

# Women's Realm Social and Personal Fashions Literature

## YOUR INDIVIDUAL HOROSCOPE

(By FRANCES DRAKE)

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Look in the section your birthday comes in, and find what your outlook is, according to the stars.

For Thursday, February 1st

**MARCH 21 to APRIL 20 (Aries)**—The best planetary day you've had in several. Industrial, mechanical and domestic affairs as favored as are money matters, buying, selling, and gains through professional interests. You should also meet with success in romance, hobbies and entertainment.

**APRIL 21 to MAY 20 (Taurus)**—An early start (morning) offers most propitious rays of the day. Should put your plans and activities across in a satisfactory manner. Especially advantageous for private affairs and those things that require artistic and finesse.

**MAY 21 to JUNE 21 (Gemini)**—Your only admonition this good business day is to be discreet and tactful in what you say lest you give the wrong impression of yourself and your intentions. Work faithfully but not too aggressively.

**JUNE 22 to JULY 23 (Cancer)**—Excellent vibrations. Industry and trade, financial deals and domestic entertainment propositions come under friendly rays. Care is advised driving vehicles, airplanes and handling machinery.

**JULY 24 to AUGUST 23 (Leo)**—Your attitude toward your obligations and toward those whom you contact will determine much of the amount of your success. Willing cooperation will bring you splendid results. Good luck!

**AUGUST 24 to SEPTEMBER 23 (Virgo)**—Much good can be accomplished if you will stress constructive effort and not be led astray by extremes of theory. Confidential matters, improving and exploiting your artistic ability most favored.

**SEPTEMBER 24 to OCTOBER 23 (Libra)**—You are engaged in the following business should meet with very pleasant results: Restaurants, hotels, clubs, jewelry shops, manufacturing candy, designing, building artistic furniture and other household and office needs. Benefits indicated for all.

**OCTOBER 24 to NOVEMBER 23 (Scorpio)**—You bore before November 10 particularly favored with friendly star-rays. "Make hay

while the sun shine." You other Scorpio folk: Utilize more of your ingenuity and cleverness.

**NOVEMBER 24 to DECEMBER 23 (Sagittarius)**—Your day should be so full and interesting with plans and useful activities that you won't notice its passing. At end of working hours enjoy some wholesome relaxation.

**DECEMBER 24 to JANUARY 23 (Capricorn)**—A big-hearted optimism based upon a wide faith in God and your fellow men, plus application of your intuition and general capability, will put you in the way of lasting benefits.

**JANUARY 24 to FEBRUARY 23 (Aquarius)**—May not be too easy today for you but if you will put mentally and down to brass tacks, you'll achieve as you should. Determined effort an essential.

**FEBRUARY 24 to MARCH 23 (Pisces)**—Especially friendly for you born before March 7 for finances, employment and private affairs. You other Pisceans are slightly less favored out can succeed with your plans with a little extra effort. Be patient but progressive!

**A CHILD BORN ON THIS DAY** will have strong intuitive faculty and a liking and capability for mechanical and inventive interests. Will do creditably in a position dealing with public welfare, in a large institution employing many people. May sometimes neglect home interests assisting general causes.

### CROWNS HIGHER IN SPRING HATS

Paris. — The tendency toward slightly higher crowns for spring, noticed in one or two other collections, is apparent in several hats at Molyneux. By higher crowns are meant those of three or four inches. In contrast to the flat little pillboxes and canopies, or the fur topped raised at front only, which have been so successful all winter. The height of the new hats is not so great that it is worth special comment except that usually Paris milliners promote height for fall and not for spring.

One such hat is almost small enough to be called a toque in the lowest. Another is a small cloche, with its brim continuing up into a narrowing crown bound around by ribbons at its base and top. One of the prettiest is a fairly wide brimmed shape with a little sweep to it, up at one side and down at the other, and a small crown nearly 4 inches high. It is done in bakon in a soft Nattier blue, which makes a lovely contrast with three sprays of pink wall flowers against one side of the crown.

