

# Woman's Realm Social and Personal Fashions Literature

## Living & Leisure The Woman's Realm



DESIGN NO. 1112

New, glamorous, ribbon hats with crocheted flowers are inexpensive and pretty to create. Pattern No. 1112 contains list of materials needed, illustration of the design and complete instructions for making both items.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlotte-Town Guardian, Needlework Department.

NAME \_\_\_\_\_  
STREET ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ PROVINCE \_\_\_\_\_

### THE COOK'S CORNER

**BROWNED PAPRIKA POTATOES**  
Six medium-sized potatoes, 1 tablespoon melted fat or drippings, 1 cup corn flakes, 1 teaspoon paprika, 1 teaspoon salt.  
Pare potatoes and cook in boiling water about twenty minutes. Drain and brush with fat. Roll corn flakes into fine crumbs and mix with paprika and salt. Roll potatoes in crumb mixture until well covered. Bake in shallow greased baking pan in moderately hot oven (325 degrees) about 35 minutes.

**BOILED BEEF WITH HORSE-RADISH SAUCE**  
Three pounds short ribs of beef, 1-2 gallon water, 2 onions, 3 pounds green cabbage, 3 carrots, salt. Put the short ribs of beef in a special boiling pot with the water. Add salt to taste. When boiling add the carrots and onions. Allow to boil slowly for three hours. Add the green cabbage which has been well washed. Cook all together for 45 minutes. Serve the short ribs on a platter with the green cabbage, carrots and onions arranged around the meat. Serve with horseradish sauce made as follows: One-half pint cream sauce (butter, flour and milk), remove from fire and add egg yolk, then stir in one heaping tablespoon grated horseradish. Season and stir well over flame; do not boil.

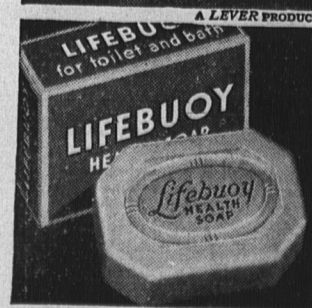
**CHANGED PLACES**  
The little woman had worried the grocer over trifles at the busiest time of the day, and at last he had managed to satisfy her.  
"Do you know, Mr. Peck," said the woman, "when I came into your shop I had a dreadful headache. I've quite lost it now."  
"It isn't so," said the distracted grocer. "I've got it!"

**THAT HAIR-DO IN YOUR HAIR-HOUR**  
If you have to slice your grooming time, don't go to a beauty shop during your lunch hour, leave before your hair is dry, and reappear at work with tight, narrow waves. If you go, stay till your locks are thoroughly dry and have the hairdresser brush carefully and rearrange the waves. A finger-wave that won't stand a good brushing just isn't worth its price.



BLAKE'S LUNCHING WITH THE BOSS—WHY WASN'T I ASKED?

**You have to perspire — You don't have to offend!**  
In the long run, success largely depends on personal contacts—the impression you make on others you work with. And nothing can be such a jinx as "B.O."  
"B.O." is no respecter of persons. We all perspire... as regularly as we breathe. When perspiration deposits accumulate on your skin, they soon become offensive. "B.O." results. Ordinary bathing won't do the trick. To be really safe, you must use Lifebuoy—it's the ONE soap especially made to PREVENT "B.O." No other popular soap contains Lifebuoy's special deodorizing ingredient that makes you sure of lasting all-over freshness.  
There's nothing like a Lifebuoy bath for making you feel refreshed and peppy FAST! You'll go for that rich, thick, ZIPPY lather in a big way. It makes you SURE of all-day protection. Lifebuoy's fine for face and hands, too. It's 20% milder than many so-called "beauty" and "baby" soaps.



LIFEBUOY FROM HEAD TO TOE — IT STOPS B.O.

