

My Lungs Perhaps they are sore and weak from constant coughing. How is this? Have you forgotten about the cough medicine your grandmother gave you 50 years ago,—Ayer's Cherry Pectoral?

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BY INVESTING IN A GOOD RELIABLE WATCH?

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Hughes' Cough Mixture

Gives prompt relief, a few doses will cure the most obstinate cough or cold, try it. Money refunded if not satisfactory. Price 25c.

Hughes' Digestive Tonic

Will brace you up after a cold, a fine nerve tonic. Price 25c.

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- 100 boxes 60-70 prunes Easter Brand.
- 100 boxes Choice Evap. Peaches, Easter Brand.

N. RATTENBURY

dand wt

NOTICE

TO WHOM IT MAY CONCERN

As I am about to sell out my business, all accounts due and not paid within one month from this date will be handed into the courts for collection.
H. GORDON, Grocer, Prince Street.

TYPEWRITER BARGAINS

Among our assortment of second hand machines, we have to offer 2 No. 4 Smith Premier in splendid shape, also two No. 5 latest model Jewetts. All the above almost new.

Clarke & Taylor

85 Prince William St. St. John, N. B. Maritime Agents Smith Premier Typewriters

ALL NEWS OF LOCAL INTEREST

Reporters and Correspondents Everywhere.

THE weather of yesterday was the first intimation of the approach of spring.

CARNIVAL next Friday night. Admission 25 cents. Children 15 cents. Skaters 25 cents.

BOATS crossed both ways at the Capes yesterday. Mails arrived in the city at half past three.

HOCKEY—Abbies and Vics next Wednesday night. Don't miss this great game. Admission 20.

SOUTH GRANVILLE.—Many friends of Murdoch Corbett will be pleased to see him out again.—Frank H. Corbett returned home from New York a day or two ago.

At the Police Court this morning the Prohibition cases "against Duncan McMillan, third offence, and Patrick Doherty, George Mutch, and Rose Connolly first offences will come up for hearing.

SPRINGVALE.—Our school is doing well with Miss Florrie Murchison as teacher.—Theo. Abbott and Miss Blanche Abbott returned from visiting friends in Fredericton.—Alex Campbell of Brookfield sold his valuable young mare to Brenton Dollar of this place.—Neil Simpson of Cavendish spent a few days in Springvale.—William Boudry who has been confined to the house by sickness is able to be out again.

BRACKLEY NOTES.—Our school is progressing very favorably under the able and efficient management of Mr. Benjamin Turner.—Mrs. Wm. Thompson and her daughter Miss Belle of Dunstaffnage and Mr. J. T. Ferguson of Marshfield were visiting here recently.—Our milk man Samuel Prowse intends giving up his milk trade in the city next fall. Mr. Prowse has been in the business for the last ten years and some of the people in the city will no doubt miss him, as he was ever willing to supply their wants. Mr. Prowse intends going into the pork and poultry business.—The Guardian is a welcome paper here.

THE residence of Mrs. John D. Rodd, Winsloe South, was the scene of a very pleasant event on the evening of the 11th, inst. The occasion was the marriage of her daughter, Miss Hattie E. Rodd, to Ernest A. Prowse of Brackley Point Road. The marriage ceremony was performed by Rev. Mr. Parkins Pastor of Winsloe Circuit, in the presence of a large number of invited guests. The bride was attended by her sister, Miss May Rodd, while Wilfred Prowse supported the groom. Miss Bessie E. Younker, cousin of the bride made a charming little maid of honor. The bride was very becomingly attired in a gown of cream cashmere and carried a bouquet of lilies, of the valley. The bridesmaid and little flower girl made a very pleasing contrast in gowns of cream with blue trimmings, and also carried bouquets. Miss Constance Parkins, of Winsloe, presided at the organ with her well known ability, and rendered the wedding march in a very skillful manner. The wedding presents were choice as they were numerous, and spoke in decided language of the esteem in which Mr and Mrs Prowse are held.

ALBANY.—Abraham Noonan on going to his stable one morning recently found his mare which was in foal, with her leg broke and had to kill her. Our general merchant Bradford Webster is filling in his store by degrees.—Our Local Vendor is not behind in his business by what has been seen in the few days gone by, in those that take a little as they say for the stomach's sake, but it seems what helps the stomach greatly affects the head. A few of our Albany boys are able to buckle the ice boat strap around them and take their share across the straits.—Miss Libbie Perkins is confined to the house by a severe illness.—Ed. Sobey is importing from Sussex annuals such as pigs, short horn calf, and a Percheon Stallion.—Mussel mud is again beginning to move, here by train and we like to see the cars built up pretty high as the price is very good.—It would be a move in the right way for the farmers of Albany and vicinity to petition the Government to lower the freight still more by giving heed to our wants.—Our book agent has recently delivered the book on the life of the Rev. Donald McDonald, who was known by some of our old pioneers of which the greater part has passed away.

