

WHEN YOUR HEALTH CHART BEGINS TO SAG...

Not so well, eh? Then, by all means, use your head to get back on your feet! Go at once today to the Physician who has your fullest confidence. And, when you have your prescription, bring it here for precise compounding by our experienced pharmacists.

The Jenkins Pharmacy
THE Rexall STORE
DISPENSING CHEMISTS · PHONE 219
COR. GT. GEORGE & KENT STS. CHARLOTTETOWN, P.E.I.

CENTRAL GUARDIAN

This column is reserved for news of local interest, but advertisements of a newsworthy nature may be inserted at five cents a word strictly payable in advance.

JIMMIE'S TAXI Phone 525.

HOWARD McINNIS' Footwear at 175 Queen Street.

CONFEDERATION LIFE INSURANCE.

AT YOUR SERVICE, Arnsfeldt Coal Company, Phone 2498.

CORNWALL PLAY, Wednesday and Thursday.

TWO WEEKS SPECIAL SALE—Mrs. Johnston's Ladies Wear.

DR. L. I. DUFFY will be away from his office from May 3-17.

BUSINESS HOURS Our store will operate on Standard Time. Prowse Bros. Ltd.

MAY SPECIALS at Mary's Beauty Salon, Whelan Building, Grafton Street, \$9.00 permanent for \$5.00. Phone 236.

REGULAR SESSION of Alpha Kappa Lodge No. 10 I. O. O. F., Tuesday, May 6th. Initiation. Visiting members welcome.

CHANGE OF RESIDENCE — Mr. and Mrs. Russell MacDonald and son Gordon of Carleton left last week to take up residence in Summerside having purchased the property of Mr. Gordon Toombs.

FOR SALE — Limited supply Registered Laurentian Turnip Seed. Grown from selected roots. Both wholesale and retail. Book your orders early. Associated Shippers Incorporated.

TUNE IN C. B. A. 9.50 D. S. T. Wednesday evening and hear Hon. John Bracken, M. P., Leader of the Progressive Conservative Party. His address will deal with a timely subject.

THE REGULAR Quarterly Meeting of the Prince Edward Island Registered Nurses' Association will be held in the Auditorium of the Provincial Sanatorium on Wednesday, May 7th, beginning at 7:30 P. M. The guest speaker will be Dr. T. B. Acker.

ISLAND SOLDIER HONORED — Francis P. McMaster, son of Mr. and Mrs. Bernard McMaster, of Dundas Centre, P. E. I., received today from Belgium through the Military Attaché in Ottawa, the "Belgium Croix De Guerre 1940" with palm in recognition of gallantry shown during the battle of Belgium. McMaster served four and a half years abroad and saw action in France, Belgium, Holland and was wounded in Germany in April 1945. He returned to Canada on Oct. 2nd, 1945.

Personals

Arriving by plane from New York Tuesday evening was Miss Beulah MacLeod, R. N. who was called home to be with her mother, Mrs. James MacLeod, of Montague, during her critical illness.

Mrs. E. D. Harding has gone on a visit to her husband in Moncton, N. B. Mr. Harding is now working for the S. M. T.

Mrs. P. W. Blackett (nee Anna Harding) and son James, have left for Brookville, Ont., where she will join her husband and make her future home.

STELLA MARIS SCHOOL

Honor roll for the month of April. Grade X — 1. Mona Gallant; 2. Ida Doyle; 3. Marjorie Gallant. Grade IX — 1. Hazel Gallant; 2. Beatrice Doucette; 3. Alvine LeClair. Grade VIII — 1. Jeannette Gauthier; 2. Isabel Biacquiere; 3. Norma Doucette.

Grade VII — 1. Jean Gallant; 2. Lilian Pineau; 3. Pauline Gauthier. Grade VI — 1. Mildred Gallant; 2. Ambrose Gallant; 3. Arley Doucette. Grade V — 1. Kenneth Walter Gallant; 2. Guelda Gallant; 3. Reginald Dolron.

Grade IV — 1. Virginia Gauthier; 2. Albinus Gauthier; 3. Linus Dolron and Eleanor Doucette. Grade III — 1. Patricia Gauthier; 2. Frances Dolron; 3. Vernon Peters. Grade II — 1. Patricia Gallant; 2. Erielle Gallant; 3. Walter Gallant. Grade I — 1. Grace Gallant; 2. Anita Johnston; 3. Teresa Irene Gallant.

