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RITE-WAY CLEANERS

U. S. Professor Has New Theory On Modern Ills

By Alton L. Blakeslee

NEW YORK, Feb. 7 — (AP) — Feelings of anxiety — something that bothered even cavemen society — may often stem from guilt, says Dr. O. H. Mowrer, associate professor of psychology at Harvard University.

This idea differs from that of Sigmund Freud, who believed that anxiety and many neuroses of modern life came from repressed desires and impulses which a person would like to indulge in, but didn't dare.

The view that they come from guilt and social fear offers a way to treat them successfully, and to get rid of the anxiety and neuroses, Dr. Mowrer said. It would also indicate that man's social and moral conscience is getting better.

Ancient and prehistoric man probably had the psychological problem of anxiety feelings, he said. There is good reason to believe that anxiety "is the principal reason for modern man's addiction to alcohol, tobacco, other intoxicants and stimulants and to gambling and gluttony." Such things can bring some relief of the anxiety.

The use of magic, and many religious rites and practices also seem to offer relief, he added.

Fear is a dread of something objective, but anxiety might be defined as fear of nothing, or fear of something which the person won't admit exists, Dr. Mowrer explained. A neurosis can be thought of as behavior that reduces the anxiety, by escaping the reality of facing the cause of it. Neurotics don't know why they are anxious.

Freud's theory, Dr. Mowrer said, was that a person did something for which he was punished. This leads to an internal conflict between the impulse and the fear of being punished for it and the impulse is repressed.

Anxiety The Key

But later the impulse tries to reassert itself. Threatened with its return, the person feels anxiety. This is really fear of the repressed impulse, but only the fear and not the impulse itself gets into his consciousness. He may do neurotic things to allay the anxiety.

Freud's theory in essence comes from evil wishes, from acts an individual would commit if he dared.

Dr. Mowrer, in a report to the American Association for the Advancement of Science, expressed the view that the anxiety comes from acts which a person has committed, but wishes he hadn't done.

"It now appears that in most if not all neurotics the problem is to help the individual 'grow up' to the demands of his conscience, not to try to whittle down or dilute those demands," he said.

"It brings the scientific theory of anxiety into fundamental agreement with the implicit assumptions of the great religions of the world concerning anxiety, namely that it is a product not of too little self-indulgence and satisfaction, but of too much, a product not of over-restraint and inhibition, but of irresponsibility, guilt and immaturity."

The anxiety can be accepted as a "friendly" and helpful sign of something wrong and treatment can be carried out so that the anxiety becomes ordinary guilt and normal fear, he continued. Realistic adjustments and new learning can be accomplished so that the hidden fear is recognized and overcome.

"This is in marked contrast to the Freudian imputation that anxiety is an imposter — a foreign, unfriendly and destructive."

ALBERRY PLAINS W. I.

The regular monthly meeting of the Alberty Plains Women's Institute was held on February 4 at the home of Mrs. Earl Richards with an attendance of eight members.

The meeting opened by singing the Institute Ode followed by the Club Women's Creed. Roll call was answered by an exchange of Valentines.

The minutes of the last meeting were read and approved. A child welfare questionnaire was discussed and Mrs. Earl Richards was asked to fill in and return. It was decided that the teacher should buy some coat hooks for the school.

The lottery amounted to 95c. A contest was then enjoyed by all.

Next meeting to be held at Mrs. Earl Richards. Roll call to be answered by paying for the size of your shoes.

Meeting closed with The King. A delicious lunch was then served.



MONCTON, Feb. 9 — William V. Payne has been appointed superintendent of investigation, Atlantic Region, Canadian National Railways, at Moncton. The appointment of Mr. Payne to succeed J. J. Dunphy, who retired recently, was announced today by George A. Shea, director of investigation for the system at Montreal. Mr. Payne, who brings to his new post more than 41 years experience, will have jurisdiction over all lines from Sydney and Halifax west to Riviere du Loup and Summerside and Charlottetown south to Saint John and Fredericton.



Gordon R. McGregor, O. B. E. D.F.C., who has been appointed president of Trans-Canada Air Lines, is announced by the Board of Directors of the Canadian National Railways and Trans-Canada Air Lines. Mr. McGregor, who succeeds H. J. Symington, C.M.G., K.C., is the first combat flier of World War I to head an air line. Mr. McGregor joined T.C.A. in 1945 as general traffic manager of the system following gallant service overseas in the R.C.A.F. He brings to his new post more than sixteen years' experience and study in aviation matters.

Vocational Guidance Display

In the Summerside High School there is a Vocational Guidance Display Room where information pamphlets are displayed covering several hundred occupational fields. In these pamphlets the conditions of work, pay, citizenship of advancement, qualifications and training are outlined. Several days ago a Guardian representative had the opportunity of a personal interview with Mr. Clarence Mercer, the Supervisor of the School, who explained in detail the objects of the plan which might be called a specialized service, the object of which is the helping of individuals to plan for happy useful living by choosing the occupation for which they are pre-eminently suited.

