

Woman's Realm :- Social and Personal :- Fashions :- Literature

FOR THE WOMAN READER

In the atmosphere we breathe, As the buds grow red when the snowstorms flee, From spring gathering up beneath, Whose mild winds shake the elder brake, And the wandering herdsmen know That the white-thorn soon will blow; Wisdom, justice, love, and peace, When they struggle to increase, Are to us as soft winds be To shepherd boys, the prophecy Which begins and ends in Thee. —Shelley (Prometheus Unbound).

CARE OF FEATHER PILLOWS

Feather pillows should be shaken and aired daily in order to keep them in perfect condition. It is advisable to cover the ticking with washing covers to avoid having to renew it too often. Pillow slips are then placed over the covers. If new ticking covers are required, rub the inside of the new ticking with yellow soap or beeswax. This prevents the points of the feathers from working through. Of course, the feathers should only be the softest and fluffiest, otherwise the pillow could never become a comfortable one. The easiest way of transferring the feathers to a new cover is to make an opening in the old cover the same size as that in the new one, and sew both openings together. Shake the feathers from the old to the new cover, tuck up the opening in the new cover, then undo the stitches joining the two covers and stitch up the new one. This prevents the feathers from flying about the room.

CHILD'S ACNES MAY BE DUE TO ACUTE RHEUMATISM

Rheumatism fever directly affects the joints, which become swollen, red and extremely painful. The patient is obviously ill and has fever. But the same condition may be present in children in a milder form and the parents know nothing about it. The child may complain that a joint hurts or that he has vague pains in the limbs. Don't push his symptoms and put them down to growing pains. They may be due to acute rheumatism, which, if neglected, will affect the heart, perhaps damaging it beyond repair. A child who has frequent sore throats, recurring attacks of tonsillitis, or complaints of pain in the limbs, should be seen by a doctor without delay.

RUNS RESTAURANT JUST TO GET HIS LUNCH IN IT

There is a man in Ireland who runs a restaurant just to get his own lunch in it. He lives in the country, but is a book-keeper in Belfast. When his case came before the local court for the revision of jurors' lists it was pointed out that he had also a business in the city. "Yes," he told the Deputy Recorder. "I have a restaurant, but I only carry it out to get my lunch in it." He was refused exemption. "It is quite true," he said. "I run a restaurant as a sort of hobby. I used to be in the business before taking up my present job, and I decided to keep on a small place. —There is so much of a rush in downtown restaurants at lunch time that it is hard to get good



When you count your money in advance

Don't forget the dentist. Particularly if you have not been protecting your teeth against pyorrhea

So much for rent, for food, for clothes, for recreation. Perhaps you had better count out something for the dentist, too. Your teeth are in perfect condition, you say. That's fine, if you're sure. Perhaps you had better see your dentist twice a year anyway. Then you will be sure. Do you know that half the adult teeth lost are due to pyorrhea? Do you know that pyorrhea may be undermining your teeth for five or ten years, even longer, and you may not realize it? Do you know that four out of five people past the age of forty are finally forced to realize the presence of pyorrhea when it starts to take their teeth? All facts, nevertheless.

Amazed At Results From First Bottle

Nervous Wreck Until She Began Taking Lydia E. Pinkham's Vegetable Compound



"I was a complete wreck. Nervous, no appetite and could not do half my work. My mother suggested Lydia E. Pinkham's Vegetable Compound and I was amazed at the results from the first bottle. I took eight bottles in all. I am well now and fit to do all my work and look after five children, which keeps me quite busy." MRS. AVILA DUPAS, Box 213, Pilot Mound, Manitoba

A Morning Smile

He Agreed

At a very big store a fussy woman bothered the assistant for about half-an-hour without making a purchase from the many fabrics shown to her. "I really think," she said at last, "that after all I want muslin." "You certainly do," was the assistant's hearty reply.

