

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

What the Fashionable are Wearing Illustrated Dressmaking Lesson Furnished With Every Pattern

By Annabelle Worthington



A chic tulle for chic little maids of 6, 8, 10 and 12 years of sophisticated taste.

Rollo Bay and Vicinity

Mrs. Isabella MacDougal 20 Grafton St. Charlottetown is visiting friends in Rollo Bay and Vicinity.

Messrs Joseph MacCormac and Angle MacKinnon visited Armadale recently.

Miss Mary Peters, nurse in training at the City Hospital, spent a few days in Rollo Bay last week.

Mr. James MacCormac and son Peter, Rollo Bay, motored to St. Georges Thursday.

Among the visitors to Rollo Bay recently were Mr and Mrs Joseph Morrison and son Freddy, Launching Place Mrs B. MacCormac and Mrs C. McDonald, St Georges, and Miss Euphemia Campbell, Primrose.

Mr and Mrs Daniel MacEachern, Hermitage, motored to Rollo Bay and Souris recently.

We are glad to learn that Mr. Peter Carpenter, Lower Rollo Bay, is recovering from his recent serious illness.

Mr. Eusebius E. Doucette St Charles left Monday for St. Dunstan's University.

One of the best dances of the season was the verdict of those who attended the dance in the community hall at St. Charles on Friday night last. Excellent music was furnished and we understand a substantial sum was realized. Among those present were the Misses May and Rita Whyte and Henrietta Mac Donald Souris West.

IMPROVE YOUR HEALTH



MRS. G. W. POSLIFF 263 Huron St., Stratford, Ontario "Lydia E. Pinkham's Vegetable Compound is a good medicine. Anyone who is in poor health should not hesitate to try it. When I was taking the Compound I tried the sample Liver Pills I found in the package. I have taken them every night since and I can feel myself improving. I am so thankful for the good they do me that I have told several women about it."—Mrs. G. W. Posliff.



MRS. T. E. SLEEMAN R. R. 4, Cobourg, Ontario "Years ago when I had a sick father and a nursing baby to care for, I got all rundown and I took Lydia E. Pinkham's Vegetable Compound to get strength to do my work. Another time at Change of Life, I had severe headaches and felt tired all the time. I took seven bottles of the Vegetable Compound and felt like a new woman. I recommend it to any woman who is at this age."—Mrs. T. E. Sleeman.

Lydia E. Pinkham's Vegetable Compound

Lydia E. Pinkham's Vegetable Compound



You can tell it blind-fold

ANY real tea lover knows when he is getting King Cole. No other tea can match it for flavor, fullness, and strength. Not only that, but, properly made, every cup of King Cole Tea is exactly like every other cup. Other teas may vary with changing tea crops, and changing prices.

KING COLE TEA and KING COLE ORANGE PEKOE

King Cole Coffee is following in the footsteps of King Cole Tea

For The Cook

RIPE PEAR JAM

Ingredients: 4 cups (2 lbs.) crushed fruit; 7 1/2 cups (3 1/4 lbs.) sugar; 1 bottle pectin.

Use only fully ripened fruit. Peel, core, and crush pears so that every piece is reduced to a pulp. Measure pear pulp and sugar into large kettle, mix, and bring to a full rolling boil over hottest fire. Stir constantly before and while boiling. Boil hard 1 minute. Remove from fire and stir in pectin. Then stir and skim by turns for just 5 minutes to cool slightly, to prevent floating fruit. Pour quickly. Cover hot jam with film of hot paraffin; when jam is cold, cover with 1/2 inch of hot paraffin. Roll glass to spread paraffin on sides. If desired, add ground cloves and cinnamon, or grated lemon rind. Sometimes sets slowly. Requires about 3 pounds fruit. Makes about 11 eight-ounce glasses.

French Writer To Visit Maritimes

MONCTON, Sept. 9.—Count Robert de Caix de St. Aymour, a French writer of note, who recently arrived at Quebec to spend some months in Canada, will visit the Maritimes in the course of his tour and study the agricultural pursuits and plans to make an extensive enquiry into the Canadian farming system, particularly in the Maritime Provinces. He is interested also in historical subjects and will delve into Canadian history while here. The material he gathers will be incorporated into a book on his Canadian impressions, after he returns to France. He is being accompanied by his wife.

Dizzy, Weak Heart Terrible Headaches All Gone. New Life

"FRUIT-A-TIVES" Stop Years-old Tortures Quick

"I was bothered with dizziness, weak heart, terrible headaches. After taking 'Fruit-a-tives' an entirely relieved, feel like new person." — Mrs. F. Valcourt, St. Gabriel, East, P. Q.

Thousands tell miracles of "Fruit-a-tives." Constipation, liver trouble, dizziness, weakness, headaches and over-night. Bad stomach, biliousness, indigestion, heartburn, nervous prostration, kidney and bladder ills, pain in back go in 24 hours. Nerves and heart quiet, sound sleep at once. Rheumatism, neuralgia, decomp quick. Complexion clears.

