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You may be one of the lucky Ones! Two Free Enterprise Ranges, one at each store, Summerside and Charlottetown, will be wrapped in big packages and PADLOCKED. When you order your New Enterprise, you use your skill in selecting the RIGHT Key to open the Holman-Enterprise pad lock. If you choose the Key that on December 24th opens the lock, the Range you BOUGHT will be given you ABSOLUTELY FREE.

HOLMAN'S

BOTH STORES

In Memoriam

MR. JAMES L. MATHESON

In the death of Mr. James L. Matheson which occurred on November 17th Dundas P. E. I. lost a highly respected member of the Community. His entire life of seventy-eight years was spent on the old homestead at Dundas with the exception of two years spent in the U.S.A. in his early manhood. He had not enjoyed good health for the past two years but was able to be about and care for himself till within a short time before his death.

The best medical skill with the tender and loving care of his brother and sister-in-law Mr. and Mrs. Angus G. Matheson and family could not stay the hand of death. The deceased was of a somewhat retiring disposition, but was kind and generous to all. There are left to mourn his passing one sister Mrs. John A. Fraser (Mary) Kingsboro, P. E. I. and two brothers Angus and Archibald of Dundas, he is also survived by a number of nieces and nephews.

The funeral was held from the home of his brother Angus G. Matheson on Nov. 18th the service being conducted by Rev. Mr. MacLeod. Interment was in the cemetery at Dundas.

That Body of Ours



By James W. Barton, M.D.

DIGESTIVE DISTURBANCES DUE TO EMOTIONAL UNREST

A few years ago when a patient consulted the physician about symptoms which he thought were due to heart, stomach, liver, or other organ, the physicians, finding no organic trouble after careful examination, would tell him that there was nothing really wrong with him, he forgot about himself. His symptoms promptly disappeared.

There are many suffering with various symptoms yet the reassurance of the physician that there is no organic trouble does not remove the symptoms. The reason that the symptoms remain is because the individual has worries, problems, disappointments in his life, and the upset mind can upset the various organs and processes of the body.

In speaking of these nervous, upset patients with various heart, stomach, liver or intestinal symptoms, Dr. Walter Alvarez, in Medical Clinics of North America, says: "Only a little encouragement and reassurance is needed by the sensitive patient who says, 'Well, if there is nothing serious growing in my abdomen or my head, I can easily stand this gas pain or distress or headache. I will go back to work and stop worrying.' But bromides and a high-vitamin diet won't help a bit if the patient's indignation happens to be due to milk or eggs, and it will not help if the abdominal distress and soreness in lower bowel are due to constipation which cannot be controlled by a bulky diet. Bromides and a diet will not help the overworked girl with a sensitive colon (large intestine) who is terrified, by unhappy because her beau cannot marry her and at the same time support his aged parents. Nor will they help the woman who is fighting with her husband and trying to make up her mind about a divorce."

The first thought then when symptoms are present is to undergo a thorough examination by physician and dentist. If no organic condition is found, then question yourself as to whether your emotions — worries, disappointments, difficulties — disturb you to any great extent.

There is always the possibility also that stomach and intestinal upsets, headaches, rapid heart, breathlessness and other symptoms are due to sensitiveness to certain foods.

CELEBRATES 100TH BIRTHDAY

GLACE BAY, N.S. Dec. 19.—(CP)—Mrs. David MacMillan celebrated her 100th birthday today at a celebration attended by her children, grand children, great grand children and a great great grandchild.

REFUGEES ARRESTED

AMSTERDAM, Dec. 19.—(CP Havana)—German refugees who entered the Netherlands illegally were arrested today and sent to two special camps. Heretofore the refugees had been merely required to report daily at police headquarters.

POULTRY

Buying daily Live and dressed Poultry Paying Top Market Prices Correct Grading Prompt Returns ISLAND COLD STORAGE COMPANY, LTD.

SPECIAL TILL CHRISTMAS

Pure Wool Island made Blankets, also 62 x 92, weight 8 1/2 pounds per pair, or rainbow white with rose, blue, or rainbow borders, regular \$7.50 per pair for — \$7.00 Regular unnaped \$7.00 per pair for — \$6.50 Auto Rugs in Scotch Tartan and Fancy Bed Throws for a reduced price. Encourage home industry by buying CONDON'S WOOLEN MILLS 65 Queen Street Phone 145-1

Xmas Bargains

- Package Tea — 45c
 - 2 Lbs. Lard — 21c
 - 10 Lbs. Beans — 29c
 - 5 Lbs new dates — 25c
 - Mens Lumbermans
 - Rubbers — 1.35
 - Mens Fleece
 - Combinations — 1.00
- We have a complete line of toys and gifts for all. Bring us your poultry and receive highest prices. Store open evenings.

McGuigan & Boyle Hunter River



We are supplied with all high grade Coals comprising Hard Stone and Hard Nut, Old Sydney Screened, Springhill Screened, Inverness Screened, Albion Nut and Albion Round. Also Dominion Coke. Careful deliveries etc.

