

# Woman's Realm - Social and Personal - Fashions - Literature

## WHOLESOME GOODNESS in every cup

THERE'S a wholesome goodness in Baker's Cocoa that will please and benefit every member of your family. Baker's is a quality cocoa—the result of over 160 years' experience in fine cocoa making.

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**BAKER'S COCOA**  
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**HEALTH LEAGUE OF CANADA**

An interesting article on the effect of noise upon the human system is contained in a recent issue of "Industrial Medicine." Loud noise, it reveals, can actually seriously affect the normal digestive functions and directly cause nervous indigestion. Noise, too, it appears, has a definite effect on the brain and the ear drums. It has been

### A Job Only You Can Do

Price Control Questions and Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Frauds Board from households in this region. The answers are prepared by the Board. Readers who have intelligent questions to ask on price control are invited to send them in writing to the Woman's Magazine Advisory Committee of the Wartime Prices and Trade Board, (Chapell) Building, Charlottetown.

Q. What coupons are due for tea or coffee and sugar?  
A. Coupon No. 1 to 12 inclusive may now be used for the purchase of tea, coffee and sugar.

Q. Are all classes of landlords affected by the rent control order which says that the tenant must be given 12 months notice to vacate by the new owner?  
A. No. Among those unaffected by this order are commercial property owners, homeowners who occupy their own homes, bona fide investors who wish to retain their tenants, owners of apartment blocks and multiple dwellings, owners of unoccupied accommodations, and owners who desire to evict the ten-

### CROCHETED DUTCH DOLL HAT AND MITTEN SET



Design No. 1240

Every one loves Dutch Dolls and on this hat and mitten set the four or six year old little girl will be more than thrilled to have one made for her. Pattern No. 1240 contains list of materials needed, illustration of stitches and complete instructions.

To order pattern: Write or send above picture with your name and address with its cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.

Needlework Department  
Charlottetown Guardian

Design No. 1240

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## Dorothy Dix Says—

### MIDDLEAGED FACTORY WORKERS SADLY ALTERED TO CASANOVAS

#### Tragic Disillusionments Follow Affairs With Bubbling Cuties In War Plants

One of the by-products of the war that would be cynically amusing, if it were not so pathetic and tragic, is the effect that it has had upon the middle-aged married man whom it has changed from faithful Darbys into philandering Casanovas. At any rate, that seems to be the result of pretty young girls flocking into the factories, and of men earning more money than they ever did before. And it leaves one speculating about the perils of propinquity, and if the lack of the price is the source of virtue, and about other things that we have not herebefore connected with the horrors of war.



What leads me to these reflections is the perfect avalanche of letters that I am receiving from the wives of the men who are employed in the war industries and who are, for the first time, working side-by-side with women. These tear-stained missives tell the same story. The wife has been married for 10—maybe 25 years to her John who has been as good a husband as any woman could want. He has been as domestic as the house cat. He has cut the grass in the yard and made her the chicken in the kitchen, and been content to spend his evenings at home reading the newspaper and talking about the children and the cute things the baby has done.

#### WAR ALTERED DOMESTIC SCENE

He has brought his pay envelope home to her on Saturdays and handed it over to her. They have stepped out together for a modest spree, going to the neighborhood movies and beer. Everything was perfectly jake until the war started and they began stopping somewhere on the way home for a hamburger and a glass of beer. Everything was jake until the war started and they began painting people's fingernails.

But Friend Wife, wife-like, soothed him down, little suspecting the trouble she was bringing on herself by telling him that with the increase in wages they could pay off the mortgage on the bungalow, and that now when the girls wouldn't like hard work and would drop out, anyway, and when Husband quit complaining of his girl helper, she congratulated herself that, for once, he had listened to her good advice.

And then she began noticing that he was beginning to shave oftener than he used to. And to buy a lot of new clothes. And to run to fancy did with the extra money he earned. And who he tells her that he has fallen in love with a pretty little girl, and is about half his age, and wants a divorce so he can marry her.

That is what is happening in every plant in the country, for apparently Cupid has discarded his bow and arrow for a riveting machine. Perhaps it is bound to happen wherever men and women are thrown together in close daily companionship, with the same interests and the same objective if they were all single boys and girls and fancy free. On with love, young dream whether it is in a boiler factory or by a purging stream!

#### BUBBLING CUTIE DISPLACES FAITHFUL WIFE

But the tragedy comes in when the middle-aged man is thrown in contact with youth and beauty in the factory that he would not meet normally at his old job where he worked only with men. When he compares his fat and staid Maria with some slim cutie bubbling over with youth and high spirits, Maria doesn't look so good to him as she did. He forgets all of her years of love and devotion and hard work, and forsakes her.

And it is a tragedy for the man as well as his wife, for these middle-aged romances are just a flash in the pan that soon burn out, and that leaves the elderly husband with the loneliest and the most miserable of all men, longing for the old wife with whom he had everything in common, and the children he has given up.

