Woman's Realm / Social and Personal / Fashions / Literature

Dorothy Dix Says—

MENTAL MATING ESSENTIAL AS PHYSICAL FOR HAPPY MARRIAGE

Thousands Of Evenings When Husband And Wife Must Entertain Each Other In Home

DEAR MISS DIX—It has been generally claimed that two persons of opposite sex cannot become intimate friends unless they possess something "in common." I consider this to mean something that causes them to harmonize spiritually, but my experience seems to be diametrically opposite.

For more than ten years I have been keeping company with a girl. We are both 20. We get along agreeably, but it seems to me that we do not possess anything in common. I am a junior in college. She has never even attended high school. Since she is unread, we have never discussed the things I am interested in—literature, drama, music, psychology, sociology or current events. She is a strict Catholic. I am an atheist. I enjoy sports. She does not. She is very fond of dancing. I am not. I have hobbies such as chess, stamps and autographs. She has never mentioned one to me.

We do not discuss anything when we are together. Don't talk much. Neither of us is good-looking in face or body ,yet I like her and she likes me. We are not yet in love. Would marriage be advisable under the circumstances if we did fall in love with each other? We have nothing in common, but there is something intangible, like the magic thread of Goethe, that draws us closer and closer.

A. C. R.

(Continued on page 3, Col 3)

Vice-Regal Couple and Madame Chiang

Madame Chiang Kai-Shek says goodbye to the Governor General of Canada, the Earl of Athlone, and Princess Alice at Government House prior to her departure from Ottawa. Madame Chiang was their guest at Government House during her three day official visit to Canada's capital. While in Ottawa she conferred with Prime Minister W. L. Mackenzie King, addressed a joint session of Commons and Senate, dined with Wilhelmina, Queen of the Netherlands.

A Job Only You Can Do

Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board Readers who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the Wartime Prices and Trade Board.

Q. Why are sausages rationed? I understand they are not pure meat.

A. Under the Pure Food and Drug Act sausages must have a cereal content not exceeding 50 per cent by weight. This regulation is strictly enforced. You are allowed 1 1-4 pounds of sausages per coupon which means that there is over a pound of actual meat. The same thing has been done with certain cuts to allow for the bone. This whole question was thoroughly considered by the Wartime Prices and Trade Board and the Department of Pensions and National Health when it was decided to ration meats.

Q. A friend of mine purchased some furniture in March from a dealer and paid cash for it. The delivery was arranged for June. Is this illegal? Is it lawful for the dealer to buy back the furniture under WPTB regulations?

A. It is legal to pay cash for goods and arrange the delivery date for a future time. WPTB regulations concerning the delivery of goods state, among other things, that a dealer shall not accept goods for return after twelve days of purchase unless the goods are found to be defective in workmanship. If the goods are paid for and undelivered, it would be a matter of arrangement between your friend and the dealer, if he wished to buy the furniture back

A Morning Smile

A rather exclusive club had replaced its familiar black-coated male staff with young and, in some cases pretty waitresses.

One day a member who had been strongly opposed to the change arrived at the club for lunch.

"How's the duck?" he asked an attractive waitress, rather gruffly.

"Oh, I'm fine," she replied perkily. "And how's the old pelican feeling himself?"

The siren had sounded and the retired railwayman was on his way to the outdoor shelter, his braces trailing after him.

His wife, coming behind, trod on the braces, and, on the release, they gave the old man a smack on the back.

"You carry on, Mary," he said bravely, "they've got me."

A Re-Make Revue

This suit has a versatile life. It wore itself thin in spots in Sister's service and will now have a vigorous life in Johnny's service. No particular hazards themselves in this kind of transformation.

The trousers are cut from the strongest parts of the skirt and the coat from the jacket with little difficulty. The lining from original jacket, fortunately a stout rayon twill, served to line the boy's coat and should last the life of the coat. This outfit will be modelled at the Re-Make Revue coming to Charlottetown on the afternoon and evening of June 30. This Wartime fashion show is directed by Kate Aitken, National Supervisor of Conservation for Consumer Branch Wartime Prices and Trade Board.

It's all a matter of simple mathematical calculation. One man's tweed suit and one woman's shirtwaist dress equals one woman's tweed suit and one rayon flannel blouse.