WARREN GROVE SCHOOL

The report for April. Grade X — 1. Verna Younker; 2. Malotte Sanderson. Grade VII — 1. Arthur Wheatley. Grade VI — 1. Vida Jewell and Ernest Owen (equal); 2. Dorothy Corbett. Grade V — 1. Wilma Ladner; 2. Stewart Vickerson; 3. Janet Owen. Grade IV — 1. Doreen Vickerson; 2. Allison Owen. Grade III — 1. Wayne Ladner. Grade II — 1. Ruth Corbett. Grade I — (Sr.) 1. Helen Ladner. Grade I — (Jr.) 1. Edwin Corbett.

Highest Average in Senior Grades. Wilma Ladner 90.2 per cent. Highest Average in Junior Grades. Doreen Vickerson 96.7 per cent. Prize for stars in Spelling for the month of March and April. Arthur Wreatley and Wayne Ladner. Prize for stars in Junior Grades. Wayne Ladner and Heber Ladner. Teacher. Isabel Diamond.

OTTAWA SURGEON DIES OTTAWA, May 5 (CP)—Dr. L.A.S. Stewart, 58, well-known Ottawa surgeon and a member of the staff of Ottawa Civic Hospital since 1924, died at his home here today. Dr. Stewart was born at Aylmer, Que., and took his training at McGill University.

Superb UPSIDE DOWN CAKE
So Easy, So Sure -- with Swans Down!

Do you yearn to serve Upside Down Cake — yet hesitate, because it seems beyond your baking experience? Well... there's no need to question results, if you make it with Swans Down Cake Flour!

Upside Down Cake — or any cake — is feather-light, tender, wonderfully delicious, when you make it with this "special flour for cakes". Results are *swifter*, more *satisfying*, with Swans Down. Even when you skip on butter or shortening... on sugar or eggs... Swans Down makes cakes *outstanding*.

Milled from selected Canadian wheat, Swans Down is sifted and re-sifted through silk, until exceptionally even and 27 times as fine as ordinary flour. Swans Down gives lightness, fine texture, tender crumb, that you can't expect with ordinary flours.

PEACH UPSIDE DOWN CAKE
Sift flour once, measure, add baking powder, salt and sugar; sift three times. Add the soft butter or shortening. Combine egg, milk, vanilla. Add to flour mixture, stirring until all flour is dampened; then beat vigorously 1 minute. Melt 4 tablespoons butter in 8-inch square pan. Add 1/2 cup (firmly packed) brown sugar. On this arrange drained canned peach halves or slices. Cherries and nuts may be added. Turn batter over fruit. Bake in moderate oven (350°F.) about 50 minutes. Serve upside down.

FINER — as icing sugar is finer than granulated!
MORE EVEN — as graded peas are more even than ungraded!
LIGHTER — as sifted potatoes are lighter than whole ones!
WHEAT SELECTED FOR SOFT GLUTEN — as you select meat cuts for tenderness!

Urges Development Of Island Industries In Debate On The Budget

Following are excerpts from the address by Mr. Fred C. Ramsay, First District of Prince, in the Legislature recently in speaking in the Budget debate:

"I regretted very much that I was unable to attend the Legislature, during the first part of the Session, especially during the debate on the new tax agreement with the Federal Government. However, I followed as closely as I could through the medium of the Press and consensus of opinion appears to be, that it is by far the best arrangement this Province has had with the Federal Government since Confederation. Although this is the best arrangement to date, it will likely prove inadequate to do all that is necessary to be done in our Province.

"Lack of revenue has always handicapped us here, and for Governments to do anything worthwhile, funds must be available. And in order that additional funds be available for public services, the people must first be given the opportunity of producing taxable wealth. Therefore, I feel that one of this Government's most important duties is, to press for higher prices for our exportable surplus. Because, it is the revenue from this exportable surplus, that so greatly affects the profit and loss statement of each individual, and thereby, the Province as a whole.

