Woman's Realm—Social and Personal—Fashions—Literature

Household Scrapbook

By Roberta Lee

Curtains

New curtains should be soaked overnight in salt water before washing. They are usually full of lime and it is difficult to get them clean. They will be much easier to handle after their salt bath and it will not be necessary to use so much soap powder.

Whipped Cream

Cream that has been whipped too much can be brought back to its smooth state by pouring a small amount of cold sweet milk into the cream. Stir very gently until the cream is smoothed out again.

Broken Window

If one is replacing a broken window pane, pass a red-hot poker slowly over the putty, and it will greatly facilitate the removal of the pane.

Modern Etiquette

By Roberta Lee

Q. How close to the dinner table should one sit?

A: Sit close enough, so that you can reach the plate without leaning forward awkwardly, and far enough away so that the elbows will not be cramped.

Q. In what way may a bride-elect show appreciation to a group of girl friends who have given a shower for her?

A. She may give a luncheon, tea, or bridge party for them.

Q. When being introduced to a man, should a hostess extend her hand?

A. Yes, always.

The Stars Say--

By Genevieve Kemble

For Thursday, September 15

THE indications are that an ardent, determined, direct attack, aided and abetted by shrewd, astute and tactful procedures and sagacity may be able to break through some difficult or stagnant situation of compose a determined conflict or opposition to cherished plans and projects. A fruitful state of affairs may be expected from smart initiative, from practical and strenuous attack upon static or obstructed conditions. Firm, resolute and able work, backed by finesse and tact, may move the proverbial mountains. Make agreement from inner values or factors by astute insight into hidden sources or influences.

For the Birthday

Those whose birthday it is, may carve a fertile and fruitful climax from a critical situation or proposition, in which there may be hidden factors or strange undercurrents best manipulated by firm, open and above-board tactics. Perhaps, compromise, tact or friendly yielding in a difficult impasse may bring rich returns, breaking a static or peculiar tie-up, difficult to manage from surface aspects. Finesse rather than force might prove profitable.

A child born on this day while enterprising and aggressive may encounter opposition, crystallized conditions or obstacles best composed or conquered by fact, compromise or hidden forces.

Marshall-MacLean Nuptials

The marriage took place at St. James Church Monday morning of Mrs. Edith Helen MacLean, daughter of Dr. H. H. Shaw and the late Mrs. Shaw, to Mr. Charles Alexander Marshall, son of Mrs. H. R. Marshall, Halifax and the late Mr. Marshall. Rev. Frank Lawson officiated at the ceremony. The church organist, Miss Lillian MacKenzie, played the wedding music and the soloist was Mrs. Gordon Stewart. Standards of gladioli and snapdragon decorated the church.

Mrs. MacLean was given in marriage by her father, and attended by her sister, Mrs. K. H. Franklin as matron of honour. Master John MacLean was ringbearer. The groomsman was Mr. Arthur Peake and the ushers were Mr. Orin Simons and Mr. H. M. Romans.

For her wedding Mrs. MacLean wore a gown of steel blue satin, pink beige hat, and carried a shower bouquet of pink gladioli and sweetpeas. The matron of honour wore a late afternoon gown of irridescent taffeta, blue velvet hat and carried a colonial nosegay of sweetpeas.

Mrs. H. H. Marshall chose a blue crepe gown, wearing with it a cape of Russian sables.

Following the reception at The Charlottetown Hotel, Mr. and Mrs. Marshall left on their honeymoon, Mrs. Marshall wearing a green suit and accessories. Her corsage was of yellow roses.

Out-of-town guests included Mrs. H. H. Marshall, Mr. and Mrs. H. M. Romans, Mr. and Mrs. C. E. W. Boutillier, all of Halifax, Mrs. Walter Williams, Windsor, Miss D. Miller, New Glasgow, Mr. and Mrs. A. F. Reynolds, Sydney, Mrs. E. F. Greene, Southport, Conn., Mr. and Mrs. F. L. Crockett Miss Lyde Roy, Miss Louise Roy and Mr. and Mrs. J. W. Fraser also of Halifax.