When Uncle Sam drafted women into war factories, he had no idea he was starting a matrimonial agency and an annex to the divorce court, but he did. Perhaps, it was a necessity, but among the casualties of war should be listed the wrecked homes and broken-hearted wives that are the result of once-aid husbands, having the temptation and the price, turning philanderers at middle age.

## THE COOK'S CORNER

### PORK HOCKS AND SAUERKRAUT

6 pork hocks, 3-4 cup sauerkraut, 1 cup sliced onions, liquid. Method: Wash hocks thoroughly but do not skin. Cover bottom of baking dish with half of the sauerkraut; then add layer of onions. Place hocks in and cover with remaining sauerkraut and liquid, water or sauerkraut juice or tomato juice to cover bottom of the pan, cover tightly and bake in a

moderate oven 350 degrees F. for about 1-2 hour or until meat is tender enough to come off the bones; serve with boiled potatoes, greens, salad, mustard and horseradish sauce.



Get Quick Relief with soothing, cooling Mentholatum. At all drug stores, tubes and jars, 50c.

### HOUSEKEEPER'S TIP

Old-fashioned housekeepers knew that a sheet that has worn in the

### Red Cross Work Begins at Home



An influx of war workers in any town brings new problems of housing and feeding. The lunch problem was particularly acute in Ottawa, but it has been solved for thousands of war workers by the establishment of a number of cafeterias and lunch rooms, several of which have recently been opened in downtown Churches. The lunch rooms are staffed and operated by groups of women who give their services voluntarily. They give expression in a very practical way to the Canadian Nutrition Program by supplying nutritious meals at a moderate cost to a group that otherwise would find it difficult to get an adequate lunch. The committees in charge are also able to turn over substantial sums to the Red Cross and other war funds.

## Living & Leisure The Woman's Realm

### A HEBREW SAYING

Out of the heart is born the beauty we know: The delicate blush of spring caught by a brush. The cool, untroubled singing of a bow. Drawn o'er a violin; the heartening glow Of fellowship when mind to mind Strikes sparks of recognition. All kind endeavor's start Out of the heart.

Laura Taylor Ayers

### PLENTY TO WEAR DESPITE CHANGES

NEW YORK—Take a look at this time last year and see what a lot of things have happened to the clothes field. And still women look chic, have plenty to wear and are happy in their choice. Gone are zippers, metal buttons, elastic corsets, silk and nylon hose, wool on wool combinations. Fewer leather gloves, fewer leather purses, fewer styles of shoes, yet no complaints are voiced. Indeed often shoppers are unaware of needed changes. Early in the year the Q24 L-85 straightened the silhouette and gave the simple, smart look precedence over all other expressions in dress. It does seem, looking back, that there must have been a lot of non-essentials on the market in the old days of 1941.

### HOOKS AND EYES IN BLACK PLASTIC

NEW YORK—The restrictions of priorities have been powerless to destroy the originality and ingenuity of the American designers of women's clothes. If one may judge from the beguiling examples in spring dresses, coats and accessories which are now appearing in the New York stores, the designers are not zipping? Well, here are ways of meeting that problem, not only with any number of practical buttoning models but with charming tie designs in both coats and dresses. The tumbled and hitherto retiring hook and eye comes into the open in black plastic and replaces the zipper on a wool skirt.

### BLACK SPANGLES ON PASTEL WOOLS

NEW YORK—The happy thought of applying black spangles, or dark contrasting ones, on pastel, wool merino attention. There is at least one thing in its favor—it looks, and is, new. Dresses with this dramatic technique are making their first public appearance, although show rooms have, of course, offered them well in advance of this date. In fact, one cannot be sure there is a real hat at all for this head-shawl business is a serious menace for milliners, or at least those who have not taken to making them.

### BLOBS OF BUTTONS

If you've always secretly admired those wonderful medal-covered buttons that little boys wear, here's something almost just as good. It's a few large, oval, white blobs of ivory-colored buttons stuck on all over it.

### HOUSEKEEPER'S TIP

Old-fashioned housekeepers knew that a sheet that has worn in the

### centre still has some life in it. Tear it down the middle, cut away worn section and hem. Place two outside edges together and sew with a felled seam.

### EASIER TO WASH

When cooking anything requiring frequent stirring, be sure to put a small plate or saucer on the stove to rest the spoon upon between stirrings. Such a dish is far easier to wash than the stove itself.

### CONTRASTING COLLAR, CUFFS, IMPORTANT

NEW YORK, It hardly comes under the head of news, that contrasting collars and cuffs are important from now on, or that while many of them may be closely described as lingerie types, others are of striped silk or some such novelty. Collars are worn over "the jacket, don't forget. Don't forget also the bow at its neckline or the newy fact that women have taken to bow ties, foulard and so on, just like a man's bow tie only larger. It requires no feat of memory to recall that heretofore shirts have been worn with a brooch taking the place of a tie, but now a smart gal has decided she wants to wear a bow tie, and just to escape being accused of helping herself to hubby's she's wearing a larger size bow.