That is if you do a bit of ripping, cutting and sewing. And incidentally the woman's tweed suit refashioned orm a man's "tired" one needn't have any resemblance to the original. A cardigan jacket is an especially good change when the original lapels of the man's coat are worn out or badly spotted. The cardigan entails less labour and dispenses with the original button holes. This is only one of the 40 re-made garments to be shown at the Re-Make Revue, unique wartime fashion show coming to Charlottetown.

Living & Leisure

The Woman's Realm

They come! the merry summer months of beauty, song and flowers;
They come! the gladsome months that bring thick leafiness to bowers.
Up, up, my heart! and walk abroad; fling cark and care aside;
Seek silent hills, or rest thyself where peaceful waters glide;
Or, underneath the shadow vast of patriarchal tree,
Scan through its leaves the cloudless sky in rapt tranquillity.

Lancashire lassies have set a fashion — the wearing of clogs—which will be adopted in London, and even fasionable Mayfair. The Board of Trade announced civilian leather supplies are being so restricted that in a few months wooden-soled shoes will be a familiar London sight.

WISE VOLUNTEER

How can women register in so many forms of war work that their home is entirely neglected, their children running the streets and improperly fed, and they so tired at the end of the day they are of no use to their families and not at their best at their work, either? Volunteer war work should fit into the schedule of the home so that both are served well.

FANCY HOSIERY NEW

Fancy stockings will be worn with summer cottons, both dresses and play clothes. Polka-dotted, embroidered in rosebuds or in bright colored cotton mesh, they are exclamation points to a simple costume.

JEWELRY NECKLINE ADORNS BLOUSES

"Dinner-date" blouses in rayon crepe with jewelry neckline and modified bishop sleeves are among latest rages. They are in heavy demand to wear with both afternoon and evening length skirts.

Sheers in cotton batiste and organdie, with horizontal rows of lace and tucks or plain sheer dressy blouses of fine cotton lace are also popular.

The interest in frilly, feminine styles continues and apply equally well to brides and those of more mature years.

SUN GLARE IS HARD ON EYES

You'll want to look a "Cool Vision" and have cool vision these hot summer days! To let your eyes be blinded by sun glare is the height of foolishness. And "sun squinting" results in a fine crop of wrinkles and tiny lines around the eyes.

For active and spectator sports where you need plenty of seeing light but complete protection against heat, glare and less imperfections. That means everything to your eyes, whether you're a hard-playing sports woman or just a rest-in-the sun type. Cool-ray sun glasses give restful seeing and you are protected.

You must not just pick up a pair of dark glasses. You must choose carefuly. Sun glasses are just as important as any other kind. There's a new dark, pleasing color. Or the correct scientific shade of green, so restful and cool.

SUMMER BEAUTY TIPS

Put a tiny bit of eye cream around your eyes. It will not show when you wear sun glasses.

For the dry skin, pat on a bit of oil over throat and face before applying your sun-cream preparation.

To give protection to your hair spray it with a fine, oily brilliantine. Or rub the oiled fingertips over your hair. Also cover you head when out in the sun for hours and hours.

Always rinse out salt water if your hair has got a ducking. Salt water makes it sticky and unattractive.

Keep your legs hair-free. Nothing is so unattractive as fuzzy legs!

Go over your callous spots with pumice and massage feet and legs with cream before the great expose on the beach.

Don't go in for too much glamorous effect, that's gone from the fashion picture! This year's bathing girl is natural and out for health, exercise and rest.

WOOD AND REED USED IN FURNITURE

NEW YORK—There won't be any more metal outdoor or porch furniture manufactured for the duration, but there are good stocks of furniture of native woods. Rattan for a long time reigned supreme in the summer field, but the few remaining stocks have been set aside for military purposes. Most of the rattan comes from the South Sea islands, which means that additional supplies are cut off for the present. Therefore manufacturers have turned to the use of wood saplings for frame work and woven wood bark for seating in chairs, settees, and other pieces. Reed, also used extensively in summer furniture, is another import which has been cut off and is now largely replaced by fibre, a tightly-twisted, specially-treated paper product.

FAILLE POPULAR FOR TROUSSEAU SUIT

NEW YORK — A ribbed fabric, faille, has become very popular in suits, and this has such a crisp look and is so flattering, especially when embellished with frills at the neck, that it is a trouseau favorite.