When Your Cough Hangs On, Mix This at Home

Saves Good Money! No Cooking! If you want the best cough remedy that money can buy, mix it at home. It costs very little, yet it's the most reliable, quick-acting medicine you ever used. The way it takes hold of stubborn coughs, giving immediate relief, is astonishing. Any druggist can supply you with 2 1/2 ounces of Pinex. Pour this into a 16 oz. bottle, and add granulated sugar syrup to make 16 ounces. To make syrup, use 2 cups of sugar and one cup of water, and stir a few moments until dissolved. No cooking needed. It's no trouble at all, and gives you four times as much cough medicine for your money — a real family supply. Keeps perfectly and tastes fine. It is surprising how quickly this loosens the germ-laden phlegm, soothes and heals the inflamed membranes, clears the air passages, and thus ends a severe cough in a hurry. Pinex is a compound of Norway Pine, in concentrated form, the most reliable healing agent for severe coughs. It is guaranteed to give prompt relief or money refunded.



ADELE TURNS GUIDE harem." Jeanne laughed. "Wait until you see her dressed for dinner and the theatre!" She had a sudden thought. "Henry, have you any dress clothes?" He looked down proudly at the blue serge suit. "This is the best Sol Levy had in New York. Real rights, believe me—no Grant's Tomb and the Aquarium! I'm going to show him the innermost wheels of the works that make New York go!" Jeanne was delighted with the arrangement. It would leave her free without an uneasy conscience with regard to poor Henry. "I'll see you at 1.30 then for luncheon," Adele reminded Harrison, giving him her hand. "Don't forget the Claremont! We'll start there and work downtown, ending up tonight with a musical show on Forty-second and a supper at one of the best hotels." "By the way," she added to Jeanne, turning at the open door; "I completely forgot what I came for. I've just engaged a suite at your eminently respectable hotel. Moving down tomorrow. Au revoir!"

CHAPTER 16 BOTHERSOME BILLS When they were ready to leave the hotel on their combined business and shopping expedition, Harrison again looked dubiously at Jeanne's costume. He had insisted upon going downstairs to wait for her in the lobby, while she changed from her tea gown. He seemed to feel somehow that it was indecorous for him to remain in the apartment while she donned her frock, despite the barrier of her closed dressing room door. As she got out of the elevator, adjusting the final button of her white gloves, he looked her over critically. Her fur wrap was open sufficiently to reveal the black velvet gown beneath, and the small under the lash of necessity,

Dorothy Dix's Letter Box

Don't Let Selfish Daughter Rob You, Dorothy Dix Urges Lonely Mother—Shall Man Marry Woman Who Hates His Child?—Interfering In-Laws

Dear Miss Dix—Just what does an old mother owe her married daughter who has married a ner-do-well and has a family of five little children. My daughter comes to me and says: "Mother, if you don't give me \$200 to pay my husband's fines in court, then you need never expect us to take care of you when you get helpless from age." Should I give my daughter everything that I possess and leave myself penniless because she demands my money? LONELY MOTHER.

Answer: No! No! No! A thousand times no! Don't let your daughter rob you to pay a worthless man out of the scrapes he has got into. He deserves to suffer for his wrongdoing, and perhaps his punishment may teach him a much-needed lesson and make him behave himself.

Don't believe your daughter when she tells you that if you will give her all that you have now; she will take care of you in your old age. She will do no such thing. After she has wrung the last cent out of you she will throw you aside with no more compunction than she would an empty purse.

Besides, if she is not able to support herself and her own family now, when she is young and strong, and if she is married to a man who not only won't work, but is "in trouble" out of which he has to be paid, what guarantee can she offer you that she will be able to take care of you in the future? The most terrible form of graft in the world is that which selfish children practice upon their old parents. Compared to it, robbing a blind beggar or taking candy from a baby is almost a chivalrous proceeding, because the child trades upon the mother and father love which makes it almost impossible for parents to say "no" to a son or daughter in distress.

And it is so easy for the children to hoodwink their parents by protestations of affection, by specious promises, by lovely pictures of how they are going to cherish dear mother and father in their declining days, and how the dear old people are always to have the warmest seat by the fire, the softest bed, the sunniest room! So, taken in by this glib line of talk, the credulous old mother and father deeds over the house to Mary or John, or gives to Mary or John all the hard savings of a lifetime.

And then when Mary or John got it all, and the poor old man or woman has become a penniless dependent, what a different story there is! Many a poor old man and woman are kicked out of their own houses. Many a poor old mother and father are turned into servants in the homes of which they are rightfully master and mistress. Many a father and mother are abused and insulted, their opinions derided, made to feel themselves unwanted by the sons and daughters who, having got hold of their money, regard them as nothing but a burden.

