

Woman's Realm Social and Personal Fashions Literature

Living & Leisure THE WOMAN'S REALM

CHILDHOOD AND NATURE

I watch the children at their play, No creed to separate, And think it is too bad that they So soon must learn to hate.

No one has tutored them as yet That some are different born, And they must later on be met With bitterness and scorn.

And when away from them I turn I hope it will not be That any child will ever learn The ancient hates from me. —Edgar A. Guest.

EVEN CAKE

We sure your tins of cake batter are placed evenly on the oven shelves. The least tilt caused by careless placement means an uneven cake. If this should happen, rather than have a lop sided cake slice a piece off the uneven layer to make it straight and use this layer for the lower layer. A very sharp knife must be used for success.

The meat grinder need not be confined to meat. It makes splendid breadcrumbs. Dry stale bread in the oven and then put it through the grinder.

Here's the latest accessory tip: Wear white gloves this summer with dark dresses. But to be really high-fashion—put on black gloves when you're wearing white or the new pastels.

The trend among most New York designers is to contrast light accessories to dark clothes, and vice versa. The result is eye-catching.

If homemade doughnuts are greasy after they have been deep-fried, the chances are that the fat in which they were cooked was not hot enough.

Baby foods—strained or chopped—that come in convenient small-size containers, may be used for delicious soups for grown-ups. Combine with a mixture of milk and bouillon and season to taste.

SURAH FROCKS FOR SUMMER

New York — Bonwit Teller's own designer, Lepore, brings New York a distinguished collection. His surah dresses have a summer quality of ease and lightness about them, even those prints with little lined jackets which are so practical for town wear.

A gray alpaca suit with short

Cook's Corner

TIMETABLE FOR ROASTING MEATS

- Beef—6 to 10 lbs. (rare), 8 to 10 minutes per lb.
- Beef—Less than 6 lbs. (rare), 13 minutes per lb.
- Beef—(well done), 30 minutes per lb.
- Mutton—20 to 25 minutes per lb.
- Lamb—25 minutes per lb.
- Veal—25 minutes per pound.
- Pork—30 minutes per lb.

For this timetable have oven very hot at first, to sear all surfaces, then reduce to medium heat (350°F) for duration of roasting period. If you believe in the other school of thought that is of cooking your meat at 350°F, uncovered throughout, add 5 minutes to each lb. of meat.

ROAST BEEF

Roast beef is a general favorite with most people at any time of the year and there is a considerable difference of opinions as to the method used.

Slow cooking, using the same temperature throughout, is fast fading the place of the searing method done in a very hot oven.

then reducing heat and placing a cover on. Use the same temperature jacket has its own alpaca blouse finished with cool organdy collar. Crepe dresses have adjustable aprons, straight and full; removable vests transform a day dress into one for more formal wear. Skirts are slim—lengths variable, some a good 14 or 15 inches from the floor in daytime clothes. Floating panels and sheathlike skirts seem new.

For all the pleasure in a free-swinging coat, the tendency is now toward those with straighter lines. Overgrown pockets seem to be moving toward the back of coats—accenting the hips. Collarless cardigans appear in many moods and fabrics. Shoulder pads have been completely routed. Navy still holds first place as "the" spring color.

SHINING MARBLE

After scrubbing marble and removing all blemishes, pour a little floor polish on it and scrub well with clean cloth. It will result in a brilliant polish.

FOUR NEW COLORS ON SPRING HORIZON

Four subtle new colors are making fashion news this Spring. Distinctively new, distinctively 1949. Each tone has a fresh new over-cast, which combines depth of color with an unusual delicate softness. They are featured for Canadians by the Bruck Mills in their pageantry colors for Spring 1949.

