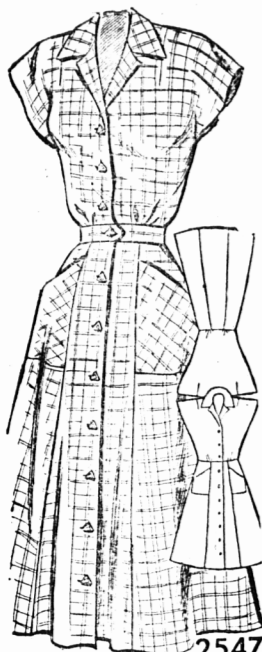


Woman's Realm/Social and Personal/Fashions/Literature

-Needlecraft-

— FOR THE HOME —



SO-IMPORTANT SHIRTWAIST

Cap sleeve edition of the endlessly useful shirtwaist dress! You'll especially like the smooth shoulders and side pockets—both so style wise—and the casual collar to wear as you will.

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Morning Smile

Waited: How did you guess we had a new dish-washer, sir?

Diner: "The fingerprints on the plates are different."

Modern Etiquette

By Roberta Lee

Q. If one is having a party on one's birthday and it is a sure thing that just a few of the guests, knowing of the birthday, will bring gifts, is it all right to open these gifts and risk embarrassing those guests who were unaware of the occasion?

A. Most probably the guests who don't know are not intimate friends, and there should be no cause for embarrassment. In any case, it would be very disappointing to the others if you don't open the packages and express your pleasure.

Q. Does an acquaintance of a bereaved family have to wear any special kind of clothes when attending the funeral?

A. You should choose your most inconspicuous clothes—black, if possible, otherwise dark colors.

Q. Isn't it considered improper for a bridge player to begin arranging his cards before the entire hand has been dealt?

A. Yes; this is crude. A player should wait until everybody has been dealt his entire hand.

Household Scrapbook

By Roberta Lee

Cleaning Paintings

One method of cleaning oil paintings is to heat a saucer of milk to the tepid stage by adding hot water, then wring a cloth from this solution very tightly and go over the surface of the painting lightly. Do not allow the surface to become even slightly wet.

Ferns

When a fern is growing so fast that it requires more ground around it don't keep it in a small pot. Either separate it into two plants or replant the whole fern in a larger pot.

Cocoa

When preparing cocoa, beat it with an egg beater until foam forms, and this will prevent scum from forming on top.

Pioneer Days In P. E. I.

By F. H. MacArthur

Once the new home was built the family turned their attention to clearing a bit of land for the growing of potatoes, wheat, etc. What with crude implements and tools this was hard work, but they stood shoulder to shoulder, a gallant little band of pioneers determined to wrest from the primeval forests new homes for themselves and their children.

Husband and wife often stood side by side discussing which trees should be spared and which should be felled. No doubt they often regretted the dethroning of some mighty monarch of the forest, a kingly maple or a gnarled old veteran of the pine or hemlock family. But it was a case of homes or forests and in the end the forests gave way before the axes of the stalwart pioneers. At eventide the children would gather round the dethroned trees and count how many had fallen victims to their father's axe that day.

When the mighty trees lay thick upon the ground, the new farmer called a "logging bee". For many miles around came the settlers with their wives and children, driving up in ox-teams or on foot. The womenfolk busied themselves preparing the meals while the men unharnessed the oxen and led them to the clearing prepared for the job that lay ahead.

What a busy scene unfolded as man and beast went to work! Sites were selected where piles were to be gathered and burned. The tumult and the shouting filled the forest as drivers urged on the lazy oxen. Sometimes two or more teams had to be hitched to the end of a particularly heavy log. On top of the logs children sat and watched in open-eyed wonder as their fathers worked and sweated and labored.

Not till sundown did the men relax. Then they wiped their brows and viewed with satisfaction the now tidy clearing. They were as proud of the new cleared land as if it had been their own.

Supper was eaten amid social surroundings. The spirit of brotherly love was everywhere in evidence, and the battle with the mighty trees was fought over and over again.

Finally the ashes were emptied from well-smoked pipes and the menfolk set to work carrying out the furniture. I need not tell you what was about to happen.

