Woman's Realm — Social and Personal — Fashions — Literature

CROCHET HAT DONE IN SHELL STITCH DESIGN

DESIGN NO. 1073

This hat is crocheted in the popular shell stitch. It may be worn off-the-face with the back drape low, or the back drape may be worn up and fastened with a decorative pin. Pattern No. 1073 contains list of materials needed, illustration of stitches and complete instructions.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.

To Charlottetown Guardian
Needlework Department
Design No. 1073

NAME ——————————

STREET ADDRESS —————— PROVINCE ——————

CITY ——————————

THE COOK'S CORNER

CHICKEN SHORTAGE

2 cups medium white sauce, or chicken gravy
1 1-2 cups diced cooked chicken
1-2 cup mushrooms
1 tablespoon butter

Method: If you haven't enough gravy to do, make a white sauce by melting 4 tablespoons butter in a pan and then blending in 4 tablespoons flour. Add 2 cups of milk or chicken stock gradually and continue cooking until the sauce is thickened, then season with salt and pepper. Add the chicken.

Melt the tablespoon butter in a pan and add the mushrooms which have been peeled and chopped. Saute the mushrooms in this for 5 minutes, and then add to the sauce.

TOMATO TEA BISCUITS

2 cups sifted flour
4 teaspoons baking powder
1-4 cup shortening
3-4 cup tomato juice
1-2 teaspoon salt

Method: Sift together the flour, salt and baking powder. Add the shortening and cut this into the dry ingredients, using two knives or a pastry blender. Cut until the mixture is in fine crumbs. Now add the tomato juice and stir the mixture to a soft dough.

Turn out on to a lightly floured board and roll to about 1-2-inch in thickness. Cut with a fairly large cookie cutter and place on a lightly greased pan. Bake in a hot oven (450 deg. F.) for about 12 to 15 minutes. Serve hot with the creamed chicken mixture.

DAILY MENUS Sugar-Saving

(FOR TUESDAY, MAY 5)

BREAKFAST
Chilled Apple Juice
Scrambled Eggs Toast
Tea Coffee

LUNCH OR SUPPER
Rice roquettes with Cheese Sauce
*Spiral Tomato Biscuits
Tea Coffee

DINNER
Swiss Steak
Au Gratin Potatoes Peas
*Prune Whip Cookies
Tea Coffee

SPIRAL TOMATO BISCUITS
(By Kate Aitken, Household Economics Editor, Montreal Standard)

Temp.: 425 F. Time: 12-15 minutes
4 1-2 teaspoons baking powder
2 cups all-purpose flour
1-2 teaspoon salt
1-4 cup shortening
3-4 cup strained tomato juice
2 tablespoons corn syrup
Flour for kneading

METHOD: Sift dry ingredients; cut in shortening. Make a well in centre of flour; pour in tomato juice and corn syrup mixed together. Stir until flour is wet; turn on floured board and knead gently until smooth (about 20 counts). Roll about 1-2" thick, cut in strips 1-2" wide and wind on clothes pins (not the spring kind), which have been greased. Bake in hot oven. When baked, remove clothes pins and fill centres with a mixture of cream cheese and mayonnaise in the proportions of 1 pkge. of cream cheese to 1 tablespoon mayonnaise. Yield—18 spirals.

PRUNE WHIP

1 egg white
2 tablespoons honey
1-8 teaspoon salt
8 cooked prunes

Put prunes through seive. Beat egg white until stiff, then gradually beat in honey, add salt and prune pulp. Chill and put in low glass jar for carrying.

Living & Leisure
The Woman's Realm

Be strong
It matters no how deep intrenched the wrong
How hard the battle goes, the day how long,
Faint not, fight on, tomorrow comes the song.

CARE OF CARPETS

Carpets, upholstery and heavy curtains should be thoroughly cleaned and sprayed with a reliable moth repellant before being put away. Any item which is to be folded or rolled, should be sprinkled with crystals of paradichlorobenzine before being packed. If preferred, the latter can be put into muslin bags, one or two of which may be placed in each trunk or package. It is advisable to look over the goods occasionally, and to respray with insecticide, especially during warm weather.

Sincerity and pure truth, in what age soever, find their opportunity and advantage.—Montaigne

FAT COSTS NOTHING

Next time you have boiled meat —say fresh brisket, medium size joint, 3 1-2-4 lbs. let stock go cold. Lift off set grease. Melt. Pour into a small basin containing cold water. Leave until a thick cake of pure white fat has set on top. Remove, scrape sediment from bottom, weigh—5 to 6 ozs!