### A HOME ON THE RANGE

By Bentley Ridge

This link with history seemed to music stopped he drew her into an Myrtle quite unconvincing. The mod-ernity of Christchurch, of the Bar-bours, was something broken off know, I want to ask you—Will you marry me, Myrtle?  
CHAPTER VI  
"LOVELY TO LOOK AT"  
Myrtle hesitated, though her mind was already made up.  
"If you really want me, Rex," she said, "I do! You're lovely, I think you're wonderful. Look, I'm perfectly sober. I mean it from the bottom of my heart."  
She smiled. It was a moment of panic. Dreams, fancies of ideal love rose out of the past.  
But such things belonged to another age. She could help Rex, and she emerged, shining again in her proper sphere.  
But it was too easy. They were unsophisticated young people, for all their pockets' flasks and petting parties. This life would never make her happy either, Myrtle realized.  
She spent several week-ends with Rex and Diane, and after a while Rex Wilde attached himself to her. Everybody said he was idle and useless. And so he was. Idleness to him was not an exciting occupation as it was among the elite in Europe.  
He was a little drunk at the time; it was after a dance, and they were sitting in the Barbours' drawing-room having a last drink and playing the gramophone before everyone dispersed for home.  
Myrtle let the remark pass as if she hadn't heard it.  
But it put an idea into her head. Rex had money, twelve hundred a year; she said he would inherit fifty thousand when his father died. Rex could certainly take her away from "Petersdown."  
"So could you," said Rex. "You could come with me."  
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### Dorothy Dix Says—

#### PHYSICALLY WEARY WIFE LOSES INTEREST IN FAMILY

#### Good Help, New Clothes And Movies Cure Many Tired Women

DEAR MISS DIX—I am twenty-two years old and feel as if I were sixty-two instead. I have a wonderful husband who works six days a week and makes a decent salary at a lifetime job, and I know he sincerely loves me. We have been married three years and have an eight-month-old child. Our home is finely furnished.  
The first two and a half years of our marriage we scrimped to get these things and could save no money. Before and after the baby's birth required a great deal of medical care and this took quite a bit of money. We have no debts at present, but due to rising prices of food and rent and the utility dues we still don't seem able to have any money. I have to do all of the cooking, washing and cleaning and taking care of the baby and a six-room house. I am worn out with the work and pinching pennies, for I deny myself everything, permanents, dresses and amusements.

Worse still, the baby cries and keeps me awake at night. The doctors say that there is nothing the matter with him, that it is just a habit and that he will grow out of it, but it is running me crazy.  
Now my problem is I have gotten so I don't know whether to love my husband or not. I've gotten so I don't seem to have any feeling for either him or the baby. What do you think is wrong with me?  
DOROTHY.

ANSWER—I think you are so physically exhausted that you have gotten emotionally numb. I remember a woman once telling me that she had nursed a sick child for you to do it to hire some competent woman to come and take care of your house and child for a month. She will break the baby of its bad habit of crying in a couple of nights, for she will know how to deal with it.

**HAVE SOME FUN**  
And do go and get a permanent and a pretty dress or two and spend your afternoons at the movies, and you will look like and feel like a new woman. Maybe you will have to go in debt for this, but it will be money well spent because it will save you and your home.  
But, reading between the lines, I judge that you are living beyond your means. You have finer furniture than you can afford and a bigger house, and it keeps you under too big a strain. Also, you are certainly not a good manager, or never have let the baby get the upper hand of you. My earnest advice to you is to try to simplify your mode of living.  
And don't forget that it is just as necessary for any young couple to have some pleasure and amusement in life as it is to have bread and meat.

**A YEN FOR BRIGHT LIGHTS**  
DEAR MISS DIX—We are two young women in our early twenties who have good-salaried positions in our small home town. We have worked in this town since graduation. While we like our work, there is no social life here for us or for our friends who have similar interests. Our families are not financially dependent upon us.  
Would you advise us to leave our secure jobs and our good homes in order to seek better jobs and more intellectual and social life in a large city? Shouldn't there be more to life than the monotony of earning a livelihood?  
TWO PERPLEXED GIRLS.

