

**McClary's**  
enameled  
cooking  
utensils

Are coated with a non-porous, flinty glazing—smooth as glass. Made to withstand hard usage—get McClary's.

At All Good Stores

**If You Are Not Using Hickey's You Are Not Getting Tobacco Satisfaction**

Because there is a flavor in Hickey's Twist Chewing Tobacco that no other can duplicate. Every user is a booster for the simple reason he is getting the best chewing tobacco that money can buy, and one that never disappoints him. Hickey's leads, others try to follow. Millions of figs used yearly.

**Hickey & Nicholson Tobacco Co., Ltd.**  
Manufacturers  
Charlottetown

**Exide**  
MADE IN CANADA  
BATTERIES

**Dividends in Service**

There is real satisfaction in having a battery with power enough to respond instantly to your every call. And there is true economy in a battery that lasts long without the help of the repair shop.

You will find that the Exide pays such big dividends in service that it is worth your while before buying a new automobile to ask if it has an Exide. If you have any trouble in finding an Exide to replace an old battery, write us or our nearest district distributor.

District Distributors:  
**C. J. Morgan & Co., Ltd.**  
43 King Square, St. John, N. B.

EXIDE BATTERIES OF CANADA, LIMITED  
153 Dufferin Street, TORONTO

THE LONG-LIFE BATTERY FOR YOUR CAR

**New Wall Paper**

Our SPLENDID NEW STOCK ready and selling fast.

The new designs and colorings for 1922 are the prettiest we have shown for years. Beautiful designs for PARLOR, DINING ROOM, HALL, BED ROOM and KITCHEN. Borders to match.

Our prices are much lower than last year. (Phone for sample books.)

Come in and look through sample books. You are sure to find what you want and at the price you want to pay.

**Carter and Co. Limited**  
IMPORTERS OF ARTISTIC WALLPAPERS

**THE CENTRAL GUARDIAN**

SHOP from Holman's Catalogue. EVERYBODY IS COUNTING on seeing the Easter styles at St. James Tea next Thursday.

**CARTER'S** for wallpaper, large lot stock, lowest prices

**BANNER TEA** of the season at St. James' Hall tomorrow.

**AUTO COATS** and leatherette coats just in at Paton's.

**FANCY BAGS**, dollies, aprons, dresses, hooded jackets, etc. at the St. James Bazaar on Thursday.

**PURE BRED** White Wyandotte Eggs, per dozen, \$1.25. D. J. Clark, Kensington

**CALEDONIAN CLUB** series conclude Thursday evening with a Musical Entertainment by Professor and Mrs. Duncan and party. Splendid programme. All invited.

**JUST ARRIVED** one car load SUSSEX MINERAL WATER and one car load ALLEN'S CIDER. CARVELL BROS.

**POLO CLOTHS**, all colors at \$3.00, and velour cloths in lawn and blown for spring coats at Paton's.

**REFRESHMENT TABLE AND HOMEMADE CANDY FOR SALE AT THE TEA IN ST. JAMES HALL TOMORROW.**

**LONG LOOKED FOR HOMESPUNS** in 25 shades. Paton's will order your suit length and have it here in three days. See their wonderful lines today.

**25 SHADES OF HOMESPUNS**—Customers can secure suit lengths of homespun within three days by ordering at once at Paton's. \$2.75 per yard. See their samples today.

**THE C. G. S. (STANLEY)**—Advice received from Capt. Rowe yesterday reports steamer as "wets to south west in gale and fog. Latitude 48.02 north. Longitude 61.39. stuck in close packed heavy ice."

**THE 5-ACT COMEDY DRAMA** "The Country Minister" will be staged in North Bedoune Hall Friday evening, April 21st. Curtain rises at 7.45. Admission 20 and 15 cents. Sale of boxes at close of play.

**A CHOICE LAMB**—Mr. P. J. McDonald, purchased for the Easter trade one of the finest lambs seen this season, which he bought from Mr. Athy Seller of Winslow. The lamb weighed 67 pounds and forty when dressed. It was nine weeks and four days old and needless to say most very ready eater, even at this early date. It is understood the price was in the vicinity of \$11.00.

