

A LIFETIME OF SUFFERING

Prevented by "Fruit-a-lives" The Wonderful Fruit Medicine

38 MAISONNEUVE ST., HULL, QUE. "In my opinion, no other medicine is so good as 'Fruit-a-lives' for Indigestion and Constipation.

For years, I suffered with these dreaded diseases, trying all kinds of treatments until I was told I was incurable.

One day a friend told me to try 'Fruit-a-lives'. To my surprise, I found this medicine gave immediate relief, and in a short time I was all right again."

DONAT LALONDE 50c. a box, \$ for \$2.50, trial size 25c. At all dealers or from Fruit-a-lives Limited, Ottawa.

Start Tomorrow and Keep It Up Every Morning

Get in the habit of drinking a glass of hot water before breakfast.

We're not here long, so let's make our stay agreeable. Let us live well, eat well, digest well, work well, sleep well, and look well, what a glorious condition to attain, and yet, how very easy it is if one will only adopt the morning inside bath.

Folks who are accustomed to feel dull and heavy when they arise, splitting headache, stuffy from a cold, foul tongue, nasty breath, acid stomach, can, instead, feel as fresh as a daisy by opening the sluices of the system each morning and a flushing out the whole of the internal poisonous stagnant matter.

Everyone whether ailing, sick or well, should, each morning, before breakfast, drink a glass of real hot water with a teaspoonful of Limestone phosphate in it to wash from the stomach, liver and bowels the previous day's indigestible waste, sour bile and poisonous toxins. The action of hot water and limestone phosphate on an empty stomach is wonderfully invigorating. It cleans out all the sour fermentations, gases, waste and acidity and gives one a splendid appetite for breakfast.

The millions of people who are bothered with constipation, bilious spells, stomach trouble; others who have sallow skins, blood disorders and sickly complexions are urged to get a quarter pound of limestone phosphate from the drug store. This will cost very little, but is sufficient to make anyone a pronounced crank on the subject of inside-bathing before breakfast.

There may be other corn cures, but Holloway's Corn Cure stands at the head of the list so far as results are concerned.

"Keep the Home Fires Burning"

--and have the home comfortable for "him" when he comes home

That means IRAINOR'S Warm Air Heating See about it today System PHONE 393-J 80 GRAFTON ST.

PROFESSIONAL CARDS

DR. CLIFT CHRONIC DISEASES CURATIVE TREATMENT by the month in advance. Victoria Hotel, Charlottetown, P. E. I., Canada. HOURS, 12 to 3 daily. NOW. 4630-11-21M3mospd.

S. S. HESSIAN Barrister, Solicitor, Notary Public, etc. MONEY TO LOAN Montague, P. E. I.

J. D. STEWART, K. C. Barrister, Solicitor and Notary Public Office Newson Block, Charlottetown Branch office, Georgetown Money to Loan on Real Estate

THE CENTRAL GUARDIAN

IT PAYS to buy in this Province.

HANDKERCHIEF SALE.—At the tea in St. James Hall tomorrow. 3653-1-29m11.

EVANGELINE APPLE CYDER.—New stock just received excellent quality. DeBliss Brothers, Charlottetown. 3555-1-23 M2wks

HAY by the ton, right prices off cars. Phone 379, A. E. Nelson 3669-1-29 M31

AT HOME.—Mrs. Alexander Agnew will receive this afternoon from 3 to 6 for the first time since her marriage at the home of her parents, Rev. Dr. and Mrs. Fullerton, the Manse, Brighton.

RENA MCLEAN MEMORIAL FUND.—This fund will close Feb. 1st. If there are any who have not as yet contributed and desire to do so, please forward contributions to enter of the three daily papers or to J. J. McKinnon, Treasurer of the fund 3394-1-11 Mill Feb. 1

ISLAND HONORED.—The title of Knight Commander of the Order of the British Empire has been conferred on Mr. W. E. Stewart, in recognition of the services rendered by him in connection with the Ministry of Information. Mr. Stewart was formerly of the Bank of Nova Scotia. He is a native of Wilmot, P. E. I.

THE MARKET.—Though there were quite a number of people from the country in town yesterday the market was very small and prices showed no noteworthy change. There was considerable pork moving, the price for best quality being 19 1/2 cents, the same as on last market day.