This house is using taffeta and grosgrain as well as exotic straws like bakou for its first spring hats. There are pretty flower trimmings at Suzy also, among the smartest being small bunches of violets, one a little larger than the other, at opposite sides of the brim of a small canotier of back felt, each side rolled a little. Fruit is also being used by this milliner. A small smart and picturesque is a small shape in honey color felt or straw covered by velvet carapies tinted by hand in rosy tones over the golden base.

Another model here is entirely

## THE COOK'S CORNER

Steak and Cabbage Baked

2 lbs. round steak  
Flour, salt, pepper  
1 large head cabbage  
2 large onions  
1 tin tomato soup

Method: Cut the steak in pieces of serving size. Flour each one and brown richly in hot melted shortening or drippings. Season well with salt and pepper.

Chop or shred the cabbage coarsely and slice the onions thin. Place a layer in the bottom of a small roasting pan, then add a layer of the steak. Add the remainder of the cabbage on onions, season with salt and pepper and add boiling water to come half-way up the pan. Cover closely and bake for about 2 hours.

About a half-hour before serving, add the tomato soup and the mixture to cover the boiling point. Lift to a hot platter and serve.

Baked Short Ribs

3 lbs. short ribs  
1 tablespoon mustard  
1 teaspoon flour  
1 teaspoon salt  
1-4 teaspoon pepper  
2 medium onions, sliced  
1 tablespoon vinegar  
2 cups canned tomatoes  
1 tablespoon spicy meat sauce

Method: Have the meat cut into pieces about 2 inches long. Wipe and then rub them with a paste made by mixing the mustard, flour, salt and pepper with the vinegar. Let them stand in this paste for an hour.

Place in a casserole or baking dish and arrange the sliced onions over them. Add the tomatoes and meat sauce. Cover the dish and bake in a moderate 350 deg. F. oven for about 1-2 hours. Potatoes peeled and cut in quarters, can be added during the last half hour or so.

of flowers, like small roses, and the original is shown in soft tones of blue ranging from Nattie to navy with a few yellow-gown buds mixed in, making an unusual and becoming color combination for most skin, as the greenish flowers are in the centre surrounded by the blue ones. The toque fits the head closely, dipping over the forehead at one side, and has a plain mesh veil hung around it, mounted with gathers so it fluffs out, and cut long enough to shade the eyes.

Another flower toque, a tiny boat shape, is piled with assorted flowers in bright colors.

Also very springlike in appeal are the twisted narrow turbans of wide satin-ribbon, gauze, ribbon here, which Mme. S'zy is already making for the evening for some of her Parisian clients. The fabric is so gossamer, it is hard to see where the hat and the hair begins.

### WISE WOMAN SETS LIMIT TO EXCESS POUNDAGE

It's a simple matter to lose two or three pounds, but a tedious job indeed to try to take off ten. Knowing this, the woman who is determined to remain slender decides at 30 just how much she wants to weigh the rest of her life. When her weight goes more than two pounds above that figure, she immediately takes steps to lose the excess pounds.

By sensible dieting she finds it possible to lose two pounds, or even three, within three weeks. She simply eliminates sweets, including dessert, from her daily diet, has only soup, green salad one thin slice of toast and a beverage for lunch and eats only one portion of everything on the dinner menu.

If, during convalescence after an illness, or after having a baby, she finds that she has gained a great deal of weight, she consults her family doctor about the possibility of reducing without endangering her health. With his help she plans a diet or a system of exercises or a combination of both.