Ensemble effects are available, although usually, because of rationing, they are one-piece affairs made to look like two.

Print dresses, which every woman wants in her wardrobe, are gay for wear on the wedding trip—without a coat but with separate furs, if the weather permits.

THE COOK'S CORNER

ORANGE MIST

One-third cup sugar, 1-2 cup boiling water, 3-4 cup orange juice, 1 tablespoon lemon juice, 1 tablespoon gelatine soaked for 5 minutes in 1-4 cup cold water, 2 egg-whites. Boil the sugar and water together for 3 minutes, then add the soaked gelatine, and stir until dissolved. Add the orange and lemon juices, stir well, and allow to chill. When beginning to congeal, whip up, then fold in the stiffly beaten eggwhites. Pile into sherbets, and chill. Garnish with orange segments.

BUTTER CAKES

One cake yeast, 1 cup milk scalded and cooled, 2 tablespoons sugar (leave this out if you wish), 2 tablespoons melted butter, 1 cup lukewarm milk, 2 1-2 cups sifted bread flour, 2 eggs, 1 teaspoon salt. Dissolve the yeast and sugar in lukewarm milk. Add the shortening, then the flour gradually, the eggs well beaten and salt. Beat until batter is smooth. Cover and let stand in warm place one hour, free from draughts, to rise. When light roll out to one inch thickness and let rise for 1-2 hours, then fry on hot griddle with exteremely little or not fat if griddle is well kept. Serve immediately. If these are allowed to get cold they may be split and toasted for the next meal.

BEAUTIFUL DOILY IN PINE-APPLE DESIGN

DESIGN NO. 1086

Crocheted doilies crocheted in a pineapple design are quick and easy pastime work. One doily may be made in a couple of hours. Pattern No. 1086 contains complete instructions.

To order pattern: Write, or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau Charlottetown Guardian.

Charlottetown Guardian
Needlework Department.

Design No. 1086

NAME - - - - - - - - - - -

STREET ADDRESS - - - - - -

CITY - - - - - - - - - - -

RATION NEWS

Tea/Coffee and Sugar Coupons:	Nos. 9 & 10 Nos. 11 & 12	Valid June 24th Valid July 22nd	Remain valid until declared invalid.	
Butter Coupons:	Nos. 14 & 15 Nos. 16 & 17 Nos. 18 & 19	Valid June 10th Valid June 24th Valid July 8th		Expire June 30th Expire July 31st Expire July 31st
Meat (Spare "A") Coupons:	Pair No. 1 Pair No. 2 Pair No. 3 Pair No. 4 Pair No. 5 Pair No. 6	Valid May 27th Valid June 3rd Valid June 10th Valid June 17th Valid June 24th Valid July 1st		Expire June 30th Expire June 30th Expire June 30th Expire July 31st Expire July 31st Expire July 31st
Canning Sugar Coupons:	The 2 canning sugar Coupons marked "June" are valid until September 30th, 1943.			

Meat and butter Coupons becoming valid before the 15th of a month, expire at the end of that month. Meat and butter Coupons becoming valid on or after the 15th of a month, expire at the end of the following month.

Summer Travelling

Persons travelling away from home and residing in a hotel, boarding house, or summer camp for one week or more are required by law to surrender their ration books to the proprietor or management of the establishment so that the following Coupons may be detached:

2 valid meat Coupons and
1 valid butter Coupon for each week of residence;
1 valid sugar Coupon and
1 valid tea/coffee Coupon for each two weeks of residence.

Address on Ration Books

For your own protection, keep the address on your ration book up to date. In the event of loss, this will enable its prompt return. You will also avoid the inconvenience of being without a ration book or the necessary delay when making a Statutory Declaration for a new book.

Dairy Butter Producers

Dairy butter producers are required to register and make a monthly declaration of their sales and consumption to their Local Ration Board.

Coupons must be collected and turned in for all sales. If the producer's household consumes butter at the ration rate or in excess of it, all butter Coupons valid for the month must be surrendered from the ration books of the household. If the consumption is lower than the ration rate, only the appropriate number of valid butter Coupons need be surrendered. A combined declaration and return Coupon envelope (RB-61) can be secured from any Local Ration Board.