Lose Your Fat, Keep Your Health

Superfluous flesh is not healthy neither is it healthy to diet or exercise too much for its removal. The simplest method known for reducing the overfat body two, three or four pounds a week is the Marmola Method, tried and endorsed by thousands Marmola Prescription Tablets, containing exact doses of the famous prescription, are sold by druggists at 75 cents for a large case, or if you prefer you can obtain them by sending direct to the Marmola Company, 864 Woodward Ave., Detroit Mich. They are harmless and leave no wrinkles or flabbiness. They are popular because effective and convenient.

WARNING!

The Ross Land at Forest Hill, Lot 4 has changed owners. Any one taking wood off it will be prosecuted to the full extent of the law. The men who were in the woods a few days ago are hereby taken warning. Jan. 29-4

TOILET REQUISITES



ROUGH SKIN

Relieves rough hands, redness, chafing and other skin irritations that both women and men are annoyed by. Softens and cleans the skin quickly and is a valuable aid for all kinds of skin trouble. 35c a tube.

THE TWO MACS

DRUGGISTS 149 Great George Street

JUST RECEIVED. Two cars straw. Buy a ton off cars and save a dollar. A. E. Nelson, Phone 379. 3669-1-29 M31

RETURN HOCKEY MATCH tonight and one hour's skate after the match. Game starts at 7.45.

INVERNESS COAL.—A. Pickard and Co., have received a shipment of Inverness coal. 3624-1-27m31

SPECIAL PRICES ON OIL CAKE by the ton and half ton. A. E. Nelson, Grafton Street East. 3669-1-29 M31

RETURN HOCKEY MATCH tonight and 1 hour's skate after the match. Game starts at 7.45.

GRAIN GRINDERS.—Just arrived six-inch, eight-inch and ten-inch Maple Leaf Grain Grinders. Phone 709, Canadian Farm Products, Inc. Charlottetown, P. E. I. 3625-1-27m31

BURNS CONCERT.—Perhaps the greatest tribute to the excellence of the Burns Anniversary Concert was the fact that the attendance last night was fully as large as on the first night and that still there were those who were crowded out. The programme of the previous night was repeated, if not more enjoyably, it was because that of the previous night could not be improved upon. A commendable feature of both performances was the fact that there was not a moment's loss of time. The performance began promptly at 8 o'clock as advertised, the different numbers flowed along in a continuous stream, encouraged but not interrupted by hearty applause. The committee in charge and the performers individually and collectively deserve the highest praise for the magnificent entertainment they gave and the Burns Anniversary Concert of 1919 will be a continuous advertisement for that of next January, 1920.

CHARLOTTETOWN WON FROM AMHERST 9 to 5

(Continued from page one)

mix-up near the local goal and sending through. Lowther again excelled himself five minutes later in a fine rush from centre ice landing the rubber where he wanted it very handsly. Amherst put up a strong offensive throughout the game but the brilliant rushes from the defence in which Kelly and Moore figured conspicuously had much to do with the victory won.

The game was played in three sections of 20 minutes each and at the penalt of the second stage Amherst scored a goal from their right wing. Score 3-4. Out of a pretty combination by Moore, Lane, and Buntain the latter very aggressively pushed in another tally. As the outcome of another neat combination play by Lane, Kelly and Buntain the latter succeeded ten minutes later in notching up another for Charlottetown.

The sixth tally was the result of a pickup by Lane from a mix-up near the Amherst goal.

The third period was marked soon after it opened with a score by Amherst, Tibbits making a brilliant one to end rush.

Five minutes later Doncaster from side pitched in another. This was the fifth and last tally for Amherst.

Three goals were made successively after this as the outcome of combine rushes, mainly by Moore, McEachern, Hutcherson, Kelly, Rogers, and Buntain. Dougan played the game of his life in goal for Charlottetown and his tops were marvelous.

It was a fine clean exposition of hockey and the audience was quite satisfied. As the visitors were considerably heavier than the locals few thought the home team would have more than a "look in" but they "arrived" in good shape.

So many changes were made in the line-up of the teams during the game that it is impossible to define their positions.

The second game will be played tonight when another big turnout may be expected. There will be an hour's skating after the game.

