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SATURDAY, FEBRUARY 9, 1929

OUR PROSPERITY

The Speech from the Throne, published in yesterday's Guardian, places considerable emphasis on the "unprecedented prosperity" which has been evident throughout the Dominion.

According to statements published in the Commercial Intelligence Journal of Feb. 2nd, Canada imported from the United States in the twelve months ending December, 1928, \$295,114,281 of iron products.

A study of the above figures will show that for the most part our imports consisted of high priced commodities fabricated by skilled labor and at high wages.

Our American importation of fibres, textiles and textile products last year amounted to \$77,461,516, while our exports amounted to \$4,861,060.

As so conspicuously figured in the Speech from the Throne, Canada has enjoyed prosperity during the past year or two; but it is the kind of prosperity that a farmer would enjoy in selling off a field or two of his farm every year and living lavishly on the proceeds.

LEVIATHANS OF THE AIR

Two new aeroplanes of a size scarcely dreamed of a few years ago, says a writer in the Toronto Saturday Night, have just been added to Great Britain's fleet of giant air liners which in the years to come will link by air the Mother country

and her daughter Dominions beyond the seas. One of these machines, "The Inflexible," is the world's largest all metal monoplane. It has a wing span of 150 feet and is capable of carrying 20 passengers in addition to the necessary crew.

THE HOME MARKET

Over and over again the value of the home market has been exemplified. In our butter business, in the past year or two, because of the demand in the home market, Canadian butter has ruled three cents a pound higher than that in the world market.

Western purveyors of low tariff gospel, says the Montreal Gazette, appear to be perturbed over threatened tariff changes in United States and are anxiously explaining that what is good for the American farmer is not good for the Canadian.

The farmer and wheat-grower in Canada, it is stated, produce much more than can be consumed at home, and they are largely concerned, therefore, in the export trade. This is a dangerous line of argument, since it is a primary principle of national economy that industry, whether it be agricultural or manufacturing, must look to its home market as its greatest security.

EDITORIAL NOTES.

The Bahama Islands buy most of their potatoes in the United States and pay more than \$5 a barrel for them. Prince Edward Island can serve them much more cheaply.

Among other things, a bill before the New York Legislature places rolling pins on the list of offensive weapons. A ban on its use for other than culinary purposes would receive the enthusiastic support of Mr. Jiggs.

The reported discovery of the mummy of Solomon's favorite wife is now said to be a piece of fiction emanating from the fertile brain of an Arabian journalist. Solomon was wise in his generation and played no favorites

Note: By The Way

Believe it or not, but the story of the first air mail was ancient stuff even to our grandparents. This revelation of the old adage that there is nothing new under the sun comes from the Winnipeg vice-consulate of the Netherlands, and appears in a western exchange of recent date.

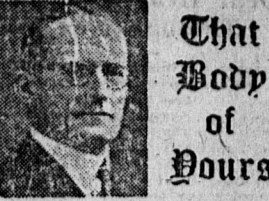
What is the Third Degree? Apart from the fact that it is a method of criminal investigation adopted by high-pressure American detectives, and that it has never been tolerated in British courts of law, we have, fortunately, little first-hand knowledge of this curious survival of witch-hunting on this side of the line.

The famous personage who wrote, "Happy is the State that has no history," might well have added, "and few laws."

And herein lies a danger to Canada. The warning is well sounded by the Vancouver Western Tribune, when it points out that this country is inundated with American ideas. In the sphere of thought we are suffering an occupation as real as the Roman occupation of Britain.

Those same United States have, on the other hand, a civilization which would seem to make the Golden Age of the ancients look pale. The printing presses of Uncle Sam are busy day and night turning out books by the hundreds—some of them surpassingly good.

It was my privilege for a number of years to examine the students of a large University and also of some preparatory schools. One of the points we tried to emphasize was the importance of standing and sitting correctly, because an erect carriage attained during youth, becomes a part of the grown man or woman.



By James W. Barton, M.D.

THE ERECT CARRIAGE

Now what is the effect upon the body of a drooped or slouched position of the shoulders and body? As "Goldthwait" well says "the whole body suffers, the weight is thrown imperfectly upon the feet so that the arches are strained; the knees are slightly sprung. The position of the bones at hips are put at a wrong angle, thus causing a strain of the joints between spine and hip bones.

Then this position allows the abdominal walls to fall forward, thus the organs in the abdomen are forced downward and forward. The stomach and liver cannot work rightly if the ribs are contracted, the loose abdominal organs are crowded downward, and the whole nutrition of the body must suffer.

As you know the erect carriage is attained by exercises that bring shoulders back, and draw in the abdomen. The shoulders can be brought well back by raising them as high as possible, then keeping them raised, draw them back as far as possible, and then still keeping them well back, drop them downwards and backwards as far as possible.

