

Health of Canadian Women

A Subject Much Discussed At Women's Clubs—The Future of a Country Depends on the Health of its Women.



At the New York State Assembly of Mothers a prominent New York doctor said that 500 women present that healthy women were so rare as to be almost extinct. This was a sweeping statement of the condition of women. Yet how many do you know who are perfectly well and do not have some trouble arising from a derangement of the female organism which manifests itself in headaches, backaches, nervousness, that bearing-down feeling, painful or irregular periods, pelvic catarrh, displacement of the female organs, indigestion or sleeplessness? There is a tried and true remedy for all these ailments. Lydia E. Pinkham's Vegetable Compound has restored more Canadian women to health than all other remedies in the world. It regulates, strengthens and cures diseases of the female organism as nothing else can. For thirty years it has been curing the worst forms of female complaints. Such testimony as the following should be convincing. Mrs. Anna McKay of 326 Spadina Avenue, Toronto, Ont., writes: Dear Mrs. Pinkham:— "I consider Lydia E. Pinkham's Vegetable Compound the best medicine in the world for a woman sick and weak from exhaustion, irregularities and overwork. I have found from personal experience that it is all and more than it is recommended to be. I only wish that every sick woman would try it for it cured me of suppressed periods and irregularity, and has cured many of my friends of the same difficulty. In fact all who have used it have nothing but good to say of its efficacy. Please accept a grateful woman's thanks for all it has accomplished in my case. When women are troubled with irregular, suppressed or painful periods, weakness, pelvic catarrh, displacements, that bearing-down feeling, inflammation, backache, bloating, (or flatulency), general debility, indigestion, and nervous prostration, or are beset with such symptoms as dizziness, faintness, lassitude, excitability, irritability, nervousness, sleeplessness, melancholy, "all-gone" and "want-to-be-left-alone" feelings, blues, and hopelessness, they should remember there is one tried and true remedy. Lydia E. Pinkham's Vegetable Compound at once removes such troubles. No other medicine in the world has received such unqualified endorsement. No other medicine has such a record of cures of female troubles. Refuse to buy any other medicine, for you need the best. Mrs. Pinkham invites all sick women to write her for advice. The present Mrs. Pinkham is the daughter-in-law of Lydia E. Pinkham, her assistant before her decease, and for twenty-five years since her advice has been freely given to sick women. Her advice and medicine have restored thousands to health. Address, Lynn, Mass. Lydia E. Pinkham's Vegetable Compound Succeeds where Others Fail.

INTERESTING FACTS ABOUT THE ONTARIO AGRICULTURAL COLLEGE

An Interesting Description of the Visit Paid to this Institution by Inspector McCormac

