

# Woman's Realm - Social and Personal - Fashions - Literature

## WITH FOOD AND FUN TOAST YOUR HALLOWE'EN GHOST



All Hallow's Eve, that delightful, shuddery night is approaching again with the children eager for the annual fun and fright party. Bring on the favorite games! Pin the donkey's tail, spin the bottle, bob for apples. And, of course, provide something extra special for refreshment time.

Something special doesn't mean something elaborate but the refreshments should have a Hallow'en air. Why not serve Goblin Cookies (Spice cookies with goblin face)? Orange and apple pudding and goblets of cider? All these can be prepared the day before.

Let the children take a hand in the preparation. Like the little girl in the picture they will delight in showing their artistry in cookie decoration. Provide raisins, tiny candies and shreds of bran cereal and let them design goblin faces to their heart's content.

Have fun and look out for the spoons!

Here are the recipes for the cookies and puddings:

### GOBLIN COOKIES

$\frac{1}{2}$  cup lard or margarine  
 $\frac{1}{2}$  cup brown sugar  
 $\frac{1}{2}$  cup All-Bran  
2 cups sifted flour  
1 teaspoon soda  
 $\frac{1}{2}$  teaspoon cloves  
 $\frac{1}{2}$  teaspoon cinnamon  
 $\frac{1}{2}$  teaspoon all-spice  
Cream sugar and shortening together for one minute; cool. Crush All-Bran into fine crumbs. MIX flour, soda and spices together and add to first mixture with the All-Bran; mix thoroughly.  
Roll dough on floured board. Cut with floured cutter ( $\frac{3}{4}$  inch). Bake on ungreased cookie sheets in moderately hot oven (425° F.) about 10 minutes.  
Yield: 5 dozen cookies ( $\frac{3}{4}$  inches in diameter.)

### ORANGE-APPLE SPONGE WITH CUSTARD SAUCE

1 envelope plain unflavored gelatine  
 $\frac{1}{2}$  cup cold water  
 $\frac{1}{2}$  cup boiling water  
 $\frac{1}{2}$  cup applesauce  
 $\frac{1}{2}$  cup orange juice  
 $\frac{1}{2}$  tablespoonful lemon juice  
 $\frac{1}{2}$  cup sugar  
 $\frac{1}{2}$  teaspoon salt  
2 egg whites (beaten stiff and dry)  
Soften gelatine in one fourth cup cold water. Add one half cup boiling water and stir until dissolved. Add applesauce, orange juice, lemon juice, sugar and salt. Allow mixture to cool and when beginning to thicken fold in beaten egg whites. Pour into individual molds which have been rinsed in cold water. Chill until firm. Unmold and serve with custard sauce.

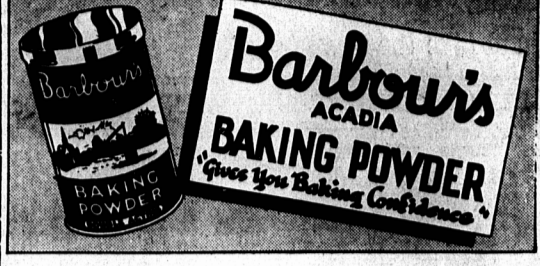
## A Job Only You Can Do

Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board Readers. Persons who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the War Time Prices and Trade Board.

Q My sister whose home was destroyed in Syracuse, N. Y., has now decided to remain permanently in Canada. She has had a temporary ration card for the past six

months. How does she go about securing a permanent ration book?  
A. She should make application to the Ration Administration, giving full name and place of residence.  
Q. Has price control really accomplished anything towards controlling commodity prices in Canada?  
A. It has imposed a decided check upon the upward course of prices which prevailed at the time of its introduction. According to a late compilation, the cost of living has advanced only 2.6 per cent. since December 1941 when price control went into effect, whereas that of the United States advanced 13 per cent. within the same period.  
Q. I sometimes have problems in regard to prices, rationing, etc., which troubles me but do not know to whom to write in order to obtain information.  
A. If you will communicate with the Wartime Prices and Trade Board it will be glad to furnish you with the desired information.



