

Woman's Realm / Social and Personal / Fashions / Literature

Good News! For folks with sniffly **Head Colds**

Quick relief from the sniffly, sneezy, stuffy distress of head colds is what you want. So try Va-tro-nol—a few drops up each nostril—to reduce congestion, soothe irritation! And Va-tro-nol also helps prevent many colds from developing if used in time. Try it! Follow directions in folder.

VICKS VA-TRO-NOL

Special Health-Save Drops
Works Fast! Right Where Trouble Is!

A JOB ONLY YOU CAN DO

Prize Control Questions and Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board Readers. Persons who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the War Time Prices and Trade Board.

Q Can you tell me if there will be greater quantities of unswet-

Dorothy Dix Says—

WAR WIFE DESERVES MEDAL

Lonesome, Bored Woman Prey To Pleasure And Flattery

A war wife says:

"There is a situation that burns me up: At all the training and recreational centres, married men are entertained exactly as if they were single, and not an eyebrow is raised in their direction. But no efforts are made to cheer up the war wife. If she has any recreational outlet whatever, she must join one of the wives' clubs and be deprived even of the stimulating conversation of men. Just let her dare to look at a man or dance with one or step out with one, and up and down the full length of Main Street you can hear the gossip howl. And if she takes a job and works outside of her home, she is accused of neglecting her children. I call this situation unfair, intolerable and lousy."

It is quite true that the war wife, whether she stays at home or follows her husband from camp to camp, has a pretty thin time of it and if she emerges from the experience without having acquired a sour disposition and bed-ragged reputation, she deserves to have a hero's medal pinned on her breast.

WAR OF TONGUES

For her husband at the front has fought no harder battle than she has with loneliness and boredom, nor been in any more danger from the bullet of snipers than she has from the tongues of the neighbors. Naturally the chief sufferers are the young and pretty brides, accustomed to good times, who find themselves relegated to the society of Mama and Papa and other women, with no amusement except writing letters to their husbands and knitting sweaters.

But the elderly women, who are camp followers with children do not escape scotfree. For it is a dreary experience to be a stranger among strangers, living in uncomfortable surroundings and with nobody to talk to except the baby.

These things make life drag enough to the woman whose husband is overseas, but nobody knows how to deal with the situation. A mother can't go gadding around in search of pleasure with an infant in her arms and a yearling clinging to her skirts. Nor can she leave them alone at home, with no one to see that they don't set the house on fire or get smothered in their crib.

Obviously it is impossible to mitigate these women's lonesome evenings by bringing gay and entertaining people, who never heard of them, to their houses to buck them up. And if the wife does take matters in her own hands and starts out to hunt for pleasure, she does it not only at the peril of her good name, but also of her happiness. For a lonesome and bored woman, fed up with her own society, is the most miserable creature in the world. She is starved for pleasure, for flattery and for love-making, and she is the easy prey for any wolf who happens along.

Further, more, she is being cruelly unjust to her husband because her conduct, in stepping out with other men, matter how innocent it may be, fills him with jealousy and suspicion that add the last touch to the suffering he is enduring.

Undoubtedly life is hard on the war wife, but how to make it pleasant, nobody knows.

ALSO THE HILLS

by Frances Parkinson Keyes

CHAPTER IV

The Farmans found it possible to run their place without any help because from the first, Serena had taken charge of the milk route which had enabled them to put Jerome through college and send Jennens to secretarial school and give Jennens her nursing course. Serena rose regularly at five, prepared the morning meal, and had her breakfast dishes done before she started out.

Her habit of getting back to Farmman hill the shortest possible way, and in the shortest possible time, was well known. Therefore Rhoda was surprised when Serena turned in at the Abbots' back yard one morning, a week before Christmas.

If the visitor had been anyone but Serena, Rhoda would probably have retired hastily to another part of the house when she saw the car coming. But even Rhoda had a soft spot in her heart for Serena. She hesitated to throw the door open before Serena had a chance to knock.

"Well, this is a pleasure!" she said, speaking with unaccustomed heartiness. "Let me give you a cup of coffee, Serena. I've got the pot setting right on the back of the stove."

"Well, I don't care if I do. I'd glad to have my second cup with you, instead of waiting."

If the two women sat down on either side of the oil-cloth covered table, and drank their coffee to the accompaniment of a running conversation.

"We had a nice long letter from Jennens yesterday," Serena said.

ELLEN'S DIARY

By An Island Farmer's Wife

I thought I detected a note of sarcasm in James' reply this morning. It was after he lit the fire, when I, in an effort to hurry breakfast, called to him to place the tea-kettle over the direct flame—James so often leaves it on the stove—and also to move the cereal, already cooked, nearer the heat. I was almost certain there was a hint of next thing to irony in his tones as he asked, "Is there anything else you'd like me to do?"

