

WHAT DO YOU EAT? ASKS PHYSICIAN OF PEOPLE TODAY

Incredible Number of Illnesses Have Origin in Faulty Diet

The medical profession knows today that most of all ills can be traced almost directly to faulty diet.

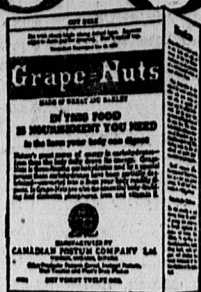
Grape-Nuts was deliberately designed to overcome this. Grape-Nuts has a distinctly different, delicate, nut-like flavour that is the favourite of millions of people the world over.

Grape-Nuts is made by a special baking process which leaves it ready for quick, easy assimilation.

How's Your Digestion?

If you've had digestive troubles, one of the finest foods you can eat is Grape-Nuts.

good



on the say-so of millions

YOU'LL love the delicate, different, nut-like flavour of Grape-Nuts!

Tell your grocer to include Grape-Nuts in this week's order.

Send for FREE TRIAL PACKAGES

Grape-Nuts

SEND FOR FREE TRIAL PACKAGES

Central Guardian

GET YOUR HARDIE FERTILIZER Sower from The Hardie Mfg. Co., Summerside.

START TO GET your exhibits ready for the big provincial exhibition, Charlottetown, August 19-23.

IT IS VERY EASY to attach a Hardie Fertilizer Sower to any wagon box.

EXCELLENT PLAY—"The Path Across the Hill" by Tryon B. Y. P. U. at Kensington, Thursday night and Malpeque Saturday night.

RETURN HOME—Among those returning to their homes in Cumberland from United States are Mrs. Flora Currie, Mrs. Alex Strong and little daughter Mary.

HANDICRAFT EXCHANGE—Arrangements have been made to accept rugs from Institute members as usual this year.

CLINIC FOR CRIPPLED CHILDREN conducted by Dr. Acker will be held at the Red Cross office, 59 Grafton Street, Tuesday, June 11th and Town Hall, Summerside, on Friday, June 14th.

SUCCESSFUL STUDENTS—Mr. T. C. Gillis, Shamrock has arrived home to spend his holidays, after completing his freshman year at Mount Allison University.

NOTICE TO LOCAL ADVERTISERS.—In order to insure insertion of advertisements, local advertisers are advised to have their copy in the Guardian Office not later than 10:30 A. M. the day previous to publication.

THE PROVINCIAL EXHIBITION at Charlottetown, August 19-23, will be the biggest and best ever put on here.

SUCCESSFUL STUDENT—At the recent graduating exercises of the Ontario Agricultural College, Guelph, one of the graduates was Edward Irving Wood.

LAI D TO REST

The funeral of Duncan Gillis, Trail pioneer, was held from Knox United Church yesterday afternoon.

TRAIL PIONEER DIES, AGED 60

Duncan Gillis, City Foreman, Passes Away After Four Months' Illness.

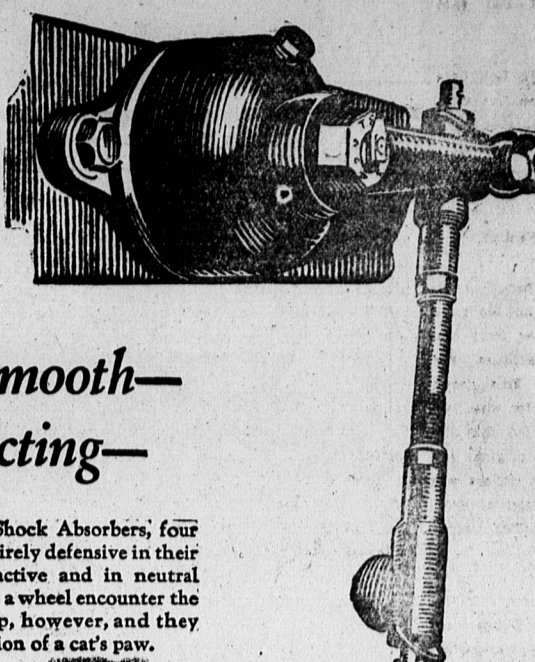
TRAIL, B. C., May 5.—Trail's resident of oldest standing, a noted figure in Trail of the past as well as the present, Duncan Gillis, aged 60, passed away at the Trail-Tadnac Hospital Friday evening following an illness of four months.