W. D. GILLIS & CO. PHONE 116

Sunday Observance

(The Council of Evangelism of the Diocese of Montreal recently appointed a special committee to consider the way in which Sunday is being observed in the diocese, and that body has now drawn up a statement giving its conception of the principles that should govern the observance of the Sabbath. It is published below over the signature of the Bishop of Montreal, the Rt. Rev. Dr. Farthing.)

An urgent problem before the Church today is that of Sunday observance. The "proper" observance will depend upon a right understanding of the nature and purpose of the day.

The difference between the Jewish Sabbath and the Christian Sunday must be recognized. It is marked by the definite change from the seventh day (Saturday) to the first day (Sunday) of the week quite early in Apostolic days. The first Christians were Jews, and for a while kept the Sabbath together with Sunday; but the double observance soon ceased, and Sunday was henceforth "The Lord's Day", the weekly commemoration of the Resurrection, universally recognized and hallowed by all Christians. It was not only a different day, but a different kind of day. Its "note" was positive rather than negative; it was concerned with affirmations rather than prohibitions; it declared "thou shalt" rather than "thou shalt not."

In the fourth century, following the alliance of Church and State, regulations against secular work on Sunday began to appear; but there had never been any suggestion that the Fourth Commandment of the Jewish decalogue was legally and hierarchically binding on Christians. Sabbath and "meane", against which a widespread reaction has developed, is a Puritan heritage. Our Lord taught that "the Sabbath was made for man, and not man for the Sabbath"; thus correcting a tendency which so often besets religion—the confusion of "Sabbath" and "meane". He also declared that "the Son of Man is Lord also of the Sabbath Day." Nevertheless, certain principles underlying his teaching were preserved in the Christian Church; and they are important in any consideration of the "keeping" of Sunday. Because the day is "for man", man must use it aright; not as he "likes" but in obedience to the principles embodied in the commandment. Where these are ignored, and the day is mis-used, the effect is detrimental to man's own welfare in the fullness of his being, and God is dishonored. To be guilty of such mis-use is to be convicted of sin. At the time of the Revolution, France sought to destroy Christianity by abolishing the Christian Sunday. A similar attempt has recently been made in Russia. How can we best preserve our weekly holy-day as a bulwark (for such it is) of our religion?

BRINGING UP FATHER



Thimble Theatre, Starring POPEYE—Now Showing—"A Very Unhealthy Climate"—Tomorrow—"Salt of the Earth."



rest from daily toil, but also "thy manservant, thy maidservant, etc." Hence the Christian will recognize his obligation to secure for others, as well as for himself, leisure from toil for the worship of God and needful recreation. Today this raises such practical questions as the work required on Sunday from domestic helpers, chauffeurs, cadets and others. The rights of all such must be recognized. In the matter of business and commercial encroachments, which in various forms tend to increase, the claims of God must be vigorously asserted against those of mammon.

Our Lord performed works of mercy on the Sabbath Day. On this principle, if Sunday is first and foremost a day for the worship of God, it is secondarily a day for ministering to the needs of our fellows as for example, visiting the sick and caring for the needy. Provided that these principles are recognized and applied in practice, the reasonable pursuit of healthy physical exercise and other means of relaxation may rightly be encouraged, and it can safely be left to the individual to decide the particular forms of his Sunday recreation.

"Let every man be fully persuaded in his own mind"; having always "a conscience void of offence toward God and toward men." It is not within the province of the Church to say "thou shalt not" in regard to any of these things, as though in themselves they were incompatible with Sunday observance. It is the duty of every man to say to all her members: "thou shalt worship the Lord thy God"; and to teach that regular worship an affair of honor, a matter of loyalty and obligation, as well as the joyous privilege of the children of God.

Today through His Church, as once in His Own Person, Our Lord makes exacting demands upon all His followers, both young and old. He may worship and adore the God of Love and Holiness in the "giving" to Him of ourselves and everything by which we live. Thus we may worship and adore that many things will be added to us; and among these we shall discover the "healing influence" of regular worship upon lives which "ache" from the stress and strain of daily life. In this way Sunday will be kept as a "holy" day, in turn, hallowed by the keeping of specific days, such as Dominion Day and Armistice Day, intensifies patriotism. The "worship" observance of Sunday will thus be, first and foremost, attendance "at the Lord's Service, in the Lord's House, on the Lord's Day, by the Lord's people." Where these are ignored, and the day is mis-used, the effect is detrimental to man's own welfare in the fullness of his being, and God is dishonored. To be guilty of such mis-use is to be convicted of sin. At the time of the Revolution, France sought to destroy Christianity by abolishing the Christian Sunday. A similar attempt has recently been made in Russia. How can we best preserve our weekly holy-day as a bulwark (for such it is) of our religion?

those who profess belief in Him than through the denial of unbelievers. A worshipping Church is a witnessing Church. The first call of Sunday is to worship; and thus to witness. "Thou shalt have none other gods before Me"; whether the "god" be the totalitarian state, or the money market, or recreations and amusements lawful in themselves. "Thou shalt worship the Lord thy God, and Him only shalt thou serve."