There was if I might have suggested it, for as yet there was no sound of Judy in the kitchen. I've read where ideal husbands have patiently prepared the morning-meal. Now that I think of it, mainly in fiction. Certainly not at Alderlea. This at any rate was no morning; there was the usual work at the barns. And also because of the winter, I was not in the habit of mentioning such a thing to James. There was the busiest day ahead. There was the usual work at the barns. And also because of the winter, I was not in the habit of mentioning such a thing to James. There was the busiest day ahead. There was the usual work at the barns. And also because of the winter, I was not in the habit of mentioning such a thing to James.

R stands for reminder...

and this is to remind you to ask your grocer for **FLEISCHMANN'S** fresh YEAST

● If you bake at home and want fine-textured, tender bread, don't forget to ask your grocer for FLEISCHMANN'S fresh Yeast, the dependable yeast with the familiar yellow label. Canada's favorite for 4 generations. Order some FLEISCHMANN'S today.

Get Extra Vitamins—More Pep by eating 2 cakes of FLEISCHMANN'S fresh Yeast every day. This fresh Yeast is an excellent natural source of the B complex group of vitamins.

MADE IN CANADA

RADICAL REDUCTION IN RUNS!

HOUSEHOLD SCRAPBOOK
By Roberta Lee

HOW CAN I !!
By Anne Astley

BETTER ENGLISH
By C. B. Williams

MODERN ETIQUETTE
By Roberta Lee

MORNING SMILE

COOK'S CORNER

TIPPY AND "CAP" STUBBS

TILLIE THE TOILER—CIRCUMSTANTIAL EVIDENCE

HOUSEHOLD SCRAPBOOK

By Roberta Lee

Celery

To keep celery crisp wash it thoroughly and keep it in the refrigerator for a few hours in a pitcher of cold water. Add a teaspoonful of salt.

A Shoe Hint

To prevent a shoe from slipping at the heel, gum a small piece of velvet to the inside of the heel. This will make the shoe cling to the stocking without slipping.

Coat Collars

Coat collars can be cleaned perfectly by then with benzine, and after they have dried thoroughly, sponge with soap suds.

HOW CAN I !!

By Anne Astley

Q How can I remove coffee stains from silk or woolen fabrics?

A Rub gently with pure glycerine. First a bit of absorbent cotton beneath the goods to avoid spreading. Then rinse in tepid water, lay a cloth over the wrong side over the damp portion and press with a cool iron until dry. Obviously it is impossible to remove goods than necessary.

Q How should woollens be mended so that the darn will not be noticeable?

A When mending a woolen garment, draw a few ravelings from the goods and darn with these. Then press with a hot iron, under a thin, damp cloth.

Q How can I clean velvet flowers?

A By using dry bran. Rub on the soiled parts, then brush off. Repeat if necessary.

BETTER ENGLISH

By C. B. Williams

1. What is wrong with this sentence? "The child's conduct was aggravating."

2. What is the correct pronunciation of the word "aggravate"?

3. Which one of these words is misspelled? Coerce, perverse, intersperse.

4. What does the word "fanciful" mean?

5. What is a word beginning with "prop" that means "that is of good omen"?

ANSWERS

1. Say, "The child's conduct was provoking." Aggravate means to make worse. 2. Pronounce o-bee, as in "obey." 3. Coerce. 4. Guided by fancy, rather than by reason. 5. Propitious.

MODERN ETIQUETTE

By Roberta Lee

Q Who should be the first to raise a glass when cocktails are being served to a small group of persons at the table?

A The hostess. If a man alone is entertaining, he should lift his glass, not slightly to all his guests, and place the glass to his lips. It is all right for a girl to exchange photographs with a young man, but unless the young man is her fiance or a relative should she give him her photograph.

Q Would it be ill-mannered to speak to strangers at a small informal party?

A No; this may be done with propriety.

TIPPY AND "CAP" STUBBS

I CAN LEAD TH' SYMPHONY ORCHESTRA AN' PLAY MY DRUMS, TOO! (WELL, YES)

BUT YOU MUST KNOW ALL TH' INSTRUMENTS—AND STUDY VERY, VERY HARD, AND—

I'D HAF TA PLAY ALL TH' HORNS'N' EVERYTH'N' DRUMS!

UH—WHAT I MEANT WAS—YOU'LL HAVE TO PRACTICE NINE HOURS A DAY—OR THERE'S NO USE THINKING ABOUT 'EM! SURE! I'VE A BAND—YOU GOIN' TO BUY 'EM?

