

Woman's Realm Social and Personal Fashions Literature

Biscuits that melt in your Mouth WITHOUT BUTTER

MAGIC'S HONEY BISCUITS

3 cups sifted flour
1/2 cup honey
1/2 cup shortening
3 tapers, Magic Baking Powder

1/2 cup honey
1/2 cup milk (scant)
1/2 taper, grated lemon rind, if available

Sift dry ingredients together. Cut in shortening until mixture is crumbly. Add honey and milk. Knead on lightly floured board enough to shape into smooth ball. Pat 1/2-inch thick. Cut with floured biscuit cutter. Place on baking sheet and bake in hot oven (425°F.) 12 to 15 minutes. Mix remaining honey with lemon rind and drizzle over tops of biscuits just before removing from oven. Makes 14.



FOR SUCCESSFUL BAKING

CAULOTS—WITH A DASH OF ONION

3-4 cup silvered onions
1-4 cup shortening
2 tablespoons flour
1-4 cup boiling water
3 cups thinly sliced carrots
1-2 teaspoon salt
1-2 teaspoon pepper
1 teaspoon granulated sugar

Lightly brown onions in hot shortening; drain them from fat. Blend flour with remaining onion, stirring as you do so; slowly stir in boiling water, stir and cook until thick and smooth. Add onions, carrots, salt, pepper and sugar. Simmer, closely covered, half an hour or until vegetables are tender.

Natural Flavor..... so Satisfying!

YOU'LL like Baker's Cocoa! It is delicious, natural-flavored, chocolate—because it's real cocoa, with nothing added. Prepared according to package directions, Baker's Cocoa is outstandingly smooth, creamy, tempting. The low-priced 1-lb. size makes up to 90 servings. Gives wholesome goodness to your baking, too!



Baker's Cocoa

IN HIS DEFENCE

Proudly Mrs. Hobson showed some of her new acquaintances ever her new home. "Is your husband a bibliomaniac?" asked one visitor when shown into the library, where every book was a leather-bound edition de luxe. The hostess stared coldly at her questioner. "He doesn't bibble a bit. Not that he won't take a drop now and then with his meals, if the rest do. But that's as far as he goes."

"I WANTED TO SHOUT FROM THE ROOFTOPS—"



No need for clothes to look

HALF-WASHED!"



THAT'S BECAUSE SUNLIGHT'S EXTRA-SOAPINESS GETS RID OF THOSE EXTRA-DIRTY SPOTS

SEE FOR YOURSELF HOW MUCH BRIGHTER CLOTHES COME ALL OVER

Just a touch of Sunlight on the soiled parts leaves a film of soap... and as you wash, Sunlight whips up into the richest, deepest-cleansing lather you ever saw. No wonder Sunlight never leaves clothes looking "half-washed." Grand for dishes and so kind to hands, too!

FOR A COMPLETE WASHING JOB... YOU CAN'T DO WITHOUT SUNLIGHT

Living & Leisure The Woman's Realm

GRANDMOTHER'S DAY

Grandmother: on a winter day, milked the cows and fed them hay. Slopped the hogs, saddled the mule. And got the children off to school. Did a washing, mopped the floors. Washed the windows, and did the chores.

Cooked a dish of home-dried fruit. Pressed her husband's Sunday suit. Swept the parlor, made the bed. Baked a dozen loaves of bread. Split some firewood, and stacked it in.

Knou... to fill the kitchen bin. Cleaned the jamms and put in oil. Stewed some apples and brought them to the table.

Cooked a supper that was delicious. And afterward washed up all the dishes. Fed the cat and sprinkled the clothes.

Mended a necktie of hose; Then opened the organ and began to play.

When you come to the End of a Perfect Day. —The Rotarian.

EASY MENDING

Have a make-over basket into which you put everything which needs to be made over, and plan to work a little while each day, if only a few minutes, on the make-over supplies.

A worn bath towel may be made into wash cloths. Four washed salt bags may be sewed together, hemmed and used for a towel or garter. If a chemical duster is wanted, put a tablespoonful each of turpentine and kerosene into quart of hot water, dip the cloth and hang out dripping wet. When dry, it will be fine for dusting and polishing. It can be washed and redipped any time.

A couple of worn pairs of curtains may be made over and one of cretonne made into a fresh bright cushion.

ANGER

In early times anger frequently was shown by fighting; but because of the social customs of our time anger is suppressed to-day and not allowed to work itself out of the system. As a result proper digestion is prevented; the voice is changed in pitch and volume and if anger is suppressed for many years, high blood pressure.

The weather is said to influence anger simply because when it is hot people do not care to be argued or to fight, but when it is cold they do not mind.

Anger is more frequently shown by people with either great or inferior intelligence than by those with average intelligence or ability.

If all the energy used in futile and destructive anger could be changed into water power, there would be enough power to operate all the machinery in the United States.

The strength used up in anger might well serve more useful ends.

constructive purposes, which would also relieve the nervous tension.

On associates where fresh water is scarce, fish better food than lower forms of marine life because the salt content is less.

Lime, long regarded as a soil conditioner and not a fertilizer, adds an essential mineral to many plants, making them more nutritive foods.

Paper packages now used by the chemical industries to ship dry chemicals include solid fibre drums, solid and corrugated fibre boxes, and multivall paper bags.

PIMPLES BLACKHEADS

Today, quick get rid of milder medicated Cuticura. You'll probably be amazed to find it helps clear up annoying, unsightly pimples, redness, blackheads! A world-wide success! Recommended by leading dermatologists in Canada. Buy today! All druggists.