The new shades are called Harlequin Blue, Pavilion Pink, Frolic Blue and Tombola Tan. They will appear in the Spring collections of Canadian stylists from coast to coast. Harlequin Blue is a soft slate blue with a light grey cast; Pavilion is an almost-rose with a tawny tone; Frolic is a misty aqua, more subtle than aquas of past seasons; Tombola, between a tan and beige, is a new member of the spice shades. Because of their subdued color, these shades form lovely combinations, their range flattering to all types and colorings.

In the new Bruck range of Spring shades there are 20 colors in all, with the smoke shades predominating.

There's a new cake pan that conserves precious storage space by minimizing kitchen gear. The new spring pan has a tubular insert that comes with it for baking sponge cakes and angel food. Remove the tube, and the pan is just the thing for baking casserole dishes, and puddings—or for stove-top cooking.

Shells for cooking and serving scalloped or creamed fish are pretty and convenient. You can use them over and over again, so they are practical as well as dressy.

A handy item for the cook is a checked gingham apron with quilted pockets. These pockets hold a pair of quilted mitts for picking up hot pans. The mitts are long enough to cover up the wrists to prevent burns from steam. You have your choice of colors in the gingham—blue, green, yellow or red. The set would make a nice present for a new bride.

for the entire cooking, without a cover.

Always place fat side of roast upwards so that fat will drip down sides of roast, making basting unnecessary. If necessary, ask your butcher for a piece of suet to place on top of your roast.

The roast cooked at a lower temperature than we have been accustomed to using, decreases shrinkage considerably and will be lovely and moist.

In using the old method the roast is seared in a hot oven 400 F, until browned and then covered and the heat is reduced to 350F, for the balance of the time.

That Body Of Yours

PREVENTING DEATHS IN INFANTILE DIARRHOEA

Physicians of today do not encounter the great number of cases of summer diarrhoea of former years. A child who had passed safely through its second summer was considered fortunate by parents and physicians.

However when children's specialists taught mothers how to feed their children properly summer diarrhoea almost disappeared. Indeed it was preventing deaths by proper feeding that is still considered the first and perhaps the greatest forward step in lengthening the life span of men and women.

Notwithstanding the great success of saving children's lives by preventing diarrhoea it is only too true that there are still too many cases of infantile diarrhoea that are not helped despite a carefully selected diet. It was only natural, therefore, that a strong drug be tried to kill the harmful organisms or organisms causing the inflammation of the intestine with consequent diarrhoea.

In "Pediatrics," Springfield, Ill., Drs. Elira Goetsch G. Cobby and M. Mulloy report the results of their treatment of infant diarrhoea in a severe epidemic in 1945. These physicians found that in cultures from the lining of the nose and throat, and from the urine, there were certain organisms usually found in the colon (large intestine).

As the usual treatment for infantile diarrhoea was not helping these cases, they decided to use the new drug, streptomycin, which is proving effective in killing the organisms causing various diseases. They found that the effective dose for infantile diarrhoea to be 5 grams injected into the muscles and 5 grams by mouth per day, for seven to ten days.

The response of seriously ill infants with diarrhoea to streptomycin was dramatic because it rapidly killed the organisms causing the diarrhoea. In addition to the streptomycin, the infants were given amigen (amino acids) by mouth.

The use of streptomycin and the food amigen together with the treatment used in previous years, effectively shortened the hospital stay, decreased the amount of fluids injected into the veins, and reduced the death rate. During the eight month period of observation no deaths occurred that could have been caused by diarrhoea.

DIET SUGGESTIONS IN MUCOUS COLITIS

Many ailments such as mucous colitis require that we obtain a calm outlook on life as the most important thing. "Diet Suggestions in Mucous Colitis," a leaflet by Dr. Barton, may help many. To obtain it, just send 6 cents, coin preferred, and a 3-cent stamp, to cover cost of handling and mailing, to The Bell Syndicate, Post Office Box 99, Station G, New York 19, N. Y., and ask for your copy of "Diet Suggestions in Mucous Colitis."

Morning Smile

A woman was asked by the customs officer, "Anything to declare, madam?"

