonald, of Cherry Valley is in the city attending the short course in Agriculture in P. W. College.

The many friends of Miss Margaret Dougan will be glad to learn that she is resting comfortably after an operation for appendicitis in the Charlottetown Hospital.

The many friends of Mr. Andrew Morrissey, M. Herber, will be pleased to learn that he is able to move about again after his recent severe illness. He is at present visiting Mr. and Mrs. Daniel W. Paquette City.

WRIGHT-MACDONALD NUPTIALS

A wedding of interest to many Islanders took place at 4 P. M. on Wednesday, January 19th in Vancouver, B. C. when Rev. L. R. MacDonald, United Church Minister of Loyal, Alta., and Mrs. Catherine (Nina) Wright of Vancouver were united in marriage at the residence of the bride's parents, Mr. and Mrs. E. D. Braden, D. D. The bride, who was unattending school, was charming in her travelling suit of aquadon

KNIGHTS OF COLUMBUS

FUNERAL NOTICE

Members are requested to meet at Frank Hennessey's Funeral Home Saturday morning at 8.40 to attend the funeral of our late brother, Fred J. McCann, Montreal Council No. 284.

L-3611-2-11-21.

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It should not be forgotten however that the barium sulphate, if used, should be obtained from a reliable or graduate drugist or from the hospital X-ray department.

Pioneer Railway Builder Celebrates 90th Birthday

VANCOUVER, B. C., Feb. 11.—Canada's grand old man of railroading celebrated his 90th birthday here recently in the person of Thomas H. White, the last of the great railway builders. He retired in 1922 as Chief Engineer of Construction for the Canadian National Railways.

Still hale and hearty and as mentally alert as ever, he varied his routine not one iota, although the outpouring of congratulations poured in on him from all over the country. "I stopped having birthdays long ago," he chuckled to his many callers.

The crowning achievement of a railway lifetime of more than half a century was his construction of the main line through the Rockies. In 1907 he started his survey through the Yukon Pass and achieved an average four-fifths grade not duplicated by any other transcontinental railway. He has been a pioneer in the mountains for operating purposes and made huge economies possible in the movement of traffic.

W. M. S. MEETING

The Cape Traverse Women's Missionary Society held their February meeting at the home of Mrs. Frank Muttart on Thursday, February 3rd with the president in charge. The theme was "The Church in Action in the Nation." The opening hymn was "Creation's Lord, We Give Thee Thanks, after which the Scripture readings from Philippians on "What was Paul's life with harmonizing accessories. Immediately after the ceremony the bride party motored to the home of Miss Maud Wright where a buffet luncheon was served. The dining-room and parlour were tastefully decorated with beautiful chrysanthemums and ferns. Telegrams were received from Island friends conveying very loving congratulations. Many wishes and felicitations were received from Mr. and Mrs. MacDonald left on the 7.15 train for their home in Loyal, Alta. A number of former Islanders residing in Charlottetown greeted them as they passed through that town. When they arrived in Loyal many friends met them at the station with a cordial welcome and after the evening the Trail Rangers called to bring their greetings. The following Wednesday evening a largely attended reception was tendered them at the church.

Their many friends in this Province wish Mr and Mrs. MacDonald many years of happiness.

Central Christian Church

MINISTER—REV. S. C. COOPER, Th. M.
ORGANIST—MRS. V. L. DINGWELL

Morning Service—11.00 A. M.
Anthem: "Holy Quietness."
Sermon: "At the Front or the base."
Sunday School—2.30 P. M.
Evening Service—7.00 P. M.
Anthem: "God is Love."
Sermon: "Serving Our Generation."
All Cordially Invited.

Zion Presbyterian Church

MINISTER—REV. G. CARLILE WEBSTER
ORGANIST—PRO TEM MISS RENA WOOD

MORNING WORSHIP
11.00 A. M.—Theme: "The Spirit of Hymns: 81, 592, 152, 184.
Anthem—"Praise My Soul, the King of Heaven"—Goss
2.30 P. M.—Sabbath School and Bible Classes.
EVENING WORSHIP
7.00 P. M.—Theme: "The Adults' Responsibility to the Young."
This message concerns all grown-ups but parents are especially urged to hear it. It is better to be concerned now. Some day it may be too late.
Hymns: 600, 282, 590.
Anthem—"Sun of My Soul" Sudds
Solo parts by Miss Sempel and Mr. Craswell.
Solo—"I Think When I Read the Sweet Story of Old"
Mrs. Arthur Roper

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The Presbyterian Church In Canada

St. James Church
Minister—REV. R. MOORHEAD LEGATE, D.D.
Public Worship:
MORNING AT ELEVEN AND EVENING AT SEVEN O'CLOCK

Anthem: "But The Lord is Mindful of His Own"
—Mendelssohn.
Soloist: Miss Jacqueline Macdonald.
Sunday School at Two-thirty.