(Continued on Page 3)

Girl Heroine, 13, Helps Saves 10



Walking near her home in Hurdman's Bridge near Ottawa, Shirley Morris, 13 above, centre, sighted flames coming from the home of Mr. and Mrs. Leo Champagne, across the street. When no one came to answer her knock on the door of the burning house, Shirley entered, found everyone asleep, and grabbed Louise, above left, eight months and Raymond, right, eldest boy, and managed to carry them out. Douglas Plaut, also passing by, saw Shirley enter and heard her call for help. He followed her in, woke the rest of the family and herded them outdoors. Flames and smoke forced him back when he tried to enter the house a second time. Two roomers, Alfred St. Cyr and Tuffie Flatbert, jumped to safety from a second-storey window. The two men, the Champagnes and their six children are homeless.

DOROTHY DIX SAYS -

Wife With Brains

Intelligent Woman Always Better Matrimonial Risk

DEAR MISS DIX: A professional man has recently married a silly little girl simply because he could put murder over on her and she never once called his bluff. Now, after being married a few months, he constantly vents his friends that she is driving him out of his mind with her lack of intelligence. He had brains enough to succeed in his profession, but not sense enough to choose a wife with brains.

Why do men invariably pick for their wives women who will not question their rights, and then wonder why their children grow up with weak characters and never amount to much?



AN ADVOCATE FOR INTELLIGENT WOMEN

ANSWER: Nobody knows why intelligent men so often pick out stupid women for wives. They don't know themselves.

Probably the reason why this is thus is primarily a matter of sex attraction. Or because they imagine that a dull wife is easier to manage than a smart one. They think that a clever woman will have ideas and opinions of her own, but that a slow-witted one will simply sit at their feet and yes-yes them and be generally as wax in their hands.

MORE PLEASIBLE

Never was there a greater mistake. The more intelligent a woman is, the more pleasurable she is, the easier to deal with, the more amenable she is to argument. She can see both sides of a subject. She can recognize the justice of her husband's point of view. She can adapt herself to certain standards. She can overcome her prejudices and correct her faults and do a thousand things that make her livable.

But the stupid woman is hopeless. No man can alter her or improve her. The early impressions she gained as a child stay with her to the end of life and against them her husband beats himself in vain. She is filled with prejudices that are set in solid concrete and neither experience nor argument ever dulls the edge of a single one.

And the queer thing about it all is that, while men pick out wives for every other reason under the sun except for their sense, they all want their wives to have sense, and plenty of it, after they get married. Because it takes intelligence of the highest order to enable a woman to get along in peace with a man and make a comfortable home, and manage her end of the domestic partnership successfully, and to bear and rear his children who will be an honor to him.

DEAR DOROTHY DIX: My wife and I began life together humbly and while we were poor and the children young we were happy, but since I have been fortunate in business I am miserable. My wife has not been able to stand prosperity. She will not stay at home and do the queer thing about it all is that, while men pick out wives for every other reason under the sun except for their sense, they all want their wives to have sense, and plenty of it, after they get married. Because it takes intelligence of the highest order to enable a woman to get along in peace with a man and make a comfortable home, and manage her end of the domestic partnership successfully, and to bear and rear his children who will be an honor to him.

ANSWER: Your wife is afflicted with a disease that was much more prevalent many years ago than it is now. It is "new richitis." Their money goes to many women's heads and swells them out of all reason.

Many women have suffered with this complaint and, in fact, it may be said that it takes one with an unusually strong mind to stand sudden prosperity. Take away from her the work which has kept her hands busy and her mind occupied and plunge her into idleness and she is sure to get into mischief.

In your case your wife is the victim of her own suppressed desires. She was a poor girl who craved pretty clothes and couldn't have them, so now is dress-mad. She married before she had any play time and now she cannot get enough of parties. She married her first beau and now she is avid for flirtations and love-making.

Undoubtedly a separation, with a drastic cutting down of her allowance, would be a good remedy to apply to the situation. But I don't believe that breaking up your home and separating yourself from your children would make you any happier than you are. Often it is better to endure the ills we have than to fly to those we know not of.

DEAR MISS DIX: I am 18 and in love with a man who wants to get married. But I feel that if I marry now my chances for travel are gone for good. I think I am too young to marry, anyway, but he will not wait. Many people tell me that one should marry one's first love. I am afraid that if I wait I will lose him.

ALMOST NINETEEN

ANSWER: You are right in thinking that if you marry your chances for travel are postponed, in all likelihood until you have reared your family and are free again. I think you are too young to marry, particularly as you seem to prefer a trip to Europe to a trip to the altar.