**NAVY BLUE CHEVIOTS** for boys' refers \$3 to \$4.50 per yard at Paton's.

**CALL OR WRITE** for prices on the famous DOMINION woven fencing, delivered at your station, and be convinced our prices are the lowest. THE ROGERS HARDWARE CO. LTD.

**8TH SIEGE BATTERY BANQUET**—At a meeting of the Committee in charge of the Battery Re-union, it was decided to hold a banquet on Wednesday night, April 19th at the Davies Hotel.

**WHITE SANDS SCHOOL**—The following is the standing of the pupils of White Sands School for the month of March: Grade 7: 1. Arthur Brooks, 2. Isabel Nicolle, 3. Everett White, 4. Harry Clements. Grade 6: 1. Evelyn Derby, 2. Marjorie Machon, Ethel Beck and Mary McLean, equal, 3. Harry White. Grade 5: 1. Blanche Brooks, 2. Hammond Nicolle, and Wilfred McLean, equal, 3. David Beck. Grade 4: Percy Bell, 2. Elmer Glover. Grade 3: Myrtle White and Edna Bell, equal. Grade 2: 1. Blanche Bell, 2. Agnes Buell. Grade 1: 1. Muriel Derby, 2. Miriam Derby. Florence V. Clements, Teacher.

**THE STRATHGARTNEY**—A group of men will be interested to learn that the staunch little craft "Strathgartney" made her first trip of the season last week from Bonshaw. She had on board thirty passengers, and a good cargo including a number of cases of eggs, Capt. L. T. Henton reports a pleasant trip down and little or no floating ice in the river. The boat was piloted by Mr. Wellington Salmon of Bonshaw. The "Strathgartney" will, commencing next week, make her regular trips on Tuesdays and Fridays. We may state she has been thoroughly overhauled and her engine gone over by Mr. Nell McDonald of Bonshaw who has had a number of years experience in motor mechanics in the United States.

**Dye Skirt, Dress Or Faded Draperies In Diamond Dyes**

Each package of "Diamond Dyes" contains directions so simple that any woman can dye or tint faded, shabby skirts, dresses, waists, coats, sweaters, stockings, hangings, draperies, etc., or whether it is new. Buy "Diamond Dyes"—no other kind, then perfect home dyeing is guaranteed, even if you have never dyed before. Tell your druggist whether the material you wish to dye is wool or silk, or whether it is linen, cotton or mixed goods. Diamond Dyes never streak, spot, fade or run.

**Fisherman's Friend**  
The Original and Only Genuine

**MINARD'S "KING OF PAIN" LINIMENT**

To safeguard the child from damage that worms cause, use Minard's Worm powders, the medicine par excellence for children. These powders will clear the system entirely of worms, will regulate and stimulate the organs injuriously affected by the worms, and will encourage healthful operation of the digestive processes. As a vermifuge it can be relied on for its effectiveness.

**EDS CAFE**  
Meals served at all hours  
**EDGAR WHITLOCK**  
Proprietor,  
Opposite Stewart's Bakery.

**TWO MILLION PEOPLE**

In Canada wear glasses to read their eyes or improve sight.

Glasses really save eyes and are a sign that the wearer values eyesight preciously.

Our examination will tell if your eyesight, too, will benefit.

**DR. E. C. HARRIS**  
Optician

**TRY US**  
for Brownie, Kodak and PREMO supplies

**FILMS TO FIT ALL CAMERAS**

**Johnson & Johnson**  
The Quality Kodak Store

**Carter's**  
Onion Sets  
and  
Shallots  
They Grow  
buy them at  
**CARTER'S**  
Seed Store

**OUR SELECTED ONION SETS**

**WHAT CAUSES HEADACHES?**

**"Fruit-a-lives" Prevents Auto-intoxication**

Auto-intoxication means self-poisoning. Many people suffer from partial consumption or insufficient action of the bowels. Waste matter which should pass out of the body every day, remains and poisons the blood.

As a result, there is Headaches, Indigestion, disturbed Stomach, Pain in the Back, Rheumatism and Eczema and other skin diseases.

"Fruit-a-lives" will always relieve Auto-intoxication as these tablets, made from fruit juices, act gently on the bowels, kidneys and skin and keep the blood pure and rich.

