

Woman's Realm :- Social and Personal :- Fashions :- Literature

The HOUSEWIFE and HER ACTIVITIES

PRESS ON Press on! Though mists obscure The steep and rugged way, And clouds of doubt beset, Sobn' downs the brighter day.

BITTER AND SWEET The bitter must come before the sweet, and this also will make the sweet the sweeter.—Bunyan.

IMPARTIALITY I can promise to be candid, but I cannot promise to be impartial.—Goethe.

GRATITUDE Gratitude is a duty none can be excused from, because it is always at our own disposal.—Charron.

DUTY Every subject's duty is the king's but every subject's soul is his own.—Shakespeare.

RADIUM ROUTE TO BEAUTY FOUND BY VIENNESE EXPERTS Radium—the world's most puzzling metal—has been harnessed for the service of beauty.

MAKE YOUR MIRRORS SHINE Spring cleaning is such a simple business now with all our modern labor saving equipment that we are apt to take it too easily and overlook important details.

Picture Frames To clean picture glass dust it first with a piece of soft silk. Next put one tablespoonful of methylated spirits into a small basin of warm water (not more than two breakfast-cupfuls) wring a sponge out of this and wash the glass all over.

VEGETABLE COOKERY Here are some rules for cooking vegetables: 1. Never cook vegetables any longer than is absolutely necessary.

HEADACHES VANISH when you take QUICK and SAFE

New Spring Smartness Illustrated Dressmaking Lessons Furnished With Each Pattern

Growing daughter will look adorable in this cute dress with its smart sophisticated lines.

AN OLD ROMAN COLOR The color named "vermillion" is derived from the Latin "vermiculus"—translated "shining worm" or "30-fold color."

"It Helps Me!" That's what 98 out of 100 women say after taking this medicine. It quiets quivering nerves, gives them more strength before and after childbirth, tides them over Change of Life... makes life seem worth living again.

Grandmother's Quilt Patterns Out on applique and sew on block as indicated in the original quilt, four corners of block are blue print cloth, center halves are yellow and green print cloth, set together with print and white squares, see diagram. Six inch border around quilt to match print cloth.

PILOT WHEEL The color named "vermillion" is derived from the Latin "vermiculus"—translated "shining worm" or "30-fold color."

Flour produced in the month of March of this year amounted to 1,064,428 barrels, compared with 1,004,707 barrels in March last year.

How To Keep Honeycomb Through Life Dorothy Dix Finds Intelligence And Work Required

Can Newlyweds Keep Love Alive Through the inevitable Vicissitudes of Life? — Yes, if They Keep Themselves Loyal, Avoid Daily Spats, and Deliberately Cultivate Companionship, Says Dorothy Dix

A bridal couple write: "We do not wish our marriage to degenerate into the dull, flat, enforced companionship that most marriages become. We do not wish to become like the disgruntled, bored husbands and wives we see all about us."



Of course, you can, children. Every marriage can be made a thing of beauty and a joy forever if the man and woman who fashion its pattern do not botch their job through capriciousness or selfishness.

There is not one marriage in a thousand that would be a failure if the high contracting parties to it would put the same intelligence and effort in trying to make a go of it that they do to trying to succeed in any other undertaking.

Practically every young couple who get married are in love, and when this fire at which they should have warmed their hearts the balance of their lives goes out, it is their own fault.

No man can stay in love with a woman who develops after marriage into a sloven or a virago or a nagger, or who makes his life a hell on earth by her complaint and her whimpering.

So I should say to any young couple who are taking a forward look ahead to the long years they expect to spend together, and who wish to keep their love a vital thing to their golden wedding day, that they must continue to practice the arts and wiles to hold each other that they did to win each other.

And, finally, the married couple who would keep their love alive must deliberately keep in touch with each other. They must never, butiness nor the children separate them, as so many couples do.

There is nothing sadder than the fact that so many middle-aged couples bore each other to extinction. They haven't a thought or an idea or a taste in common. The man knows nothing but his business.

Oh, you can keep love alive, but it takes work and intelligence to do it.

THE COOK'S CORNER

Small Pound Cakes Have three eggs, and their weight in castor sugar, flour, butter, together with the grated rind and juice of one lemon. One ounce of grated mixed peel. Cream the butter and sugar, add the yolks of the eggs, beat the mixture until very light in colour.

Spanish Cakes Have 6 ozs. of butter, well rubbed into 1 lb. of flour. Add a pinch of salt, three tablespoons of sugar, and half a teaspoon of powdered cinnamon. Work the mixture to a paste with two well-beaten eggs, roll out the third of an inch thick and stamp out into fancy shapes.

Banana Cream Pie 1 1/2 cups of boiling or warm water 1/4 cup of sugar 1 cup whipping cream 4 medium-sized ripe bananas Cubes of red jelly

Baked Mushrooms Select 2 or 3 plump mushroom caps, shaped like caps, for each person. After preparing them, stand them upside down in a baking dish.

Luxury EVERYONE CAN AFFORD

There is no greater luxury than the daily use of Yardley Lavender Toiletries. Fashion's unswerving devotion is proof of that. Yet there's no greater economy, all things considered. The soap, for instance, lasts far longer than ordinary soaps that waste away.

YARDLEY LAVENDER LONDON TORONTO NEW YORK PARIS

A Morning Smile Two Essentials "My boy," said the business man to his son, "there are two things that are vitally necessary if you are to succeed in business."

The Pipers He had made a lot of money and on the strength of it, took a castle in Scotland. On the first evening the butler approached him and said, "Would you care to have the pipers at dinner, sir?"

The Agreement Mrs. Brown had been attacked by a large and fierce dog while out for a walk with her husband. To her disgust, Mr. Brown had taken immediately to his heels, leaving his

Mothers should have SHORTER HOURS in the kitchen and a pleasant time at the table



Rice Krispies mean less time in the kitchen for mother. No measuring. No stirring. No cooking. No waiting. Rice Krispies are ready to serve.



Rice Krispies give mother a pleasant time at the table. No coaxing children to eat. No impatient words. No tears. Children love Rice Krispies.



LISTEN, mothers, to this— If you want relief from that endless job of cooking—if you want to be freed of pleading with children to eat food that's good for them—

Serve Kellogg's Rice Krispies. It's a cereal that's ready to serve. It's nourishing and easy to digest. Its flavor and crisp, crunchy goodness appeal to appetites instantly.

It's a joy to watch children when Kellogg's Rice Krispies are served. They love to hear those toasted rice bubbles crackle in milk or cream—a sound that seems to say—"Listen!—get hungry." And when you see the zest with which children eat Rice Krispies, you'll want a bowlful too.

Serve Rice Krispies to all the family. At breakfast, luncheon or for a bedtime snack. Extra delicious with fruits or honey added. When Rice Krispies are served at the children's evening meal they promote restful sleep.

At grocers everywhere. Always oven-fresh because Rice Krispies are sealed in a WAXTITE bag placed inside the red-and-green package. Made by Kellogg in London, Ontario. Quality guaranteed.



Listen!— get hungry

18, 1934... THE... yment... A... V-8... DETAILS... TION... ENNSYLVANIA... Every Sun... Ford's Go By... SALES... on River... Y... ER'S... TED... DS... ire safe... FIELD and... 6 from the... ble growers... ANADA and... ES at our... QUEEN... 1 by over 150... P. E. Island... S promptly... you did not... EED CATA... it... k Co... id