### MILK METHOD

One-quarter pound of butter, 1-2 cup of milk, 1-2 teaspoon salt. Let butter soften at room temperature. Place the butter in bowl rinsed with hot water. Beat slightly. Add milk one tablespoon at a time and have a smooth, even blend. Add salt. Vegetable color may be added. Use sparingly as a little goes a long way. Fresh, stirred butter in container and chill before using.

### PAINT TRICK

With the man of the house away, more and more women are doing carpentering, plumbing and what have you. Next time you're painting, don't worry about what's going to happen to your hands. Take a bar of smooth white toilet soap, wipe up a batch of "whipped cream" lather, and protect your skin and forcing soap under your nails. Let your hands dry. Then go to work. When the job is done, wash your hands, and presto, all the paint washes off.

## Home Service



### Swag is Draped Through Rings

Luxurious swag draperies look so impressive, but the smart style shown in our sketch is really easy to make!

The triple festoon swag is just a length of pale rose crepe you drape through festoon rings (metal or glass) that are nailed to the window casing. The ends of the length are cut on a slant.

The side draperies are a lined wine-color crepe with a pale rose geometric pattern matching the swag; deep blue with light blue, or rich green with pale gold are equally handsome.

For trimming on the swag, fringe 50 are charming ball fringe and ruffy pleating—all sold by the yard.

In cutting draperies and glass curtains, allow an extra width for rich folds. Cut heavy materials 50 per cent wider than the space to be covered, fine fabrics up to 100 per cent wider.

Our wide-page booklet shows with simple drawings and diagrams how to make these and ten glass-covered window treatments, over 100 different window treatments, elegant color suggestions, fabric styles to give you ideas to you.

Send 50c in coins for your copy of "Ideals in Making Curtains and Draperies" to the Charlottetown Home Service, Address. Be sure to write plainly your name, address, and the name of booklet.

Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_

## WEEKLY WARTIME NUTRITION HINTS

Martha Logan, Swift's famed home economist, whose weekly wartime cooking columns is a regular feature of this page. Look for these valuable hints each Monday

by Martha Logan



## Spaghetti with Meat

An appetizing way of making meat leftovers go further

Besides milk, cereals and bread, tomatoes or citrus fruit and other fruit and vegetables, Canada's Official Food Rules tell us to serve meat, fish or poultry at least once a day. But, in wartime, we will sometimes have to use our ingenuity to make a little meat go a long way. This Savoury Spaghetti is a wonderful way of extending a cup or two of meat trimmings or leftovers into a hearty meal for a hungry family.

Cut the raw meat in cubes, dredge with seasoned flour and brown in a little hot fat, in frying pan. Fry with the meat (or alone, if only cooked meat is used), 1 minced clove of garlic (or a chopped onion, if you

don't use garlic). On the basis of about a pound of meat, add a tin of tomatoes (some of the juice drained off for other use), 2 tablespoons tomato catsup, salt and pepper to taste. (If raw meats included, simmer about one hour—otherwise, just make hot). Add diced cooked meat, heat very briefly, and turn over a platter of hot, well-drained cooked spaghetti. Sprinkle with grated cheese, if desired. A green leafy vegetable and a fruit salad or fresh fruit for dessert, completes the meal.

Martha Logan's fascinating 54-page meat cookbook, "Meat Complete," is the housewife's complete guide to wartime shopping. Yours for only 10¢. Write to Swift Canadian Co., Limited, Dept. Toronto.

## SWIFT CANADIAN CO., LIMITED

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## A Morning Smile

A man was found by his wife standing over the baby's crib. Silently she watched him. As he looked down at the sleeping infant, she saw a mixture of emotions in his features. Touched, her arm stole about his shoulder. Tenderly, she said, "A penny for your thoughts, dear."

"I don't see," said he, "how anyone can make a crib like that, sell it for \$5.75 and make any money!"

## LENINGRAD'S DEFENCE

The crimson trail blazed by a tracer bullet, is created by celestite, a mineral often used in fireworks.

## CELESTITE TRACER

Schliesselburg, the famous Russian fortress near Leningrad, occupies an island on Lake Ladoga.

## Needlecraft For The Home

THE DICKEY TRICK DRESS You Can Snap in the Dickey The removable dickey is a very smart trick for keeping in style and in good condition. It's pretty, fresh, and may be made with dickey either sewed in or snapped in; but the trick of snapping it in makes it easier to have fresh dummies in various fabrics and colors. It's a frock that fits in all around, pretty enough for a date dress, practical for day by day wear. Bright as a new minted penny.

Style No. 2063 is designed for sizes 12, 14, 16, 18, and 20. Size 16 requires 3 5-8 yards 36-inch fabric with 1-2 yards braid and 3-4 yards 36-inch for dickey. Send twenty cents for pattern. Write your name, address and style number. Be sure to state size you wish. Style No. 2063

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How to relieve MONTHLY FEMALE PAIN You who suffer such pain, tired, nervous feelings, distress or "irregularities"—due to functional monthly disturbances—should try Lydia E. Pinkham's Vegetable Compound. It has a soothing effect on one of woman's most important organs. Also a fine tonic for the stomach. Made in Canada.

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