Better English

D. C. Williams

1. What is wrong with this sentence? "I am very pleased to see you."

2. What is the correct pronunciation of "jocund"?

3. Which one of these words is misspelled? Onerous, onyx, omnivorous, omission.

4. What does the word "proscenium" mean?

5. What is a word beginning with tra that means "brief, fleeting"?

ANSWERS

1. Say, "I am very much pleased to see you." 2. Pronounce the o as in of, not as in joke. 3. Omnivorous. 4. The stage in front of the curtain; sometimes, the curtain and its framework. 5. Transient.

Morning Smile

Flower vendor to passer-by: "Flower sir?"

"No."

"For your wife sir?"

"Have none."

"For your sweetheart, sir.

"Have none."

"Well, buy one to celebrate your luck, sir."

Irate Guest—"Look here, the rain is simply pouring through the roof of my bedroom."

Summer Hotel Proprietor—"Absolutely according to our prospectus, sir. Running water in every room."

ELLEN'S DIARY

By An Island Farmer's Wife

"This should make me plenty of kisses", granddaughter twinkled up at her grandfather, at the lamp-lit table this evening where they shared a lunch. She had come so near being denied the fare she was enjoying that happiness shone in her eyes. "But James", I had protested before this, "don't give that child pie—and she about to go to bed!" And James smiled his especial smile, and patting her head said: "One little piece won't hurt you, will it? Besides," he chuckled, "apple pie never killed anyone yet! And - - - white or brown sugar?" "Brown," she nodded, "and put it here and here and all over it, please!" "And now a spot of cream—that's to bring out the flavor of the apples," he explained, "to my mind apple pie's not one bit of good, without sugar and cream on it." "A lot?" she queried. "Oh well, not a lot, but a fair supply," he smiled. And so they topped a last meal of the day, before he attended her through the moonlight to the house across the lane. Tonight it filters through the branches of the old white birch to pattern in pretty design the path which leads thither, and it casts mysterious shadows about the yards, that lie peaceful and serene beneath its mellow charm.

• • •

Hand in hand the two went, and from the house across the lane James reckoned since "you never can tell when there'll be a break in the weather" he would go then to a field up the rise "to stick up a few stooks there" of the sheaves which had been left to lie when the binder and stookers had moved on to distant acres. He will likely be joined presently by the younger farmer, once the small engine in the well-house has ceased its pumping and the hogs have been watered and fed and made comfortable for the hours ahead.

• • •

The out-of-door pens, adjoining the sleeping quarters in the piggeries, have lightened the labor of caring for the fattening hogs considerably. This Summer there has been little cleaning of sties, though once their marketing is completed, there will be an extensive cleaning to the field before the new litters are put in to replace present occupants. To date only one of these has arrived. It came of all times, one evening when the younger farmer had gone to the hospital to visit his family and James was about to make ready to come to fulfill a social engagement. At Alderlea there is no gainsaying the importance of these farm events. These take precedence over all, because as James points out: "What's the use of keeping stock if you don't take care of them? Better not to have them at all!" Our outing was, of course, delayed until relief came for James, and we recall that amidst the "revelry" of the evening, James found an opportunity to whisper: "Have you forgotten, Ellen, that it's home we should be? Neglecting things there—that's what we're doing! Come, let's be away!"

• • •

This morning dawned fair as had been forecast, and was presently balmy, with a soft breeze to wander in the grain-fields—to return recollections to James' mind of bye-gone harvests and "auld" days. We go back with him these times to remember "when that was all new-land" or when the now sizable piece at the end of the stump-road was but "a clearing in the bush."

• • •

Here is was that the reaping came today, and making a record cut to put to shame that of preceding days, they brought that phase of their harvesting to a close. To bring this about a neighbor moved in with his tractor and binder, to have last sheaves bound, before the afterglow faded. - - - September skies were never more lovely than those which attended the last of our reaping, nor the hours set better with sunlight. "I don't know how many hours should make up a farmer's day," James comes in now to hang up cap and jacket" but I would say that we've gone into over-time!" But there is satisfaction in his tone and a content which tells one that at this day's end, all is well with his world.

