

Woman's Realm Social and Personal Fashions Literature

Living & Leisure THE WOMAN'S REALM

When high hopes topple from unfriendly skies... And Lady Luck turns down another street...

Revised fashion interest in dazling sequined gowns prompts one eminent jewelry designer to caution against creating a Christmas tree effect by wearing jeweled dress clips at the same time...

COOK WITH BOTH HANDS

Learn to use both hands interchangeably when you cook. You save much time.

TO KEEP SQUASH SOFT

Save halves of winter squash in the shell upside down in a pan containing a little water, and it will not be hard and dry.

To prevent staining aluminum pots and pans clean immediately after each time they are used. Wash in hot soapy water, rinse and dry them. Never leave them to soak...

TOWEL SUPPLY IS IMPORTANT

Before you shop at mid-winter "white" sales, know your stuff. A good towel supply is important to insure a balanced plan for linen closets.

A well-balanced linen closet will boast about six bath towels, six face towels and six washcloths for each person in the household.

Save good towels for regular use as ironing pads or for wrapping up wet laundry. Towels may be stained by the dye in sweaters or socks. In addition, it's wise to have a few inexpensive but rugged towels for rough washing-up after hard work out of doors or around machinery.

Gassy Dyspepsia Quickly Corrected

One simple means of relief is to regulate the system with DR. HAMILTON'S PILLS; they act quickly upon the stomach, bowels and liver; they assist in toning the system, and thereby help the sufferer to more robust health.

DR. HAMILTON'S PILLS ARE GOOD FOR INDIGESTION

Modern Etiquette

Q. Who are the first to leave the church when the wedding ceremony is over and the bride party has departed up the aisle?

A. The ushers escort to the door all the women who are in the first pew, the bride's mother, the bridegroom's mother, then the other women in the first pew on either side of the aisle.

Q. When a man is accompanying a woman on the street, should he take her arm when crossing the street?

A. Yes.

Q. Isn't it poor manners for one to sip coffee or tea while food is in the mouth?

A. Yes; it is much better to wait until the mouth is clear of food.

ARE YOU DISCOURAGED because you suffer distress from 'periodic' FEMALE COMPLAINTS

which makes you NERVOUS HIGH-STRUNG on such days?

Are you troubled by distress of female functional monthly disturbances which makes you suffer, feel so nervous, cranky, restless, weak—at such times? Then do try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms.

In a recent test it proved helpful to women troubled this way. Why don't you get smart and try it yourself?

For over 70 years thousands of girls and women have reported benefit. Just see if you, too, don't report excellent results. Worth trying!

NOTE: Or you may prefer LYDIA E. PINKHAM'S TABLETS with added iron.

Lydia E. Pinkham's VEGETABLE COMPOUND

For example, can be put on the bottom of the pile and fresh towels pulled from the top to insure even wear. To prolong the life of terry towels, launder them before they become so soiled that hard rubbing is necessary to remove grime.

If terry towels are snagged, never pull the thread out. Clip it, neatly at the surface of the nap. Salvage ravel or breaks should be stitched up immediately to prevent ruminous tears.

BEING FRIEND WITH SON'S WIFE

"The funny thing," concludes a young wife after a long discussion of her mother-in-law problem, "is that if she weren't my mother-in-law, I think we could be good friends."

There are probably a lot of mothers and daughters-in-law who don't get along together and really enjoy each other's company. If they started off on the basis of friendship, instead of trying to be a mother and daughter.

If she regarded her daughter-in-law as a young friend, the mother-in-law wouldn't make the mistake of offering unasked-for advice and criticism, says a shrewd woman commentator.

If she looked on her mother-in-law as an older woman whose friendship she valued, rather than as "my mother-in-law," the young wife wouldn't be so likely to use her as an unpaid baby sitter.

If a mother-in-law and daughter-in-law start off on the basis of friendship, and never drop small courtesies or stop making allowances for each other, there wouldn't be nearly as much in-law trouble.