"No," she replied sweetly, "nothing."

"Then, madam," said the officer, "am I to take it that the fur tail I see hanging down under your coat at the back is really your own?"

Elderly lady (in drugstore to new man behind soda fountain): "Are you a doctor?"

Young man: "No, ma'am, I'm a physician."

Princess And Baby



Prince Charles, almost five months old, sits with his mother, Princess Elizabeth at Buckingham Palace in London for the first formal portrait of the pair.

Household Scrapbook

By Roberta Lee

Loose Casters
Loose casters in furniture can be put in to stay by first removing them and then pouring plastic wood into the opening and as it begins to set, forcing the caster into its place. Allow this to harden well before again placing the piece of furniture on its feet.

Old Potatoes
When boiling old potatoes if a teaspoonful of vinegar is added to the water, it will prevent the potatoes, in spite of their age, from turning black.

The Hands
Drop a little lemon juice into the palms of the hands while they are still moist after dishwashing, rubbing them well, and it will keep the hands soft and white.

How Can I!!!

By Anne Ashley

Q. How can I make a liquid toilet soap?

A. If the skin is very sensitive, or has undue oil secretions, the following solution will be found beneficial: Mix and bottle four quarts of rain water, four ounces of borax, four ounces of baking soda, and two ounces of ammonia; shake before using. This will be found an excellent toilet soap.

Q. What proportions of salt and pepper should be used in seasoning food?

A. It is a good idea to keep a large shaker containing six parts salt to one part pepper on the shelf of the kitchen range for use in seasoning foods.

Q. How can I keep the rubber plant glossy?

A. The gloss of a rubber plant can be greatly increased by dropping about a teaspoon of sweet oil about its roots once a month.

KEEP IT WARM
Fruit at room temperature is easier to squeeze than that which has been chilled in the refrigerator.

Modern Etiquette

By Roberta Lee

Q. What is the proper way to use the finger bowl?

A. Dip the fingers only, and not the hands, into the bowl, then dry them on the napkin while holding the hands above the lap. Above all, don't use the napkin as you would a towel.

Q. When meeting someone you have formerly known well, whether man or woman, is it proper to shake hands?

A. Yes, unless merely passing on the street.

Q. To whom should wedding announcements be mailed?

A. Only to the acquaintances who did not receive invitations, never to those who did.

The Stars Say--

By Genevieve Kemble

Monday, April 18

MONDAY'S horoscope indicates a progressive and promising state of affairs, with the plans, resources and ambitions keyed to advanced goals. Be astute and sagacious in working out ideas with an eye to change, and new contacts. Change of scene and associations lure. Nevertheless, brilliant as the prospects seem, there may be pitfalls, schemes or some form of duplicity, subtlety or sinister intrigue. An alert vigilance from every angle could assure lucrative and interesting change.

For the Birthday
Those whose birthday it is may be incited by an urge for new pastures, associations and engagements, in which fresh fields of operation offer dynamic and profitable experiences. With vigilance and prior study of varied advantages there may be pleasant and lucrative relations, with vivid and inspiring change. However, there is need for exceptional vigilance, since there may be deep-laid schemes, snares, superciliously alluring and sound, but with a sinister undertone of the tricky, crafty and hypocritical, in business and personal contacts.

A child born on this day should be talented, resourceful, adventurous, and should enjoy a brilliant career. It may, however, be an easy victim to crafty, subtle and dubious schemes or personages.

For Tuesday, April 19
AN exceptional opportunity for the demonstration of sound character, responsibility, fidelity and other characteristics of stability, good sense, patience and endurance, may be the outstanding culmination of this day. The riotous urge to "fly off the handle," rush headlong and turbulently into dangerous, rash and unguarded actions, may result in physical dangers, injuries, accidents and a range of destructive and regrettable deeds, with hazards to life, limb and possessions. Clear vision, controlled action with a calm pause for reflection—affecting inner feelings and emotions, may save the day from calamity and grief. Excellent prospects are in jeopardy.