Born in Charlottetown, Prince Edward Island, Mr. Gillis came west while a young man. He first arrived in Trail in 1895.

The pioneer served three years on the city council in 1907-8 and 1909.

An Oil without Alcohol.—Some oils and many medicines have alcohol as a prominent ingredient.

FORD CAR HOUDAILLE HYDRAULIC SHOCK ABSORBERS. Positive—Smooth—Double Acting—HOUDAILLE Hydraulic Shock Absorbers, four to every Ford car, are entirely defensive in their action since they remain inactive and in neutral position on smooth roads.



Drive it Yourself—there is no Better Test. Ford Car Features: Choice of colours, 55 to 65 miles an hour, 40-horse power engine, Full balloon tires, Fully enclosed six-brake system, 4 Houdaille hydraulic shock absorbers, 20 to 30 miles per gallon of gasoline, Shatterproof glass windshield, Theft proof ignition lock, Reliability and low upkeep.

Poole & Thompson Ltd. Montague, P. E. I. Universal Motors Ltd. Charlottetown, P. E. I.

NEW ANNAN INSTITUTE

The March meeting of this Institute was held at the home of Mrs. Emmeline McKay with the President presiding.

In April the members met at the home of Mrs. Chester Tuplin. One new member was welcomed at this meeting.

This meeting was held on the afternoon of May 15th, with the president in the chair.

The Poor Man's Friend.—Put up in small bottles that are easily and sold for a very small sum.

lionnaires to be answered by convenors of standing committees were filled out and forwarded to Provincial Conventions in charge of each.

On the evening of May 14th, the Indian River Dramatic Club presented their four-act comedy-drama, "Josiah's Courtesan".

Act I. Duet (vocal) Misses Frances and Geraldine Shea. Highland Fling—Miss Blanch Campbell.

Act II. Duet (vocal)—Mrs. Geo. Ramsay and Mr. P. Phillips. Oration, Canada Among the Nations—Miss Jennie MacDonald.

MONTREAL STOCK EXCHANGE

Market Reports furnished by Greenshields & Co., Montreal, to Stewart Jones & Co., 88 Great George St., Charlottetown.

Table with 2 columns: Stock Name and Price. Includes Call Money, Abitibi, Asbestos, Brazilian, B. A. Oil, B. C. Power, Building Products, Canada Car, Canada Cement, Canada Power and Paper, Canada Brewing, Dominion Bridge, Foreign Power Securities, Fraser Company, General Steel Wares, Home Oil, Imperial Oil, Industrial Alcohol, International Nickel, International Petroleum, Lyall Construction, Massey-Harris, Montreal Power, McColl Frontenac, National Breweries, National Steel Car, Noranda, Power Corporation, Price Bros., Quebec Power, Shawinigan, Smelters, Steel of Canada, Wayagamack, Winnipeg Electric, Imperial Oil New, International Nickel New, Dominion Tar, Canadian Bronze, C. P. R., General Motors, U. S. Steel, Bank of Nova Scotia, Bank of Montreal, Bank of Commerce, Royal Bank.

IN CONSTANT TOUCH with your investments. ONE reason why investors rely so fully upon the Eastern Securities Company is due to the realization that our services do not terminate with the sale of a security, but continue for all time.

years were spent. At a time when the present progressive smelter city of Trail was nothing more than a town of tents, Mr. Gillis went there to reside. Ever since that time, 35 years ago, with the exception of a part of the year 1908 when he paid a visit to his old home in P.E.I., he has been a resident of Trail.

What Kind Of Soil Have You? It has become a matter of importance to know whether the soil on the farm or in the garden is acid or alkaline.

SHOTS SELF FOR BEER

SYDNEY, New South Wales, May 31.—"If I cannot get beer I'll be an angel by evening," said Robert Hamilton to his wife at their home in Perth.

CITY EMPLOYEES TO BE FREE TO ATTEND FUNERAL

TRAIL, B. C., May 6.—Trail city officials will close at 3:30 p. m. tomorrow and city workmen will finish at 3 p. m. to attend the funeral of Duncan Gillis at 4 o'clock.