Few women ever find they have a daughter in the girl their son marries. And few girls are fortunate enough to find that a mother-in-law can be a mother to them.

So, all too often, when they try for that relationship, they end up disillusioned and not even liking each other as persons.

The Stars Say—

By Genevieve Kemble

For Tuesday, January 20

THE sidereal operations combine for an energetic and vigorous effort on launching ambitious projects, with propositions and proposals of concrete promise of success for realistic and workable ideas.

Take time for calm consideration of mental and workable ideas. Real progress is in sight for practical plans.

A child born on this day will be energetic, constructive, skillful and forceful, but also may be inclined to confused ideas, indecision, lack of continuity.

Morning Smile

GLIMPSE OF HUBBY

Mr. Potter, dining at the golf club was amazed to see his wife in cap and apron approaching the table to take his order.

"What are you doing here," he asked.

"Well," she replied, "It's so nice to see you sometimes."

Ellen's Diary

By an Island Farmer's Wife

Jamie, elder grandson of ours has arrived to stay with us overnight. Indeed his visit is apt to be prolonged for after the supper things had been cleared away and we had been enjoying a spell of reading, out of a clear sky he said: "I wish that I had come yesterday?" "Yesterday?" I repeated recalling the quiet of it with neither outgoing or incoming because of the furries of snow. Jamie nodded. "If I had come yesterday," he replied "I could have stayed a week." Weeks which Jamie can measure most satisfactorily are those which lie between a Sabbath! He came with our farmers, when they returned from the first of what will likely be a succession of busy afternoons at "the wood."

This takes in not only the cutting of fire-wood but also as they said "a few sticks of lumber" to have on hand for such works of repair or building they may have in mind for the warmer seasons to come. By sleigh the trip was made today since for the present the scene of the work is at the other farm, beyond Rob's. Not in the green-tiered woodlands there, but alas! in cutting down a line of lofty spruces by the road-side.

"Not those!" I mourned to Jamie, when this morning he mentioned the task in prospect. "Work," he said "after all, Ellen, they're old and ragged and besides there's too much wanted land beside them." In his ytn for tidiness about the farms, Jamie will spare no tree.

This hedge which runs along the road of ours, though not for any long distance, but bordering a field at the other farm was spared for perhaps planted there by worthy joiners, asleep now many a year, resting after the work of their day which must have been done not without great labor and well, I think now of their mode of life, which would be exacting in many ways but good. Meals would be cooked in the old fire-place; water would be fetched from the spring and candle-light would supplement that from the glowing fire in lighting their evenings. "I wonder if someone planted it!" I remarked to Jamie but the answer he hid from me in the past with many another fascinating item, I should like to have known of those olden days.

All that I may know, is that in the bygone years eternal Spring I set the branches of the towering old spruces with birdsong; Summer set balmy winds to whispering there; Autumn brought roguish ones a-sighing and Winter put wild gusty breezes there. "We had a great fire" Jamie said giving me news of the clearing-up which always attends such labors. "We made it right on the road—it goes now in the field there, and granddaddy said 'you fellows better get all that cleared away before I learn comes along for the snow's fairly deep further out' and there wasn't one team came along while it was burning!" "And did you get them all out?" I asked him. "All cut," he replied in a superior manner when we hardly got started at it before we had to come home!

Axes for the wood-cutting were sharpened by motor power today, when the small new engine was hitched to the grind-stone. James snook his head, at the idea of it. "Not," he said "it's work. It's only a waste of time bothering with it" and came in later with a satisfied expression to ask the whereabouts of "the old whetstone" but only to put nice finishing touches to the already keen blades. This respected old sharpening device is as much a part of the place as James or myself and I suspect definitely more of a fixture than either. I regarded the sharpened axes with a sentiment amounting to envy.