Few and far between are cases where the doctor wants any patient to remain twenty or more pounds overweight. Among mature persons, it's rare indeed when

## Dorothy Dix's Letter Box

### Jealousy is a Double Curse When it Rears its Head After Divorce and Second Marriage and Where Children Are Concerned so Scotch it Quickly

Dear Miss Dix—My wife and I are deadlocked over a problem that we have decided to put to you. Here are the facts in the case: I am 33, she 34. We were married last September. Both divorced. She has three children, two boys, 14 and 7, and a baby girl, 2½. The two boys live with their father. The question is: Should my wife ever talk with her former husband about her? I have forbidden her to do so, and tell her that if she ever talks to him, regardless of the topic of conversation, without my being present, or some one that I designate, that it will probably end our marriage. She says I should not ask tasks of her because there might be problems concerning the children that she and her former husband should talk over, that are their affair and not mine. My wife's former husband married immediately after getting his divorce, but I fear that he is trying to get her back again. My wife says that she loves me dearly and is much happier with me than she was with her first husband, but she knowingly disobeyed me in talking to her former husband alone. My former marriage broke up because my first wife preferred eating out instead of cooking at home. I warned her. She would not listen. I got a divorce. Are all women such fools? But how shall we

Answer: Well, Mr. Man, unfortunately women haven't a monopoly on being fools. Some men are, too. Not you, of course. You are cool and calm and unprejudiced. You take a perfectly rational view of the way that silly little wife of yours is acting, and you can't understand why you can't make her get your point of view on the matter. But she better had, you are warning her!

But has it ever occurred to you that the reason you can't see the situation as clearly as an outsider does is because your eyes are so clouded with jealousy that you bend the whole picture surface with green? If you could get rid of that, you would perceive that there is no harm in your wife having an occasional conversation with her former husband, unless you believe that she is a double-crosser and not to be trusted, and that she and her ex-husband are engaged in a secret love affair. Which seems unlikely, considering that they couldn't get along together when they were married and she claims to be happier with the second choice than they were with the first.

You have to realize that divorces in which children are the pawns bring about strange and complicated law, cannot be avoided. Let's say a divorced woman marries again doesn't alter the fact that she, as the mother of the children of her first husband, nor does it keep her from loving them, nor being interested in their welfare. Hence it is inevitable that she should want to discuss problems concerning them with their father, and that they could only do this freely if there were no third person listening in. And the man who cannot trust his wife to do this, surely has a very poor opinion of her.

As for your thinking that your wife's former husband is trying to break up your home, that is another hallucination induced by green; yes, he has a wife he preferred to your wife and anyway he couldn't marry her, could he? He would not do this, it is not likely in these hard times that he would care to set up two wives even if the law permitted.

Inasmuch as it makes you so unhappy for your wife to speak to her former husband alone, I should suggest that in the interest of peace that she accept to your demand that she dates only me. I am considered, "his girl" and no one else dares to ask me out. I don't go to any more parties because he dislikes dancing. He likes ice skating, I detest it. I like roller skating, he doesn't. So we don't skate. So it is with other sports that he would not do, and I should have. This is true. So we have got into the habit of petting. I know it is wrong. I don't wish to do it, and yet what else is there to do? I have tried to get rid of this habit and get in with the crowd again but it doesn't work. I refuse to see him and sit at home for about a week, then I am so tired of solitude that I give in and start all over again. Can you tell me what's to be done?

All you need to solve your problem is to be less tyrannical and arbitrary and to try to put yourself in your wife's place and you would speak like to have somebody dictating to you about whom you should speak to.

Don't Be A "One Man Girl" Too Soon

Dear Dorothy Dix—I am a girl in senior high. Have always been popular with the boys until these last couple of years. Then I began going to your demand that she dates only me. I am considered, "his girl" and no one else dares to ask me out. I don't go to any more parties because he dislikes dancing. He likes ice skating, I detest it. I like roller skating, he doesn't. So we don't skate. So it is with other sports that he would not do, and I should have. This is true. So we have got into the habit of petting. I know it is wrong. I don't wish to do it, and yet what else is there to do? I have tried to get rid of this habit and get in with the crowd again but it doesn't work. I refuse to see him and sit at home for about a week, then I am so tired of solitude that I give in and start all over again. Can you tell me what's to be done?