## Dorothy Dix Says—

### GOOD HOUSEKEEPER WILL RATE HIGH AS GOOD HUSBANDKEEPER After Marriage Men More Stomach Than Heart "Other Woman" Lures Because Dressed Up

DEAR MISS RIX—Don't you think that excessive housekeeping is the reason why so many marriages fail? How can a man keep in love with a woman who smells of the kitchen and who is always cleaning, cooking, washing dishes, etc? When a wife is always working, she has but little time for making herself attractive to her husband, which, after all, is what most men desire. The reason men so often fall for the "Other Woman" is because they never see her with her hair tied up in a towel sweeping down the stairs, or in a dirty apron bending over the cook stove. They see her when she is at her best in a fancy frock with perfume behind her ears. Keeping the house is all very well, but keeping a husband is better and more important. A DISILLUSIONED HUSBAND.

### GOOD HOUSEKEEPER USUALLY GOOD HUSBANDKEEPER

ANSWER—Even so, brother, it is certainly more important to keep a husband than it is to keep a house, but I greatly fear that the woman who is a punk housekeeper is also a poor husbandkeeper.

Perhaps I have been unfortunate in knowing men of a stolid and earthy type who were much given to the flesh pots, but I have never yet observed a husband burning incense before a wife who burned the roast; or one who took any interest in holding the hand that was too fine and daintily to sweep a floor, or make a bed, or do any of the necessary work to make him comfortable.

So far as my observation goes, after marriage, at least, men are more stomach than heart, and more given to beauty or wit or talent in a woman atones to them for her being a bad cook, a slovenly housekeeper and a wasteful manager.

On the contrary, the woman who is a super-excellent cook can keep her husband eating out of her hand, and few are the men who roam away from a fireside that is always clean and sweet and where, after a good dinner, their get well waits for them, flanked by the light that is adjusted right for their eyes.

Of course, every man would like to have a wife who could be born a household drudge and a glamour girl at the same time; who could do the cooking and cleaning and scrubbing for the family, yet have her hands always in a squeaky condition, and who would always be decked out in frills and furbelows without their husbands having to pay for their finery.

It is also true that the charm of the "Other Woman" is that a man always sees her when she is dolled up, with her complexion on and her hair curled; whereas he gets a glimpse of his wife as she appears at 7 A.M. as she leaps up to get his breakfast, and the children off to school, and the million other chores that call for a good, stout bungalow apron in place of chiffons.

But Lady Loves are one thing and wives are another. They cannot employ the same technique, and I am very confident that no wife will improve her standing with her husband by devoting more time and labor and thought to her personal appearance than she does to making him

(Continued on Page 8)

## Living & Leisure The Woman's Realm

### HERE'S A HEALTH TO THEM THAT'S AWA'

Here's a health to them that's awa', Here's a health to them that's awa', And who's gonna wish guid-luck to our cause, May never guid-luck be their fa'! It's guid to be merry and true, It's guid to be honest and true, It's guid to support Caledonia's cause, And bide by the buff and the blue.

Here's a health to them that's awa', Here's a health to them that's awa', Here's a health to Charlie, the chief of the clan, Although that his band be sma', May Liberty meet wi' success! May Prudence protect her frae evil! May Tyranny and tyranny time in the mist, And wander their way to the devil! —By Robert Burns.

### SANITARY MILK BOTTLES

The outside of the milk bottle should be washed before putting it in the refrigerator. The milk man necessarily grabs the bottle by the top and these same hands may have handled the horse, handled money, and done many germ things before handling the milk. Therefore, the brim of the bottle should be cleaned before the housewife pours milk over it.