Ten of nature's greatest remedies combined in handy little tablet. Marvelous discovery of famous Canadian doctor. Speedy results amaze. Get "Fruit-a-tives" from druggist today. Become new person overnight.

Dorothy Dix Letter Box

Shall a Girl of 18 Sacrifice Love to a Career to Please Her Family?—Straight Talk to Girl Who Bemoans Having Married Too Young

Dear Miss Dix—All my life I have had the idea that I was to have a career, and now when I am just at the age to decide what I am really going to do, I have fallen very deeply in love. Personally I prefer the domestic life and like to cook and keep house, but what worries me is that there are so many people expecting something wonderful from me and I hate to disappoint them. I do not want a career, and I think that there are many more important things in life than fame and money. What shall I do? EIGHTEEN.



Why, child, to win any sort of recognition from the world God must first have given you an especial talent, and then you have to put in half a lifetime of such grueling work and sacrifice as you have never dreamed of before you even make a dent in the public consciousness.

Do you think the great opera singers just walk out on the stage and warble like a bird? Every one of them has spent years and years of grueling study and training. Every one of them lives the life of a martyr: because she can't eat what she wants to eat, nor go where she wants to go, nor dance nor play as she would like to. She has to spend her life coddling her precious throat.

Do you think writers dash off a poem or essay or book when they are not amusing themselves in some other way? Far from it. They drive themselves to their typewriters day after day, and the things that read so easy to you were sweated out in agony.

Do you think the motion-picture actresses do nothing but make whoopee when they are not cashing their million-dollar salary checks? I heard one say one day that she would give a hundred dollars to eat all of the bread and butter she wanted just one time, but that it was in her contract that she had to keep a certain weight and she had to go half-starved. No slavery is greater than that of the film star, no labor more exhausting than that she undergoes while making her picture.

The price of success is paid by every one who achieves it, in blood and tears. Worse still, so many who do not achieve success pay the price without getting the reward. I have seen so much of this. So many girls who really had no talent who were trying to do things for which nature never intended them; so many girls with the little parlor voices who were trying to be Melbas; so many girls who had only a schoolgirl's composition ability who were trying to be writers; so many girls who could just recite pieces at the church entertainment who were trying to be actresses, and they were all driven on by their families at home who thought that they were geniuses and expected great things of them.

And these girls were working so hard and so hopelessly, they were striving so futilely, they were so sick with disappointment that I felt that something should be done about it, and that there should be a society for the suppression of parents who decide that a girl baby is a world wonder, and bring her up to feel that she has got to do something remarkable to justify that great expectation.

So, my dear child, break it to your family that they haven't hatched out a swan as they think they have, but just a nice comfortable duck and that you propose to spend your life making a warm home nest instead of attempting a flight into the world.

If you want a career, make one of marriage and wifehood and motherhood. Heaven knows there is plenty of room in that for all the intelligence and energy that any woman ever possesses. Furthermore, it is the career that pays best, for it gives you as many chances at fame and fortune as you have husband and children. Any one of them may have the genius that you missed out on and do the thing that you failed to do. DOROTHY DIX.

Dear Miss Dix—When I was 16 I eloped with a boy who was in the same high school that I was. We intended to keep our marriage a secret, but very soon there was a baby coming and we had to tell about it. My father and mother took us in and gave my husband work in my father's office, but my husband isn't satisfied and is always finding fault with my family and he is going to start law school this fall. Recently I went to the seashore and I was with a lot of boys and girls of my age—I am not yet 19—and I realized all the pleasure I am missing by being tied down with a husband and a baby. I am tired of my husband. I can't bear him even to touch me and I want to go away from him and the baby and everything and just have a good time. Oh, God, what I am missing! What shall I do? I can't stand it any longer. M. D. R.

Those who dance must settle with the piper. You are called on to pay the price of your folly in marrying when you were nothing but a child and you should be a good enough sport to do it without whining.

What about the poor little baby you have brought into the world and to whom you owe a mother's care and tenderness? You can't chuck a baby into an old trunk as you can a doll when you are tired of playing with it. And what about your parents, who have been so kind and generous and forbearing with you? Do you feel that you owe them nothing? Do you think it fair to dump the care of your child on your mother? There is nothing that outrages my sense of justice so much as the way in which all of the selfish young women who quarrel with their husbands and break up their homes, rush back to mother and hand over to her their children to raise while they go off to follow careers, or go into business or do something else that they find more entertaining than nursing babies and looking after small children.

When a woman has brought up her own children she has done her job and it is up to her daughters to do theirs and take care of their own offspring and not expect mother to substitute for them.

But I print your letter, M. D. R., for the warning it conveys to other high-school girls who think themselves in love and who consider that it would be a romantic thing to elope with a fellow boy who hasn't any way to support them. For your dream has ended as such dreams always do when they crash down to earth.

You were too young to know what real love is, and you are tired of the boy you married just as you are tired of all the other sports and amusements that you enjoyed when you were 16 and that bore you to tears now. You have changed about that just as you have changed about everything else and just as every girl changes in the formative years between 16 and 19.