CUTICURA SOAP AND OINTMENT

ASHES OF LIGHTING

By VINCENT CORNELL

CHAPTER XIV THE GENERAL BACKS MORETON

Wires throbbed with messages; field radios received heard rapid orders. The whole force engaged in fighting the moorland fires was re-organized. Seventy per cent of the troops were ordered to march out on trench digging and demolition work to the north of the stone walls between the hills and the moorland. The rest were to be used for trench digging and demolition work to the north of the stone walls between the hills and the moorland.

Moreton grunted, somewhat cynically, as he listened to the official congratulations he received. Rather nice, he told himself, to have produced such a magnificent result, herring with such facility in such a crisis.

For, to his clear-thinking and realistic mind, it was what it amounted to—the device had served to withdraw official attention from the absolute failure of his efforts in other directions.

During these weeks that he had played his waiting and watching game in the guise of an inspector, he had never collected any evidence to convict Flanagan and Helme of complicity in the various acts of sabotage he had noted. Then—from the moment Helme made that fatal suggestion on the station platform, until now, when he was cutting his first month in fifteen hours—events had moved with such rapidity as to leave him unable to exercise any single instrument which would implement success.

Flanagan had staged his mysterious disappearance under their very eyes. Helme, the progress clerk, had similarly vanished. A posse of Security police, detailed to arrest him, had searched the factory premises and, eventually, his lodgings. Evidently Helme, too, had seen the game was ended. He had been back to his rooms and had destroyed papers and clothing in a most unusual manner, by hiding them in the hearth and pouring acid over the heap.

Moreton nodded, satisfied, over the news of that.

General Hardisty had stated he wanted Helme's neck for the hangman's noose... now he had it! For the flask which had contained the acid was of that light

Dorothy Dix Says—

REWARD FOR GOOD STEPMOTHER

Woman Who Takes Another's Children To Heart Deserves Reserved Seat In Heaven

DEAR MISS DIX—I have been married just six months to a man I love dearly. We are both in our early twenties and have been very happy, but now he asks me to do something I cannot do. He wishes me to adopt his son, the result of an indiscreet love affair. I would like to adopt his son, but I am not another woman's mother. I would like to adopt his son, but I am not another woman's mother. I would like to adopt his son, but I am not another woman's mother.

ANSWER—Undoubtedly it will be better for the child to remain with his mother's people if you feel that way about it. For no crime on earth could be more heinous than to take another woman's children to their hearts and mother them surely will have the reserved seats in Heaven, while as for the bad stepmothers—truly it were better for him that a millstone were hanged about his neck and be cast into the sea than to offend one of these little ones.

DEAR MISS DIX—Should a girl in choosing her husband pick out for her life mate a slender-built man or a stout one? Which is the better risk as to general disposition and faithfulness? WONDERRING.

ANSWER—Well, personally, I prefer them hefty, the sort that look as if they took a real heart interest in food and would do credit to a woman's housekeeping. But, my dear girl, you don't pick out a husband as you do a chicken by its weight. There are so many more things than a man's figure to be considered that you shouldn't give it a second thought.

DEAR MISS DIX—I am a widow with three small children... In order to fit myself to support them I decided to take a stenographic course, but I did not seem to be able to learn as I should, so I got a job doing housework. The people I am working for are lovely to me, but I cannot have my babies with me. They are with different relatives and get good care and I see them every week. But do you think it would be better for me to go to work and try to finish my business course, or stick to the housework?

ANSWER—I think it would be better for you to stick to the housework, as well as a nimble brain, to become a good stenographer, and I doubt if any woman of your age could acquire the skill to do it. But as to general disposition and faithfulness, I would put my money on the fat man. Somehow, fat seems to go—perhaps it is a consolation prize—with an amiable, easy-going temperament. Stout people are nearly always comfortable to live with, whereas thin people are nearly always nervous and irritable and pessimistic. Also, the stout man is less apt to be a philanderer, maybe because he has fewer temptations.

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SWIFT'S WEEKLY FOOD HINTS

Martha Logan, Swift's famed home economist, whose weekly wartime cooking column is a regular feature of this page. Look for these valuable hints each Monday.

Quick and Easy!

Swift's Brunswick Liver Sausage is delicious as well as nutritious, and easy to serve.

These busy war days, when every minute saved counts for an emergency home, extra Red Cross or volunteer work, housewives are on the alert for quick, easy-to-prepare dishes—ones that pack a lot of nutrition AND Appetite appeal.

A really nutritious and tasty meal basis is Swift's Brunswick Liver Sausage. Containing an abundant supply of essential food needs, liver sausage is a treat. Served hot or cold it gives the family those body-building proteins in a most delicious form. Besides containing high quality proteins, liver sausage is rich in all components of the important Vitamin B. group, and is a good source of Vitamin A.

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SWIFT CANADIAN CO. LIMITED

Makers of Premium Quality Products; Brookfield Butter, Eggs and Cheese; Jewel Shortening and Silverleaf Lard.

FINER FLAVOR

brings Dominion-wide Swing to Chase & Sanborn

The flavor FULL coffee roasted in Canada!

TILLIE THE TOILER—COMPLETE PROOF

By WEBSTER

THIS IS JUST TOO THRILLING! I'VE BEEN KEEPING HER SECRET FOR A WHOLE WEEK!

YES, COLONEL, MY FRIEND KEPT IT SECRET ALL THIS TIME AND I, HER VERY BEST FRIEND, NEVER EVEN SUSPECTED HER ROMANCE!

SO THAT IMPROVES THAT OLD MOSE-WORN THEORY THAT WOMEN CAN'T KEEP A SECRET SH, COLONEL?

H'MMM

RIGHT-BY-WAY AND I'VE AGREED TO GET HER A MINK COAT SEVERAL WEEKS BEFORE SHE TOLD ME ABOUT IT!