

# Greatest Paint Value! SWP

SHERWIN-WILLIAMS PAINT

WORLD-FAMOUS for quality. Does a beautiful job that will protect the surface and retain its clear colours for years. And because each gallon covers so much surface, your cost is less, for both paint and labour. You can be sure of SWP—fifty years service in Canada has proved its value. Ask us for chart of 32 attractive colours.



# HOLMAN'S CHARLOTTETOWN

### THE REAL QUESTION

"Are there any optimists left?" someone asks. We think so, but what we're far more interested in knowing is, are there any optimists right?"

### THE CANAMERICAN COMPANY, LIMITED NOTICE

NOTICE is hereby given that THE CANAMERICAN COMPANY, LIMITED will make application to the Honourable the Secretary of State of Canada for leave to surrender its Charter under the provisions of Section 29 of The Companies Act, Canada.

W. P. CREAGH, Secretary.

### S. S. FARNORTH

Leaves BOSTON 10th, 20th, 30th of each month for CHARLOTTETOWN via Halifax, arriving three days later.

Returning via Bras d'Or Lakes, Sydney and Halifax. For passenger, freight and automobile rates apply to Buntain, Bell & Co.

Phone 829.

### TO LET

One Tenement in Terrace House, No. 2 Water Street. Superior House with magnificent view. Apply to L. M. POOLE & CO.

### Professiona Cards

McLEOD & BENTLEY W. E. BENTLEY, K. C. J. A. BENTLEY, K. C. Barristers and Attorneys-at-Law MONEY TO LOAN

MacGuigan & Trainor Mark B. MacGuigan, K. C. & C. St. Clair Trainor, B. A. Barristers, Solicitors, etc. MONEY TO LOAN

H. F. MacPHEE, B. A. NOTARY, &c. BARRISTER, SOLICITOR

BELL & MATHIESON R. B. Bell, D. L. Mathieson, LL.B. Barristers & Solicitors Money to Loan

J. A. MacDonald, K.C. BARRISTER, SOLICITOR, &c.

A. J. HASLAM, B.A., LL.B. BARRISTER, SOLICITOR, ETC. MONEY TO LOAN

### Diet Should Be Easily Digested

These hot days, when it is a temptation to eat haphazardly, diets should be carefully balanced to prevent beauty destroying disorders of the system. Light, crisp food, intelligently interspersed with enough hot dishes to make you stay interested in your daily meal is what everyone, particularly the beauty-minded woman, needs in the summertime.

If you eat the hearty food that tasted so good last winter, you may kick vivaciously, and your enthusiasm at meals disappears rapidly. If on the other hand you consume nothing but salads, raw vegetables and food drinks, the chances are that you'll be sluggish and that your digestion will not function efficiently, thereby ruining your complexion.

For breakfast, in addition to fresh fruit, cold tomato juice or some other cold, health beverage, you ought to have something hot and one food that actually will stay with you and keep you from getting irritable and headachy before noon. A cold cereal isn't particularly heavy, but it will prevent an empty feeling in your stomach along about 11 o'clock.

Lunchtime is the time to go in for the cold foods that taste so good on a hot day. Green salads, cold cuts, light sandwiches and soups are ideal. However, don't order sandwiches day after day at noon. They aren't particularly easy to digest. Besides, they're fattening. Your evening meal ought to include at least one substantial hot course. Let this be a well-cooked portion of meat or fish with a hot vegetable or a casserole recipe that strikes your fancy. Of course, if your main meal comes in the middle of the day, eat your food then and let the supper consist of light, green dishes that are refreshing and easily digested.

Use Minard's for Riff Joints



### PICTOU LODGE BY THE SEA

You'll find no towering hotel here... just a group of snug log cabins set on the edge of the sea. Meals at the central Lodge. Surf bathing; deep sea fishing; tennis; golf... and a unique fresh water lagoon for boating and paddling. Ideal for the kiddies... the perfect spot for a "family" vacation.

W. K. ROGERS City Ticket Agent

CANADIAN NATIONAL RAILWAYS

# STOCK QUOTATIONS

## PRODUCE NEW YORK EXCHANGE EXCHANGE LIVESTOCK

(Canadian Press) MONTREAL, July 24.—The recent mild easiness in butter prices on Montreal dairy and produce markets today was accentuated when 937 boxes of no 1 sold at 20 cents per pound at the weekly auction held at the Montreal Board of Trade. A total of 89 boxes of no 2 went for 19 1-2 cents.

(Canadian Press) MONTREAL, July 24.—Wheat, no 2 25. Barley C W no 3 44. Oats C W no 2 53. Oats C W no 3 46. Flour spring wheat patents, choice \$3.30 to \$3.40.