In the morning they had been dull-edged and extremely trying to the user. I had first hand knowledge of this, gained when a number of chickens lost heads at a snowy chopping block in the yard. James was too busy at the time to assist. He was stable-cleaning at the time. But he called: "Ellen, mind now that you hold his head flat on the block—first, take sight of the place where you want the axe to fall." James must have forgotten for the moment that according to popular belief it would have been "contrary to nature to have it fall accurately on any picked spot! These were the birds from the last hatching, the we wild things that on once, tain feet had toddled a-stern their mother, appearing unexpectedly in the yard one cool morning in Autumn. And James observed: "Those won't ever amount to much!" And I believing in miracles offered: "You never can tell!" And Jamie viewing them tonight said: "Whew! not a bad size are they?" ... Jamie now? Jamie I a-bed.

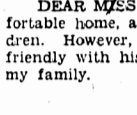
Until tomorrow — Diary—Good night.

Dorothy Dix Says—

In-Law Trouble

Wife's First Consideration Is Husband, Children

DEAR MISS DIX: I have been married five years. I have a comfortable home, a husband who is a good provider and two small children. However, I am very unhappy as my husband insists that I be friendly with his family, but he refuses to have anything to do with my family.



I have made up my mind to leave him on this account, take my children and go back and live with my mother. Don't you think I would be justified in doing this?

MISERABLE

ANSWER: Because your husband doesn't like your family and will have nothing to do with them doesn't free you from your marriage vows and give you a right to divorce him and take away from him the children he loves. Nor does it give you the right of doing your children the deadly wrong of depriving them of the love, care and protection of a father whose only fault seems to be that he doesn't admire your people.

TABLES MAY TURN

If you leave your husband for no better reason than that he doesn't hit it off with your family, you will regret it bitterly. While your people resent your husband's treatment of them and lead you to believe that they will welcome you home with open arms, if you accept their invitation, it will be another story. It won't be long before they will let you know that they consider you and the children a burden. I have seen it happen hundreds of times.

Of course, it is a pity that your husband doesn't try to like your people, because it would make it pleasant all around, but if he won't, perhaps he has a good reason for not doing so. After all, it isn't a vital matter.

My advice to you is to pack your duds and go live somewhere as far away as possible from his family as well as your own family. Cleave to your husband and children. They are your first consideration.

DEAR DOROTHY DIX: I have been married for several years and I have reason to believe that my husband is unfaithful to me. Do you think that I should let him know that I suspect him? Do you think that a woman can overcome jealousy?

ANSWER: The most valuable quality that a wife can cultivate is convenient blindness. For a wife's happiness depends upon her faith in her husband and the more she shuts her eyes to his faults and the more implicitly she believes in him, the better off she is.

As for telling your husband of your suspicions, that is folly. The jealous woman often precipitates upon herself the thing she dreads, for by continually accusing her husband of philandering, she makes him believe that he is irresistible to the ladies.

Certainly a woman can control her jealousy. Just recognize it as a symptom of an inferiority complex and that the reason you are jealous is because you think yourself less attractive than other women. Just keep saying to yourself that your husband picked you out in the first place for a wife because he preferred you, that you are just as good-looking and charming as any other woman and that you can hold your own with the best of them.

DEAR MISS DIX: Do you think I will make a mistake in marrying a man I never have seen? I got his address from a correspondent. If it what he writes is true, I know I could love him. He wants me to meet him in a distant city and marry him. What is your advice?

ANSWER: Good gracious, aren't there enough risks in marrying a man you do know without taking any chances on tying up with a perfect stranger whom you never have seen?

Consider you don't know a thing about this man's life, what sort of family he comes from nor whether he can make a living for you or not. He may have another wife, for all you know. He may be diseased. He may have a repulsive personality. There may be a million things to make him undesirable as a husband. Don't be fool enough to buy a pig in a poke.

Better English

D. C. Williams

- 1. What is wrong with this sentence: "Can I see your book for a minute?" 2. What is the correct pronunciation of "machination?" 3. Which one of these words is misspelled? Condenser, condescension, concurrence. 4. What does the word "indelicacy" mean? 5. What is a word beginning with os that means "unduly conspicuous?"