IN THE TEA ROOM

When you meet a friend in a lunch room or restaurant, avoid standing at her table and talking while she is eating. Stop to speak but don't stand there and ruin the person's dinner just for idle gossip.

Metal candlesticks often have felt pasted on under sides of the bases, so be careful not to get that part wet when cleaning and washing them. Hold the sticks by the bases and quickly dip them into sudsy solutions.

Men painted their fingernails to show to which political party they belonged in the old days of Grecian glory.

A dash of cinnamon, cloves or mace in whipped cream to serve on shortcake, steamed or baked puddings, gives a grand new flavor.

At least one really good print frock should be in every wardrobe, for such a dress always looks good and can be worn the year round. Black crepe splashed with white tulips and leaves is used for a nice afternoon frock made with triple-tiered skirt, deep V neckline and bracelet sleeves wide at the wrist.

TO CLEAN FLOWER VASES

Flower vases often become stained and soiled on the inside from decayed foliage. To cleanse the tall, slender, difficult ones, fill about half full with warm soapy water and scour with a long-handled bottle brush. Rinse and dry.

KNITTING TIP

Here's a tip for knitting addicts. Keep your work clean by lining your knitting bags or boxes with removable white cloth linings. The white linings will show dirt quickly and should be removed and washed immediately.

PENSONALIZED BATH SET

Having sets of towels and washcloths for each member of the family is one way to make the launderings task simpler for the housewife. Using a different colour for each member is one way to identify them—initialing might be another.

KEEP HATS DUSTED

Felt hats should be kept free from dust always. A drop of water on a dusty surface will make a dirty spot that may sink into the felt and be difficult to remove later.

ZESTY CANAPES

Here's a canape that will make a hit with your guests: Crisp crackers spread generously with cream cheese topped with cooked shrimps which have been dipped in Worchestershire sauce.

A Morning Smile

Mr. McSponger — Come here, Junior! Don't you know who I am?

Junior—Yes. I've heard daddy speak of you often. You're mother's cousin who stayed here two months one time and never offered to pay a cent for board!

SCOT'S AIR RAID STORY

The sirens had sounded and the retired railwayman was on his way to the outdoor shelter, his braces trailing after him.

His wife, coming behind, trod on the braces, and on the release, they gave the old man a smart smack on the back.

"You carry on, Mary," he said bravely, "they've got me."

TO MAKE SHOES WEAR

A shoe store has put out these rules for the care and preservation of shoes.

1. Have at least two pairs of shoes. Don't wear the same pair every day.
2. Improve their good appearance with regular polishings. This also helps preserve and keep the leather soft.
3. Place shoe trees in shoes immediately after wearing.
4. Stuff shoes with paper when wet.
5. Dry wet shoes away from heat.
6. Wear rubbers and galoshes to protect shoes from rain or snow.
7. Use shoes bags and shoe racks to protect shoes from dust.
8. Watch soles for breaks. Resole only if the uppers justify the expense.
9. Retip soles before they are too run down.
10. Have heels straightened as soon as they begin to wear unevenly. Run down heels may twist the shoes out of shape and shorten its life.

Learn Shorthand in Spare Time at Home

Be Ready For That Chance

Be ready to seize that opportunity when it comes along. Added skills enhance your value in the business world. Learn shorthand in your spare time.

Shorthand isn't difficult. You can learn it in simple home lessons. Then when an opportunity comes you'r trained, ready to step in—with an advantage over unskilled workers.

In Pitman shorthand, you write symbols based on the sounds of words, instead of on their spelling. The word "pay," you learn, is a light slanting stroke followed by a heavy dot. "Say" is a light curve and a dot.

There aren't many sounds in the language, so you soon master the symbols. And for common phrases like "in order that . . . as soon as," you have abbreviated time-saving symbols, easy to learn.

Then for regular practice each day—with someone dictating to you, slowly at first. Before you know it you'll be taking real office-speed dictation.

Our 32-page booklet gives the essentials of the famous Pitman system in easy step-by-step lessons. Includes exercises; abbreviated symbols for words and phrases; pointers on acquiring speed, accuracy; can serve as a foundation for a business college course.

Send 20c in coin for your copy of "Self-Instruction in Shorthand" to The Guardian Home Service. Be sure to write plainly your Name Address and the Name of booklet.

Name

Street Address

City Province

Dorothy Dix Says—

WIFE, 30, IS ADVISED NOT TO WED HER LOVER

How Can Woman Expect To Be Happy With A Man She Can't Trust?