### Miscellaneous

(Canadian Press) MONTREAL, July 24.—Wheat, no 2 25. Barley C W no 3 44. Oats C W no 2 53. Oats C W no 3 46. Flour spring wheat patents, choice \$3.30 to \$3.40.

### MARGARET ANGLIN IN SUMMER THEATRE

NEW YORK, July 24.—Margaret Anglin, Canadian actress noted in the established theatre of London, New York and elsewhere, joins the trek to the Summer theatre this week by opening in the Dennis, Mass., playhouse in "Fresh Fields."

### WEST AUSTRALIA GOES AFTER GOLD

MELBOURNE, July 24.—Determined to make full advantage of the bright outlook for gold mining, the Government of Western Australia has sent Minister for Mines S. W. Munn to London to stimulate interest in that State's gold fields.

### KANGAROO HOST IN BIG INVASION

LONGREACH, July 24.—D. E. Macarthur, manager of the New Zealand Loan and Mercantile Agency, returning from a visit to the country districts, stated that he had never seen such an invasion of kangaroos in the areas where the recent storms have fallen.

### Weather Bureau Planned at Pole

MOSCOW, July 24.—Soviet preparations for establishment of a weather observatory at the North Pole were made known today in connection with the projected Moscow-San Francisco flight of Sigmond Levanevsky.

### CHANCE OF REVIVAL IN OLD GOLD FIELD

In a concluding portion of the comprehensive report by J. H. Reid, Senior Australian Government Geologist, on the unique Croydon gold field, the authority says that the prospecting of the lodes in the narrow granite belt which has been the main source of production, at greater depths than the present workings generally appears to have had little attention from capital.

### PROBABLY

Our declining birth-rate may indicate that posterity has got some inkling of what's in store for it. for shifts of a year. The Polar observatory will give daily radio predictions of the weather and report the air currents. It will also measure the depths of the ocean and study ocean life to check the laws of sea motion.

(By Frank MacMillan, Associated Press Financial Writer) (A. P. by Guardian's Special Wire) NEW YORK, July 24.—The stock market appeared finally to soak up the profit taking today and resumed its sedate advance into new high ground.

While gains, except in a few high-priced items, were generally confined to a point or less, the general firmness was sufficient to lift the Associated Press average of 60 stocks to the best levels for 1935, at 46 1/2 up 2 of a point.

### Currencies

(Canadian Press) MONTREAL, July 21.—The pound sterling eased 1/2 of a cent to 49 1/2 on Montreal foreign exchange today while the United States dollar was up 1-32 of one cent at 100 1/2.

### SYDNEY THEATRE TO COST \$1,000,000

SYDNEY, Aus., July 24.—Arrangements for a new theatre between King and Park Streets here, to cost \$1,000,000, are being completed by C. Williams & Co. Ltd. It will be called the New Her Majesty's.

### HOW TO ADD HOT FOOD TO SUMMER COLD PLATES

One hot food may be served attractively in ovenglass custard cups on cold plates, added just before serving so that the plates do not lose the effects of chilling by contact with hot food.

### AUSTRALIA COUNTS UP HER ABORIGINES

CANBERRA, July 24.—A census reveals an increase of 1932 in the number of half-castes and a decrease of 5,235 full-blooded aborigines in Australia during the year ended June 30, 1934.

(Canadian Press) MONTREAL, July 24.—British and foreign exchange in relation to the Canadian dollar as compiled by the Royal Bank of Canada closed today as follows: Australia pound 3.6220. Austria schilling 19.02. Belgium belga 1.659. Brazil milreis .0551. Bulgaria lev 0.138. Czechoslovakia crown .0410. Denmark krone .2217. France franc .0662. Germany reichsmark 4.029. Great Britain pound 4.934. Greece drachma .0094. Holland florin 67.39. Hungary pengo .2974. India rupee .2929. Jugoslavia dinar .0230. New Zealand pound 4.0020. Norway krone .2494. Poland zloty 19.02. Roumania leu .0100. South Africa pound 4.9375. Spain peseta 1.373. Sweden krona .2560. Switzerland franc 3.267. United States dollar 1-8 per cent premium.

(Canadian Press) MONTREAL, July 24.—Wheat prices pushed ahead anew on the Winnipeg Grain Exchange today, backed by the support of further export sales of Canadian wheat.

### Markets At A Glance

(Canadian Press) Toronto and Montreal—Industrial stocks irregularly higher. Toronto Mines—Higher. New York—Stocks slightly higher. Winnipeg—Wheat up 5-8 to 3-4. New York—Cotton higher; rubber and coffee lower; sugar unchanged.