Answer: The only thing you can do is to make your break with the boy final. He is probably as tired of you as you are of him and will be just as glad to be free again. Get your mother to help put you into circulation again. Get her to give you some parties, invite all the crowd in and devote yourself to being nice to all the boys.

And it wouldn't be a bad idea to confide to your dearest friend, in the strictest secrecy, that you and Tom have decided it is more fun to play around with a lot of girls and boys than it is just to settle down to one. In about two days everybody will know it and the thing will be done. And once you break your fetters, for heaven's sake have enough sense not to let yourself to any one boy until you are ready to settle down for keeps. Any girl who keeps steady company with a boy until he pops the question and asks her to name the wedding day is just lacking in natural gumption. She cuts herself off from all the freedom of choice among boys that a girl should have. She is dependent on the whims of one boy for her pleasure, and if he gets tired of her and drops her, or she gets fed up with him and wants a change, she is sunk.

She is branded as "Tom's girl" or "Jerry's girl" and the boys no more think of dating her than they would a married woman. Steady company is only too often no company at all, at least for a girl. It is bad business. DOROTHY DIX.

obesity is considered to be an asset to health. It never is an asset to good looks. No doctor, or for that matter no reputable beauty expert, believes in starvation diets or in bed diets. Don't be persuaded to live for days on nothing except butter-

## A Morning Smile

OUT OF PROPORTION.

A well-known attorney was always lecturing his office boys whether he needed it or not. One day he chanced to hear the following conversation between the boy and the one employed next door. "I get \$1,500 a year. Five dollars a week in cash and the rest in legal advice!"

### LITTLE CHOICE

He wore plus-fours and carried a large assortment of golf clubs. "Yes," he said to the girl in the train. "I've had an awful day. Rained all the morning and by lunch-time the greens were in a shocking state." "Really?" said the girl. "We had asparagus, but that wasn't very good either."

### TROLLEY GADGET

LIVERPOOL, England.—(CP)—To minimize flashes caused by overhead trolley poles coming into contact with insulators, a newly-invented device is being manufactured here.

999,999 FOR ADOLF BOLTON, England.—(CP)—The millionaire shell produced at a Lan-cashire textile mill turned over to munition making, was presented to Leslie Burgin, Supply Minister, by Sir Walter Preston, factory owner.

### Do You Write Letters the Hard Way?



Good Letters Simple to Write

Oh! dear, the letters you owe! How you dread writing them! It's because you go about it the old way. Maybe you chew your pen—wondering how to start, how to write in a "dressy" way. And then you turn out something as dull as this: "It was nice to hear from you. We are having quite a number of little functions."

But how can you write easily? Know helpful pointers, simple rules for charming letters. To star your letter think what you'd say if you suddenly met the person you're writing to. You'd bubble over with "How I've missed you!" Write that! And don't be pompous, write like yourself: "We've had lots of parties here—such fun!"

Of course, you write more easily when sure of your English—know, for instance, that "excepting the music" is correct, not "excepting the music." And knowing etiquette points adds to confidence, too. Our 32-page booklet gives the etiquette of letters, has pointers on English, what to write about. Gives many sample letters as a guide for your own—on social, business occasions. Send 20c in coins for your copy of Good Letters—Written Made Easy by The Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

## Helpful Hints For The Women Folk

A HAPPY DAY

A little work to keep us strong; A little love to keep us gay; A little love to sweeten life— All this can make a perfect day.

A little kindness on the road, To keep us warm when days are sad; A smiling glance, an outstretched hand, To comfort us and make us glad.

It takes so little, all in all, To make us happy day by day; To give the world our little best, And see the world our best repay.

Nests for hens mounted on shock absorbers to prevent shocks of near-blasting interfering with eggs hatching have been invented by an Oklahoma man.