### MILLION DOLLAR CAPE

The most expensive garment in all the world is a cape made of feathers, which was worn by King Kamehameha the Great of Hawaii. The garment is said to be insured for one million dollars. This remarkable cape is priceless.

### A LITTLE GOES A LONG WAY



RED ROSE TEA & COFFEE

## THE COOK'S CORNER

### APPLE BUTTER

One-half bushel apples, 4 quarts cider, 4 cups sugar, 4 teaspoons ground cloves, 4  $\frac{1}{4}$  spoons cinnamon, 1-2 teaspoon salt. Wash, then chop up apples, add cider, cover, and cook until tender. Rub pulp through strainer, and cook 1-2 hour longer. Add sugar and seasonings, stir, cook 30 minutes longer, or until thick, stirring often. Then place in sterilized jars and seal with paraffin.

### APPLE BUTTER WITHOUT CIDER

Paré and core apples. Cook in water to cover until fruit is soft. Mash to a fine pulp. To each 12 pounds of apples, add 1-2 ounce ground cloves, 1 ounce ground cinnamon, 1-2 ounce nutmeg and 3 pounds brown sugar. Cook slowly until thickened, then place in jars and seal.

### N. S. FARM LAND

WASHINGTON, Oct. 19.—(AP)—Farm land prices in the United States, increasing about one per cent a month during the last year, "possibly are entering the danger zone," Fred A. Clarenbach, an agriculture department official, disclosed today.

Clarenbach, who expressed belief the greatest danger of inflation would be from one to two years after the war ends, predicted that 1943 farm income probably will be 25 per cent above the record 1942 total and would be even larger in 1944.

### New under-arm Cream Deodorant safely Stops Perspiration



1. Does not rot dresses or men's shirts. Does not irritate skin.
2. No waiting to dry. Can be used right after shaving.
3. Instantly stops perspiration for 1 to 3 days. Prevents odor.
4. A pure, white, greaseless, stainless vanishing cream.
5. Awarded Approval Seal of American Institute of Laundering for being harmless to fabric.

Arrid is the largest selling deodorant

39¢ a jar  
 Also in 1.50 and 5.99 jars

## Home Service

A Scientific Way to Slim Quickly



TURKEY (with stuffing) 462 CALS  
 GINGERBREAD (w/oc sauce) 150 CALS  
 300 CALS 100 CALS

### WHEN DIET NEEDS ALTERATIONS!

Every year a size larger! It's positively frightening! But you can easily start LOSING —two pounds a week.

For this is a simple matter of too many calories. To reduce, simply cut calories.

Just have your turkey (only 150 calories a serving) without the stuffing (312 a half-cup). At dessert time have gingerbread (100) without chocolate sauce (200).

By just cutting high-calory extras like this you do a lot toward cutting to 1200 calories a day—your reducing allowance.

A calory chart keeps you safe—telling you lots of tasty low-calory foods, even extras, that you CAN have! Best of all (100) instead of beef hash (400); boiled salad dressing (20) a tablespoon! Instead of mayonnaise (100).

Start now to be slim! Our 32-page booklet gives 42 low-calory menus, a calory chart for all everyday foods.

Send 15c in coins for your copy or The New Way To A Youthful Figure to The Charlottetown Guardian Home Service Address. Be sure to write plainly your name, address and the name of booklet.

Name \_\_\_\_\_  
 Street Address \_\_\_\_\_  
 City \_\_\_\_\_ Province \_\_\_\_\_



## SILVER GLOSS Laundry Starch

If you seek to banish "wash day blues" so much depends on the starch you use

Silver Gloss Laundry Starch gives your laundry work a finish and texture that adds a delightful freshness to all starched fabrics.

So many of your laundered articles are improved in appearance by light starching with "Silver Gloss". They keep clean longer and are more quickly and easily washed.

Half a cup of Silver Gloss Laundry Starch is sufficient to starch the average weekly wash. Follow the complete directions on the package to get better starched work.