With the thought in mind that a large majority of boys who are leaving school have in many cases only a vague idea of what occupation they should follow, what job they are best fitted for, what their aptitudes are, the plan proposes to assist these young people in choosing preparing for, entering upon and making progress in some occupation in which the boy or girl has particular interest and talents.

Mr. Mercer in outlining the details of this work said that it is the responsibility of the school — or rather of the school and community to answer these questions on youth. Growing up is not an easy task. Many of the problems of youth are difficult and their solution calls for the aid of mature and intelligent persons. The boy or girl needs the help of counsellors who study industrial trends, in short vocational guidance is another area of service which the school will provide to meet the expanding needs of its pupils.

Mr. Mercer also explained that the benefits of the plan were also open to boys who had already left school and had been employed in some occupation or trade and who might wish to test their ability along some other line. The plan will supply information about the individual's strong and weak points. It is important to know his strong points because they may point towards certain occupations for which he is particularly suited and for which he might be well advised to train. He should know his weak points also for they represent handicaps and when known may help to steer him away from certain occupations where he might be unhappy or unsuccessful. Weakness too, when known may be improved, when known may be improved.

As Mr. Mercer went on to explain, the plan might be compared to the three legs of a tripod. First the display room where the youth

More Third floor Attractions, today, it's wise to come early.

Quality Hem stitched SHEETS \$4.59 pair

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Fine quality cotton sheets that cannot be duplicated at this price. Finely woven to give satisfactory service and extra long wear, 81x108". Pair \$7.50

These spreads are exceptionally smart looking and will stand plenty of hard wear and launders beautifully—in rose, wine and rust. Size 80x100". Each \$3.50

Fine quality Scotch Lace Table Cloths, which have been so rare. In two practical table sizes, 54x54", \$3.35 each; 72x90", \$6.75 each.

Guaranteed to be over 60 per cent linen —17" wide, 49c yard; 20" wide, 59c yard. The next shipment of this towelling will be much higher in price. Red, blue, green and yellow borders.

At last we are able to offer a fair amount of much wanted flannelette—the usual good quality, long wearing Horrockses flannelette. 30" wide. Yard 50c

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A line of Coating, clearing at HALF-PRICE. Colors, chalk, blue, dale green, sand, light navy, rust. 54" wide.

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4 pieces only, crease-resisting spun, 36", in pleat design. Red, blue, green, P. blue. Regular \$1.95. Clearing at 98c yard.

MOORE & McLEOD Limited
CHARLOTTETOWN, P. E. I.

BEAU
By Mrs. Harry Pugh Smith

(Continued from Page 2)

As if she changed the place around. However, the attic at the Scott mansion was full of lovely odds and ends of discarded furniture. As for Dot's cigar band vase, Carolyn felt she could not live with that a day. It was simple to let her hand slip. The vase was obliging and broke in three pieces. Although she felt the same way about Beau's pink parlor lamp, Carolyn lacked the heart to dispose of it in a similar fashion after the way Beau had beamed over it.

"I'll wait a while, then I'll shove it behind something and he'll never know the difference," she told herself.

There was a chaste modernistic lamp with a silver base and a white shade among the wedding gifts which she meant to use as soon as she had maneuvered the other into the background. Even that afternoon with her toilet things on the cheap cherry dresser and some books and etchings from her trunk scattered about the living room, the cabin made a more presentable appearance.

Beau pretended to be struck all of a heap when he came in just before supper. "Wow!" he exclaimed, lifting Carolyn off her feet. "This begins to look as if somebody lived here."

They had not seen each other since noon. It was the longest they had been separated since their marriage. "I've missed you so!" she cried, clinging to him. "Oh, Beau, if only we could be together every minute!"

"Sure," said Beau, looking em-

barrassed. Carolyn flushed. "You haven't missed me at all!" she cried in a fragile voice.

Beau grinned ruefully. "Well, I've had a lot to occupy my mind."

"You could forget me for that old filling station."

Beau laughed. "A man has to work, honey."

Carolyn took a long breath. "Of course," she said, trying to smile. "I'm being terribly silly, Beau."

"Sure," said Beau and bent his head to kiss her, only at that moment Dot's storming into the room without the formality of knocking.

"Supper's ready!" shouted Dot. "Jennie Sue says you are to come at once before the biscuits get cold!"

Beau laughed. "I'm practically there. Jennie Sue's biscuits are worth hurrying for," he told Carolyn.

Dot suddenly began to shriek. "My vase! My beautiful vase!" she screamed, hovering like a distracted hen over the fragments in the waste basket.

"Good Lord," exclaimed Beau. "It's broken!"

"I—I—my hand slipped when I was unpacking," stammered Carolyn, "and the vase struck the floor."

"O-o-o-h!" wailed Dot. "And I worked and worked and worked on it!"

"Never mind," murmured Beau, picking her up in his arms along with the pieces of the milk bottle which she was clutching to her bosom. "Uncle Beau has got some cement in the garage. I'll stick it together, honey. You won't be able to tell it was ever busted."