When I left this Province last March for the purpose of making a short course at the McDonnell Institute and Ontario Agricultural College, I promised to write you an article concerning this great institution and its work, but have not had the opportunity of doing so until now. These institutions are situated a mile and a quarter from Guelph, a city of about the same size as Charlottetown, fifty miles west of Toronto. Guelph is the centre of an extensive agricultural and noted stock raising district, readily accessible by rail from all parts of Ontario. The Experimental Farm in connection with the A. U. C. consists of 530 acres of land. This is all cropped with the exception of 30 acres still uncultured, 20 acres of broken land, and about 90 acres occupied by the buildings, lawns, garden, nursery and forestry plantation. On the experimental plots are grown the leading varieties of grains, roots, grasses and clovers. The promising and unproven varieties are grown side by side for the sake of comparison. The varieties are tried every year and others that have proved worthless are thrown out. Practically all the experiments are conducted for at least five years before they are dropped. Various experiments are conducted every year with varieties of farm crops, selection of seed, dates of seeding, the advantages and disadvantages of growing grain in mixtures, the cultivation of the soil, the application of fertilizers, the best dates for harvesting crops, the most suitable grasses and clovers for hay, pasture, etc. Annually nearly one hundred district experiments are conducted about two thousand experimental plots. The college experimentalist has searched the civilized world for different kinds of farm crops, with the hope and expectation of getting something better than many of those now grown. Some years ago he introduced from Russia the Manchurian barley. This was sent to farmer throughout Ontario, and now it is so generally grown as to materially increase the average yield per acre of this crop throughout the province. As a result of the introduction of this grain the average yield per acre of barley throughout Ontario has been increased nearly five bushels per acre. The dairy which includes a creamery and a cheese factory, is in operation during the entire year. A good herd of grade cows is kept, and by careful selection and feeding last year two cows gave a yield of over 800 lbs of milk, four produced over 700 lbs and ten cows over 600 lbs each. An interesting feature of this department is the milking of sows by machinery. Prof. H. E. Dean, B. S. A. well known in Prince Edward Island, is head of this department. In the poultry department most of the different breeds are kept and experiments are conducted in testing incubators, breeders, fattening crops, cranning machines, etc. As to breeds, the Plymouth Rock is considered the best. The live stock is perhaps the most interesting of the farm department. Good representatives of the principal breeds of cattle, sheep, and swine are to be found in the stables and pastures. Here will be found Shorthorn, Aberdeen Angus, Hereford, and Galloway cattle; Border, Leicester, Shropshire and Oxford sheep; Yorkshire, Tamworth and Berkshire swine. The object in maintaining this live stock department is to give the students practice in judging some of the leading breeds. No attempt is made to maintain a herd of representative specimens of some of the leading breeds, and to maintain them in good breeding. One of the best specimens in the cattle pens is a heifer valued at \$100. In addition to the stock kept for educational purposes a certain number are kept for experimental work in feeding. Many fine horses are kept on the farm. A beautiful Clydesdale mare was purchased last winter at a cost of \$1200. Time does not permit my speaking of the several other departments of this great institution, such as the Department of Bacteriology, Department of Physics, Biological Department, Animal Chemistry Department, etc. Suffice it to say that all go to make up the leading Agricultural College of the Continent.

"Dinner's Coming -- I Smell It!"

Does Your Stomach Feel Happy When Meal-Time Comes?

When you sit down at the appetizing aroma of something cooking, do you feel that you could sit down, open your mouth, pick back your ears and eat with a delicious gusto, everything set before you, and not feel any bad effects from it? In other words, can your poor stomach take care of everything and anything you put into it? There are thousands and thousands of people who do not know what it is to have a good, strong, healthy stomach, nor do they realize what it is to have a good appetite. You can have an all-powerful stomach and a fetching appetite for every meal, and every day, if you give your stomach a rest, and let something else take hold of your food for you and digest it for you. It is harmless but really does the work of digesting, quickly and thoroughly. "It's something" is Stuart's Dyspepsia Tablets, the most effective little tablets in the world for curing anything that may be wrong with your stomach. One ingredient of these precious little workers digests 3,000 grains of the coarsest or richest food put into the stomach. Think of it, 3,000 grains! They are really an anti-stomach, because they don't just like the stomach, they digest your food, just as though you didn't have a stomach at all. It supplies the stomach with the digestive juices which have become weak and scanty. Then your indigestion, dyspepsia, sour risings, brash, belchings, acidity, fermentation, loss of appetite, aversion to food, loss of feeling, heartburn and nausea, will be no more. You can then eat anything you want, all you want, whenever you want, and your stomach will feel fine before and after your meals. Your appetite will be a thing of pleasure to have, your meals will be a pleasure to eat and relish, and your digest on will be thorough and soothing to the whole body. You can't do your work, well, or be cheerful, or have energy or vim or ambition, when your stomach is bad. Make yourself feel good after a hearty meal, feel good all over, clear your mind and make you enjoy life, by taking Stuart's Dyspepsia Tablets. Give your stomach a rest, so it can right itself, then you need fear nothing. Send us your name and address today and get a free sample package of Stuart's Dyspepsia Tablets by return mail. After you have tried the sample, you will be so thoroughly convinced of what they can do for you that you will go to your nearest drug-gist and get a box of them. Send us your name and address today and we will at once send you by mail a sample package free. Address, F. A. Stuart Co., 33 Stuart Bldg., Marshall, Mich.

Thirty-Fifth Financial Statement OF THE Confederation Life Association

For the year to DECEMBER 31st, 1906.