Signed on behalf of the Evangelistic Council,
JOHN MONTEAL, Chairman.

HAZEL GROVE SCHOOL

Honor roll of Hazel Grove School for November:
Grade X-1, Catherine MacLeod.
Grade IX-1, Georgie Buchanan.
Grade VII Sr.-1, Dorothy Bagnall; 2, Annie Fould; 3, Theima Nicholson and Stephen McConley, equal.
Grade VII Jr.-1, Helen Fould; 2, John Bertram; 3, Waldon Bertram.
Grade VI-1, Marjorie Buchanan.
2, Vivian Craswell; 3, Ora Fould.
Grade IV-1, Hazel Craswell.
Grade III-1, Merrill Nicholson.
Grade II Sr.-1, Reagh Fould.
Grade II Jr.-1, Flo Bagnall.
Grade I Sr.-1, Errol Bagnall.
Grade I Jr.-1, Alice Craswell and Eleanor Nicholson, equal; 2, Betty Bertram and Norma Fould, equal.
Perfect attendance: Errol Bagnall, Alice Craswell, Eleanor Nicholson, Reagh Fould, Merrill Nicholson, Hazel Craswell, Marjorie Buchanan, Ora Fould, Helen Fould, Dorothy Bagnall, Wendell Craswell, Stephen McConley, Lloyd Fould.
Barbara Fould, Teacher. (Patriot please copy)

Will Take Part In Naval Manoeuvres

PRINCE RUPERT, B.C. Dec. 19.—(CP)—Arrangements have been completed for sending 20 vessels from Prince Rupert fishing fleet to manoeuvres of the fishermen's auxiliary of the Royal Canadian Naval Reserve at Esquimaut, B.C., beginning Jan. 30.

RELEASED BY PHILLIES

PHILADELPHIA, Dec. 19.—(AP)—Release of wild Bill Hallahan, veteran southpaw pitcher for the Phillies, was announced today by President Gerry Nugent. Hallahan, rated as one of the wealthiest players in Baseball, said he might forsake baseball for a year to take a cruise around the world.

Rev. Allister Murray Spoke On Coast Trip

LOCAL RETIRED PRESBYTERIAN MINISTER RETURNED TO PULPIT ON THREE OCCASIONS WHILE TRAVELLING TO WEST COAST ON HOLIDAY (Sherbrook Record)

Although he is retired and was travelling to the West Coast to enjoy a well-earned holiday, Rev. Allister Murray, 41 Kingston avenue, Sherbrooke, returned to the pulpit in three different centres during the trip across the continent, it was learned today.

Mr. Murray, who journeyed to Vancouver to visit his nephew, Norman Murray, broke the trip first at Bellefleur, Man., where he preached for five Sundays, and again in Barabaras, Sask., where he stayed for three weeks. In both these places he dispensed the Communion sacrament. In British Columbia, near Vancouver, Mr. Murray was the speaker at the Highland Church (Free Church of Scotland). During his ten days' stay in the community he preached six times, conducted the mid-week prayer meeting and dispensed the sacrament of baptism. When he left the station the platform was crowded with numbers of well-wishers.

In the press of the town it was stated that "Mr. Murray's discourses were marked by deep sincerity, conviction and fervor, and were received with much acceptance by the Highland people who came in large numbers to both Gaelic and English services."

SAVAGE HARBOR W. I.

The regular monthly meeting of the Savage Harbor W. I. was held at the home of Mrs. W. D. Flett on Dec. 13 with an attendance of nine members and one visitor. The president Mrs. J. C. Douglas presided. Meeting opened with creed, followed by roll call which was answered by "Something pertaining to Christmas". Minutes of the last meeting were read and adopted. A sum of three dollars was given to the teacher to help out with the Christmas Concert. The sick committee reported no sickness. A reading by Mrs. J. C. Douglas was heard with interest by all. Lunch was then served by the hostess assisted by Miss Ines Figgot and Miss Helen Campbell, after which the meeting adjourned by singing the National Anthem. Next meeting to be held at the home of Mrs. T. L. Douglas. Roll call to be answered by New Year's Resolutions.

LIME

In accordance with the P. E. I. Department of Agriculture policy of assisting Island farmers to obtain Ground Limestone at low price, we are now prepared to ship lime in carlots of thirty (30) tons or more to all Island points at two dollars and eighty cents (\$2.80) per ton delivered in bulk and three dollars and fifty-five cents (\$3.55) per ton delivered in bags.

These prices are in effect until Dec. 31st, 1938.

Brookville Manufacturing Co., Ltd.

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H. G. S. ADAMS, MANAGER.

By George McManus