

Week end Special full fashioned Pure Silk Hose



79c pair

A full fashioned pure silk stocking. French heel, cradle foot. Sizes 8 1/2 to 10. 7 good colors to select from.

Special Price

79c pr.

New ankle Socks 40c pr.

New Ankle Socks with fancy cuffs. Sizes 9 1/2 to 10. Just the correct thing for sports wear. White, Maise, Blue, Green and Champaigne 40c per pair

Holt Renfrew & Co. of Quebec demonstrating fine FURS here June 10th and 11th

Mr. Tremblay, their qualified representative, will be in our store displaying a complete range of Novelty Fur Ties, Short Coats and new Fur Capes, Fur Coats of all description.

You are cordially invited to visit his fur display and see the drastic changes on collar and cuff treatment. Inquire about our terms.

Have your furs remodelled or repaired during the Summer months, at low prices, payable only in the Fall.

Suggestions and prices cheerfully given.

Moore & McLeod Limited

GOING AWAY

YES—
WHERE? ON
J. A. MacLaren's
TOUR OF THE
British Isles
DO YOU WANT TO COME?
THEN WRITE OR SEE
J. A. MacLaren
Late of Patons Ltd.
79 Hillsboro St.—Charlottetown

WESTERN GUARDIAN

—BUY SOFT galvanized stake wire at Brace's. 3596-6-10-21.

—GALVANIZED and black, also solid copper fly screening in stock at Brace's. 3596-6-10-21.

—TONY THE CONVICT will be repeated at Indian River next Tuesday evening. Specialties the best yet. Hart Abbot! Oh boy! 3613-6-11-11.

—THE ANNUAL MEETING of the shareholders of the Bedouque Rink Co. will be held in the rink on Tuesday, June 14th at 8 o'clock. A full attendance is requested. 3617-6-11-21.

—BAPTIST CHURCH—Services Rev. A. G. Crowe, Pastor, June 12: 10:45 A. M. Bedouque: Subject "Why do you believe in Christ?"; 11:45 A. M. Sunday School, Special Missionary offering: 7:30 P. M. P. M. Subject "Atoning Power of the Blood."

—THE WOMEN'S MISSIONARY SOCIETIES of the Presbyterian Church of Prince Edward Island are requested to send their money to the Provincial Treasurer by June 20th as the Presbyterian meets in Charlottetown on June 28th. 3614-6-11-11.

—ELECTION OF OFFICERS—The Women's Missionary Society of the Baptist Church held their annual meeting on Thursday afternoon. A number of ladies from Belmont, Lot 16, and Wilnot Valley Societies were present. There was a very interesting program and the election of officers for the year. Five ladies gave an exercise, "The Delegate," a vocal solo by Mrs. Jack McLeod. The officers were as follows: Pres., Mrs. Glidden; sec., Mrs. Braden Jelly; treas., Mrs. John A. Smallman; vice pres., Mrs. Major Schurman, Mrs. George Warren; auditor, Mrs. J. F. McNeill; organist, Mrs. O. C. McNeill; social com., Mrs. Thomas Johnson, Mrs. Wm. Buchanan, Mrs. Albert Boswell, Mrs. Chas. Palmer and Mrs. O. C. McNeill. There was a large collection from the mite boxes. S.

—ADDRESS MUCH ENJOYED—Mrs. Sonneman and Miss McKelvie were hostesses on Thursday afternoon at their lovely home on Central Street, Summerside, for the Summerside Chapter of the Daughters of the Empire and their friends, to hear Mrs. Harmon speak on China and its customs. Mrs. Harmon, who has lived in Hongkong for many years, is visiting her son, B. G. H. Harmon, and told in a charming way of the habits and industries of Chinese men and women, of their religion and quaint customs. Rev. Dr. C. De Wolfe White, who was present, moved a vote of thanks to Mrs. Harmon, which was seconded by Mrs. L. A. Moore. Miss Gladys Holman moved a vote of thanks to the hostess for opening up their house for the occasion which was seconded by Mrs. J. S. Perry, Miss Hunt, the Regent of the Chapter, presented Mrs. Harmon with a charming picture of the Island by Mr. Read and a history by the late Mrs. Neil McLeod. Afternoon tea was served at the close of Mrs. Harmon's talk. S.

COME TO THE COOKING SCHOOL

JUNE 13th. to 18th.
AT

R. T. Holman, Ltd.
Summerside

Mrs. Jane Taylor Allen, dietitian of General Foods, Limited, who will conduct the classes, invites every housewife to attend.

CLASSES DAILY
Beginning at 2:30 P. M.