CASH STATEMENT. RECEIPTS: Net Ledger Assets, Dec. 31, 1905: \$10,411,656.43. DISBURSEMENTS: To Policy-holders: Death Claims: \$359,731.00. Endowments: 263,606.56. Annuities: 22,346.57. Surrendered Policies: 81,560.29. Cash Profits: 70,907.19. Total: \$ 798,151.60. Expenses, Commissions, etc.: 414,168.59. Dividends to Stockholders: 23,500.00. Net Ledger Assets, Dec. 31, 1906: 11,315,887.23.

BALANCE SHEET. ASSETS: Mortgages: \$4,990,130.78. Bonds and Debentures: 3,392,255.78. Stocks: 421,968.61. Real Estate, including Company's Buildings at Toronto and Winnipeg: 1,107,886.02. Loans on Collaterals: 5,949.64. Loans on Company's Policies: 1,299,730.74. Sundry Items: 3,355.00. Cash in Banks and H.O.: 101,192.91. Interest Due and Accrued: 233,639.12. Net Outstanding and Deferred Premiums: 396,889.76. Total: \$11,953,913.00. LIABILITIES: Reserve on Policies and Annuities (He 3, 3 1/2 and 4 1/2): \$10,816,736.00. Death Claims accrued, not adjusted: 103,126.00. Instalment Claims, Death and Endowment, not due: 13,185.00. Policy-holders Profits declared but not yet due: 66,014.05. Capital Stock Paid-up: 100,000.00. General Expenses: 9,023.95. Current Accounts: 9,498.89. Cash Surplus above all Liabilities (Company's Standard): 836,271.11. Total: \$11,953,913.00.

Audited and found correct. R. F. SPENCE, F.C.A. Auditors. J. K. MACDONALD, Managing Director.

INSURANCE ACCOUNT. Applications Received: (Gain over 1905, \$137,283.00) \$6,436,141.00. New Insurance Written: (Gain over 1905, \$65,767.00) 6,067,829.00. INSURANCE IN FORCE: (Gain over 1905, \$2,619,166.00) 45,119,516.00.

The amount of the New Insurance written in Canada, as well as the total New Insurance written, exceeds that of any previous year. The ratios of expenses to Premium Income and to Total Income are less than for 1905.

ANNUAL MEETING. The Annual Meeting of the Association will be held at the Head Office, Toronto, on February 12th, 1907, at the hour of 2.30 p.m. Holders of participating policies are entitled to vote and take part in the business of the Meeting. Full reports will be printed and distributed shortly after the meeting.

- OFFICERS AND DIRECTORS: W. H. BEATTY, Esq., PRESIDENT; W. D. MATTHEWS, Esq., FRED'K WYLD, Esq., VICE-PRESIDENTS; W. C. MACDONALD, SECRETARY AND ACTUARY; HON. JAMES YOUNG, A. McLEAN-HOWARD, Esq., S. NORDHEIMER, Esq., E. B. OSLER, Esq., M.P., WILLIAM WHYTE, Esq., J. K. M. MANAGER, GEO. MITCHELL, D. R. WILKINSON.

HEAD OFFICE - TORONTO, CAN.

DOMINION ATLANTIC RAILWAY. Express Trains leave Halifax daily (except Sunday) at 10.15 a.m. for Digby and Yarmouth via Antigonish. The Royal and U. S. Mail Steamship BOSTON. The fastest and finest steamer ply between the Maritime Provinces and Boston. Leaves Yarmouth Monday and Saturday for Boston and vice versa. Leaves Halifax Monday, Tuesday, and Friday. Passengers arriving in Halifax next day at 7.30 p.m. by Express Train.

The Only Cure for Rheumatism. The only way to cure rheumatism is to get rid of the uric acid—the crystals that have settled round the joints and muscles and cause the pain. This is what every remedy for rheumatism tries to do. But the larger crystals cannot get through the kidneys. And this is why ordinary remedies do not cure. They try in vain to stimulate the kidneys sufficiently to carry off all the crystals, and in attempting it, such drastic drugs are used that the kidneys and bladder disease of the patient is made worse. For this reason such remedies are to be avoided. It is an absolute fact that the larger crystals must be dissolved and thrown back into the blood before the kidneys can carry them off. And right here at this point, where ordinary remedies fail, Kimo succeeds. Kimo's Japanese Solvent. Kimo Tablets contain a Japanese solvent, specially imported for us from Japan, which, being absorbed by the blood, will absolutely dissolve these crystals, and throw the uric acid back in the blood. And then, when this solvent has done its work, the other ingredients of the tablets stimulate the kidneys sufficiently to carry off and rid the system of the poison. And the rheumatism is cured. It is the Japanese solvent that makes the cure certain, and up to the present, the ingredient is not contained in any other remedy. People are writing us every day, testifying to their cure, after trying other remedies in vain. Soc. at dealers or by mail postpaid. R. N. Robinson & Co., Coaticook, Q.