B. D. ROGERS formerly in the employ of W. K. Rogers & Co. in this City and now residing in Winnipeg writing to a friend in this city says:—I saw by some of the Island papers of quite recent date, that the forty-second anniversary of "Cold Friday" had come and gone. The thermometer registered nine

teen degrees below zero on that memorable day so the papers said. We would consider that comparatively mild here especially in comparison with the weather of yesterday and to-day when it ranged from thirty-five to forty-five below. It was the coldest snap we have had this winter, and yet I do not think one minds it as much as in the east at ten below. The winter here has been almost ideal. With only about three inches of snow, which is sufficient for good sleighing and not disagreeable to pedestrians, without a thaw to make it sloppy and cause one to take cold, and with a clear dry bracing atmosphere, it is certainly the finest winter I have seen. This would be a good place for anyone troubled with cold feet, as I have not found it necessary to wear anything over my boots all winter, not even thicker cashmere socks than in the summer time. Winnipeg is a rapidly growing city, and bids ere long to rank among the leading cities of America. The city directory for 1923 has just been completed in which the population is set down as sixty-two thousand. There are a great many wholesale houses here and more starting all the time so that this is bound to be quite a commercial centre, and when all the railroads are built that the papers say charters are to be applied for at the present session of the legislature, this will be quite a metropolis. Living is considerably more expensive in Winnipeg than Charlottetown. Rent is fully double, fuel much more expensive, taxes very much heavier, groceries rather dearer and meats and vegetables about the same as in Charlottetown. Dry goods compare fairly well with your prices but labor being expensive, brings clothes much more costly than in the east. Of course salaries are much in advance of those paid in the east and necessarily so in order to balance affairs. We have met a number of Islanders and they nearly all like Winnipeg, but always speak in fond remembrance of the "Garden of the Gulf". Just now however with the Stanley stuck in the ice for a month the Minto laid up at intervals and the mails having to be carried in the ice boats the "Garden" presents rather an icy appearance, but we will forget all this "When the roses bloom again". People here are quite interested to know how prohibition is working in P. E. Island, and I note with pleasure the efforts which have been put forth recently in that direction. I tell the people that the law backed up as it is by public sentiment is working very well, and has accomplished a great deal, but that there is yet plenty of room for its further enforcement.

THINK IT OVER.

Something you can see in any Restaurant or Cafe

A physician puts the query: Have you never noticed in any large restaurant a lunch or dinner time, the large number of hearty, vigorous old men at the tables; men whose ages run from 60 to 80 years many of them bald and all perhaps gray but none of them feeble or senile?

Perhaps the spectacle is so common as to have escaped your observation or comment, but nevertheless it is an object lesson which means something.

If you will notice what these hearty old fellows are eating you will observe that they are not munching bran crackers nor gingerly picking their way through a menu card of new fangled health foods; on contrary they seem to prefer a juicy roast of beef, a properly turned loin of mutton and even the deadly broiled lobster is not altogether ignored.

The point of all this is that a vigorous old age depends upon good digestion and plenty of wholesome food and not upon dieting and an endeavor to live upon bran crackers.

There is a certain class of food cranks who seem to believe that meat, coffee, and many other good things are rank poisons, but these cadaverous, sickly looking individuals are a walking condemnation of their own theories.

The matter in a nutshell is that if the stomach secretes the natural digestive juices in sufficient quantity any wholesome food will be promptly digested; if the stomach does not do so, and certain foods cause distress one or two of Stuart's Dyspepsia Tablets after each meal will remove all difficulty because they supply just what every weak stomach lacks. pepsin, hydro-chloric acid, diastase and nux.

Stuart's Dyspepsia Tablets do not act upon the bowels and in fact are not strictly a medicine, as they act almost entirely upon the food eaten, digesting it thoroughly and thus giving a much needed rest and giving an appetite for the next meal.

Of people who travel nine out of ten use Stuart's Dyspepsia Tablets knowing them to be perfectly safe to use at any time and also having found out by experience that they are a safeguard against indigestion in any form, and eating as they have to at all hours and all kinds of food, the traveling public for years have pinned their faith to Stuart's Tablets.

All druggists sell them at 50 cents for full sized packages and any druggist from Maine say that Stuart's Dyspepsia Tablets is the most popular and successful remedy for any stomach trouble.

O. I. T. M.
What Does it Mean?

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Schooner "Precursor," 46 tons, sails, rigging and running gear in good order apply to,

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Victoria, P. E. I.

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