EVENING SERVICE
Anthem: "Saviour When Night Envelops the Sky"
—Shelly.
Soloist: Charles MacKenzie.
Organist—Mrs. Keith Rogers.
Choir Leader—Mrs. J. A. Lawson

STRANGERS AND VISITORS CORDIALLY INVITED.

St. Peter's Cathedral

Rochford Square
REV. CANON E. M. MALONE, M.A., L.Th.

SUNDAY SERVICES

8.00 A. M.—Holy Communion
8.45 A. M.—Matins.
11.00 A. M.—Choral Eucharist and Sermon.
2.30 P. M.—Sunday School.
7.00 P. M.—Evensong and Sermon.

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Soloist: Charles MacKenzie.
Organist—Mrs. Keith Rogers.
Choir Leader—Mrs. J. A. Lawson

STRANGERS AND VISITORS CORDIALLY INVITED.

Trinity United Church

REV. HUGH MILLER, M. A., B. D.—Minister
REV. A. E. MACKENZIE, B. A.—Assistant Minister.
A. ROY KENDALL, L.R.A.M., A.A.G.O.—Organist.

MORNING WORSHIP
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Solo—"I Think When I Read the Sweet Story of Old"
Mrs. Arthur Roper

St. Paul's Church

THE CHURCH OF ENGLAND IN THE DOMINION OF CANADA

8.30 A. M.—Holy Communion.
11.00 A. M.—Morning Prayer and Sermon—"Looking Forward to His Task"
Mr. Williams and Mrs. Traylor will sing a Duet during the Offertory.
2.30 P. M.—Sunday School and Bible Classes.
3.45 P. M.—Baptisms.
7.00 P. M.—Evening Prayer and Sermon "In the Beginning."
Everybody Welcome.
REV. H. D. RAYMOND, M. A., Rector.
Choir Director—ALBERT DINNIS.

Run Down—Tired Out Only Weighed 96 lbs.

Milburn's Health and Nerve Pills are what weak, nervous, run down men and women need to help make them strong and well again.

They are a well balanced tonic for the treatment of those whose nerves are shattered, and for those feelings of faintness, weakness and dizziness caused by an overworked run down constitution, or whose health is not up to par.

They help to infuse new life and energy into depressed, health shattered men and women who have come to think there is no relief for them.

Mrs. P. BROUGHTON, Fenwick, Ont., writes:—"I was so run down and tired out all the time I did not care whether my housework was done or not.

I only weighed 96 pounds, but after taking three boxes of Milburn's Health and Nerve Pills I now weigh 122 pounds, and do my own work for eight in the family.

I only wish I had started taking H. & N. Pills a year ago."

Put up by The T. Milburn Co., Ltd.

The BAPTIST Church

Cor Prince and Fitzroy
MINISTER—THE REV. HARVEY L. DENTON, B.Th., B.D.

MORNING WORSHIP 11 O'CLOCK
Junior Choir will be in charge of the music at the morning service.
Solo—"When Mothers of Salem" — Sylvia MacKay
Junior Choir—"Jesus Bids Us Shine"
Soloists—Barbara Quigley and Marilyn Rupert
Duet — Alotha Saunders, Marguerite Brehaut
Junior Choir—"Children of Jerusalem"
Soloists—Jackie Proud, Donald Irvine
Sermon—"Some Customs of Jesus" — Mr. Denton
THE CHURCH SCHOOL 2.30 P. M.
The two senior groups meet at 12 o'clock.
The Junior Brotherhood hold a panel discussion on "What Should be the Christian Attitude Toward the 'Sit Down Strike'?"
Leaders J. W. Boulter, R. J. Rupert.
EVENING WORSHIP 7.00 O'CLOCK
Organ Prelude
Sermon—"What Are You Doing With God's Truth?"
The Rev. H. L. Denton
Anthem—Selected — — — — — Choir
Solo—"Return Unto Thy Rest" — — — — — Pughe-Evans
Miss Pearl Burns
Choir Director—Miss Vera H. Malcolm Campbell, Mus. Bac.
Organist—Miss Helen Callbeck.
You are cordially invited to worship with
THE BAPTIST CHURCH.

St. Peter's Cathedral

Rochford Square
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