

Woman's Realm :- Social and Personal :- Fashions :- Literature

Canadian Cookery For Canadian Women

By Mari Moore. Specially contributed to the Guardian for Guardian Readers.

Grandmother's Cheese Dish
Four cups milk, 3 cups bread crumbs, 3 eggs, 1-2 pound Canadian cheese, 1 tablespoon butter, 1 teaspoon salt.

Cheese Biscuits
One cup bread flour, 2 1-2 teaspoons baking powder, 1-2 teaspoon salt, 1-2 tablespoon lard, 1-2 tablespoon butter.

Cottage Cheese and Pear Salad
Make cottage cheese into balls about 1 inch in diameter and roll them in finely chopped nuts. Place two halves of Bartlett pears on bed of lettuce and in each half place a ball of cheese.

Cottage Cheese Open Face Sandwiches
Mix chopped pimientos, or sweet green pepper chopped, or chopped nuts, etc., with cottage cheese, and blend with a little thick cream or mayonnaise and season with salt and spread on small rounds of brown bread.

TESTED FAVORITE RECIPE
Marshmallow Chocolate Roll
This is an attractive one-piece cake dessert.

Green Pea Sauce (to serve with hot Salmon Loaf)
To one can of peas add 2 peppercorns, 2 whole cloves, 1 large slice onion, 1-2 teaspoon salt and 2 whole allspice berries.

Marshmallow Filling
Melt marshmallows in top of double boiler. Add 1 cup sugar and one third cup water until it forms soft ball when tried in cold water.

Green Pea Sauce (to serve with hot Salmon Loaf)
To one can of peas add 2 peppercorns, 2 whole cloves, 1 large slice onion, 1-2 teaspoon salt and 2 whole allspice berries.

BABY'S OWN SOAP
It's Best for You and Baby too

Happenings of the Week

Never once since the world began Has the sun ever once stopped shining. His face very often we could not see.

NOTE: Now is the time to let Mrs. Moore know your needs for Christmas food, fancy candies and fruits for gift boxes, etc.

The Christmas cards chosen by the King and Queen, the Prince of Wales and the Duke and Duchess of York this year are being exhibited.

Miss Helen Hobkirk entertained at Bridge very pleasantly last Saturday afternoon in honor of Mrs. Crawford Frost of Calgary.

Mrs. W. E. Cotton entertained in honor of Mrs. Robert Holman, one of the season's young brides, at her home 52 Brighton Avenue on Wednesday afternoon.

Miss Avila Mathieson and her sister Mrs. Campbell were also hostesses at a Bridge in honor of Mrs. Holman on Thursday afternoon at the lovely home of their parents.

There is a new blue that is being used for some of the smartest, evening gowns. A blue that is almost the shade of blue hyacinth but a trifle lighter.

Velvet flowers in garland and semi-effects are one of the accessories that will do much to vary and transform evening dinner gowns.

Finger-width scarfs are a novel accessory in fall sports wear. The new designs, which vary from one to two finger widths, are made of knitted wool to match a scarf, and are worn tied closely to the throat.

SLEEPLESS, WOMAN'S WEAKNESS
Galt, Ont.—"I had a nervous breakdown two years ago, the least little noise completely unstrung me. I could hardly rest at night and finally I became so weak I could not get about the house."

Dorothy Dix Letter Box

Wife Whose First Vacation in 25 Years Caused Hubby to Lose 14 Pounds! Shall This Wife Have a Baby Despite Her Husband's Precarious Finances?

Dear Miss Dix—I am taking my first and only vacation in twenty-five years of married life and enjoying it tremendously.

Answer: Why, I'd say that any woman who is that important to her family should feel that she is one of the kingpins that held the universe together.

You see, when we are with people all the time we unconsciously get to take them and what they do for granted.

So that is why every wife and mother should insist on a vacation. She not only goes back home rested and refreshed herself, but to be better loved and more appreciated by her family.

Dear Dorothy Dix—My husband and I have been married four years. Recently our salary has been cut to less than \$200 a month.

Well, it seems to me that any one who is a miracle worker enough to support three people, and help a bunch of relatives besides on less than \$200 a month must have some sort of a conjure that would enable them even to afford twins.

But hard times will not endure forever. Prosperity will come again and prudence would suggest that you possess your soul in patience until your husband is earning more money and having one more mouth to feed and one more back to clothe will not be such a burden to him.

But, on the other hand, it is undoubtedly true that many children born in poverty, and who had none of the so-called advantages of life, have blessed the world with their genius and brought honor and glory to their parents.

Dear Miss Dix—My husband and I have been married eighteen years and have three children, the youngest a child of 4.

Such a man may think he is tired of his wife. He may imagine that he has fallen in love with some younger and vampier woman, but it is only a passing fancy, a flare-up of youth and romance that soon dies down, and if his wife will only have the self-control not to nag him about it, and if she will only wait until he finds out for himself that he is Darby and not Don Juan, he will come back to her a chastened and humbled man.

MAKE THE LOVABLE FRAGRANCE YOUR Perfume
YARDLEY LONDON
Toronto, New York, Paris
YARDLEY LAVENDER

For The Cook
BAKED CUP CUSTARD
1 whole egg, 1 tablespoon sugar, 1 cup milk, Pinch salt, Vanilla.
Mix and beat well. Place in individual custard cups in a pan of boiling water and bake 20 minutes.

What the Fashionables are Wearing
Illustrated Dressmaking Lesson Furnished With Every Pattern
By Annabelle Worthington
Here's a charming model for the heavier figure. Its partial belt treatment creates a lengthened line, through the pointed front and back panel effect.