If It Is Your Birthday
Those whose birthday it is, may find themselves in a situation in which their affairs are benignly assured of a constructive, tangible and concrete demonstration of talents, skills, character and all round sterling qualities, for building a future, with stability, growth and security. This, by their own shrewd and eager efforts at working for basic and long range developments, by diligence, perseverance, responsibility and exceptional "know how." Yet all this could be definitely and irrevocably ruined, un-

Ellen's Diary

By an Island Farmer's Wife

At the moment dark against the dying colors of the sunset, a leggy heron wings its flight above a hill turning eastward now to home down the river-reaches. This we recall is the first sight we have had of one of these quiet friends of ours since Autumn took them away from our neighborhood and ken. We find them with much interest and admiration throughout the warmer seasons, mirroring themselves in the placid pond or at the shallow edges of the pools below the waste-gates on the dam, so still there that one is sometimes puzzled to make out which is the shadow and which the substance.

When Summer mornings are tinted with coral hues, and our world with its milking and separating and calf-feeding has commenced, and the dew in a magic carpet lies richly yet over lawn and meadow, held there by the bewitching tones of the night spinners, then a lone one, or it may be a pair of them, come out of the rosy horizon above the river, a custom when our day has been lived, how well or ill, we know not, and the fading rays of the sunset guild the wooded hills and evening begins to bless the countryside with its calm and peace, then from the haunts of day in the vicinity they rise to disappear—these strange leggy creatures, into the backdrop of sky to the east, dim as now with the approaching twilight.

James too has disappeared into the evening, riding easily the Nell-mare. She of all the stable is preferred for any light driving and being quick and light of foot she is one chosen by any rider. This continues to be a favorite mode of travel with James over shorter distances, a custom when our day has been lived, how well or ill, we know not, and the fading rays of the sunset guild the wooded hills and evening begins to bless the countryside with its calm and peace, then from the haunts of day in the vicinity they rise to disappear—these strange leggy creatures, into the backdrop of sky to the east, dim as now with the approaching twilight.

James has gone to Rob's to visit the family, and incidentally to inspect the livestock and all there. His fatherly interest extends to the condition of this or that heifer or horse or pig and he will also take stock of present supplies of feed to satisfy himself that sufficient is on hand to bring all comfortably "through." He is sometimes inclined to be critical of Rob's farming. Not that he ever finds any neglect there, but he is often concerned, while the rest of the family is amused at Rob's liking to collect those of the cattle-kind in his stables, until every nook and corner holds liquid-eyed animals, small and larger, and Karoly informed of another purchase declares laughing: "Well, I wonder where we shall put this one? Yes, it will have to go in the parlor!" So James gets perplexed over this, "That boy's bought another!" he will say after an outing there, "oh, a bit of a thing, though he likely paid plenty for it!" And then comes Summer, and a spell of pasturing at the grassy, brook-washed meadow of the other farm, which matures and fattens such doubtful possessions, then it is that Rob has his innings.

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DOROTHY DIX SAYS—

Eternal Mystery

81-Year-Old Husband Still Can't Understand Women

DEAR MISS DIX: I have a wonderful wife and we get along pretty well together. I follow your advice and feed her a lot of praise and generally she sits it up, but sometimes it seems to run off of her as water off a duck's back. Then I am ready to join with the poet who sang: "Women's faults are many, men have but two, what they say and what they do." I am 81 years old and I still don't understand women. PERPLEXED

ANSWER: Well, brother, if you were 181 you still wouldn't understand women, because, as a bewildered husband wrote me not long ago, "women, and especially wives, are the most curious animals there are."

No doubt God made them that way on purpose, for it is part of the fascination of women that you never know which way they are going to jump. They always keep you guessing and wondering whether they are going to kiss you or bite you. There is never a dull moment with a woman around.