Of French invention is a collapsible tube for tooth paste and similar commodities that folds like an accordion to eject its contents when its bottom is pressed.

Browns take the fashion lime light for fall, ginger brown, plum brown, browns like an Ethiopian's skin. Yellow-greens and blue-greens run next in popularity, with brilliant reds for evening. Deep blackberry shades are the news in wines. Fashion whispers that monotonous, different tones of the same color, will be smarter than the giddy contrasts that have been summer highs.

Lillian Shoes, daughter of Christopher Latham Shoes, was the world's first typewriter. Her father invented the first successful typewriter, but the machine wrote only capital letters.

### BOTTLE SHAPES INSPIRE DESIGN

Paris. — Jacques Heim's new silhouette, which is most completely expressed in his evening dresses, is called the "Schweppes" silhouette because of its resemblance to the famous English soda-water and ginger-beer bottle. The waist is narrow and distinctly marked. The hips are wider. The collar is a little higher — a natural development following the crushed-collared culture. This new silhouette has aroused such controversy in Paris, nevertheless, that Heim has enthusiastically adopted especially by the younger woman who is not afraid of looking older and who is always ready to be off with the old and on with the new.

For daytime wear Heim advocates the same silhouette as for evening with slight modifications. Tailored suits have slightly longer jackets and are sometimes bloused in black. There is a new two-tone note to tailors, particularly exemplified by one suit which flaunts a white skirt, a green jacket and violet sleeves to the hacket.

Detachable for collars and muffs are characteristic Heim suit accessories. Buttons are an all important decorative detail for women—tailors' metal buttons; for men—tailors—ceramic buttons or buttons fashioned after antique jewelry.

Tailored suits for evening wear are distinguished by spangly. Herlequin blouses often melange green, blue and plum-colored sequins.

Heim's new "Schweppes" line is naturally less marked in afternoon dresses. Here we find skirts slightly flaring, school girl fashion. "Fontainebleau" is in brown and beige checked velvet; "Bergrace" an ensemble in pale blue and beige worn with a navy blue velvet coat. "Tarbo" a raspberry lame, flecked with gold, worn with a broadcloth coat in the same shade.

Heim coats are either bloused in form or straight with little fullness. The former are extremely youthful with their white or colorful masses, stitching and their movement of wide vertical pleats; the latter often accompany a tailleur or two-piece ensemble made in the same material.

### FASHION NOTES FOR EARLY FALL

The season's new jewelry couldn't decide whether to be mad or pretty. So it's both. Straw, sponge, cork are some of the mad materials. Chessmen, from pawn to king, are strung in black and white on a red cord. Bridge score pens, even screws in bolts, are strung on bright gold chains. The pretty school of thought adopts glass stars on red wool, iels of coral white fabric dashes.

When a lizard dashes away from an enemy, he is quite likely to leave his tail to distract the pursuer's attention while he makes his escape. By means of specially formed muscles and ligaments the amputation is bloodless and almost immediately, a new tail starts to form.

### DO'S AND DON'TS HOME INTERIOR DECORATOR SHOULD REMEMBER

If you have a small living room, writes Mary Davis Gilles in McCall's, don't do any of the following things: use bulky, overstuffed furniture and a huge radio cabinet; have strong color contrasts between walls, woodwork, draperies and upholstery; select strongly patterned fabrics or wall paper or highly textured fabrics or portieres; choose dark colors, many colors or many dodads. Do use furniture that is small in scale; repeat the same hue in walls, woodwork and draperies; select plain fabrics and smoothly textured materials; plan a simple, two-hue color scheme like deep plum blue and claret; make the most of open spaces—such as trellis at an arch instead of portieres; arrange the furniture in an orderly manner and keep the number of accessories small.

### FEES TO HITLER

CANBERRA, Australia.—(CP)—"Mein Kampf" royalties collected in Australia will be paid to Germany after the war—if royalties due Australia on books selling in Germany are paid—the government has announced.