• • •

Until tomorrow - - - Diary - - - Good-night. - - -

DOROTHY DIX SAYS—

Repentant Husband

Neglected Wife Appreciated After Death

DEAR MISS DIX: A short time ago I lost a wonderful wife. She died at the birth of a baby girl, leaving me with her and a 3-year-old son. Before the baby arrived I neglected my wife shamefully—left her alone night after night. She tried to make things as pleasant as possible for me the few times I did stay at home. Now that she is gone I have only a housekeeper to take care of us. I can see only too plainly the difference in my home and children. My wife always had things neat and clean and hot and tempting meals for me; whereas my housekeeper is sloppy and slovenly and a miserable cook and the babies are not getting the care they need and my little boy cries daily for his mother. I am quite sure that my wife grieved herself to death over my neglect. I would give anything on earth to be able to live the last four years of my life over. Why do we not appreciate things until it is too late?

A REPENTANT HUSBAND

ANSWER: Because we are stupid and selfish and take our blessings for granted and think they are not half what we deserve. Gratitude and appreciation are the rarest of all the virtues, and that is why many a woman lets her husband work himself to death to support her in idleness and luxury without so much as giving him a casual "thank you." That is why many a husband lets his wife make herself a doormat for him to trample on without even perceiving that she is doing it.

The woman sees nothing fine and heroic and chivalrous in her husband toiling like a galley slave to give her a fine house and a car and good clothes. Nothing noble and self-abnegating in his giving her the vacations and travel and going to winter and summer resorts that he never takes himself. On the contrary, she more often is complaining and discontented because she cannot live as some richer woman does.

A man sees nothing beautiful and unselfish in his wife spending her days cooking and cleaning and scrubbing to make him comfortable. Nothing to be grateful for in her going shabby that he may have the good clothes to cut a figure in the world. Nothing wonderful in her being willing to stay in with fretful babies while he steps out at night. On the contrary, he probably complains of his food and knocks her for not pinching the pennies harder and thinks that a woman's place is in the home and she should never want any amusement outside of it.

Then death comes and the woman gets some realization of what the love has been that has kept her safe and warm through the years, some vision of how often a tired man must have driven himself on to give her another gewgaw. And the man sees for the first time the devotion that offered itself up on the altar of his comfort and, in his own loneliness in his empty house, he visions the many dreary evenings he left her to spend alone.

The tears that many a widow and widower weep over a coffin are wrung from their tortured consciences as well as their bereaved hearts, and are bitter with self-reproach.

It is notable that second husbands and second wives are almost invariably treated better than first ones are, and into this consideration and understanding and appreciation goes a lot of atonement to those who are beyond the reach of repentance.

DOROTHY DIX

DEAR MISS DIX: How is the best way to start a conversation with a boy and hold his attention?

RUBY AND JEANETTE

ANSWER: Ask him questions about the things he is interested in, if you know what they are. If he is a stranger you have never met before, dial around the topics until you find some theme song to which he responds. Politics, what's in the news, new books, the last movie, a popular play, sports, automobiles, travel, all are likely subjects. If he answers briefly, try another on him.

Most boys have a very limited range of interest. Themselves, whatever sport they like best, their work and their dates are about the only things they can talk about, but once you get them started on their favorite topic of what "I said" and "he said" and what "I did and didn't do," they are garrulous.

But never talk to a boy about yourself. That bores him stiff.

DOROTHY DIX

DEAR MISS DIX: Ten years ago my husband deserted me for another woman. He left me with two children and I have had a hard struggle to rear them. Now he wants to come back to us, as he is tired of this woman, but inasmuch as I have raised my two boys this far in life I think I will just go along as I have been. Am I right?

BROKEN-HEARTED

ANSWER: I think you are wise to let well enough alone. Your husband has no sense of duty or honor or he would not have left you and the boys in the first place. I have never been able to see why a woman should take a broken-down, worn-out old roue after he tires of sowing his wild oats and wants somebody to nurse him and take care of him in his old age. Such a man as your husband is would certainly be no good influence over your boys.

DOROTHY DIX

DOROTHY DIX cannot reply personally to readers, but will answer problems of general interest through her column.

How Can I !!!

By Anne Ashley

Q. How can I keep garments from blowing off the line when airing them?

A. When airing garments, use two coat hangers instead of one. Hang them so the hooks at the top are opposite, that is, one opening to the right and the other left, and hook both on the clothesline.

Q. How can I improve the appearance of shoes?

A. Rub the leather of the shoes with the inside of a freshly-cut orange peel, then polish with a soft cloth, and see how it improves the appearance.

