

Woman's Realm :- Social and Personal :- Fashions :- Literature

The HOUSEWIFE and HER ACTIVITIES



The brave man is not he who feels no fear. For that were stupid and irrational; But he whose noble soul its fear subdues. And bravely dares the danger Nature shrinks from.

APPLYING PERFUME Perfume should be lightly applied to the skin and not to the clothes where the odor is likely to become stale.

GOOD SERVED WITH HAM Flare hot mashed sweet potatoes in orange cups made by scooping orange from halves. Top with marshmallow and place in oven until marshmallow is golden brown. This is nuts or dates may be mixed through the mashed sweet potato if desired. Delicious served with ham.

CORRECT SAUCES FOR MEAT. FISH. POULTRY. As you eat in haste as to the correct sauce to serve with fish, poultry, here are a few suggestions:

- Hot: Hard-boiled egg, parsley or dill sauce.
Hot: Salmon sauce.
Hot: Chicken sauce.
Hot: Mushroom sauce.
Hot: Tomato sauce.
Hot: Parsley sauce.
Hot: Onion sauce.
Hot: Cream sauce.
Hot: Tartar sauce.
Hot: Duxelles.
Hot: Hollandaise.
Hot: Mayonnaise.
Hot: Maitre d'hotel butter.
Hot: Lemon sauce.
Hot: Red currant jelly.
Hot: Green peas.
Hot: Apple sauce.
Hot: Forest-meat balls.
Hot: Tomato, mushroom or cranberry sauce.

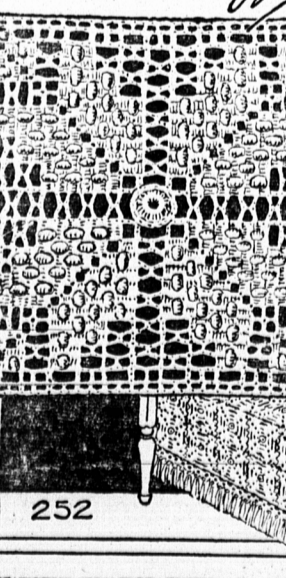
BABY'S SIMPLE AILMENTS CAN BE SHOOED AWAY

MOST babies get sick easily. They also get well quickly. That is, if you use the right medicine to "shoo" their ailments away.

Read how Mrs. C... of Freeman, Ont., does it. "My little girl was a small, delicate baby at birth, always constipated and cross. I bought a box of Baby's Own Tablets and used them when baby was cross, feverish, teething or at the first sign of a cold."

They will, also, promptly "shoo" away colic, simple croup, diarrhoea, upset stomach, simple fever, constipation and other minor ailments of childhood. Sweet-tasting. Easy to take. Prompt in action. Free from opiates and stupefying drugs. Absolutely harmless. Can be safely given to the most delicate baby. Analytically certified on every box. Get a box today and be prepared. A cent. Your druggist will refund your money if you are not satisfied with the results.

'A Square A Day' Crochet Bedspread by Mayfair



Mayfair Needle Art Design No. 252 Work "one day" and in no time at all you will have a gorgeous spread that will be the envy of your friends and a delight to you for all time. The design is crocheted in squares, beginning at the centre. Ordinary string or crochet and knitting cotton is used for both the spread and fringe, making a beautiful, sturdy cover that will become a prized heirloom as the years go by.

The pattern contains complete easy-to-understand crochet instructions without abbreviations, and chart of stitches. For complete pattern and instructions for all of these designs, send 20 cents in stamps or coin (coin preferred) to The Charlottetown Guardian Needlework Department. Use this coupon. Print your name and address plainly.

To The Charlottetown Guardian Needlework Dept. DESIGN NO. 252 Name Street Address City Province

BAG-DAD DATES OF QUALITY



JONES-SCHOFIELD-HATHEWAY, LTD. (DRIED FRUIT DIVISION) SAINT JOHN, N.B. A Morning Smile

AT ANY COST The Holywood magazine told an assistant that in his opinion a certain writer was the only man for a film they had under consideration. The assistant was tactfully doubtful. "Don't you think perhaps he's a little too cautious?" he suggested.

A TIME FOR CAUTION Note from Teacher: "Johnny has been very mischievous in school. I think I will drop in and see his father."

to deny themselves once in so often for your sake, just as you would teach them industry or honesty. The ratio of what you do for them and what they do for you is important. Try to school yourself to expect enough to install a habit in them.

Next, bear in mind that the great demand is always for homey things. "People can do without poetry, music and art, but they can't do without cows," as the poet said long ago.