So I urge all parents to hold on to their own pocketbooks. Help your children in reason, but keep enough for yourself to assure your independence and to buy your welcome even in your own children's homes. For there are always the in-laws, you know. Between mother-in-law and father-in-law with their own homes and their own bank accounts and between mother-in-law and father-in-law who have to be supported, there is a great gulch fixed. In deciding the money question, parents may well bear this in mind—that if their children really love them and mean to do their duty by them, they will not try to rob them. They will not sacrifice father and mother to themselves. They will want father and mother to keep their own money and be independent.

And against the children who are willing to take father's and mother's last cent, father and mother should protect themselves as they would against any other confidence people who are trying to do them out of their property. DOROTHY DIX.

Dear Dorothy Dix—I am a widower with a very bright and attractive

IT'S POOR ECONOMY TO RISK FAILURES WITH INFERIOR BAKING POWDER. MAGIC NEVER VARIES. THAT'S WHY I RECOMMEND IT FOR ALL RECIPES CALLING FOR BAKING POWDER. SAYS MISS LILLIAN LOUGHTON, Dietitian and Cookery Expert of the Canadian Magazine

MAGIC —costs not quite 1/4 of a cent more per baking than the cheapest inferior baking powder. Why not use this fine-quality baking powder and be sure of satisfactory results? "CONTAINS NO ALUM." This statement on every tin is your guarantee that Magic Baking Powder is free from alum or any harmful ingredient.

little boy of 6. Since his mother's death I have been living with my sister, who has taken care of the child. I am engaged to be married again, but my prospective wife dislikes my boy very much and wants me to let him continue to live with my sister. But sister is moving away soon to a distant State and that would separate me from him entirely. What would be best for me to do—marry this girl or not? Answer: Either give up the girl or give your child to your sister, for if she is jealous of the little boy even before she marries you, she will make a cruel stepmother to him.

Nothing in the world is so pitiful as a poor little helpless child who is in the clutches of a hard and unloving woman who uses her position as his alleged mother to torture him. No imagination can picture the forlornness of a little creature who grows up in a house in which he knows he is not wanted; who never has any tenderness shown him; who never has any soft woman's breast on which to weep out his sorrows; who never has any circling arms about him; who is always misjudged, nagged, scolded, abused. Such children are almost bound to grow up warped and distorted in soul, and with their whole lives embittered by their hard childhood.

Sometimes a man unwittingly gives his children this kind of stepmother. Then he is to be pitied, because he is the victim of a mistake through ignorance. But when a man is warned beforehand that the woman he is thinking of marrying will make this sort of stepmother to his children, then he is worse than Herod, who slew the innocents, if he lets his infatuation for her induce him to go on and marry her. For the babies that Herod slew suffered only a minute, but a mean stepmother subjects her victims to years of torture.

When a man brings a child into the world, he takes upon himself the responsibility for that child's well-being, and you cannot shunt that off on somebody else, Mr. Widower. You haven't a right to marry just to please yourself as a bachelor has. You must think of the kind of stepmother a woman would make before you think of the kind of wife she would make. Nor have you a right to duck a father's responsibility and turn your child over to your sister to rear to please the whim of a jealous woman.

And why do you want to marry a woman with that kind of disposition and that sort of mean, hard little soul, anyway? DOROTHY DIX.

Dear Dorothy Dix—I am a young married man with one child. My wife and I are separated, because our families have made trouble between us. I love my wife and she loves me, and we are both crazy about the baby. But her folks and my folks are always interfering, and now her family are making her get a divorce from me. If they would only let us alone, we would be all right. What is your advice? DAVID.

Go and kidnap your wife and baby and move a thousand miles away from your respective families and tell them that you don't want any visits from either side. DOROTHY DIX.

"You should always have your evening clothes tailored to order, even if you have to buy ready-made for business," she told the helpless Harrison, "but I dare say, you won't be wearing a dinner coat much at home, and we can find something that will do for one evening here. She was a trifle fearful lest she should run across some man acquaintance, though she knew that few of them patronized a shop of "ready-made" rating. However, she walked boldly in, followed by the embarrassed Harrison, told the suave clerk who came forward just what was wanted, and made the selection herself. She knew the clerk was probably putting her down as a Broadway gold digger who had captured this awkward young man, and was trying to bring him up to the sartorial standard that her ready hand in his pocket had already secured for herself. (To Be Continued.)