DOROTHY DIX cannot reply personally to readers, but will answer problems of general interest through her column.

Cook's Corner

BASIC CREAM FILLING

- 2 cups milk
 - 1/2 teaspoon salt
 - 1 1/2 teaspoon vanilla
 - 2 teaspoons butter
 - 3 egg yolks beaten
 - 2 tablespoons acid water
 - 3/4 cup granulated sugar
 - 4 tablespoons cornstarch
- Place milk, salt, vanilla and butter in top part of double boiler and bring to the boiling point, beat egg yolks until thick and light, gradually adding cold water. Sift sugar with cornstarch and add to beaten yolks. Add small amount of scalded milk mixture to egg mixture and return all to top part of double boiler.

Cook, stirring constantly, over hot

water, until thickened. Allow to cook, without stirring, for one minute.

Put into cooked, pie shell. Make meringue of 4 egg whites with the addition of 1/2 cup granulated sugar. Pipe meringue on cream filling and brown lightly in 400° oven.

Variations: CHOCOLATE — To hot cream filling, add 2 squares melted baking chocolate. Beat and chill.

BANANA — To chilled cream filling, add 2 medium sized bananas that have been peeled, scraped and diced or mashed.

LEMON — Substitute 1 1/2 cups boiling water for milk in Basic recipe; omit vanilla, and use juice and grated rind of 2 lemons.

PINEAPPLE — Suggest using Lemon Cream filling into which may be folded 1 cup of well drained crushed pineapple

ELLEN'S DIARY

By An Island Farmer's Wife

As a consequence of Rob's absence to the city yesterday, where farmers in the neighborhood must go to purchase their requirements in machinery "extras", there was increased work about the stables today. With James we have wondered just how long those farmers who resolved not to buy machinery in protest of lowered prices for farm products, could continue to farm. They could, we said, get along for a spell, if they were so fortunate as to own new equipment, but even then there are all too soon broken and worn parts to be replaced. Or if in a community they could be accommodating one with another to lend or borrow, which in the event of ripened fields and threatening clouds, would develop into more than another "irritating concern" and would likely end in annoyances and losses. And supposing James remarked "for his harvesting, a farmer depended on an aging binder such as we have, that all at once got so use-

(Continued on Page 13)

How Can I!!!

By Anno Ashley

Q. How can I treat croquettes when the filling is too soft to mold?

A. Moisten a teaspoonful of gelatine with cold water and dissolve in a little hot water. Add to the croquette mixture, and put into the refrigerator. The mixture will be thickened enough to mold nicely.

Q. How can I drive nails into hard wood without difficulty?

A. First dip the nails into oil or grease, or rub the point over a cake of soap. This also applies to screws.

Q. How can I set dark colors in wash materials?

A. Vinegar is excellent for setting dark colors in wash goods, using one-fourth cup of vinegar to one quart of water.

That Body Of Yours

By James W. Barton, M.D.

NEW STANDARD DIET FOR CANADIANS

During World War II the Canadian government issued a booklet on the daily food needs of men, women and children. It was a beautiful booklet, in that it showed the housewife how to select the most nutritious of the necessary foods with the lowest current cost.

Now, after two years of study by the Canadian Council on Nutrition, a new peacetime dietary standard for Canada has been approved. In "The Canadian Medical Association Journal," L. P. Pett, F.R.C.P., M.D., Ottawa, Canada, states that this new dietary standard is intended to be used: (1) as a scientific basis for planning food supplies for individuals or groups; (2) to assess the amount of each food stuff provided by a diet according to the needs of an individual or group; (3) to show the food, or very best amount of food, which which health cannot be maintained. This means not the "amount" of a food substance needed but the amount that the body can digest and use.

No single food is complete in itself for all human needs, therefore the Canadian Council on Nutrition has issued the following instructions:

- 1. These foods are good to eat. Eat them every day for health. Have at least three meals each day.
 1. Milk—Children (up to about 12 years): at least 1 pint. Adolescents (teen-agers): at least 1 1/2 pints. Adults: at least 1 1/2 pints.
 2. Fruit—One serving of citrus fruit (oranges, grapefruit) or tomatoes or their juices, and one serving of other fruit.
 3. Vegetables—At least one serving of potatoes, and at least two servings of other vegetables, preferably leafy green or yellow, and frequently raw.
 4. Cereals and bread — One serving of whole grain cereal, and at least four slices of bread with butter or fortified margarine.
 5. Meat and fish—One serving of meat, fish, poultry or meat alternates (such as dried beans, eggs or cheese). Use liver frequently.
- In addition: Eggs and cheese at