Take marriage, for instance. Does the shrewdest businessman know what sort of wife he is getting when he gets married? I'll say he doesn't. He thinks that it will be no trick at all to manage the sweet, gentle, little Baby Face he is escorting to the altar, but by the time they get the rice combed out of their hair he is saying "yes, ma'am" to she-who-must-be-obeyed.

Then consider the transformation acts that women put on and take off as casually as they do their complexion. We have all seen extravagant girls, who kept their Papa's noses to the grindstone, turn into penny-pinchers when it was their husbands' money they were spending. We have seen lazy, trifling girls turn into cracker-jack housekeepers. And if you want to get the surprise of your life, agree with the woman who weeps on your shoulder and tells you what a poor, shiftless, no-account husband she has, and how much trouble her children give her. She would tear your hair out.

No, brother, you will never understand women, but you will have a lot of fun trying to unriddle the riddle they are.

DEAR DOROTHY DIX: I am a married woman with seven children, all youngsters, and my own share of what to do about other people sending their children to my house to be looked after. One woman dumps her five children on me every morning while she, her husband, and older daughter go to work. She never offers to pay me anything, or give me a present in appreciation of all the trouble that she puts me to, when she knows very well that I am poor and have a hard time making ends meet.

And you can imagine the condition my house is in when I always have from one to 10 children, in addition to my own seven, underfoot. Also, these children, whose mothers saddle them on me, brag about the things they have that my children cannot have, and that is hard to take.

How can I get rid of these kids without coming right out and making their parents mad? I hate to have trouble with anyone. MRS. J. H. S.

ANSWER: According to the old adage, God helps those who help themselves; and you can never expect to be anything but a door mat as long as you lie down and let selfish and aggressive people trample over you. Personally, I have little sympathy with women who have not enough backbone to defend their own homes.

You are not only lacking in courage, you are lacking in common sense when you let yourself be victimized by your neighbors' children. What you should do is to turn your affliction into profit. Put a good high fence, with a strong gate, around your place and then announce to your neighbors that it is a playground for children, where they will be kept safe and taken care of for a reasonable price.

No doubt this will make your greedy neighbors mad, for they had counted on you being silly and weak enough to be their stooge, but they won't be angry enough to take care of their own children. They will pay for the service when they find they can't deadbeat it.

It is your own weakness when you let people impose upon you.

turing at the grassy, brook-washed meadow of the other farm, which matures and fattens such doubtful possessions, then it is that Rob has his innings.

Unlike the farmers at Alderlea, who are content to struggle along against difficult odds sometimes in the way of conveniences, Rob tries to equip the place with labor-saving devices. In recent days, and alone, he installed drinking-bowls in a second stable, a privilege enjoyed heretofore only by his milking herd. Should such an improvement ever come to our stables, it will be to miss the familiar musical call with which James is used to bring those of ours from drinking "down by the old millstream." . . . Today grand-daughter and a found defoliate and tulips appearing in neat sturdy shoots, in the flower-boulevard, and we saw the Spring color on Pat's maples, beyond the hill. . . . But Jack has come now to chat.

Until tomorrow . . . Diary . . . Good-night. . . .

Better English

D. C. Williams

1. What is wrong with this sentence? "I shall choose the two first boys." What is the correct pronunciation of "government"?

2. Which one of these words is misspelled? Patriot, apricot, boycott, zealot.

3. What does the word "obsequious" mean?

4. What is a word beginning with an "s" that means "going back in time"?

ANSWERS
1. Say, "the first two boys." There can be but one first. 2. Pronounce second syllable ern, not government. 3. Boycott. 4. Servilely or meanly attentive; fawning. "He was an obsequious flatterer." 5. Antecedent.

Needlecraft FOR THE HOME

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Alcott Lucy says:
"LISTEN TO THIS BUSY MOTHER..."

"Boys will be boys...but thank goodness for Extra-Soapy Sunlight!"

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(Continued on Page 3)