

Woman's Realm - Social and Personal - Fashions - Literature

Just Babies

For the littlest babies... the most delicious, pure, nourishing form in which arrowroot biscuits are made... children thrive on



Christie's Arrowroots

A Morning Smile

Two Scots were mountaineering in Switzerland, when one of them slipped and fell into a crevasse. The other, peering over the edge, saw his companion almost holding on by his finger-nails.

"Are ye a' right, Macpherson?" shouted the man in safety.

"No exactly that," said the other, "but if ye run down to the village an' get a rope I'll try to hang on here till ye come back. Hurry, for Heaven's sake!"

His companion disappeared and was gone nearly an hour. Suddenly his face appeared again over the edge of the cliff.

"Are ye still there, Macpherson?" he called down.

"Aye," in a low, weary tone.

"Ye've got the rope?"

"No, indeed. The dirty dogs in the village wanted two pounds for it!"

They were discussing the spoils of a mutual friend. He has been ordered by the doctor to take some exercise, said Black. "And is he?" queried White. "Well, if jumping conclusions and running up bills is exercise, yes."

Dorothy Dix's Letter Box

Man Who Resents Stepson Gives Wife Harsh Deal - Wife's Efforts to Find "Self-Expression" to Distraction. Look 'Em Over While Young and Save Regret

Dear Miss Dix—I am a man of 25. I married a widow with one child and now we have a baby that I adore. I love my wife very much and we were getting along fine, until she sent for her little son, who has been living with her sister for three years. Since then life has been miserable for us all, as I cannot endure my stepson. It is not his fault. He is a fine little fellow, but I just can't stand him, and I can't go on living with my wife if she persists in keeping her child with her. I am thinking of leaving her, but if I do, I will have to give up my baby, so what shall I do?

M. D. V.

Answer:

Evidently your trouble is jealousy. You get green-eyed when you look at your stepson and hate the poor little creature because he reminds you that your wife loved another man before she loved you, and because you cannot bear to divide your wife's heart with any outsider.

Many men feel that way about their stepchildren. The cruel stepmother has long been a figure with which we are familiar in fiction and he occurs in life just as often as the mother.

Tintex - saves REAL MONEY on Spring Wardrobes!

YOU can buy your Spring hats—with the savings Tintex will bring on your Spring wardrobe! Try it!

Restores faded "undies," dresses, scarfs, etc., to their original color—or gives them the newest Spring colors. Easy—quick—35 brilliant, long-lasting colors to choose from!



Tintex World's Largest Selling Tints & Dyes

The HOUSEWIFE and HER ACTIVITIES

Ah, think! to step ashore, and that shore Heaven;

To clasp a hand outstretched, and that hand God's;

To breathe new air, and that celestial air;

To feel refreshed—and know 'tis Immortality.

Ah, think! to pass from storm and stress

To one unbroken calm!

To wake—and find it glory.

(Selected by Maggie in Muskoka)

NEW PRINCIPAL CHOSEN FOR PRINCE ALBERT

SASKATOON, May 21—Rev. M. H. Wilson, B. A., D. D., of Edmonton, has been nominated to succeed Rev. W. A. Macdonnell as principal of the Nisbet Memorial School, Home at Prince Albert, Sask. Dr. Wilson, who is a brother of Professor A. E. Wilson, head of the department of English, University of Saskatchewan, was a former principal of Westminster residence, Edmonton, and is at present superintendent of mission in northern Alberta. His nomination will come before the Saskatchewan Commission at Regina in June for ratification. It is expected that he will take up his post.

Just as it takes an exceptionally big, warm-hearted and just woman to deal fairly by her husband's children, so it takes an exceptionally big, warm-hearted and just man to be a real father to his wife's children. In both cases there are the demands that children make upon a mother and father, that they entail, the work and trouble and annoyance that children cause grown-ups with their noise and mischief. These the step-parents have to put up with no less than the real parents, and they lack the affection that the real parents have that makes any labor or any sacrifices sweet if done for one's own child.