ANSWERS

- 1. Say, "May I" when asking permission. 2. Pronounce mak-i-nashun, first a as in at, i as in it, second a as in day, principal accent on third syllable. 3. Condescension. 4. That which is offensive to modesty or refined taste; coarseness. "Your papers would be chargeable with worse than indelicacy; they would be immoral."—Addison. 5. Ostentatious.

Dunstaffnage School Scholars



Back Row, left to right: Leah O'Hanley (Tea cher), Irving Vessey, Lawrence Cudmore, Wilfred Stewart, Erwin Court, Jean Robertson, Shirley Vessey, Ethel Robertson, Lillian Thompson, Joyce Vessey, Opal Clow, Florence Anderson, Keith Foster, Albert Foster, Lorne Vessey, Bobby Vessey. Front Row, left to right: Almon Foster, Rob erta Strang, Beverley Beck, Muriel Dennis, Georgina Thompson, Jerry MacCallum, John Dover, Kenneth Thompson, Leith Dover, Deborah Connelly, Irene Dennis, Gloria Jenkins, Ethel Foster, Wilma Vessey, Beverley Vessey, Guy Thompson, Robert Connelly, Howard Court, Barry Moore, Glenny Court.

BEAU

By Mrs. Harry Fugh Smith

"Who is the old dude who's telling the world?" demanded Beau Bell as he and Scotty drove in through the tall iron gates of the Scott estate that afternoon.

Scotty sniggered. "That's what I'm expected to live up to."

"No wonder you've flown the coop a couple of times," said Beau. "And how?" cried Scotty.

Beau was staring at the sunken rose garden to the left of the house. A fountain played musically although it was November, the water was issuing in a silver spray from beneath a bronze bust of Berkshire Scott mounted on a marble shaft.

"The old bird left his footprints on the sands of time all right," he muttered.

Scotty chuckled. "Wait till Mother gets started. She'll convince you he is the ninth and tenth wonder of the modern world."

Beau squirmed in his seat. "Does your sister go in for all this ancestor worship?" he inquired, sounding less offhand than he intended.

Like most brothers, it was difficult for Scotty to suspect anybody of a sentimental interest in his sister, least of all Beau Bell.

"Certainly Carolyn's bit of a snob," said her brother carelessly. "She couldn't help it, the way she's been brought up. She's read in books about all men being created equal, but she just doesn't know that applies to the descendants of Berkshire Scott."

Carolyn who came to meet them as Scotty halted his coupe with a flourish under the porte-cochere was the prey of conflicting emotions. Her first glance at Beau Bell filled her with rebellion. He looked not like her or anything about her, which she resented intensely.

At the same time seeing him again made her heart pound in the most alarming manner. She was both thrilled to see him and heartily sorry.

"How do you do?" she murmured stiffly.

"Hello," said Beau Bell. He did not extend his hand. He hardly looked at her. It was difficult for Carolyn to believe that just a week ago he had caught her into his arms with every evidence of finding her extremely desirable.

It infuriated her that she could not reciprocate with a similar indifference. She could not, however; she could merely pretend to.

"Show Mr. Bell to his room, Scotty," she said in a bored voice. "He'd probably like to freshen up before tea."

Beau Bell laughed. "You'd better send me up a book of etiquette first," he said. "Afternoon tea is something we haven't started serving yet at the old filling station."

Carolyn elevated her pretty nose. "I suspect you'll manage," she said coldly. "Self-assertion is your strong point, isn't it?"

"I've bluffed my way out of a lot of pinches if that's what you mean," he admitted.

"Come on," exclaimed Scotty impatiently. "Caro will monopolize you if she can. She's like that, always trying to grab the spotlight."

"Oh, you!" retorted Carolyn. "As if anybody had a chance with you around!"