PERSONALS

Pte. William Wilson of Boughton Island visited the city yesterday.

Mr. J. F. McKie manager of the Charlottetown Light and Power Co. left yesterday for Halifax.

Miss Annie J. Holland, East Baltic, returned home yesterday after attending the Burns Concert.

Pte. H. E. Hill of New Glasgow, this province was in the city yesterday attending the Burns Concert.

Mr. H. G. Christie, the well known representative of Cowans, Ltd., leaves this morning for Yarmouth.

Mr. Wallace E. Scantlebury of this City is back from his recent trip to California. He was accompanied home from Los Angeles by his brother Dr. C. E. Scantlebury.

The many friends of Rev. (Capt.) Patrick McQuillan, Halifax are pleased to see him in Charlottetown his native city again. He is looking fine after his experiences as an army chaplain overseas.

HOTEL ARRIVALS

VICTORIA HOTEL.

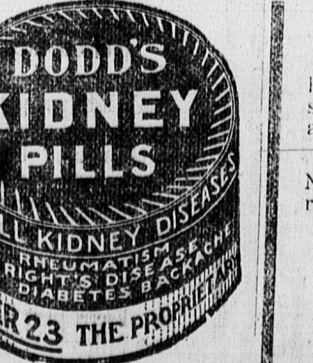
- Mrs. Clark and Children, Mt. Stewart. J. A. McDonald, Georgetown. John McLean, Souris. H. D. McLean, Souris. J. A. McDonald, Souris. J. H. McLaughlan, Montreal. Lyman Bell, Summerside. G. R. McQuarrie, Summerside. G. Nicholson, Halifax. Gerald Weir, Halifax. H. H. Acron, Souris. J. H. Cox, Morell. Mrs. H. H. Cox, Morell. Miss Mary E. McFarlane, Annandale. Lt. Col. R. B. Armstrong, Halifax. Lt. Col. W. P. Burney, Halifax. J. E. Granville, Halifax. J. T. Cooper, St. John. John Burgoyne, Oak Point, N. B. Don. Dunn, Woonsocket, R. I. A. J. Davis and wife, Halifax. Miss F. Davis, Halifax. W. Handwickon, Halifax. L. N. Campbell, Halifax. Sergt. H. S. Conrad, Sturgeon. Geo. A. Poole, Lower Montague. J. J. McLean, Montague. Harvie H. Garrett, Montague. J. K. Stover, Montreal.

QUEEN HOTEL.

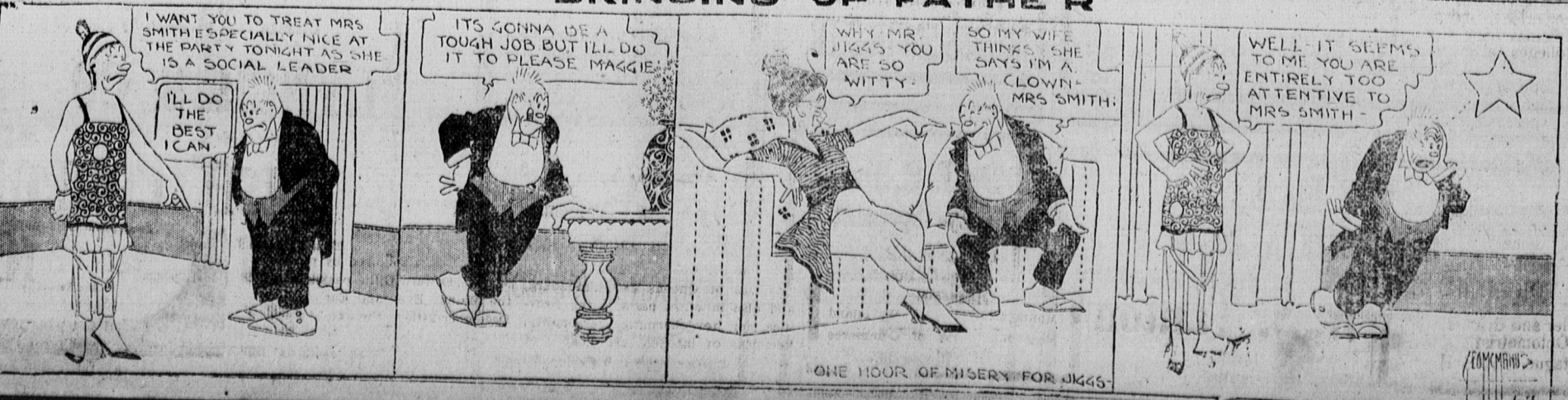
- W. H. Courtney, Moncton. A. S. McKay, Summerside. M. T. McKay, Summerside. Ms L. B. McIntyre, Tignish. Mrs. C. Melnis, Tignish. J. B. McRae, Vernon. Mr. and Mrs. Smith, Tryon. E. D. McEwen, Morell. J. McDonald, Scotchfort. J. Melnis, Alliston. Thas. McMillan, Wood Islands. I. A. McLean, Culloden. Cattie McPherson, Launching. J. A. McCormick, Launching. Geo. Wightman, Montague. J. E. Shaw, City. W. T. Anderson, Souris.