Get a box, 6 for \$2.50, trial size 25c. At Dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

**FANCYWORK** galore at the Bazaar at St. James Hall tomorrow.

**AUCTION SALE**, Agricultural Hall, Summerside, April 20th, new machinery, incubators and general farm requirements. Canadian Farm Products Limited.

**"SPLENDID USEFUL BOOK"**—A gratified Guardian Subscriber writes: "The Cookery Book came to hand yesterday. My! what a splendid useful book it is! It must have cost you a lot of money and to think we got one for paying our bills—it is indeed gratifying."

**PERSONALS**

Mr. Neil Waddell, of Fredericton was a visitor to the city yesterday.

Mrs. J. A. S. Bayer left yesterday morning on a visit to Halifax.

Miss Mary MacLean, student at P. W. C. spent the Easter holidays at her home in Souris.

Mr. Arthur P. Curran of Truro, N. S. spent the Easter holidays with his parents in Charlottetown.

Miss Pattie Currie, student at U. C. C. spent her holidays in Souris, the guest of Miss Winnifred Sterns.

Mr. John McDougall and Mr. J. E. Profit of Kensington were among the visitors to the city. They returned home today.

Mr. A. E. McNeill, inspector of Bank of Nova Scotia, is spending his Easter holidays with his parents, Dr. and Mrs. McNeill.

Miss Stella Henderson, who has been nursing Mrs. Archibald Johnston of Brookfield for the past two weeks, has returned to city.

Mrs. Edward Maason and Mrs. (Dr.) Colvin have returned to Summerside, having spent the Easter week end in Charlottetown, the guests of Mr. and Mrs. Leigh Warren.

Rev. Martin Monaghan, of Miscouche is visiting the city, and occupied a box at the performance of "The Man from Denver" at the Prince Edward last night.

Mr. Ollie McNeill of Govan, Saskatchewan, and formerly of P. E. Island, arrived in the city last week. Mr. McNeill, who is one of our successful farmers in the west will spend the summer on the Island.

Mr. and Mrs. James Paton are leaving on Friday on a five months' trip to Europe. They will take the White Star liner "Arabic" sailing from Boston and proceed to the Azores, Gibraltar, Algiers and Naples, then to France, England, Scotland and other countries. This will be Mr. Paton's 98th trip across the Atlantic.

**Modern Medical Views on Alcohol**  
(Continued From Page Two)

estive system is more pronounced. In small doses, well diluted with water, it increases the secretion of gastric juice. The quantity of acid is also increased, but the amount of pepsin is not so that the percentage of acid in the gastric juice remains the same while the percentage of pepsin is less. In larger doses alcohol causes the secretion of a thick mucus which adheres to the lining of the stomach, and thus interferes with digestion. We have also to take into account the mental effect of alcohol on digestion. Worry and anxiety undoubtedly retard digestion, and as alcohol does deaden the sensibility to such, it may, in that way, assist. At any rate, many people say that they enjoy their meals much better if they have a glass of wine or whiskey before or during meals. Alcohol then, it may be said, is not harmful if taken in small doses during meals, and in some cases may be beneficial, while in larger doses, especially if taken on an empty stomach it causes a condition known as gastric catarrh. The effect of alcohol on the ability to work is also well defined. We know that, while alcohol in small doses does not interfere with ordinary routine of a simple nature, it does always have a detrimental effect on any work which requires a certain amount of skill. This has been proven time after time. Mountain climbers were given a certain task—go to a given peak and back. On certain days they were given a glass (2 oz.) of whiskey half an hour before leaving. On the alcohol days they always took longer to make the trip, and also made more mis-steps. Bank clerks were given long columns of figures to add under the same conditions and here again on the alcohol days they made more mistakes. Many other tests were made and invariably it took longer by 12 to 15 per cent, and the work was not so well done. A curious coincidence which was noticed in these tests is that the person who is doing the work always thinks he is doing just as well, if not a little better, after the drink of whiskey.

We might here briefly discuss the effect of alcohol on the relations which exist between capital and labor—the employer and the employed. We have seen that it lessens production and anything that lessens production lessens the dividends, and that of course, strikes capital at a very sensitive point. Then, also, a drinking man, who is set over others has not the same wise control of his men. He will have a tendency to be slack on discipline. Not only that, but he cannot be trusted with business confidences. He will take risks that he otherwise would not take. So we can see how alcohol may cause and actually does cause friction between the employer and the employed. As a matter of fact, no business concern wants to employ a man who "drinks," even in moderation.