She gave Scotty a little punch in the ribs and he retaliated by rumpiling her smooth brown hair.

"Scotty!" she wailed. "And I just had a wave!"

"Won't hurt you to be mussed up a little," said Scotty with a grin. "You're too darned pretty for your own good."

Carolyn glanced swiftly at Beau Bell. She wondered what a catch in her heart if he thought she was pretty. But Beau was staring quizzically at a portrait of Berkshire Scott which adorned the wall in the large entrance hall.

"Chesty old guy," he murmured. "Guess he had to be to wear all those medals. Looks like one of the wading firemen."

Scotty roared with laughter. "For heaven's sake, don't let the mater hear you or she'll swoon all over the place," he gurgled.

Carolyn had stiffened. "My grandfather was an outstanding man. Naturally we are proud of him. Though probably you can't understand."

Beau grinned at her. "Even I had a couple of grandfathers," he said. "One of them is still living. He's always bragging about how they once gave him twenty-four hours to get out of Texas and he's got twenty-three of them coming to him yet. It was a little matter of branding somebody else's steers."

"Really?" murmured Carolyn, deciding that she hated him. "How unusual!"

"Not in Texas in those days," murmured Beau, a wicked twinkle in his black eyes as he followed Scotty up the graceful winding stair.

CHAPTER IV

Waiting for her brother and his guest to come down to tea, Carolyn was positive that it had been a mistake of the first order for Beau Bell to visit in her home. She wished she had not come, she passionately wished she had never seen him.

"He is a common rounneck," she told herself, looking exactly like her mother. "We have abolished nothing in common. We never could have."

She felt sure that Beau would be as out of place in the living room as she would be in the kitchen.

That Body Of Yours

By James W. Barton, M. D.

VARICOSE VEINS

Varicose veins may occur anywhere in the body although we may think of them as only in the legs. Thus in the rectum—lowest end of the large bowel—we speak of varicose veins there as hemorrhoids or piles. In the scrotum the condition is called varicocele.

During World War I, the injection method of destroying varicose veins was not in good repute so that in severe cases, where a recruit was anxious to go overseas, an operation was performed which kept the soldier off his feet for three weeks and on light duty for six or eight weeks before he was allowed to do route marching.

Fortunately, the injection method showed its worth before World War II, and many were able to do route marching a short time afterwards.

The first thing we learn about varicose veins is that they are an enlarged and tortuous in appearance because they have lost the elastic tissue in their walls and do not contract and become smaller when blood is not coursing through them. Fortunately, there are two sets of veins. When the superficial or upper set gets varicosed, then the lower set of veins underneath does the work—unless, of course, as sometimes happens, the veins underneath also are varicosed.

What causes varicose veins? Some individuals inherit "poor" veins, but in the majority of cases varicose veins are caused by pressure of weight. They occur about three times as often in women as in men. Excess weight or pressure pushes blood back through their valves, causing the "lumpy" appearance of varicose veins. Standing too long, without using the muscles of the legs to keep blood moving, is a common cause of varicose veins; thus often seen in policemen, salesmen and saleswomen.

Most cases of varicose veins require no attention. But where there is aching of the legs or varicose ulcers, injections in the veins, after first tying off the large vein in the groin, now is commonly practiced. Generally speaking, however, surgeons report that an operation results in fewer people having a return of their varicose veins than where the injection method is used.

room of the Scott mansion as a live trout in a goldfish bowl, nor was she mistaken. It was a lovely room, exquisitely fitted out with Louis Seize chairs and sofas, each equipped with faded trestle seats and spinning gold legs. Carolyn had never realized that there was not a substantial piece of furniture in the place until she saw Beau Bell gingerly settle his big muscular frame upon the edge of a frail divan beside the tea table.

Q. How can I clean old stains from a damp cloth. Or, if the coin is placed in a raw white potato and allowed to remain for about 12 hours, the original luster will be restored.