One of Mrs. Allen's favourite recipes will be prepared completely at each session in a model kitchen on the stage. Cooking questions answered. Admission free.

Enter the CAKE-BAKING CONTEST

CHERRY HILL INSTITUTE

The June meeting of the Cherry Hill Women's Institute was held at the home of Mrs. David McDonald on Monday evening, June 6th, with an attendance of seven members and two visitors. The meeting opened by repeating the Institute Creed in unison and roll call was answered with "What I would do with \$1,000." Minutes of last meeting were read and approved and reports of committees given. Sick and school committees were appointed.

The new business consisted of the making of plans for the holding of a festival and dance the latter part of the month. It was decided to hold a meeting in the school to appoint the desired committees.

The regular programme consisted of a paper "How to Grow Ripe Tomatoes," by Miss Olga Crawford, a solo "Long, Long Ago," by Mrs. Henry Coffin, and a Fish Contest, the prize being won by Miss Aura Macdonald.

A dainty lunch was served and after the tendering of a hearty vote of thanks to the hostess the meeting closed by singing the National Anthem.

The truly generous is the truly wise, and he who loves not others lives unblest.

To praise great actions with sincerity may be said to be taking part in them.

PERSONALS

—Mr. E. W. McKinnon, Supt. of P. E. Island Railway and his son, Mr. Charles McKinnon, were in Summerside on Thursday. S.

—Congratulations are being extended to Mr. and Mrs. Charles McIvor of Summerside on the birth of a little son on Wednesday evening. S.

EASTERN GUARDIAN

..Montague, Talks and dance. Saturday night. 3541-6-9-31

..MONTAGUE—Developing and printing. Best results. Quick service. James C. Easton. Studio above Carruthers Drug Store. 3540-6-8-Wed-Fri-21.

..THERE WILL BE A CHEST CLINIC at Souris on June 16th at Dr. McLean's office in the morning and Dr. McDonald's office in the afternoon. On the evening of June 15th there will be a lantern slide lecture on Tuberculosis in the United Church Hall, Souris, at 8.30. 3610-6-11-11.

Health Services Of Canadian Medical Association

DANGERS OF FATIGUE

Death from fatigue does not occur very often. The Marathon Race reminds us of one such death, for the runner who carried the report of the Greek victory from Marathon to Athens is said to have collapsed and died as soon as he had delivered his message.

Although, as we have said, fatigue is seldom the direct cause of death, it does result in injury to the body, since it decreases the ability to work and apparently increases the likelihood of the occurrence of certain diseases.

As the result of the activities of our body, energy is used up and certain waste or end products are produced. Providing these waste products are not produced too rapidly, the body is able to get rid of them quite readily, but if they are formed quicker than they can be eliminated then they accumulate, and when this occurs the body is burdened, or one might even say, poisoned with its own waste products and such a person experiences fatigue.

It has been shown that a person may repeat some action so many times a minute and keep on doing so without becoming tired. Just as soon as the number of repetitions is increased, then fatigue is felt. The reason for this being that with the limited number of repetitions the products of activity were removed but when the number was increased, they accumulated.

Another interesting point is that when work is carried to the point of fatigue it takes comparatively a much longer time to recover than if a stop had been made for rest before fatigue had set in. It is observed that rest periods in the middle of the morning and afternoon result in a greater production of work. It is also a matter of practical importance to remember that industrial accidents increase toward the end of the day when workers become tired.

There is what we might call normal fatigue, the result of the day's work from which we recover fully after the night's rest, and there is abnormal fatigue or over-fatigue which harms the body and from which we do not recover except after a prolonged period of rest.

When we use our muscles and become fatigued it is not only the muscles which are affected, the whole body is involved in the condition. We do not digest food properly when we are tired, which indicates that the digestive system feels the fatigue although it has not itself been doing extra work.

Sufficient rest before overfatigue occurs, rids the body of the poisons before they accumulate and injure the body. A healthy body supplied with proper food, sufficient water and fresh air is best able to avoid fatigue and its ill results.

Questions concerning Health, addressed to the Canadian Medical Association, 184 College Street, Toronto, will be answered personally by letter.

We never know a great character until something congenial to it has grown up within ourselves.—Channing.

Christianity is both a personal and a social religion, for it contains both a personal and a social ideal.—Fulton.