ANSWER—Unless we happen to be geniuses there isn't much to life for any of us beyond earning a livelihood, and while this may be monotonous so is the necessity of eating and having a roof above our heads and clothes to cover us. Beyond that we get out of our work whatever we put into it—interest, excitement, ambition, or boredom. It is up to us whether we get thrills or yawns out of our jobs.  
I wish that I could say something to you two small-town girls that would make you realize how much better off you are with your good steady jobs than you would be if you threw them up and went to the city to seek your fortune. You have good comfortable homes, with plenty of good food to eat, a nice room of your own; you are people of consequence in your community; you will never be hungry, or cold, or lonely in your life. Your employers take a personal interest in you. You have never just been a cog in a machine. You have plenty of dates with the boys.  
If you go to a city, you will wear your shoes out going from employment agency to employment agency seeking a job, and when you find one it will probably pay less than you get now. For the first time you will find out that it costs just to exist, and when your home wardrobe wears out you will be shabby. You will have to die of loneliness and you will have no possible chance of meeting the eligible men you dream will fall in love with you and ask you to marry them.  
No girls have such poor chances of making good marriages as the business girls in a city, because it costs so much more to live in a city than it does in a small town. You are almost middle-aged. Nor do any girls live a dearer life than those who are forced to live in a squalid little apartment where they are crowded to death and where, after their long hard day's work, they have to cook their own poor meals and wash their own clothes.  
If you have a good job at home, stick to it and thank God for your luck.

**GO WITH YOUR HUSBAND**  
DEAR MISS DIX—I am married to a wonderful husband and have no children. A few weeks ago he had to go out of town to work and until the job is over, he will probably be in the city for some time getting money from men who work there and who are earning big wages. Should I go and be with him, or stay where I am?  
ANSWER—Go by all means. Your husband will need your protection against the "big boys." Many domestic help girls are used to a comfortable home and dependent upon their wives for companionship, are easily inveigled into entangling alliances with women when they are separated from their wives. They are the victims of sheer loneliness, but it breaks up their lives just the same.

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George Jones presided as chairman and the following programme was presented:  
Chorus by the pupils.  
Vocal solo recitation by Verna Sanderson.  
Grades I and II Reading.  
Duet: Norma Jewell and Marjorie Sanderson.  
Recitation: Harvey Jewell, Sing a Song of Whiskey.  
Grade IV and V Geography.  
Recitation, Keith Whiting: The Boy's Troubles.  
Grade VII English and Hygiene.  
Recitation, Marjorie Sanderson.  
Help The World Along.  
Spelling Baseball Game: Grades I, II, V and VII.  
Recitation: Ernest Owen: Salt on Birdie's Tail.  
Exercise: Making of the Flag.  
Trio: Hylia Owen, Lois Molyneux, and Norma Jewell.  
Physical Demonstration by all the pupils.  
Recitation: Norma Jewell Valentine's Day.  
The Women's Institute of the district donated \$5 for prizes, and they were presented as follows: To each of those making over 85 per cent in the year's work: Nella MacLaine, Lois Molyneux, Norma Jewell, Marjorie Sanderson, Keith Wheatley, Arthur Wheatley and Ernest Owen.  
Those making 80 to 84 per cent: Maise and Harvey Jewell.  
Prize for composition: Hylia Owen.  
Prize for Improvement: Eric and Leta Owen.  
Prize for Grade I: Verna Sanderson, Velda Jewell, Allison Owen and Janet Owen.  
Hylia Owen read an address to the teacher, Verna Kitson, while Lois Molyneux, on behalf of the pupils, presented her with a beautiful gift.  
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Strain not with wide desiring eyes into the future's maze; But take the glory of the hour and weave into the days that come those glories you have known— That you may build at length, Against the batteries of time, A citadel of strength.

**MOVING THE REFRIGERATOR**  
Before moving an electric refrigerator, have your dealer block or tighten the motor so that pipe connections will not be loosened.

**FRESH FRUIT**  
During the summer season keep bowls and platters of mixed fresh fruits available to take place of candy and cookies between meals.