DEAR MISS DIX—I am 30 years old, married to a fine man who is very good to me, but I am desperately in love with a man I don't think I could be happy with. He is selfish, vain, famous for his philandering and temper. He admits some of his mistakes, but swears they have taught him how to live better and to appreciate the real feeling he has for me, and he wants me to divorce my husband and marry him.

I am very unhappy living such a deceitful life as I am and loving this man as I do, yet I don't think I could ever trust him. What should I do?

DESPERATE.

ANSWER—Listen to your head instead of your heart and take the advice the old bean is trying to hammer into your consciousness. Believe me, it is the voice of your Guardian Angel that is trying to warn you against taking a step that will wreck the balance of your life.

You are no lovesick girl in her teens. You are a sophisticated woman of 30. You have gone through the experience of marriage and you know how many things besides romance it takes to make a marriage a success. So sit down and try to figure out the risk you would take in marrying your lover. Granted that he is fascinating and that you are infatuated with him, how long you ever seen infatuation last?

Haven't you seen it die out as quickly as a brush fire? Haven't you seen men and women, who were mad about each other and who broke all the laws of God and man to gratify their fierce passion, grow weary of each other and actually come to hate each other within a few months? For infatuation is a matter of the senses. It rests on nothing that is deep and abiding and it goes as swiftly as it comes.

FASCINATION IS THE SERPENT'S TECHNIQUE

As for fascination, that is something that men drop at the altar. That is the technique that the serpent used to tempt Mother Eve into the apple-eating episode and that men have employed ever since in courtship, but they don't waste it on mere wives. How many husbands of your acquaintance still flatter and cajole their wives? You can count them on the first two fingers of your left hand.

Then how can you expect to be happy with a man whom you do not trust? If marriage has taught you nothing else, you must have learned from it that there can be no happiness in it unless it is founded on faith. A woman must believe in her husband and in his love for her as she believes in everything that is good and stable if she is to have any peace and sense of security. If she doubts her husband, her heart is torn by a thousand jealousies and suspicions and she never knows a minute's rest and quiet. Her soul is in a continual turmoil.

You say your man is "selfish, vain, famous for his philandering and temper." Each one of those qualities make him a bad risk as a husband. A selfish husband makes his wife a slave who must spend her life ministering to him. He never considers her pleasure or well-being. He takes the best of everything for himself. It takes an humble-minded woman to endure a selfish husband.

If you marry a vain man, you will have to spend your life flattering him and telling him how great and wonderful he is, and he will never so much as throw a compliment as you would toss a hungry dog a bone. The woman who marries a vain man has to be a perpetual incense burner, and that is a hard and wearing job.

If you marry a high-tempered man, you will live in constant dread of his anger and have to walk on eggs to keep from doing or saying something that will provoke him. He will say things to you that will stab you like a knife in your heart. He will go into grouches or pass into the silence that will make you wonder why you did it.

The man who is a philanderer makes life a hell on earth for his wife with his infidelities. Every passing skirt is a signal for him to get up and follow. Every pretty face is a challenge to him to see if his line with the ladies still works. He puts a thousand humiliations on his wife and, no matter how much he reforms, his feet keep wandering until he gets so old and rheumatic they can only stumble home.

So you see your chances for being happy with a man whom you distrust and whose faults you know so well make him a pretty poor bet. Don't marry a man to reform him. Marry one who doesn't need reforming. You will make a bad mistake if you swap your good husband for this one about whom you have so many doubts. You had better stick to the sure thing, in my opinion.

* * * * * *

BOYS OF 18 NOT READY FOR MARRIAGE

DEAR MISS DIX—In these times when men are growing more scarce each day, what do you think of girls 20 and 21 years of age going out with boys 17 and 18 years old? In my opinion future wives will be several years older than their husbands, and I am wondering what chance of happiness there will be for couples in this class? Please give your opinion.

WONDERING.

ANSWER—Well, of course, in a practically Adamless Eden girls can't look a gift date in the mouth and be choosy about it. They have to take what they can get. As long as girls of 20 and 21 just step out with boys of 17 and 18 to the movies or go dancing, the age question doesn't matter, but it matters a lot when it comes to marriage. For girls of 20 and 21 are ready for marriage and boys of 17 and 18 are not.

A girl of 20 or 21 is mature. She is a grown woman. She knows what she wants in a husband. She is ready to settle down. But a boy of 17 or 18 isn't ready to marry. He is still a child, for boys do not develop as fast as girls do. He has no idea what kind of a wife he will want when he is a man and, as a rule, he has no money with which to support a family, nor any trade or profession by which he can even earn a living for himself. So it is a tragedy for him to marry.