DAINTINESS WITH CHIC STYLES ILLUSTRATED DRESSMAKING LESSON FURNISHED WITH EVERY PATTERN BY ANNABELLE WORTHINGTON Here's a charming ensemble of hat, scarf, gloves and bag. The jaunty hat of beret type, adds a Chinese peak to its crown. It is taupe broadcloth. You can use a red spike ornament caught in the seam for its trim, if you like. The scarf is matching broadcloth, lined with red velveteen. The taupe gloves feature the red velveteen for their cuffs. And don't you think the novel taupe broadcloth bag attractive? The ring used for its handle is red bone. Pattern No. 640 includes all the articles illustrated. You can make this complete ensemble for a very nominal cost. It's snappy for sports carried out in a plaided, checked or a vivid monotone woolen in red or green. Style No. 640 is designed in sizes small, medium and large. See pattern envelope for material requirements. Price of PATTERN 15 cents in stamps or coin (coin is preferred.) Wrap coin carefully. No. 640. Size Name Street Address City State

AUCTION SALE At Wilmot Valley Wednesday, November 22nd, at 12 p.m. As I am retiring from farming I will sell at public auction all my stock and farming implements. 1 horse 5 years old, 1 mare 6 years old, 1 horse 1 1/2 years old, 1 colt 5 months old, 7 milch cows, 1 bull 1 1/2 years old, 2 heifers, 2 calves, 5 stacks marsh hay, binder (John Deere), hay mower, steel rake, spike harrows, springtooth harrows, gang plow, roller, potato digger, horse hoe, 2 hay forks, seeder and harrow, thresher and cleaners, Farm's Scales, double bob sleigh and box, jaunty sleigh, manure spreader, truck wagon, double set harness, collars, hames and traces, forks, shovels, pig box, cream can, post hole diggers and other articles too numerous to mention. Terms, all sums of \$10.00 and under, cash; over that amount credit until 1st day of November 1934, on approved joint notes. 6% discount for cash. If day is stormy, first fine day following. ROBERT A. STAVERT, HUGH F. MORRISON, Auctioneer.

TENDERS Tenders are called for Renting the Protestant Orphanage Farm of 108 Acres at Mt. Herbert for the season of 1934. Quote on land broken up for crop or not. Lowest or any tender not necessarily accepted. Address reply marked "Tender" to CAPT. T. G. TAYLOR, 86 Cumberland Street, City.

THE COOK'S CORNER

Baby Baltimore Cakes 1/4 cup shortening 1/2 cup sugar 4 egg yolks Grated rind of 1 orange 1/4 cup milk 3/4 cup cake flour 2 teaspoons baking powder Cream the shortening and sugar. Add well beaten egg yolks and grated orange rind. Add sifted dry ingredients with milk alternately. Bake in greased cup cake pans in a moderate oven (350 deg. F.) for 12 minutes. This will make 12 cakes. Cut each cake in 3 slices and put together with the following filling:

Filling 1/2 cup chopped dates 1/4 cup chopped walnut meats 1/4 cup water 1 tablespoon orange juice Cook the dates, nut meats and water together until thick. Flavor with orange juice. Frost the cakes with boiled frosting.

Tutti-Frutti Cup Cakes 1/4 cup shortening 1 cup sugar 2 eggs 2 cups cake flour 2 teaspoons baking powder 1/4 teaspoon salt 1/4 cup milk 1 teaspoon vanilla 1/2 cup orange marmalade 1 cup slightly toasted cocoanuts 1 egg white 1 tablespoon powdered sugar Cream shortening and sugar thoroughly. Add eggs one at a time, beating well after each addition. Add sifted dry ingredients alternately with milk. Then add vanilla. Bake in greased cup cake pans in a moderately hot oven (375 degrees F.) for 20 minutes. When cakes are cool cover top and sides with orange marmalade. Roll each cake in toasted cocoanuts and place on a cool sheet. Top cakes with a meringue made of beaten egg white and powdered sugar. Brown in moderate oven (350 degrees F.) This recipe makes 14 medium-sized individual cakes. Several new specimens of stone flies in western Canada have been collected by Manitoba entomologists.

Children's Colds Checked without "dosing" Rub on VICKS VAPORUB OVER 21 MILLION JARS USED YEARLY

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