All of this every man knows before he marries a widow with children. He knows that they are going to be difficult to handle. He knows that their mother loves them. He knows that these things will not matter to him, but only too often after he is married to the widow he resents the money her children cost him, and particularly he resents their mother's devotion to them. The love that he would find adorable if given to his own child infuriates him when given to another man's child.

Of course, it is easy to tell you that you should overcome your jealousy of this little fatherless child and learn to love him as if he was your own, but I doubt extremely if any effort of the will can change our emotional reactions toward any one. On the contrary, we are especially embittered toward any one whom we dislike without just cause, and the fact that you know yourself to be doing a mean and little thing in hating a mere babe will make you hate him still more.

So, as I see it, the best thing is to send the child back to its aunt, who was kind to him. This will almost break your wife's heart. To be parted from her child will be a never-ending source of sorrow to her, but it will save the boy from having his life ruined by being brought up in an atmosphere of hate and in a home where he knows he is not wanted. Nothing will crush all the spirit and courage out of a child like that.

But you are certainly giving your wife a hard deal when you force her to give up her child for her small son, who would be well advised to stick to her child and let you go where you belong.

DOROTHY DIX.

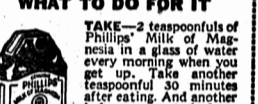
HERE ARE THE USUAL SIGNS OF ACID STOMACH

Neuralgia Feeling of Weakness
Headaches Mouth Acidity
Nausea Loss of Appetite
Indigestion Sour Stomach
Nervousness Sleeplessness
Auto-intoxication

WHAT TO DO FOR IT

Take 2 teaspoonfuls of Phillips' Milk of Magnesia in a glass of water every morning when you get up. Take another teaspoonful 30 minutes after eating. And another before you go to bed.

OR—Take the new Phillips' Milk of Magnesia Tablets—one tablet for each teaspoonful, as directed above.



MADE IN CANADA

New Spring Smartness

Illustrated Dressmaking Lessons Furnished With Each Pattern

There is immense satisfaction about getting into something with clean cut stern lines. It gives one that trim feeling.

Today's smart little sports dress has much individuality. It's very simple to make it. And it can be sleeveless, if you prefer. See small back view for the drop shoulder that covers the upper arm so modestly.

For frankly hot wear such materials as striped or checked serotucker, pique, linen, shirting cottons, plaided gingham, tub pastel silks, printed saten, etc., will be smart.

Style No. 745 is designed for sizes 14, 16 and 18 years, 36, 38, 40 and 42 inches bust. Size 36 requires 4 yards of 39-inch material with 1/4 yard of 39-inch contrasting.

Price of PATTERN 15 cents in stamps or coin (coin is preferred). Wrap coin carefully.

No. 745. Size

Name

Street Address

City

State



NEW NECKLINES ARE HIGH, WIDE, HANDSOME

High, wide and handsome describes the newest necklines, as Hollywood designers make them. Spring frocks and evening gowns lead the parade, and the trend in them seems to be upward and outward.

An organdy dress Clair Trevor wears these spring days is cut in bouffant lines and trimmed at the waist, sleeves and neck with a shirred band of the same material. An almost off-the-shoulder line is suggested.

Joan Blondell wears a tailored navy and white organdy dress in a new picture, which conforms to the newest fashion decree—showing a shoulder to shoulder and featuring a rolled collar trimmed in front with a bow.

BREAD THAT STAYS FRESH

When a homemade bread will stay fresh five days, with only ordinary care, that's something we want to know about in a hurry. And what's more, writes the testing kitchen whence came the recipe, you can cut your slices ahead of time with no fear of their drying out.

Think what that means. Make early in the week all the bread the family begs for, and know that it will be just as soft and fine flavored on Friday! (Varying weather conditions and climate may cause some difference.)