After a man is 30 years old it does not make any difference whether his wife is younger or older than he is, provided the difference is not very great, because by that time he has come to himself. But while he is in his teens of his early twenties it is a mistake for him to marry a woman older than himself because her attitude toward him is always more maternal than wifely.

* * * * * *

SHOULD FORGET MAN WHO JILTED HER

DEAR MISS DIX—The boy I was in love with has married another girl and life is miserable for me. I am a business girl, but I hate my work and want to marry. I have a chance to marry, but I don't love the man. Should I marry him, or wait on the chance that the boy friend I still love will leave his wife and come back to me? I'd be willing to wait a year for him if that is what you suggest.

MISERABLE.

ANSWER—Well, it isn't at all what I suggest. My suggestion is that you forget both the man who jilted you and the one you don't love and center your interest on your work until some man comes by who loves you and whom you love. Keep yourself free for Mr. Right.

THUNDER FROM THE STANDS

By Vincent Richards

She smiled tremulously, placed her unbandaged hand over his. "Don't let them frighten you, Len. It might have happened no matter who was at the wheel."

"It was my fault." How difficult it was to talk, breathe even, when your throat contracted like this and the backs of your eyeballs stung. "I was thinking—of something else."

"I know," she said. "So was I. I was thinking," she murmured, "how beautiful those two years were."

"Other years will be as beautiful."

"It's too late now."

"I'm seeing Justin tomorrow."

"It's no use, Len. You must go abroad. If you stayed now it would be from remorse, not because you wanted to."

"That isn't true. Honestly it's not!"

"You go to Europe. You must go, now. When you return we'll—"

"Yes?"

"I don't know what we'll do, Len. Perhaps—"

"Maybe if we both have time to think it over some solution will present itself. You still love me, Gracie, don't you?"

"Very much, Len. And you?"

He raised her hand to his bruised lips, kissed it gently. There were voices behind them.

Mr. and Mrs. Worthington disregarded him, stood looking down upon their only child. Len withdrew to a far corner of the room. He would not go to Europe, of course, even though she had not been seriously injured. His mind was made up.

* * * *

He remained overnight at a nearby tourist house and spent practically all of the next day with Grace. At last it was time for him to leave for New York. The boat was sailing at midnight and he would have to go to the apartment first to get his clothes.

Some of the color had returned to Grace's face and this encouraged him somewhat. But at the last minute he protested that he did not want to go, that the team could go to blazes, that France could keep the cup for all he cared. But she insisted that he should not change his plans.

"You can't do anything for me here," she told him, "and I probably wouldn't be allowed to go out to Indianapolis for a while anyway, after this. Besides, I'll not be pitied."

They were alone when he said good-bye, and for the first time since she had left him the coolness that had become so strong a barrier between them was gone. There was something frightened, desperate even, in the way she wished him "bon voyage." It startled and puzzled him a little. With her one good arm she clung to him, held his head close to her, pressed her lips against his with abandon. Her face was wet against his. But when he drew away to look at her she smiled. He kissed her again lingeringly, passionately.

And then he was walking down the short hall and out into the street, experiencing a sudden wave of self-disgust that was new to him. It remained, disturbing, condemning, while an inner voice kept crying over and over again, "cad, cad, cad."

He did not once look back toward the hospital, but continued swiftly and surely toward the train that would take him to New York and the boat that was sailing at midnight for Havre.

The ocean did not seem blue, the cool salt air was lacking in the sweet and invigorating qualities he had been told it possessed, the stars at night were dim.

In the deck chair beside him reclined not Grace, but Don Clark.

". . . and so you go out and bust up Charlie's best Rolls Rough," Don was saying. "Why, you mug, suppose you were in that hospital with your wife. Then what? Our chances for the cup'd go blooey."

Dave Swanstrom joined them. Any word from your wife, Rollins?" the non-playing captain asked. "How she's getting along or anything?"

Len shook his head. "I imagine she's all right, though, or I would have heard. Thanks."

Swanstrom sat down on the edge of Clark's chair. Staring out into the ocean he said: "One of you two guys has to upset the apple cart over there. If either of you can manage to bear Lefevre I think we'll bring back the cup."

CHAPTER VIII

"Beat Lefevre. Now why not think up something hard,' Clark responded loosely. "You know darn well Rollins here or I can take him any time we want to. It's just that we've—"

A colored porter appeared, carrying a cablegram. "Mr. Rollins, suh?" Len took the envelope. He stared unbelievingly at what he read, the voices of Clark and Swanstrom seemed miles away.