REVERE HOTEL.

- E. Brown, York. E. McVicar, Cardigan. A. L. Burton, Moncton. E. M. Legue, Boston. J. L. Pierce, Souris. Annie McKay, Boston. Gerald Browne, Murray Harbor. John McAulay, St. Peters. Lozie McInnis, Morell. Jean Melnis, Morell.



BRINGING UP FATHER



Furniture that You'll Admire

Holman Furniture is quality Furniture. You can find the newest ideas and suggestions---the most up-to-date Furniture in Holman's Furniture Section.

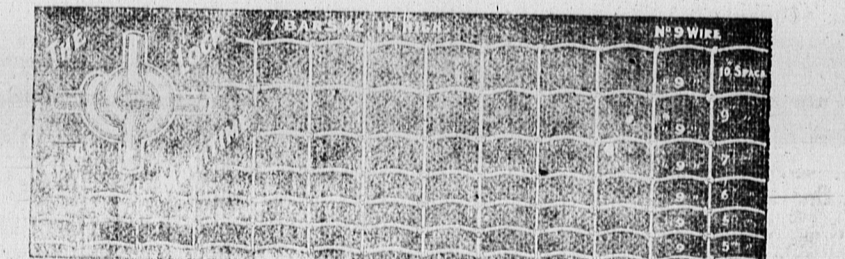
Among the new lines just received are Chesterfields with Marsha Sanitary Spring Seats and Spring Pillow Arms, upholstered in a beautiful quality tapestry.

Then in Bedroom Furniture, we have just received a magnificent Battleship Grey Suite with gold enamel pulls, including Dresser, Chiffonier, Dressing Table and Bed; also a complete Bedrom Suite in that delightfully pleasing Ivory Enamel.

Another carload of Kitchen Chairs on the way and the twenty-five sets Quartered Oak Diners, different styles at surprisingly reasonable prices. We were fortunate in securing a booking of 1,000 Mattresses at old prices and consequently are selling now at 30 p. c. below the market.

R. T. HOLMAN LTD., Summerside The Island's Biggest, Best and Busiest Store

- W. A. Townsend, Souris. L. Hayden, Vernon River. Wilfred McInnis, Cherry Valley. Mr. Freeman, St. John. C. D. Morrison, Fredericton. M. M. Morrison, Fredericton. Leonard Lord, Bridgewater. Lorne Weeks, Fredericton. Grafton Campbell, Long River. A. T. Bell, Summerside. A. R. Wood, Govan, Sask. P. L. Melligan, St. Louis. Edward DeRoche, St. Louis. H. Shaw, Desable. T. M. Howatt, Ojeary.



Maritime Woven Wire Fencing and Gates THE FIRST PRINCIPLE OF A GOOD FENCE IS GOOD WIRE

MARITIME FENCE IS GUARANTEED—As we know what it is made of, how it is made, and what it will do. In Maritime Fence you not only get the best as to structural feature and service, but in addition to quality that has heretofore been impossible, and which cannot be secured elsewhere.

3 CARLOADS in STOCK Heavy and Medium Wire. All sold at FACTORY LIST PRICES Now is the time to get your supply of FENCING WIRE home while the roads are good and ready for spring FENCING GATES all sizes in stock.

CARTER CO. LIMITED Agents for Maritime Woven Wire Fence Company