They probably won't be a crumb left after a couple of days, though. This bread has a rich, even brown crust, and a close, even grain—people can never have enough.

BREAD

2 cakes compressed yeast
1-2 tablespoons sugar
1-2 c. liquid, half evaporated milk and half water
4 teaspoons salt
2 tablespoons melted fat
3 c. (2 1/2 lbs.) flour

Dear Dorothy Dix—I have a very nice wife, but she is so busy doing a hundred and one things outside of the home that she says she must do or go insane that it nearly drives me into a lunatic asylum. She says these outside interests are necessary or "self-expression," whatever that is. She says she has to have them in order to feel the "fullness of life" and that without them she feels suffocated. She does a little slap-dash housekeeping, but there are many things she could feel that she is playing most of the hours I am working, but I do, and it is killing my incentive to do my best. Is there a solution? A. H. W.

Answer:

The solution is for you and your wife to have a real heart-to-heart talk and try to get to see each other's point of view and come to some sort of a compromise. If she does not make you an excitement but a peevish and cross and dull in love for her other woman, the domestic woman, she needs to have outside interests, to be faithful as she is peeling the potatoes and washing the dishes.

So if you are a wise man you will encourage your wife to go around being properly dull, but after that she should be free even to cultivate the queer jargon of those who are seeking "self-expression" and the "fullness of life."

DOROTHY DIX.

Phillips' Milk of Magnesia

MADE IN CANADA

THE COOK'S CORNER

CHOCOLATE LAYER CAKE

Three squares chocolate or 1/4 cup cocoa, 1 1/2 cups flour, 2 eggs, 3 tablespoons boiling water, 2 teaspoons baking powder, 1/2 cup butter, 1/2 cup milk, 1 1/2 cups sugar, 1/2 teaspoon salt.

Melt chocolate in double boiler, then add boiling water. Cream butter and sugar. When creamy add chocolate, beat the yolks of eggs and sift flour, salt, baking powder and add milk. Beat all thoroughly and cut and fold in whites of eggs which have been beaten, add flavoring to suit. Pour the whole into buttered layer tins and bake in a moderate oven thirty to forty minutes. Decorate with chocolate icing.

PENMANS

Children's Golf Hose, Anklets and Sweaters

ON THE GROUND... up again... over the fence... children's romps and sports only serve to prove Penmans sturdy durability. Outfit your children in Penmans Golf Hose, Anklets and Sweaters and know the satisfaction that comes with quality, genuine low-priced economy and dollar-saving durability.



PREPARE SCALP AND HAIR FOR A PERMANENT

The permanent waving season, as any beauty shop will tell you, begins along about the middle of April and last until the latter part of June. It's the time of year to get a wave that will withstand hot, humid weather, bathing and other summer sports. And women who are coiffure conscious begin thinking right now about the type of permanent to get.

However, everyone should allow at least a month—six weeks is even better—to get the scalp and hair in the proper condition to receive the new wave. If your hair is too dry, the permanent is likely to split the ends and then your curly locks will resemble a heap of straw. So avoid a dry condition before making that semi-annual appointment.

First, you can give yourself hot

HOW TO KEEP HOUSE COOL BUT DECORATIVE

Huge pictures with pretentious-looking frames have no place on walls in the summer time. If you feel that walls without any decoration are much too bare, hang a few small prints.

Inexpensive floral prints and small etchings in rather frail, flimsy frames are suggested. Buy them sparingly. Five or six should be enough in a living room while dining room and bedrooms can do with even less.

Heavy tapestries and wall hangings must come down too. With the windows open so much of the time they collect too much dust and, in addition, they make a room seem overcrowded and too warm for comfort.

SPRING CLEANING HINT

With spring house cleaning now on, this is the time to find out if last summer's slip covers and matching draperies are usable this year. If not, new ones should be ordered at once so they'll be finished when the last bit of paint has dried and the house is ready for summer.