"Honestly?" breathed Dot, her sob subsiding.

"Honestly!" cried Beau, kissing her tear-wet cheeks. He smiled at Carolyn. "I'll make it as good as new for Aunt Carolyn."

"Thanks" murmured Carolyn in a

feeble voice. Beau gave her a sardonic grin. "Don't mention it."

RIVERDALE SCHOOL

Following is the report of the semi-annual exams:

Grade IX—1. Wanda Buchanan; 2. Edward MacMurrer; 3. Gerald MacQuaid.

Grade VII—1. Joseph MacQuaid; 2. Erna MacKinnon; 3. Joyce MacDonald.

Grade V—1. William MacKinnon; 2. Kenneth MacMurrer; 3. Eugene MacQuaid.

Grade III—1. Melbourne MacKinnon; 2. Gordon MacFadyen; 3. Wendell MacDonald.

Grade II—1. Wilma MacLeod; 2. Damien MacQuaid.

Grade I—1. Charles MacKinnon.

Highest average in junior grades —Wanda Buchanan.

Highest average in senior grades —Wilma MacLeod.

Prize for best attendance for January equally merited by Wilma MacLeod and Damien MacQuaid; drawn by Wilma.

Teacher: Blanche M. Murray.

SMALL BOYS START FIRE

SIMCOE, Ont., Feb. 9 — (CP) — Two Simcoe youngsters, aged four and six, confessed to police Saturday night they started a fire which caused damage estimated at \$30,000 to a large barn on the property of J. A. Wallace.

Constable Bert McKie said the older boy told him he took matches from home and set fire to the hay in the barn.

TORBAY, Devonshire, England

(CP) — The disappearance of black cats here is thought to be contributing to a black market in cat furs.

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Canada's Foreign Trade Reaches All-time Record

OTTAWA, Feb. 8 — (CP) — Canada's foreign trade boomed to record-breaking lengths in 1947, totalling \$5,365,700,000, the Dominion Bureau of Statistics reported today.

The previous high was reached in 1944 when war materials formed the bulk of the total of \$5,361,000,000. In 1946 trade was valued at \$4,206,400,000.

Canada ended the year with an over-all favorable commodity trade balance of \$287,800,000, compared with \$411,900,000 in the preceding year. Debit balance with the United States was \$918,100,000 in 1947 while the favorable balance with the United Kingdom was \$564,200,000, compared with \$397,400,000.

In December the balance of trade in favor of Canada was \$18,700,000, the highest monthly figure since August, 1946, compared with \$26,800,000 in November and \$32,400,000 in December, 1946.

LONDON — (CP) — Royal National Lifeboat Institution boats went to the help of 879 vessels in 1947, saved 427 lives and lost eight lifeboats.

Heinz Soups

Great to eat in a bowl, but also in a can and on a shelf.

U. S. Foreign Aid Tactics Are Revised

By J. M. Roberts, Jr., Associated Press News Analyst

The United States, having learned its lesson in Greece and other spots, has been putting pressure for self-help ahead of American aid shipments to China as well as to Western Europe. Now, by the way of announcement of a Chinese aid program, the pressure seems to be producing some results, even if not revolutionary.

China's Premier Chang Chun said last week that his government "fully recognizes that, in order to secure the maximum benefit from external aid, an adequate and practicable program of domestic measures of self-help is needed. This program should at the beginning lay stress on financial and economic matters of immediate im-

portance which will be followed by certain other reforms in the fields of general administration and military reorganization."

Well, if they could do it, that would just cover the ground. That's a big "if," but it does give some indication that the Chinese have finally understood what we mean.

They hope to block some of the ratholes and some of the graft into which Chinese revenues have been going; improve the tax system both to increase revenue and eliminate inequities on the basis of ability to pay; improve commodity controls to check speculation and rising prices; stabilize the currency; promote exports and remove import restrictions against dollar goods as rapidly as possible; rehabilitate communications and essential industries.

Probably more important than all of these is announcement of the Government's willingness to accept with \$411,900,000 in the preceding year. Debit balance with the United States was \$918,100,000 in 1947 while the favorable balance with the United Kingdom was \$564,200,000, compared with \$397,400,000.

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Less heartening is the relegation of military reorganization to a secondary role. Perhaps this was unintentional, and merely the acceptance of a situation. Or perhaps it is why the American program is now reported to be directed only toward civilian aid, with military aspects possible later.

There are some things the Chinese might do for themselves in this field. They might begin to accept the advice of American advisers, who have frequently disappeared, ever seeing their training methods implemented. They might start wiping out the politics which is the principal cripple of the army.

American aid to China since the war, including U.N.R.R.A. out-rate sales of war surplus and a lot of other measures on which it is difficult to put a value, has been estimated very roughly at something like \$2,000,000,000. If the job is really going to be done, the figures now being discussed for the revival of the aid program represent only a beginning.

If, then, both America and China are only at the beginning, Chinese adherence to her present self-help program, and its explanation, will be just as vital to final success as is the similar European effort to the success of the Marshall plan.