Learn to stand erect by standing sideways to mirror and bring chest well out, chin drawn in, and abdomen drawn in. Learn to sit erect by placing small of back against the chair, feet firmly on floor, and legs at right angle with thighs.

When you remember what the slouchy attitude does to that body of yours, it is certainly worth while to make the above simple efforts to attain an erect carriage.

THE LAND WE LOVE

CANADA'S DISTILLED LIQUOR INDUSTRY

Q. What is the extent of Canada's Distilled Liquor Industry? A. Canada's distilled liquor industry is rapidly expanding in production and invested capital. There are now 17 plants employing nearly 1500. The capital has reached \$7,528,651 and the gross value of products in 1927, \$25,661,085, or more than double the amount for the preceding year.

A window ventilator has been invented that admits air to a room but excludes most of street noises by reflecting them in an outward direction.

Articles such as "How I Got My Last Divorce," "Gang War in Chicago," "The Loves of a Movie Star," etc., etc., ad nauseam? What cultural benefits can derive from leg-shows imported from the United States? What national benefits can be expected from films which either ignore our country or invariably represent it to be a barren ice-bound wilderness populated only by wolves.

I have not seen the entire Island, but I hope to do so, for I shall return that dear land of so many dreams, and "castles in Spain" will ever call me back, and ever, so I believe, prefer me that same warm welcome that it has each year that I have summered there; but though I hope to visit it from shore to shore, I will always return to that best spot, which shall remain nameless, because in the selfishness of human nature I always fear lest some day its loveliness will be discovered, and then—but it is impossible to think of Jerry built bun-

Prince Edward Island An Appreciation

(By Miss M. Frobes Myers Burnmouth England)

It was with a great deal of amusement and some indignation that I read the following quotation from William Cobbett's RURAL RIDES, 1792-1835; while travelling on the C. N. R. to Prince Edward Island, last July on page 259, he says.

"From Glasgow the sensible Scotch are pouring out again. These that are poor and cannot pay their passage or can take together only a kifle, are going to a rascally heap of sand and rock and swamp, called Prince Edward Island in the horrible Gulf of the St. Lawrence; but when the American vessels come in over with corn, and flour and pork and beef and poultry and eggs and butter, and cabbage and green peas, and asparagus for the soldier officers and other tax-eaters that we support upon that lump of worthlessness; for the lump itself bears nothing but potatoes when those vessels come, which they are continually doing, winter and summer, towards the fall, with apples and pears, and melons and cucumbers; and in short everlastingly coming and taking away the amount of taxes raised in England; when the vessels return, the sensible Scotch will go back in them for a dollar a head, till at last not a man of them will be left but the bed-ridden."

To those who have not yet heard this well known English work, which can be produced in Everyman's Library No. 638 and 639 at most Canadian book stores; I would say, get a copy and read it; apart from the now ludicrous descriptions of that most fertile and lovely spot, they will find much of interest and instruction there in; but on that perfect Canadian morning when I was hourly being borne nearer to the shores of that Island from which I had been absent for three, all too long years I felt William Cobbett was a very great ignoramus, and much deduced person, and if I could, I would have gladly led him to that one, particular spot on his "lump of worthlessness," that I was bound for, and then left him to read just his ideas, and his prejudices. I think that in that year, 1923, he would have had to refute his statement that "With the withdrawal of the English taxes, except in a small part of Canada the whole of these horrible regions would be left to the bears and the savage in the course of a year."

allows springing up along those wind-swept cliffs, unbelieveable to think of such a hue bathing-suits spread out to dry upon those weathered, grey shale benches, where golden rod flaunts proud heads, and Michelmas daisies lift starchy faces every fall' but it is there for anyone who will to find:—A few scattered farms, for the most part painted white, and sheltered by tall pine belts, or hardwood coppices, as we would call them in England; and sheltered beneath their roofs the kindest hearts, and the warmest hospitality it would be possible to find anywhere.



Stacks on a Cliff Field

A modern novelist put into the mouth of her heroine, the remark that cabbages were beautiful; I would like to add, so are potatoes; a twenty six acre field in full bloom is a very beautiful sight, indeed, but, William Cobbett, I could show you that Prince Edward Island produces other beautiful things too. "Bears nothing but potatoes?" Come with me, I will show you the fields of wheat, "White unto harvest," staked to every cliff edge; and to where the lobster traps picturesquely stacked along the shore road, tell of yet another harvest to be reaped each spring.