GRACE BEING OPERATED UPON TODAY THOUGHT YOU SHOULD BE ADVISED EVEN AGAINST HER WISHES
DAN WORTHINGTON

Being operated upon. Why, why in the name of all that was holy hadn't he stayed with her instead of packing off to Europe this way? But he hadn't known; she had made it appear — the recollection came, starkly vivid and illuminating, of how she had clung to him when she had kissed him good-bye. She had known then, but had concealed it from him. She had sent him off to Europe though she knew—

Clark's voice came to him strong and clear. "Good news, I hope, fella."

"No," Len replied dully, "not so good. They're operating." He turned and made his way to the cable office, sent a wire asking for more details. But no cable arrived until late the next evening.

GRACE PASSED CRISIS COMFORTABLY DOCTORS LOOK FORWARD TO SPEEDY RECOVERY
DAN WORTHINGTON.

Crisis! Then she must have been pretty sick; people don't have crisis unless—why in the name of heaven didn't the fools tell him what it was all about? Darn it all, he was her husband.

The bells tolled off the midnight hour. The water was black; the stars and sky cold; the flags flapped dismally.

The day before the boat was to dock another cablegram signed by Dan Worthington arrived:

OFFER STILL STANDS DON'T CONTEST DIVORCE AND CHECK FOR FIFTY THOUSAND IS YOURS GRACE NEEDS CARE AND COMFORT MORE THAN EVER BEFORE AND RICHARD WHYTE STANDS READY TO OFFER HER THAT WHAT DO YOU SAY?

Grace was through with him. That last kiss then had been their last. A Judas kiss, in a way. How contemptible women were, how deceitful! Why hadn't she been honest about it? Why hadn't she told him the truth about her injuries? Why hadn't she told him she wanted a divorce?

But perhaps it was all for the best. With Richard Whyte she would be given the opportunity of returning to her old life, a life she loved as profoundly as she used to accuse him of loving his. He took up a pencil and wrote on a blue and white square of paper:

AM READY TO DO WHATEVER GRACE DESIRES HER HEALTH AND HAPPINESS PARAMOUNT DON'T WANT CHECK LEN.

As he was debarking at Havre the final message arrived. He stared at it dumbly, hand trembling as porters scurried around him.

AM ARRANGING DIVORCE GRACE WRITING AM SENDING CHECK CARE DESMOND HOTEL LONDON
DAN WORTHINGTON

(To be Continued)

CO-EDS CALLED UP

LONDON, May 1—(CP)—Twenty-year-old female university students, formerly exempt from work of national importance, are being called up by the Ministry of Labor and National Service.

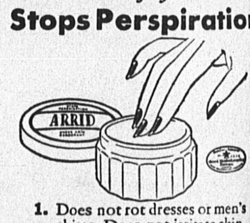
BABIES IN BUNCHES

LONDON — (CP) — Six sets of triplets and 376 sets of twins were among the 50,500 babies born since the outbreak of war in emergency maternity homes set up by the Ministry of Health.

FIRST PLASTICS

Papier-mache was probably the first plastic, chemists say.

New under-arm Cream Deodorant safely Stops Perspiration



1. Does not rot dresses or men's shirts. Does not irritate skin.
2. No waiting to dry. Can be used right after shaving.
3. Instantly stops perspiration for 1 to 3 days. Removes odor from perspiration.
4. A pure, white, greaseless, stainless vanishing cream.
5. Arrid has been awarded the Approval Seal of the American Institute of Laundering for being harmless to fabrics.

Arrid is the LARGEST SELLING DEODORANT. Try a jar today!

ARRID

39¢ a jar At all stores selling toilet goods (also in 15¢ and 59¢ jars)

Needlecrafts For The Home

Metals must go into defense. That means farewell to dress fasteners, hooks and eyes, buttons, and what have you. With the importance of priorities in mind, a dress was designed requiring none of these gadgets. Slip into it, twist the tie sash, and you're attired in a twinkling!

Style No. 2509 is designed for sizes 12, 14, 16, 36, 38, and 40. Size 16 requires 3 3-8 yards of 39-inch fabric.

To order pattern: Write or send picture with your name and address with 20 cents in coin or stamps to the Needlecraft Bureau, Charlottetown Guardian.

To Charlottetown Guardian
Needlecraft Department
Style No. 2509 Size ....

Name

Street Address

City Province

Relieves distress from FEMALE WEAKNESS

Lydia E. Pinkham's Vegetable Compound not only helps relieve monthly pain but also weak, nervous, tired feelings. Wise women take it regularly to help build up resistance against such symptoms. Made in Canada. *Worth trying!*