Living & Leisure

— THE WOMAN'S REALM —

FAITH

Faith is a life-giving flame. In our hearts we must gather twigs of understanding, branches of tolerance and little pin-needles of trust, sheltering them against the rains in order that they may be fuel for the fires when the winds cease. This is the testing-time, and we know there is One who strengthens those who put their trust in Him. The dross of materialism and selfishness and the sense of our own power is being washed—the resulting residue of gold He will use in His own way. Amid the hurricane, above the storm, the heart whispers: "He will keep him in perfect peace, whose mind is stayed on Him."

We are in His hands.

THIS AND THAT

To clean a crystal chandelier, wipe it carefully with a cloth dipped into a half-and-half solution of water and vinegar. Then polish immediately with a dry chamois.

If you do not have plastic covers for the toaster, waffle iron, mixer, or sandwich grill, try making slip covers for them. These can be attractively made out of remnants of cotton material.

Remove odors of fish or onion from dishes by soaking them for a few minutes in warm soapsuds to which has been added one teaspoonful of ammonia. Then scald and wash as usual. Or, try a tablespoonful of vinegar in the washing water.

SCOTTISH SCENERY BECOMES SETTING OF GAELIC STYLES

An Edinburgh photographer never liked the idea of southern belles and southern scenery being used to advertise Scottish textiles. So John Wood started the first photo fashion business to be found in Scotland. His idea was to photograph Scottish-made goods against a typical Scottish background on Scots girls and he's carrying it out. The 31-year-old photographer put his idea up to an Edinburgh firm who commissioned his first set of pictures. These were taken with Edinburgh Castle as a background. They were so successful the firm commissioned further photographs. To this end, six sports suits, Mr. Wood and one of his models Miss Barbara Taylor — were Trossachs bound.

Better English

By D. C. Williams

1. What is wrong with this sentence? "I intended to have gone last week."
2. What is the correct pronunciation of "mineralogy" (science of minerals)?
3. Which one of these words is misspelled? Amphitheater, amethyst, ambuscade, ambassador.
4. What does the word "impute" mean?
5. What is a word beginning with car that means "of basic importance"?

ANSWERS

1. Say, "I intended to go last week."
2. Pronounce third syllable as "al" as in "al" not as "oil"; accent third syllable. 3. Amphitheater 4. To charge; ascribe; credit. One vice of a darker shade was imputed to him — envy." — Macaulay. 5. Cardinal.

The Stars Say - - -

By Genevieve Kemble

For Friday, February 17

IT IS advised that casting in the lot with higher-ups in finance, business, social or public prestige, may turn the tide in favor of renewed progress and production. In this, the rewards, recognition and enlightenment may bring exceptional prestige in private as well as business advancement. Be discreet and use your head; where commercial interests are in the balance, drama and prosaic romantic adventure are in the air with high aspirations and dreams to "come true."

For the Birthday

Those whose birthday it is, have signs of advanced progress, prestige and popularity, destined for rich fulfillment, in the realms of finance, business, public as well as cultural and social aspirations. There is promise of more than passing fruition for joy and pleasant contacts and rewards for the forlorn hopes and wishes. Undertones of the hidden or idealistic may be a factor in such happy crises, with drama and romance in ultimate climax.

A child born on this day has every promise of reaching high estate, happiness and progress, through its excellent endowments, aspirations and ideals.

At least three times a week each. Vitamin D or cod liver oil for all growing persons and expectant and nursing mothers. Iodized salt is recommended.

'Dear, it's time you knew about Paradol'



Wise Mothers advise their daughters to take Paradol, and thus save needless suffering due to periodic pains. Scientifically compounded from 4 ingredients, Paradol helps relieve pain gently—with no disagreeable after-effects. Excellent for headaches, too. The name "Dr. Chase" is your assurance.

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SHOWER

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Brighter than brand new! That's Rinso-bright! Only Rinso can give you such marvelous washday results because only Rinso contains Solium. Yes, Rinso gets your washable colors actually brighter than brand new!

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RED ROSE ORANGE PEKOE TEA BAGS

RED ROSE TEA IS GOOD TEA!

60 TEA BAGS

RED ROSE