### MINING

(Canadian Press) TORONTO, July 24.—High price gold stock turned strong for a change today on the Toronto mining market. There was little pick-up in the volume of trade in those shares aside from considerable action in Pioneer, Bralorne, Hollinger and Lake Shore.

### UNLISTED

Can Man 4 1/2. Church H 4 1/2. Cobalt 2. Gibeck 1 1/2. Home Oil 1 1/2. Hud Bay 1 1/2. Kirk Town 1 1/2. Label Oro 4 1/2. Nordon 12. Oil Sel 4. Park Hill 18 1/2. Pavn K 2 1/2. Pend Ore 61. Pore Oro 4 1/2. Preston 1. Ritchie 1. Robb Mont 2 1/2. Sud Mines 6 1/2. Wood Kirk 4 1/2.

### Advertising Rates—Payable in Advance

Central Guardian local, 4c per word; Western and Eastern local, 5c per word; Announcements and Coming Events, 5c per word; Classified (1c per inch); Maritime Notes, 5c per word; Special Offerings, Cards, etc., 4c per name; Letters of Condolence, 7c per inch; Notices of Thanks and Appreciation, 7c per inch or 4c per word. Other rates on application. Minimum charge for any advertisement twenty-five cents.

### To Let

TO LET—NEWLY DECORATED apartment, P. J. MacDonald, L-8582-4

TO LET—SUMMER BUNGALOW in Brighton. Electric light, running water. Wm. Wright, L-8575-7-23-31.

### Miscellaneous

WHY NOT TAKE ADVANTAGE of the much larger income secured by purchasing a guaranteed annuity in the Sun Life. Cost you nothing to investigate. Set J. A. Moore, Currie Building, Charlottetown, L-8423

### Male Help Wanted

WANTED—MAN FOR HAYING. Apply Ira Rodd, Milton, L-8582-7-25-31.

### Work Wanted

WORK WANTED—COUNTRY girl wants work. Apply Box 71, Casumpe, L-8575-7-24-31.

(Canadian Press) MONTREAL, July 24.—Offerings on the two Montreal livestock markets today totalled 600 head, composed of 47 cattle, 200 calves, 124 hogs and 213 sheep and lambs for sale on the two Montreal livestock markets today.

### GRAIN

(Canadian Press) WINNIPEG, July 24.—Wheat prices pushed ahead anew on the Winnipeg Grain Exchange today, backed by the support of further export sales of Canadian wheat.

### City Lights Proves Popular Reading

As newspaper publishers we are particularly interested in the July issue of City Lights and particularly in a reproduction of an old-fashioned publication. This reproduction is the "East Cumbria Cricketer," edited by Joe Daniels, who is supposed to be a 113-year-old newspaper man and originator of the first paper in Upper Canada. This so-called reproduction was very faithful to the style adopted by most publishers at that time in comparison to the modern and sophisticated papers of today.

Ever since we first saw City Lights, we have been watching it month after month with growing interest. This magazine is remarkable, inasmuch as it has established an almost unprecedented record in public acceptance. With very few exceptions its writers and artists have been practically unheard of until their names appeared in City Lights and it is with considerable joy we learn of the ever growing popularity of what we thought was a daring experiment. City Lights has proven that this country has been nurturing an array of talent which would, of necessity, have up a market for daring writers and artists and we are glad, indeed, it is making such a great success.

### GIRL IS KIDNAPPED BY CHURCH PARTY

MEXICO CITY, July 24.— Dispatches to the newspaper El Dia today said Enrique Torres Sanchez, acting governor of Durango, had announced that his sister had been kidnapped, apparently in an effort to force him to modify anti-religious laws.

### Lost

LOST—VICINITY McDONALD & Harbour. Filling. Station—some days ago—one evershar pencil. Finder notify 11 Richmond, Ward. L-8590-7-24-31.

### For Sale

QUILT PATCHES, PRINT, BROAD-cloth, Silk, separate or assorted. Large parcel prepaid fifty cents. Newbolds, Toronto, N-3466-7-25-31.

### FOR SALE—HEAVY CROWN

Paper suitable for placing under rugs, etc. Guardian Office. 3-27-1.

### FOR SALE—AUCTION FORTY-FIVE

Bridges and Whist Score Card. Guardian Central Job Printer. Nov. 1-1.

### FOR SALE—CLYDESDALE

horse, four years old, Island bred. G. E. Turner, Long Creek. L-8581-7-24-31.

### GENERAL PURPOSE HORSE

11 years old. Excellent driver. Bargain for quick sale. Vere Beck and Son, Charlottetown and Montague. L-8582-7-24-31.

### Boarders Wanted

BOARDERS ACCOMMODATED—270 Sydney St., City. L-8580-7-24-22