Q. How can I freshen stale bread?

A. By wrapping it in a piece of clean white paper that has been soaked in water, and then placing in the oven for a few minutes.

Cook's Corner

BANANA LAYER CAKE

2¼ cups sifted cake flour; 2½ teaspoons baking powder; ½ teaspoon baking soda; ½ teaspoon salt; ½ cup shortening; 1 cup sugar; 2 eggs; 1 teaspoon vanilla; 1 cup mashed ripe bananas; ¼ cup sour milk or buttermilk.

Sift flour, baking powder, soda and sift together. Cream shortening with sugar until fluffy. Add eggs, one at a time, beating thoroughly after each is added. Stir in vanilla. Combine bananas and milk mixture alternately in small amounts, beating thoroughly after each addition. Pour into greased pans and bake in moderate oven 375 degs. F. 25 to 30 minutes. Omit icing. To serve put layers together with whipped cream and sliced bananas. Spread whipped cream over top of cake and garnish with sliced bananas.

Needlecraft FOR THE HOME

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That Body Of Yours

By James W. Barton, M. D.

DECREASE IN DEATH RATE IN DIABETES

A few weeks ago it was pointed out that while the figures of the United States Public Health Department showed an increase in the death rate in diabetes, the reason for the apparent increase was that the Department counted a death a diabetic death—even if the cause were heart disease, pneumonia, kidney or other disease—if the patient's original illness was diabetes.

In a booklet "Health Progress" 1936 to 1945 issued by the Metropolitan Life Insurance Company we read: "The marked improvement in the death rate from diabetes in the last few years reflects, in part, the lowered prevalence of the infectious diseases particularly pneumonia. It also reflects the effectiveness of the sulfa drugs and, more recently, of penicillin in fighting off nose and throat, surgical, and other infections which are particularly hazardous to those suffering with diabetes. Operations for gangrene, previously so dangerous for diabetics are now made safe and, thanks to these new drugs, fewer of these operations are necessary.

Another reason for the lowering of the death rate in diabetes is that physicians now know better how to treat diabetes and also patients realize that if they want to live and enjoy life they must follow diet and insulin treatment faithfully. Further, instead of the patient having to inject insulin three times a day, there are now slower acting insulins which provide better and more accurate control of the disease.

Illustrating the old saying, "It is a poor wind that does no good for anybody," it is only too true that the death rate in diabetes decreased during the war owing to the food shortage. Because of the shortage of food there were fewer men and women who became overweight—a forerunner of diabetes. Also, as the food shortage was greatest in fat and starch foods the onset of diabetes was thus postponed.

Another factor was that because of labor shortage many diebetics, formerly idle, were employed and, as always, exercise and work used up the food eaten instead of it being thrown out in the urine.

The successful management of the diabetic patient depends upon proper balance of diet, exercise and insulin.

Goodwin-Dawson Wedding

The marriage of Alice Maude Dawson, daughter of Col. and Mrs. U. G. Dawson, Yarmouth, N.S., to Willard Neale Goodwin, Halifax, took place at the Forrest Street residence of the bride's parents at four o'clock in the afternoon on September the third. Rev. Mr. Guiou officiated. The wedding music was played by the bride's sister Mrs. Frank Hansen.

The bride was given in marriage by her father and attended by Mrs. John McBrierty as matron of honour. Mr. McBrierty was groomsman.

For her wedding Miss Dawson wore a dusky rose wool dress with grey accessories and a corsage of gardenias and orange blossoms. The matron of honour wore a black and white ensemble.

At the reception following the wedding Mrs. Dawson received wearing a late afternoon dress of gunmetal satin and a yellow rose corsage. The groom's mother, Mrs. Goodwin, Sr., wore a flowered silk gown and a corsage of pink roses.

Presiding at the tea table was Mrs. MacLoughlan and the Misses Greta, Anna and Elaine Hansen helped serve.

Mr. and Mrs. Goodwin left later by plane for Halifax, the bride wearing a beige gabardine suit navy accessories. They will live in Halifax where Mr. Goodwin is attached to an R.C.N. establishment.

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SHIRRIFF'S LUSHUS

APPLE LUSHUS

Dissolve Lushus (any flavour) in 1 cup boiling water. Add 1 cup cold apple juice. Pour into mould and chill. Unmould and garnish with apple slices, dipped in lemon juice to prevent discolouration.