Spraying a 26 Acre Field of Potatoes

In my dreams I can still hear the Island motor boats running out on the dawn tides to the prolific fishing grounds. I could show you hidden wealth in rich oyster beds, and introduce you to visible wealth in the breeding of milk and silver foxes; affording over one of the many fox ranches that the Island is famous for, I scarcely think, Cobbett you would have said:— "These various colonies are held for no earthly purpose but that of furnishing a pretence of giving money to the relations; and dependants of the aristocracy; and

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THE SEA HAS TIDES

(Edgar Melnis in The Toronto Saturday Night)

The sea has tides, the long grey seas sway with a shifting will, at there are seas beyond sounds of plummet Where tides are still, and only a strong flood valiently Moves deep and even Sure through the storm and the storm-racked night To the last still haven.

So the deep tides of the world go by, Lift and return again, But my heart keeps its soundless treasure Of song and pain, Loving you, loving you, strong and full

As flood tide going Home from the world and the world's desires And the ebb and flowing.

An English designer's body for automobiles that is entered from the rear is equipped with seats that can be turned to afford a view in any direction.

Use Minard's Lintament for Grippe.

King Amanullah

King Amanullah, wherever he may be now—the reports vary—must have come to the conclusion that after all it would have been wise to hasten slowly. He rushed his Westernizing reforms through in such an avalanche that it was not surprising that the tribesmen, who had risen in the past on much more slender pretexts than open blasphemy, were goaded into a widespread and successful revolt. History, full of strange vicissitudes though it is, has provided few more sudden turns of fortune than this catastrophic rebellion following upon the triumphal progress of Amanullah through Western countries, where he was feted and often treated with the deceptive adulation of those who were anxious for the benefits he could bestow.

During his visit to England the newspapers were too civil to recall some of the events which might, indeed, have been held to mark him as an unwelcome guest. We have no desire even now to write with any bitterness of the past, especially as we believe that he sincerely changed his policy; but it is necessary to remember some facts, in order to show that the rebels, in dismissing Amanullah, did not dispose of the rightful holder of the throne. Nothing seems to be clearer, in fact, than that the rebellion was not anti-dynastic. Amanullah's eldest brother has now been placed upon the throne, which legally ought to have been his since the death of his father. Amanullah became odious to his people entirely because of his startling challenges to the religious law and to ancient susceptibilities and customs. It was an incidental grievance against him, if it was a grievance at all, that he did not occupy the throne by right.

In February, 1919, the Amir Habibullah, Amanullah's father, was murdered. He had been a steady ruler, in intent upon the independence of his country, but friendly to Great Britain on principle. Whether the motive of the murder was political we may never know, but it is an established fact that during the War there had been a strong anti-British movement in Afghanistan. It began with the attempt of the Turks and Germans to bring Afghanistan into the War. The attempt entirely failed, but the Turks and Germans left behind them an anti-British organization of which Amanullah and Nasrullah (the Amir's brother) were members. The organization was suspected of having planned the murder of Habibullah, but there has never been anything like proof. On Habibullah's death Nasrullah proclaimed himself King, ignoring Inayatullah, Habibullah's eldest son, who was the heir. Amanullah was at that time Governor of Kabul, and he seized his opportunity to call together the Notables, and the highest officers of the Army, and seized the throne with their consent. He was in too strong a position to be resisted. Nasrullah quickly came to Kabul and made his submission, and Inayatullah similarly accepted the accomplished fact.

Amanullah's first act was to make war upon India. Few wars have been madder. Fortunately for India, Amanullah failed as he deserved. Within a few weeks he was extremely glad to make peace, and he would no doubt have accepted severe and humiliating terms, if such had been presented to him instead of the tolerant treatment which he actually received. During the armistice there were several attacks by Afghan tribesmen on British posts—attacks which were scarcely distinguishable from murder, and which Amanullah, who was not out of touch with his soldiers, could probably have prevented. His indifference, however, affected in no way the settled British policy of friendship towards Afghanistan. These were blots on Amanullah's career, but we do him the justice of believing that afterwards he genuinely desired to behave well towards Great Britain. At all events, he admitted that he had much to learn from British methods, and during his recent visit to this country he was

emphatic in his expressions of gratitude and admiration. In 1921 a Treaty was signed, in which Great Britain recognized the complete independence of Afghanistan, and in 1926 Amanullah changed his title of Amir for that of King.

Even before his European tour of last year Amanullah had begun his Westernizing reforms, and if he had been capable of taking a hint he would have been warned by the rising of the Mohmands of Khost in 1924. On his return from Europe, however, he introduced reforms faster and more furiously than ever. His Queen had not only already cast aside the veil, but prided herself on the Parisian perfection of her gown. Purdah was prohibited. Western education was arranged for the Afghan girls. A National Assembly was created, and the deputies were instructed to wear European clothes with Homburg or billycock hats. A code of civil and criminal law was introduced which superseded the Moslem religious law. Nor was it only the Mullah's who were thus put out of a job; the Sirdars, from which class the

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