"Unfortunately in this Province we have no minerals of any description, no gas or oil wells, no pulp or paper mills, no hydro-electric, no great industrial concerns, not even the head offices of banks and trust companies, or other financial institutions, to swell our Provincial revenue. And although we are almost purely agricultural, we do not grow sufficient wheat to provide our people with their main article of food. And hundreds of tons of feed for our livestock, together with flour, is shipped all the way from Western Canada. I know this is essential at the present time, and was most essential during the war period.

"However, it looks like poor business for farmers themselves, and certainly most uneconomical for the nation as a whole, to be sending three thousand miles for feed, that farmers should be producing themselves. Of course the whole difficulty is, farmers have been too poor in the past, to use their hard earned dollars to build up their land, in order that they may produce more abundantly.

"Again, the solution must be a higher net return, to the producers of our exportable surplus.

Potato Support Price
"For the first time in the history of our Country, the Federal Government provided a support price for potatoes, which together with purchases by the British Government, has relieved an awkward situation. This effort to support the price and to sell the British, should be greatly appreciated by all concerned, and everybody in this Province should be greatly concerned. Let us hope it is just the beginning of a permanent British market, and a permanent support price.

"However, the price of potatoes is not sufficient compared with other items on the market, especially items our Island producers must buy. It has been well said by an authority on potatoes, that the support price merely provides for cost of production, and does not allow for a profit. Without profits every business would go into liquidation. Then, how long can the people of this Province go on selling their chief cash crop, their largest item of export without a profit? The greatest difficulty is of course, we have too many potatoes, both in the United States and in Canada.

"Therefore, we will never have stability until acreage is controlled. Every year or so producers have suffered severe losses, because nobody knew how many acres to plant, in order to come somewhere near the probable demand. Losses by the United States Government during one year, persuaded their Department of Agriculture, to ask Congress to control acreage, and this has already been done for the coming year. And if Canada would do likewise, the two countries could co-operate and set the price where it should be, without digging down into their respective treasuries.

"The legislation proposed by the Potato Growers' Association, and passed by this Legislature, making this Island a disease free area, is of utmost importance. This Island can be made the best seed plot in the world, and when that is accomplished, a substantial price should not be difficult to obtain, as quality must be kept high, especially for export. This is an ideal year for making the change, as farmers can secure seed for about the price of table-stock and should eventually mean thousands of dollars for the pockets of our producers.

"It is interesting to learn through a report by Mr. C. F. Bailey of the Dominion Experimental Farm, Fredericton, that disease free potatoes are now being produced, and will be available to farmers in two or three years. If successful he states, it will save producers about \$1,000,000 annually, based on cost of spraying and loss to crops through blight.

Annual Exodus
"The annual exodus of young people from our Province, is proving most detrimental to us here. To my mind the large majority are loathe to leave our shores, but can see no future in our beloved Island, due principally to lack of industry and a limited field for professional men and women. After obtaining their education at the expense of their families, and thereby, the Province, and often to another nation altogether, usually fully equipped to be of real service to the land of their adoption. In Provinces such as Ontario and Quebec they find ready employment, and better remuneration.

"This is especially true in the professional field, as great numbers of young people in these Provinces, find industry more interesting and much more profitable. Due very likely to an abundance of raw material, and a ready market at their door. I know that the Premier and others have given serious thought to the problem of maintaining a larger population, within the confines of our shores. To my mind we have the finest place in the world in which to live, but that alone is not sufficient. Opportunities must be created, with sufficient remuneration to provide a decent livelihood, for those who could remain with us. Personally, I believe our best bet lies in new industries, which will create new wealth, and new opportunities.

"According to the Minister of Trade and Commerce, Mr. MacKinnon, Island industries total 241, employing 966 men and 466 women. The annual wage bill for those employees total \$1,354,028. And the annual manufacturing production is placed at \$10,713,644.

"We have ample room for more industries here, and these totals should be multiplied by ten in as many years. As we should at least provide all our fresh, canned and cured meat and fish. All our fresh and canned vegetables, most of our fresh and canned fruit, all our fresh and canned milk, all our honey and cheese. Irish moss too should not leave our shores in its raw state, but should be processed here. However, we will need Islanders with initiative, and the necessary finances, to capitalize on our richly flavoured fruits and vegetables, etc. etc.