RATION ADMINISTRATION

THE WARTIME PRICES AND TRADE BOARD

Ration News — Week of June 21st, 1943. 12

Home Service

Care for Your Garden and I Will Be Lovely

WEEDING IMPORTANT

Careful weeding of your garden is one important item in its care and success. Never let the prolific plants get the better of your flowers because they crowd and kill the more delicate plants.

This year, of course, most people are concentrating on victory vegetable gardens and they are absolutely right, for the government is asking the home owner to grow his own vegetables to help the war effort. But the wisest gardeners are keeping a spot of their land for the flowers—the lovely blooms which are so bright and cheerful.

As well as a vegetable garden everyone should also grow flowers, if at all possible.

Our 32-page booklet by a prominent horticulturist tells you how to manage with mangy lawns, and how to care for vines and shrubs, as well as giving important pointers on bulb plants, perennials, annuals and roses.

Insects and diseases are also dealt with in the informative booklet.

A beautiful rose can do much for morale!

Send 15c in coins for your copy of "How to Plant And Care For Your Garden" to the Charlottetown Guardian Home Service, Address. Be sure to write plainly your name, address, and name of booklet.

Name

Street Address

City Province

Needlecraft

For The Home

A TRIM SHIRTWAIST STYLE

With Charm All Its Own

Maybe the shirtwaist dress is always first choice with you, as it is with so many women. But whether or no, heres one shirtwaist dress you really can't afford to overlook. It has that something special in cut and line that makes it so very becoming. Its a style, too that's ideal for the informal life we lead in war time, and ideal for the cottons we all prefer.

Style No. 3578 is designed for sizes 14 to 20, 36 to 50. Size 36 requires 3 5-8 yds. 35 in fabric with 2 1-2 yds. ric rac.

FASHION FORMULA

"Mix and Match" is the formula for this answer to fashion trends. Mix the colors that turn a handful of clothes into a rounded, day in and day out wartime trousseau.

Mix—using the desert colors for your palette. Intermingle sage green with adobe brown — desert paintbrush red with horizon blue —sandy beige with the red or green. Match the fabric. Start with a basic suit. Vary with a pair of slacks. Wear the blouse with long shorts or with little girl jumper.

Send twenty cents for pattern. Write your name, Address and style number. Be sure to state size you wish.

Name

Street Address

City Province

Seventy railway engines were imported into North Africa from the United States and others from Great Britain. Movements along the roads are demonstrated by the 20,000 vehicles which passed one checkpost alone during the campaign.

Supplies for French civilians in North Africa and for re-arming the French army there have totalled 250,000 tons.

A DELIGHTFUL DESSERT MAKES THE MENU PERFECT

Canada's Housoldiers know that custards and blancmanges, quickly and easily made with pure, high quality Canada Corn Starch, are a delight with any luncheon or dinner menu.

At this time when Canadians are urged to "Eat Right to Fee Right", these delicious desserts will prove a welcome addition to the nutrition foods featured by the National Food for Fitness Campaign. Follow Canada's Food Rules for Health and Fitness.

CANADA CORN STARCH

A product of the CANADA STARCH COMPANY, Limited

The Taste of Safety

DRINK a glass of Carnation Milk, chilled and mixed with an equal amount of cold water. Notice the rich and different taste. Homogenization enables you to taste the cream more. Sterilization flavor-changes the natural milk sugar. It's the *taste of safety.*

Carnation is good whole milk, evaporated. It contains all the food values of whole milk—and *extra* "sunshine" vitamin D through irradiation. Write for free Cook Book. Carnation Co. Limited, Toronto, Ontario.

IRRADIATED
Carnation Milk
A CANADIAN PRODUCT - *"from Contented Cows"*

New *under-arm* Cream Deodorant *safely* Stops Perspiration

1. Does not rot dresses or men's shirts. Does not irritate skin.
2. No waiting to dry. Can be used right after shaving.
3. Instantly stops perspiration for 1 to 3 days. Prevents odor.
4. A pure, white, greaseless, stainless vanishing cream.
5. Awarded Approval Seal of American Institute of Laundering for being harmless to fabric.

Arrid is the largest selling deodorant

Guaranteed by Good Housekeeping

39¢ a jar
Also in 15¢ and 59¢ jars

ARRID