## LOOK FOR THE ATTRACTIVE BLUE PACKAGE AT YOUR GROCER'S SILVER GLOSS Laundry Starch

One of the famous products of The CANADA STARCH COMPANY Limited, Montreal and Toronto

## A Morning Smile

### AN ASSET

When Jones saw the stranger enter his gate, he smelt trouble. And he was right.

"I've come about that dog of yours," the stranger said curtly. "Well, I know he's a playful little fellow," said Jones.

"Playful? Why, he's bitten my mother-in-law three times!"

"Then she must have provoked him and I'm not prepared to do anything."

"Do anything be blowed! I've come to see if you'll sell the dog."

The mistress of the house was finding extra work for the maid. In the end the girl got "fed up."

Just then the mistress entered the kitchen. "Mary," she said sharply, "have you finished polishing the brass ornaments yet?" "Yes, madam, replied the girl: "all except your rings and bacelets."

### EAST ROYALTY SCHOOL

Report for September:  
 Grade X—1. Eileen Walsh; 2. Ada Robertson; 3. Velma Andrew.  
 Grade IX—1. Anna MacRae; 2. Elvia Robertson; 3. Gladys Walsh.  
 Grade VII—1. Pauline Morrissey; 2. Allison Holmes; 3. Edwin MacRae.  
 Grade VI—1. Basil MacCann; 2. Dorothy Smith; 3. Lorraine Morrissey.  
 Highest average for Senior grades, Anna MacRae 90 per cent.  
 Highest average for Junior grades, Basil MacCann 92 per cent.  
 100 per cent in spelling: Cyril Morrissey, Anna MacRae, Pauline Morrissey.  
 Perfect attendance: Velma Andrew, Ada Robertson, Anna MacRae, Cyril Morrissey, Pauline Morrissey, Irma Holmes, Lorraine Morrissey, Basil MacCann.  
 Principal, Christine MacLean.

Honor Roll for Primary Department.

## SAFE FROM HARM

Contrary to popular belief, animals in captivity generally live longer than those in their natural state.

## COLDS

Believe misery, as most mothers do. Rub the throat, chest and back with time-tested VICKS VAPORUB

## Needlecraft For The Home

### FRONT-BUTTONED FROCK Nice to Make in a Washable

Just what the woman who wears average or larger sizes likes best to wear: a frock cut on conservative lines, but with nice detail that tends to slenderize. Note the godet skirt, so comfortable to walk and sit in; the becoming fullness over the bust-line; and the collar (optional, of course) that lends that clean, fresh look and highlights a pretty print.

Style No. 3357 is designed for sizes 16 to 52. Size 36 requires 3-1-2 yds. 35-in. fabric with 3-8 yds. contrasting and 1-1-2 yds. ric rac. Pattern is handcut to United States Standard Measurements and includes chart with step by step instructions.

Send twenty cents for pattern. Write your name, address and style number. Be sure to state size you wish.

Name \_\_\_\_\_  
 Street Address \_\_\_\_\_  
 City \_\_\_\_\_ Province \_\_\_\_\_



Lots of folks want 'Crown Brand' but I NEED it!"

More Crown Brand Syrup is being made than ever before, but, in these days of shortages, Crown Brand is doing a big war-time job in Canadian homes.

Of course, when he has stock, your grocer will first supply his customers who have tiny babies—and then will do his best to provide Crown Brand for other needs.

Please try and help the available supply go around. Don't buy more than you need when you find it at your grocer's. Remember—the wee babies need it most.



CROWN BRAND SYRUP

THE CANADA STARCH COMPANY LIMITED, MONTREAL

BAKERS COCOA

Get This Extra Flavor

## Get This Extra Flavor

BECAUSE cocoas vary in strength and flavor, insist on Baker's. You'll love its unvarying strength and real chocolate flavor. Make it according to the recipe on the label.

Up to 90 servings from the 1 lb. package. Good for baking, too.



BAKERS COCOA

A Product of General Foods