We might also mention here the latest menace to the people by reason of alcohol, viz. the driving of an automobile by a man under the influence of liquor. Everybody realizes that a drunken man should not be allowed to drive a car, but it is not so generally admitted that it is not a wise thing to even take an occasional drink when at the wheel. Under ordinary circumstances a man will be able to drive his car after taking a drink or two, but one never knows when a serious emergency is going to arise and when it does the man who has taken a drink has not got his wits about him, and if there ever is an occasion when a person wants the use of every faculty he possesses it is when he has to avoid a collision or his steering gear gives way or his brakes fail to work.

(To be continued.)

**STOCK QUOTATIONS**

HALIFAX, April 18.—(Quotations furnished by Johnson and Ward, members of the Montreal Stock Exchange.)

Atch	101 1/2
Can	115 1/2
Can. P. R.	54 1/2
C. N. S.	143 1/2
Cruc.	16 1/2
L. P.	68 1/2
K. P.	48 1/2
M. P. R.	182
Readings	83 1/2
Readings (K.D. \$1)	77 1/2
S. P.	91 1/2
Stud	118 1/2
K. P.	140 1/2
N.	97 1/2
Can	71
A. R.	50 1/2
A. P.	52 1/2
A. F.	162

**MONTREAL EXCHANGE**

1921 Victory	—
1922 Victory	—
1923 Victory	—
1924 Victory	—

**BANKS**

Bank Royal	185
Bank Montreal	220
Bank Nova Scotia	258

**STOCKS**

C. J.	—
N. L.	57
A. C.	27
Abbit	—
Montreal	—
Steamships Ltd.	—

**There are no other drinks like "CREST"**

They are pure and delicious—fragrant with the blend of the purest ingredients. A cold glass of "Crest" ginger ale, for instance, will relieve that tired feeling and put pep into your work. It is a real thirst quencher, a real drink and really delicious.

"CREST" is not a new drink—but a new name for our old established line of beverages. The name "Crest" is for the benefit of our old and new friends. When you order your favorite drink by the name "Crest" and no other. Remember—Just say "CREST."

**SUSSEX MINERAL SPRINGS LTD.**  
SUSSEX, N. B.

**SIMPLE AND SURE**—Dr. Thomas' Electric is so simple in application that a child can understand the instructions. Used as a liniment the only direction is to rub, and when used as a dressing to apply. The directions are so plain and unmistakable that they are readily understood by young and old.

To clean sinks and drain pipes

**Snowflake**  
THE FULL STRENGTH  
Ammonia

Dissolve 1/2 to 1 package in a pail of boiling water, and pour slowly down sink.

**MAVIS**  
Manicure Sets, \$2.50  
Figure It Out Yourself

How many hours do you waste each year at the manicurist's—and so foolishly. With a MAVIS Manicure Set you can give your nails a manicure equal to a professional one. The red box contains everything you need—cuticle remover, polish (paste and cake) whitener, enamel, orange stick and emery boards.

**MAVIS TOILETRIES**

Toiletry Powder	\$ 2.50
Cold Cream	1.75
Facial Soap	1.75
Manicure Set	2.50

**VIVA UDOU**  
PARIS NEW YORK

**Our Climate Is Responsible For Most Chest Troubles**

Your Health Depends to a Great Extent Upon the Care of Your Chest.

**LAMBERTISE YOURSELF**  
And You Will Obviate the Danger of Lung Trouble.

In all cases of Grippe, Coughs, Colds, Asthma, Bronchitis, Catarrh, etc., for Infants, Children, Adults, and elderly people

**Dr. J. O. LAMBERT'S Syrup**  
has no equal. Do not accept substitutes. For sale everywhere.

The Largest Sale without exception of all similar products  
(See Our Challenge)  
**Dr. J. O. Lambert Ltd., Montreal.**

For sale everywhere and at Victor Coyle, Druggist, 117 Kent Street, Charlottetown, P.E.I., who makes a specialty of Lambert's products.