Island Industry
"Jenkins Bros., Summerside, is a good example of what can be done with industry in our Province. This concern canned about 10,000 pounds of raw poultry per day, 8,000 pounds of mackerel per day, and 100,000 pounds of beef per week during 1946, an approximately 95% of this pack was shipped outside our Province. This is a commendable achievement. However, there is one dark shadow over this otherwise bright picture. As the cattle used for this processing, were purchased here by Swift Canadian, shipped to Moncton to be slaughtered, shipped back to Summerside for canning, then shipped to the outside

Ellen's Diary

(Continued from Page 2)

brighten the shadows in the kitchen. The moonlight too lay in pools on the floor. The small girl whose presence enlivens the place by day was already a-bed in the old cot upstairs. When presently I made my way towards home through the coolness, a passing car cut a brighter glow along the hill, and from somewhere beyond a dog barked — a lonely call that lingered on the still air. So cold it was that I hastened my steps, and drew my jacket more closely about me.

But the farm work continued as

SAVE UP TO \$14.00
on your next
COLD WAVE



Give Yourself
THE NEW
Charm-Kurl
SUPREME

You can give yourself or another a soft, natural-looking permanent in 2 to 3 hours, at home with the easy-to-use Charm-Kurl Supreme Cold Wave Kit. Costs only \$1.35. Laboratory tested, it's safe to use on any type of natural hair. And best of all, your Charm-Kurl COLD WAVE will last months and months. Satisfaction or money back. Get a Charm-Kurl kit today.

NOW ONLY \$1.35

For sale at Drug Stores, Cosmetic and Variety Counters.

Now — sweeter, tastier bread with
FLEISCHMANN'S
FRESH
ACTIVE YEAST

It's so easy to bake delicious, smooth-textured loaves if you use Fleischmann's active fresh yeast. This fresh yeast is full-strength. It goes right to work to help you get best baking results every time.

IF YOU BAKE AT HOME — insist on Fleischmann's active fresh yeast. The cake with the familiar yellow label! Dependable — Canada's favorite for over 70 years.

Always fresh — at your grocer's



New Soapless VEL Cleans Without Suds.
by Frances Thompson
noted homemaking authority

Over a million dollars have already been invested in perfecting VEL, a revolutionary new post-war discovery in cleaning. It is not a temporary substitute for soap. And because it

SURPRISINGLY LITTLE NEEDED
Just as too much baking powder can spoil the best cake recipe, so too much VEL may give you disappointing results. So follow the instructions on the package carefully. It's surprising how little you need.

VEL FOR DISHES
A teaspoonful or two is plenty for a dishpanful of water. No need to add more VEL unless you have a larger sink or very greasy pans. You'll be pleased to find how sparkling clean VEL leaves glassware and dishes... how VEL leaves no soap scum on dishpan.

Next you'll notice a difference in the water. Soap combines with water to make a cloudy milky-white solution. When the suds dissolve, VEL leaves the water as clear as soft water in a rain barrel... makes the water act soft too. As a result, you'll quickly see how much grease and grime VEL removes.

NO SUDS NEEDED
The most noticeable difference between VEL and soap is in the suds. Most women have always looked to the suds, in soap for its cleaning power. VEL makes suds, but the cleaning action continues long after suds dissolve.

VEL is a registered trademark of the COLGATE-PALMOLIVE-PEET CO. LTD.



Dining "corner": Make it easy for yourself! Eat right in the kitchen... in front of a cool "herb garden" window. Use a "dining table" that drops down out of the way between meals... And then — most important of all — put down a sparkling bright Gold Seal Congoleum rug! Its smooth surface is easy to clean with the swish of a damp cloth. And durable! Why, its wear-layer of heat-toughened paint and baked enamel is actually equal in thickness to 8 coats of best floor paint applied by hand. But — when you buy your Congoleum rug — look for the familiar Gold Seal. Without it — remember! — it isn't Congoleum. You'll be surprised how much quality you can buy for so little money.

Gold Seal Congoleum Rugs... product of Congoleum Canada Limited, Montreal.

Your dealer may be temporarily out of Congoleum because supplies are still very short. Please try him again as he receives limited shipments from time to time.