### OLD SALT DIES

WELSHPOOL, Wales.—(CP)—Veteran of the Ashanti War of 1873, Admiral Henry Seawall Niblet died here at 88. Admiral Niblet served the Royal Navy in 1866 and served until 1913. He was decorated by Edward VII.

## New Under-arm Cream Deodorant safety Stops Perspiration



1. Does not rot dresses—does not irritate skin.
2. No waiting to dry. Can be used right after shaving.
3. Instantly stops perspiration for 1 to 3 days. Removes odor from perspiration.
4. A pure white greaseless, stain less vanishing cream.
5. Arrid has been awarded the Approval Seal of the American Institute of Laundering, for being harmless to fabrics.

15 MILLION jars of Arrid have been sold. Try a jar today!

ARRID 39¢ a jar At all stores selling toilet goods (also in 15¢ and 5¢ jars)

## Smartest Fashions And Winter Styles

Your at home clothes, your house frocks, are just as important as your dress up clothes. Here is a pattern that is smart in either version. The button-front princess style slims your figure. For comfort and an efficient neckline is comfortable and efficient looking. Bright cotton print with snowy white collar, cuffs and pocket bands is cherry to wear now and gay for later on. Now is the time to make your house frocks, they are so important in a woman's wardrobe. Princess lines are smart for spring and this same design made in navy or the new dark green crepe will be a lovely first street dress.

Style No. 3139 is designed for sizes 16, 36, 38, 40, 42, 44, 46, 48 and 50. Size 36 requires 3 7/8 yards of 39-inch material, with 1 yard of 35 inch contrasting.

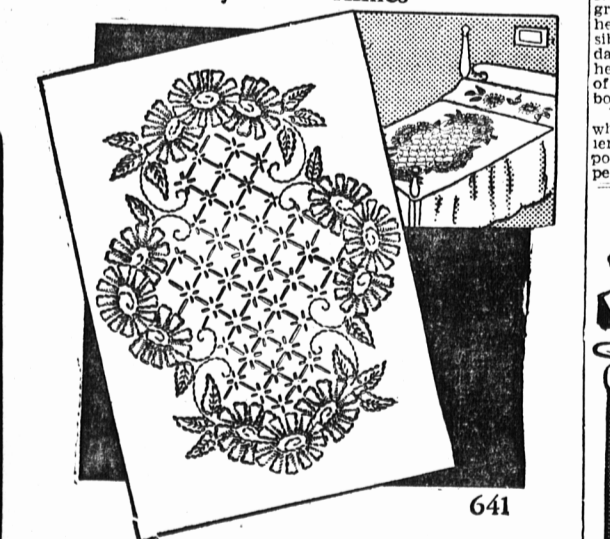
Send fifteen (15c) coin is preferred) for pattern. Write plainly your Name, Address and style number. Be sure to state the size you wish.

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

CHESTER BELLS  
CHESTER, England.—(CP)—Cheshire's church bells were silent one Sunday when a ministered order from the government prohibited bell-ringing. The order was rescinded, and now bells peal on Sunday as usual.



## To-Day's Popular Design By Carol Aimes



ZINNIAS IN A GARDEN, EMBROIDERED BEDSPREAD DESIGN NO. 641

For letters telling us so many nice things about our department put us all in a grand mood this morning and so we have designed this lovely spread to show you how helpful you are. It represents beds of vivid zinnias nodding against a garden trellis. You may work all the flowers in one color of varying shades or you may select many colors. Note the clever flower petals made of straight stitches and a single row of outline. It is surprisingly quick and simple to complete.

The pattern includes transfers of the designs for centre of the spread, corners and bolster, stitch and color guides and keys, materials required and diagrams of stitches.

To order this design, write your name and address on a piece of paper and send with 15 cents in coin or stamps to Needlework Department, Charlottetown Guardian.

To Charlottetown Guardian Needlework Department. Design No. 641