You were not ready for motherhood and so your baby is a care and you resent it because she keeps you tied down when you want to be out enjoying yourself. If you had waited until you were older, you would not feel

Etiquette

By Roberts Lee

Q. How does the wedding ceremony of a widow differ from that of a maid?

A. She should not wear white, nor orange blossoms, nor should she have bridesmaids.

Q. Does a man and his wife both register at a hotel when they enter together?

A. No; the man registers for both.

Q. When eating cake, what rule must one keep in mind?

A. If it can be eaten gracefully with the fingers, do so; otherwise, use the fork.

A Morning Smile

HIDE AND SEEK

Two crack golfers allied their drives into the rough and went in search of the balls. They searched for a long time without success, a kindly old lady watching them with sympathetic interest.

Finally, after the search had lasted half an hour, the dear old lady spoke to them. "I don't want to bother you, gentlemen," she said, "but would it be cheating if I told you where they are?"

that way about her. She would be a delight and joy instead of a burden to you.

That you crave good times at 19, that you want to dance and run around with the other boys and girls and be carefree is perfectly normal and you may well cry out at what you have missed when you have missed your girlhood.

Let us hope that you have not suffered in vain and that some other girl will be warned by your sad fate and kept from making a too-young marriage. DOROTHY DIX.

Dear Miss Dix—The question has arisen as to whether it is right or wrong for a young girl to have dinner at a public restaurant with her employer, who is a married man, when she works late. The girl's parents approve and also insist upon her employer bringing her home. The girl contends that it is all right as long as there is no affair between the two, but it is causing trouble in the man's home. L. E. H.

Answer: If the wife objects, that should settle the question with the girl, as she should not wish to cause trouble between her employer and his wife. At any rate, it is an indiscretion on the girl's part, for the world, being what it is, is sure to misjudge her and no matter how innocent she may be, she will not escape being gossiped about if she is seen dining in public with her employer. Better a sandwich than a scandal. DOROTHY DIX.

AFTER ILLNESS BOVRIL Saves You Weeks of Weakness

ANNUAL DISTRICT CONVENTION

The third Annual Convention of the district Women's Institute was held in Uigg Hall, on August 25th 1930. At the afternoon session the Assistant Supervisors and twenty-five delegates were present.

As the President was absent, Mrs W. D. Ross was appointed to take her place. The meeting opened by the singing of the Ode, followed by the repetition of the Institute Creed in unison. A hearty welcome was then extended to those present by Mrs W. D. Ross, Kinross. Mrs W. J. MacEachern of Mt Mellick, W.I. on behalf of the delegates thanked Mrs Ross kindly. The minutes of the last Annual meeting were read by the Secretary, and adopted.

Interesting reports were given by the delegates from Vernon, Kinross, Orwell, Vernon River, Millview and Mt Mellick Institutes. An instructive paper on Institute work was read by Miss Hazard and

a vote of thanks was tendered her.

The election of officers then took place which resulted as follows:— President—Mrs Lawson Jenkins, Millview.

Secretary—Mrs Jack Huntly, Vernon.

Miss MacMillan gave a short address and demonstration on the making of salads.

In the evening the program consisted of Community singing readings by Misses Gustie MacDonald, Laura Young, and Marion Ross, solos, by Mrs George MacLeod and Miss Francis Wood, and Mandolin and harp duets by Misses Francis and Bertha Wood. A special feature of the programme was the Highland Fling danced by Miss Catherine Downie in Highland costume. For the benefit of those who were unable to be present in the afternoon, Miss Hazard again read her paper. The National Anthem brought the meeting to a close.

Is To Tour Cape Breton Island

PICTOU, Sept. 9.—Rev Dr. Frank Baird, pastor of First Presbyterian Church and Moderator of the General Assembly of the Presbyterian Church in Canada, who spent the past week or so in Pictou, leaves on Wednesday for Cape Breton on the beginning of a tour of the Presbyterian congregations in Canada and Newfoundland which will take him from the Atlantic to the Pacific. Going from Cape Breton to Newfoundland, he will return to New Scotland in time for the annual meeting of the Maritime Synod, of which he is Clerk, which will be held in Truro the first week in October. He will then set out on his Dominion-wide tour, expecting to be back to occupy his own pulpit here on Christmas Sunday.

Advertisement for 'The Good Provider's COOK BOOK' featuring 'New recipes' for Cream Soups, Entrées, Chowders, Sauces, Vegetables, Quick Breads, Raisin Bread, Salads, Puddings, Ice Creams, Pastry, Cakes, Candies, Beverages. Includes an image of a woman and a list of recipes. Text: 'WHOLEsome, nourishing, well-balanced, home-cooked food... and plenty of it will keep your family healthy and happy. Use lots of milk... all experts in the science of nutrition agree it is the way to surer health. If you know how to make milk dishes attractive... appetizing... your family will "eat" its quota of milk. This new St. Charles Recipe Book will aid you to vary menus, point out delicious new ways to use milk. Contains nearly 200 tested recipes. Mail coupon today.'