MILT SAYS FOR ME TO JUST TELL CAP HE CAN'T HAVE TH' DRUMS, ISN'T HE TELLIN' ME 'T WAY.

COOK'S CORNER

TOSSED SALAD

2 cups sliced cabbage
1/2 cup diced sweet green pepper
1/2 cup diced celery
3 tablespoons salad dressing
1 tablespoon chopped sweet pickle
1 tablespoon chili sauce

Method: Shred the cabbage finely. These may be prepared some time in advance and chilled in the refrigerator in a well covered bowl. When ready to serve, combine the dressing, pickles, chili sauce and toss with the salad and toss with a fork and spoon until well mixed.

MORNING SMILE

HIGHLY VALUED

"My wife says if I don't give up fishing she's going to leave me."
"Well—don't forget you've got a mighty fine wife!"
"I know it; I'm sure going to miss her."

TOO HEAVY

A very stout man was walking on the promenade of seaside town when he noticed a weighing machine with the notice: "I speak your weight."
He put a penny in the slot and stood on the platform. A voice answered: "One at a time, please!"

COOK'S CORNER

TIPPY AND "CAP" STUBBS

TILLIE THE TOILER—CIRCUMSTANTIAL EVIDENCE

TILLIE THE TOILER—CIRCUMSTANTIAL EVIDENCE

IT'S STRANGE—NO ONE'S TAKEN ILOVA FOR DAYS

SAY! A MAN SAW ILOVA TAKE THE TRAIN THE DAY THE PORTRAIT WAS STOLEN

SHE DIDN'T HAVE MAYBE SHE HAD IT CUT OUT OF LIKE THE PORTRAIT AND ROLLED IT UP

GOSH! I NEVER THOUGHT OF THAT!

Living & Leisure THE WOMAN'S REALM

SIN OF OMISSION

It isn't the thing you do, dear, it's the thing you leave undone, which gives you a bit of heart-ache.

At the setting of the sun, The tender word forgotten; The letter you did not write; The flower you might have sent, dear.

Are haunting ghosts tonight, The stone you might have lifted Out of a brother's way; The bit of heart-ache council! You were hurried too much to say.

The loving touch of the hand, dear, So easily out of mind, These chances to be angels Which even mortals find— They come in night and silence, Each chill reproachful wrangle, When hope is faint and flagging, And a bright has dropped on faith.

For life is all too short, dear, There is no use entertaining even the idea of going, much as I might wish it. For the very newest winsome bride and groom is to welcome her to Braselide not a "before" and "after" gesture by way of recognizing gains. However, I shall be obliged to lend him my glasses, so.

Until tomorrow — Diary—Good-night.

PARROTS SING DUETS

A nationally known columnist reports a pair of parrots who sing together. Their repertoire includes "Nearer My God To Thee" and "Moonlight and Roses." The older bird is credited with its knowledge of three languages and all of the buzz calls.

Let us not forget that the ability to read music is the key which opens the enchanted world of ensemble playing, which is, without doubt, the greatest joy of musicians professional and amateur.

JOHNSON'S ANODYNE LINIMENT

FOR COLDS SORE THROAT

THE OLD RELIABLE SINCE 1810

Needlecraft FOR THE HOME

YOUR CASUAL FROCK

The casual dress is the nicest of detail, as good for social engagements as it is for business. Included in the pattern is the notched collar of the conventional short-sleeved.

No. 2779 is cut in sizes 12, 14, 16, 18, 20, 22, 24, 26 and 28. Size 26 requires 2 1/2 yards 54-inch fabric. Send 20 cents for PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish.

Address: Pattern Department The Charlottetown Guardian.

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PEOPLE over 40 often slowed down by CONSTIPATION

You're system is like an engine. It must be kept clean, smooth-running or it backfires—makes you feel and look like a piston. Pleasant way to cleanse a system clogged with poisonous food waste and stimulate daily flow of liver bile is with BILE BEANS.

Made from 10 pure vegetable extracts, Bile Beans act as gently, yet effectively, on liver bile, stomach, kidneys they are called "The Medicine That Wakes Up Nature."

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2779
SIZES 12-40

Sugar and pineapples account for nine-tenths of the normal exports from the Hawaiian Islands.

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A famous test laboratory tested methods of washing rayon stockings. Some were washed with strong soap, others were rubbed with cake soap, others were dipped in gentle Lux. Stockings strained and pulled as in actual wear, proved that Lux cut down runs by more than 50%. Preserve the elasticity of your stocking budget. Dip your stockings in Lux every night. And when you get Lux, remember, the large size is an even better buy. Join the Lux Daily Dippers!

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