THE COOK'S CORNER

PINEAPPLE JAM

3 cups chopped pineapple and juice.
1/2 cup orange juice
1 cup brown sugar
1/2 cup blanched and roasted almonds.

Mix pineapple, orange juice and sugar. Cook until the pineapple is transparent and a thick syrup is formed. Add chopped almonds and cook three minutes longer.

FROZEN TOMATO SALAD

1 can tomatoes
1 onion (small)
1 teaspoon sugar
1/2 teaspoon salt
1/2 teaspoon pepper
1 teaspoon pepper
Bit of bay leaf.

2 teaspoons granulated gelatine
2 tablespoons cold water
1 tablespoon cider vinegar (mild)

Cook tomatoes with onion, sugar, salt, pepper, onion, and bay leaf. When thoroughly cooked, strain the mixture over the gelatine which has been soaked five minutes in the water. Stir until the gelatine is dissolved. Add the vinegar. Turn into a mold, pack in ice and salt and freeze. Or freeze in tray of mechanical refrigerator, stirring well when it first reaches a mushy consistency. Servings, 6.

Weak-Dizzy-Could not sleep



First Bottle Helped Her

AT CHANGE OF LIFE

"I felt weak and tired and could not do my work. I felt sore all over—dizzy—could not sleep. The first bottle of Lydia E. Pinkham's Vegetable Compound helped me so I kept on. I recommend it for women of my age. It has helped me in every way."—Auntie Brant, Reserve Mines, Cape Breton, N. S.

Over half a million women have been benefited by taking

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

Used by women for over 60 years

Loses Ugly Fat 14 lbs. in 11 Days

New Safe, Quick Reducing Method

"I lost 14 lbs. in 11 days taking BonKora. Since then I have lost a further 12 lbs. in 12 days. I am now 32 lbs. lighter. I am now 32 lbs. lighter. I am now 32 lbs. lighter."



QUICK HEALING SKIN FOR IRRITATIONS

If you suffer with pimples, eczema, rashes, chafings, eruptions or other distressing skin trouble, begin today to use Cuticura Soap and Ointment. Bathe the affected parts with the Soap, moist with the Ointment. Relief comes at once and healing soon follows.

Cuticura Soap, Ointment and Tablets Powder are sold at all drug stores. Made in Canada.

A CANADIAN DOCTOR FOR SOUTH AFRICA

KINGSTON, May 21—A hospital built by Christian Chinese at a cost of \$100,000 silver is to be taken over shortly by Dr. Richard L. Cockfield, of Toronto and his wife, formerly Miss Stella Bingham, R. N., of Ottawa. They have been appointed to the South China Mission of the United Church of Canada to serve at the Shekeli hospital, which was paid for by Christian merchants of Hong Kong on condition that the Canadian mission supply a missionary doctor and nurse.

Dr. Cockfield is a graduate of Queen's University Medical school, class of 1931, and is now practising at Brechin, Ont. The Cockfields have one small child.

Formerly a home missionary at Comandna, Trout Mills and Warren, Ont., Dr. Cockfield also practiced at Gowanda and Bessie while spending his summers as a miner. He was born at Blackburn, England, and came to Toronto as a child, later attending a Toronto Collegiate.

Mrs. Cockfield is a graduate of Queen's University and was born in Kent, England, and attended the Collegiate in Ottawa.

THE COOK'S CORNER

OATS VALUABLE FOR PASTURE CROP

Oats Superior To Barley, Wheat and spring Rye—Young oat grass highly concentrated protein feed.

Penmans

Children's Golf Hose, Anklets and Sweaters

ON THE GROUND... up again... over the fence... children's romps and sports only serve to prove Penmans sturdy durability. Outfit your children in Penmans Golf Hose, Anklets and Sweaters and know the satisfaction that comes with quality, genuine low-priced economy and dollar-saving durability.