Some Bargains in Boots, Shoes and Slippers. Men's felt bals regular \$2.10 now \$1.60. Men's felt bals leather fixing regular \$2.35 now \$1.80. Women's felt bals regular \$1.65 now \$1.20. Women's Dongola Oxford regular \$1.65 now \$1.20. Women's 2 strap slipper regular \$1.65 now \$1.20. Women's 1 and 3 strap slipper regular \$1.45 now \$1.00. Misses' laced Regular \$1.35 to \$1.65 now \$1.10. Child's laced regular \$1.35 now \$1.00. All for cash only at J. H. BELL'S.

J. H. BELL'S GILLETTS GOODS ARE STANDARD ARTICLES. IT IS TO THE ADVANTAGE OF EVERY HOUSEKEEPER IN CANADA TO USE THEM. Flag Baking Powder, Gillett's Imperial Lye, Superior Baking Powder, Gillett's Cream Tartar, Royal Yeast Cake, Gillett's Flaxseed Blue, Flag Baking Soda, Gillett's Washing Crystal. MADE FOR OVER 50 YEARS (ESTABLISHED 1858). E. W. GILLETT COMPANY LIMITED TORONTO, ONT. FARM FOR SALE. I will sell by private sale my farm of 100 acres, with a good house, barn, and other buildings in good repair. Parties wishing to purchase write or call to J. H. BELL, 1301 St. John Street, Charlottetown, P.E.I.

On the Lookout. We are always watchful for the interests of our customers, we are anxious to provide for them that which is Attractive and Costs but Little. We have goods that will open your eyes to their widest capacity, our trousers, suits, and overcoats are really beautiful, and will cost you very little. Come and see for yourselves. McDonald & Perry. The Noble Tailors, 61, George St.

VALENTINES any Valentines, Lace Valentines, Comic Valentines. H. A. Tanton & Co., GREAT GEORGE STREET.

FIRE PROOF GLASS WINDOWS METALLIC ROOFING CO. TORONTO, CANADA.

L. S. DOYLE, Veterinary Surgeon. Graduate Ontario Veterinary College. ADDRESS - Revere Hotel, Charlottetown. wjmr-3dr

Cheesemaker. Best-Tenders will be received by the Orwell Dairying Company up to February 20th from persons willing to make cheese and butter during the season of 1907. The date is to be the week next month. With help, Company to bid applies. Also tenders will be received at the same time from persons willing to contract by the lot for the supply of both milk and butter. Tenders to be addressed to J. D. R. McDonald, Orwell Dairying Co., Good references required. 13101 P.E.I.

WINNIPEG WINS DRAMATIC TROPHY. Des'ion In Governor General Competition Given After Saturday's Performance. OTTAWA, February 3.—The decision in the governor-general's dramatic and musical competition has been given out. In musical competition the premier goes to the Quebec symphony. The Winnipeg dramatic company wins the dramatic trophy. The judges make no further statements at present, but will make further announcements in a day or two. The Winnipeg play was put on last evening and the award was made.



FOR HOME COOKS. "Beaver" Flour is the flour for home baking—for women who take pride in their culinary skill, and their ability to run the house economically. BEAVER FLOUR is a blend of Manitoba Spring Wheat and the finest quality of soft wheat. It yields MORE bread to the barrel than any other brand. Order "Beaver" Flour next time—and see how much more inviting and toothsome is everything you bake. AT YOUR GROCER'S. Dealers, write for prices on all kinds of Flour, Coarse Grains and Cereals. F. H. Taylor Co., Limited, Charlottetown.

Use me gently, Strike me right, I'm a "Silent" Made for light. I'm of use at dawn of day, And at eve I'm just as gay, Always ready w.th my light. Burning warmly day or night. Always "SILENT" PARLORS SCHOFIELD PAPER SELLING AGENTS, St. John, N. B.