Q. How can I remove ancient stains from white fabric?

A. Paint the stains with tincture of iodine, then soak in a strong solution of borax for 30 minutes, and follow by washing thoroughly.

Q. How can I remove obstinate cigarette stains from the floor?

A. Use well-soaped pumice stones and hot water. The lighter stains can be removed with plain lemon juice.

LADIES! READ THIS:

Unwanted hair removed instantly from face, arms, legs with Flash Hair Remover. Actually destroys the entire hair above and below the skin surface. Harmless—leaves skin soft and smooth. You can't lose. Generally refunded if hair grows back after third application with no questions asked. Price \$2.00 postpaid. (C. O. D.'s—Postage extra.)

KAPEX PRODUCTS (Dept. 55) Box 22, Station B, Montreal, Que.

Household Scrapbook

By Roberta Lee

Stuck Paper

If paper sticks to your table top or other varnished surface, treat it in this way: Put a few drops of oil on the paper. Then rub gently with a rag. The paper will come off and most likely leave little evidence of having been there.

Fruits and Vegetables

To take the frost out of fruits and vegetables, put them in cold water and allow them to remain until their plump, fair appearance indicates that the frost has disappeared.

Chapped Lips

If the lips are chapped and dry, try using a very greasy lip stick. Or, rub a little cold cream on the lips before using the stick.

Cook's Corner

FRENCH DRESSING 3 tablespoons salad oil 1/2 to 1 tablespoon vinegar or lemon juice 1 tablespoon salt Dash of cayenne pepper or paprika

Few drops of onion juice 1/2 teaspoon white sugar. Mix the oil, salt, pepper, sugar and onion juice and slowly add vinegar or lemon juice, stirring constantly.

If French dressing is made before the meal, the addition of a small amount of egg white, beaten with the dressing, will make the emulsion more permanent.

Your Baby and You

by Ruth Parsons



To guard baby's health, everything used in fixing his formula should be kept absolutely germ-free. This may seem quite a task, and it is if you go about it in bits and pieces. The easiest way is to do all sterilizing at one time.

Once a day, after scrubbing with lots of suds and rinsing with lots of water, boil everything together—except nipples—in a big open pan with a cloth in the bottom. Water should cover all utensils while they boil for five minutes. Remove everything with tweezers and set on a clean towel to dry without wiping. Boil nipples separately in salted water, so they won't get soft. Then let out into dry, sterile jar. Cover and store in a dark place until time to use.

When it's time for your baby to have solids added to his menu, you'll find the wholesome nourishment he needs in the 22 appetizing varieties of Heinz Baby Foods. Because they're strained to a smooth, even texture, Heinz Baby Foods are easy to swallow, easy to digest. And Heinz can also help you and baby when your doctor suggests concentrated varieties of Heinz Junior Foods, including a complete Vegetable Beef Dinner, are available for His Majesty's meals. All Heinz Baby Foods and Heinz Junior Foods are carefully selected from the choicest foods... cooked to retain vitamins and minerals in high degree.

HEINZ Baby Foods HEADQUARTERS BABY FOODS

How Can I!!!

By Anne Ashley

Q. How can I clean old stains from a damp cloth. Or, if the coin is placed in a raw white potato and allowed to remain for about 12 hours, the original luster will be restored.

Q. How can I remove ancient stains from white fabric?

A. Paint the stains with tincture of iodine, then soak in a strong solution of borax for 30 minutes, and follow by washing thoroughly.

Q. How can I remove obstinate cigarette stains from the floor?

A. Use well-soaped pumice stones and hot water. The lighter stains can be removed with plain lemon juice.

BEAUTIFUL CHAIR SET



The crocheted pineapple motif lends itself effectively to a chair set. Attractive, inexpensive and easy to make. Pattern No. E-1138 contains complete instructions. Needlework Book 20 cents. To order: Send 20 cents in coin to Needlework Bureau, Charlotte, N. C. Design No. E-1138.

NAME _____ ADDRESS _____ CITY _____