DODD'S KIDNEY PILLS
FOR ALL KIDNEY DISEASE
BACKACHE
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To the Purchasers of Memorials

We offer you a unique service:—
IN DESIGN—because we are fully conversant with this phase of the craft, and can serve you with the best that the leading designers of America have to offer.
IN MATERIAL—because we obtain our material from the quarries of the finest monumental stones in America and Europe. We will be glad to advise you of the quality of the different stones.
IN WORKMANSHIP—because our modernly equipped plant is operated by craftsmen capable of taking their place in any monumental shop on the continent.
IN PRICE—You will find the prices of our monuments to compare favorably with those asked for monuments of inferior workmanship, material, and design.

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Montague 181 Great George St. Charlottetown

Astounding Values Specially Priced for Quick Selling Friday and Saturday This Week End

Here's a list of economies that you haven't seen before—all at new low prices that mean savings to you—All timely, needed goods—All reduced for this Week End Sale.

- Young Men's Blue Serge Suits, 2 pairs Pants.. Special Sale Price \$18.95
- Men's Fancy Silk Hose 39c
- Men's Fancy Shirts 89c and \$1.19
- Men's Silk Underwear, 2 pieces \$1.00 Per Suit
- Men's Wool Bathing Suits \$1.79
- Boy's V Neck Pull Over Sweaters, fancy colors. Special.. \$1.19
- Men's Khaki Pants, sizes 40 to 46 clearing at HALF PRICE
- Men's Felt Hats, odd sizes, latest colors. Regular \$5.00 to \$6.00. Clearing at HALF PRICE
- Men's Heavy Work Hose. Regular 25c. Special 4 pairs for 85c
- A special line of Men's Working Shirts, sizes 14 1/2 to 17. Special 69c
- Men's Heavy Police Brace. Special 33c pair
- Men's Combination Overalls, Blue and Khaki. Special \$1.60 pr.
- Boy's Blue Overalls, sizes 4 to 8 years. Special price 55c pair

VALUES OF OUTSTANDING NOTE FROM THE DIFFERENT LADIES AND CHILDREN'S DEPARTMENTS IN OUR STORE

- LOT NO. 1. All Ladies' Spring Cloth Coats priced from \$39.00 to \$45.00. Clearing at \$30.00
- LOT NO. 2. All Ladies' Spring Cloth Coats priced from \$29.00 to \$38.00. Clearing at \$25.00
- LOT NO. 3. Ladies' Spring Cloth Coats priced from \$22.00 to \$27.00. Clearing at \$18.00
- LOT NO. 4. All Ladies' Cloth Coats for Spring priced from \$18.00 to \$22.00. Clearing at \$15.00
- SPECIAL RACK. Coats on this Rack clearing at prices that range from \$5.00 to \$13.98

- A Special Rack of Ladies' Voile Dresses. Prices .. \$1.98 to \$2.98
- A Special Rack of Ladies' Celanese Dresses. Prices \$2.98
- A Special Rack of Ladies' Plain and Flowered Dresses. Prices \$4.98 and \$5.98
- A Table of Children's Dresses. Prices 69c to \$1.98
- A Special Rack of Ladies' Linen Dresses. Price \$1.00
- A Special Line of Cotton Crepe. Regular 30c yard. On sale at 25c Yard
- 36 inch Striped Flannelette. Regular value 28c. On sale at 25c Yd.
- 27 inch Striped Flannelette. Regular value 18c. On sale at .. 15c Yard
- Men's Dark Shirting. Reg. value 22c and 25c. On sale at 20c Yard
- Special Values in Printed Cottons at 18c Yard
- A Special Line of Ends in Satens and Cretonnes. Reg. value 45c and 50c. Clearing at 35c Yard
- A Special Line of Roller Toweling 22 inches wide. Reg. value 28c to 35c. Clearing at 25c Yard

Ladies' Full Fashioned Chiffon Hose REGULAR VALUE \$1.95. CLEARNG AT \$1.00

- Another lot of Children's Gingham Dresses with Bloomers. Sizes 2 to 6 years. Special price 79c
- A Special Line of Pongee Silk. Clearing price 49c Yard
- A Special Line of Printed Organ-die. Clearing price 75c Yard
- A Wonderful Value in Ladies' Silk Fashioned Hose 45c Pair

REMNANTS IN CRETONNES, CURTAINING, PRINTS, FLANNELETTES, SATEEN, SILKS, VOILES, FUGI, WOOL COATINGS AND RAYONS CLEARING AT HALF PRICE

ALL ABOVE SPECIAL VALUES ON SALE THIS WEEK END. THURSDAY, FRIDAY AND SATURDAY.

HELP A NEEDY PERSON BY GIVING THAT SMALL JOB TO THE UNEMPLOYED. PHONE 1249.

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One Price to Everybody Spot Cash

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