Don't peel the rhubarb; dice it in quarter-inch pieces, dot in boiling water and cook just one minute. Drain the fruit, add sugar, flour and salt to it; stir mixture as it cooks, until it boils. Add the grated rind or half an orange, the egg yolks slightly beaten, and cool.

THE COOK'S CORNER

PIE The strawberry and banana pie is the simplest of all to make and quite as delicious as any of the rest. 1-2 cups strawberries 1-2 cups sliced bananas 1 cup sugar 1-2 pint whipping cream 1 baked pie shell or a graham cracker shell. Combine the whole washed and dried berries with the sliced bananas and sugar. Let stand for a few minutes, then fill prepared pie shell. Spread whipped cream, sweetened and flavored over the pie and serve at once, as the bananas will darken upon standing.

GLADIOLUS FOR CUT FLOWERS. In the garden they should be sprayed once a week, from the time they are 2 inches tall, with this solution: Paris green 1 ounce, brown sugar 2 pounds, in three gallons of water. This makes the sweet syrup poisonous with arsenic which clings to the foliage and destroys the insects that feed upon it. Use carefully, as it is so poisonous to animals.

RHUBARB TARTS. 1 pint rhubarb, diced 1 cup sugar 2 tablespoons flour 2 eggs 1-2 tablespoon salt Orange rind, boiling water

BRINGING UP FATHER



Dorothy Dix

The Girl Who Has Recently Graduated Should Take Stock of Herself and Her Capabilities Before She Determines Her Future

A group of girls who have just finished their education, as the phrase goes, ask my advice concerning the choice of a career, and whether it will be better for them to go into business or take up a profession.



I know just how bewildered the poor little sweet-girl-graduate feels as she stands where the brook and the river meet, with a diploma under her arm, wondering where she shall go from here. She is all set for the top flights and ready to go in for science in a big way, or be a feminine Napoleon of finance, or write a best seller, or be a new star blazing across the Hollywood sky.

While I cannot tell a girl what career to choose, there are two or three homely facts that I would like to call to her mind that she often overlooks. The first is not to overvalue herself and attempt to do things that are beyond her ability.

So I urge every girl to take a good honest stock of her own abilities before she takes out an occupation and then, when she has decided upon what she wishes to do, she can do best, to develop her talent to the utmost.

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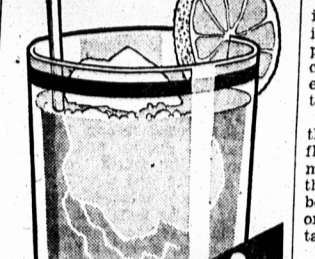
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BRINGING UP FATHER



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Today's Short Wave Radio Program

PARIS 1:50 p.m.—Who's Who Today. 2:30 p.m.—News in English: Symphonic Concert; Count Theo Rossi; "Stepping it up" The Detroit Races; Ancient Arias. 2:30, 31.1 m., 9.63 meg.

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Fashion says color—and color means Tintex. Brings Paris colors to faded fabrics! 45 colors. 15¢ a package of drug and notion counters.

Tintex TINTS AND DYES ... the largest seller in the World!

FOR FREE BOOKLET, "Manual on Home Tinting and Dyeing", by Janet Powers, A. B., Write Dept. 1 Box 1050, Montreal.

--By George McManus

FASHION GUIDES FOR THE HOME DRESSMAKER

Make a street or dance dress with the same pattern! The casual street dress in beet-root cotton with shirt collar will be the backbone of your summer wardrobe. It's just as smart for town as it is for the country. Short or long sleeves are optional.

The tied gypsy sash is captivating, or wear a shiny leather belt, if you please. Sheer cotton lawn print, handkerchief linen print, cotton lace, crepe linen, tub silks, etc., are other favorite mediums to consider.

Style No. 2776 is designed for sizes 12, 14, 16, 18, 20 years, 30, 32, 34, 36, and 38-inches bust. Size 16 requires 4 1-2 yards of 36-inch material with 3 yards of 2-inch ribbon for sash and 2 1-4 yards of binding.

Price of pattern 15 cents in stamps or coin (coin preferred) wrap coin carefully, address to Charlottetown Guardian giving—

Style No. 2776 Size... Name Street Address City State

THURSDAY, JULY 1 TOKYO

4:15 p.m.—Overseas Program. JZJ, 11.80 meg.; JVN, 28.1 m., 10.66 meg. BERLIN 6:15 p.m.—"The Secret of Susanna" a musical intermezzo by Wolf-Ferrari. DJD, 25.4 m., 11.77 meg.

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