**ORISIP TOPPING**  
To make a crisp topping for your casserole dish mix bran, wheat, corn or rice flakes with melted butter and sprinkle generously over the top before baking. Looks delicious and tastes that way.

**HANDLES ON MATTRESS**  
If there are no loop handles on your mattress all means sew some on. They can be made of heavy cretonne or ticking and sewn on with heavy cotton and will prove a definite help in turning these awkward articles.

**OLD-FASHIONED BATH TUB**  
The outside and feet of the old-fashioned bath tub can be scrubbed well and then given a couple of coats of white bath enamel to give it a thoroughly rejuvenated appearance. Often the feet of the tub is neglected and it gives the whole bathroom a shabby look.

**SUMMER SILK**  
Falls and moire, early favorites of the spring, are seen in larger numbers now, either in black or navy, while the arrival of prints shows the smartest with white, pink, or yellow with black and blue. Also, the first two with the light shade for the ground.

**STOCKING SALVAGE**  
You're lucky if you have stored away somewhere a batch of mismatched silk stockings. Smart girls are dragging them out, using a stocking dye to change or restore color, and are having snags or runs mended.

**ODD JOBS**  
Here are some tips for those small, odd jobs that keep cropping up: Mend broken china or glass with nail varnish, painting with both edges and holding firmly in place for five minutes. Written yellowed ivory or bone, precipitated by whitening and peroxide leaving it for two hours, remember light and air help to keep ivory white.

**STAMP A DAY DRIVE PLANNED FOR JULY**  
A Stamp-a-day in July is the goal of the National War Finance Committee is aiming at next month. Already many women's groups throughout Canada are organizing to help put the drive over the top. Women of Canada, that vast army of those who successfully run their homes on a budget plan—are possibly, in a better position than any other class to appreciate the necessity of having something set aside for that proverbial "rainy day."

**Needlecraft For The Home**

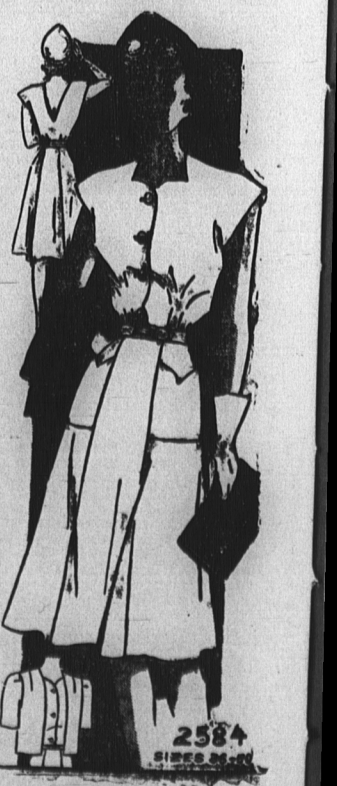
If you want a very successful offset to hot weather, make this divinely comfortable dress, with the clever suggestion of sleeves, and a back cut down in the open, and let the breezes cool you. A brief little bolero (included in the pattern) makes a useful topper.  
Style No. 2584, 42, 44, 46 and 48. Size 36 requires 2 7-8 yards 36" non stretch fabric for dress; 1 1-4 yards for bolero.

To order pattern: Write or send picture with your name and address with 20 cents in coin or stamps to the Needlecraft Bureau, Charlotte-Town Guardian, Needlecraft Department.  
Style No. 2584 Size \_\_\_\_\_

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

Correspondences for the month were read by the Secretary. Plans were made for District Convention to be held in Cherry Valley Hall on Friday, July 3rd. Miss Queenie Hutch invited members to her home for July meeting. Roll call to be answered by a receipt for Institute Cook Book.

The meeting closed with the King after which a dainty lunch was served by the hostess. The following Red Cross Work was sent in: 3 large quilts, 3 little boys suits, 3 women's house dresses, 3 children's dresses and panties, 4 pr. refugee mitts, 14 pr. grey socks, 16 baby nightgowns, 8 pr. boys pajamas.



2584