Three Green Parrots Feed on Red Berries

Georgeous Tibetan Vales Also Hide Strange Racial Secrets.

TWO EXPEDITIONS BUSY

Scientists Will Find Missionaries Observing Tribesfolk.

Two expeditions of the National Geographic Society are exploring separate regions in the heart of Asia. Associated Press despatches have related the narrow escapes from Chinese bandits of Joseph F. Rock, who heads the society's expedition in Yunnan province, China. Farther north in the racial twilight zone between China and Tibet, says a bulletin of the society, the Central China expedition is seeking human traces of east Asia's history before the Chinese came, hunting for the largest non-anthropoid monkey in the world, and collecting botanical specimens in a region virgin to scientific study.

The bulletin goes on to say that Mr. Rock recently located the chaulmoogra trees, whose oil has brought blessed healing to many lepers. He entered Yunnan to study the fascinating problem of how corn, indigenous to America, apparently was transplanted to China before 1492; and to hunt for a blight-resisting chestnut tree, for interesting birds and animals and for new fruit and flower immigrants.

Leaf-Eating Monkeys.

Turmoil along the turbulent China-Tibet border delayed Mr. Rock's work. He was counselled to come home and await more peaceful times, but he preferred to "carry on." As a result he already has amassed experiences which add the zest of adventure to the normal interest in a region where nature and man amaze—a region of leaf-eating monkeys, snow-crowned mountains, rope bridges which swing protesting miles across the frequent streams, green parrots feeding on red berries, gorgeous valleys of brilliant flowers and bejewelled males!

In charge of the other expedition, Frederick R. Wulsin and his aides, with a string of 27 camels, pushed from Kansu province into parts of Mongolia where only nomads live. He then worked his way south toward Kewichow, where dwell some of the mysterious non-Chinese tribes of China.

The two or three million of the non-Chinese folk who survive in Kewichow afford one of the most interesting living racial problems known to science. They have not been studied scientifically. Casual and infrequent visitors bring back reports of types resembling the Gurkha, the South Sea Islander, and the American Indian, of tribes which thresh grain on roof tops as in the Holy Land; of others that fly "prayer flags" on fortified castles, and of some where combatants, armed with blunderbusses, broad swords and bags of stones, settle their disputes in horseback style.

Visits Among Them.

Midway between Kewichow and Yunnan provinces, scenes of these explorations and discoveries, lies the greater province of Szechwan, also touching Tibet and having its own non-Chinese "tribes people." Among these strange and little known folk is travelling regularly a Canadian, bent on missionary work rather than on ethnologcial or botanical study. Rev. George E. Hartwell, B.A., B.D., has, however, a university man's fondness for description, and writes the following brief account of his observations:

"These tribespeople are stone-builders. Travellers are astounded as they behold great stone forts, with flat-roofed buildings two and three storeys high and with turrets seven and eight storeys high, erected on the top of the mountains. The people themselves are hardy mountaineers and have free and open ways. Their faces are quite different from the Chinese. The dress of the women resembles more that of the European, and, while not bold, there is none of that shyness and restraint peculiar to the Chinese women."

"In recent years the Chinese Church which the Canadian Methodist missionaries have founded in Szechwan has made the foothills and te tribespeople a sphere for foreign mission work. The Chinese missionary has married one of the tribal women. Visiting her home, I saw the tribal bride come forward with the grace of a western hostess, invite her foreign guests into her dining-room, serve them with tea and look after their comfort with the same ease as if she had been brought up in a well-regulated Canadian home."

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9-24

Widening the Path

Somehow, we're got the idea that the preferred path is life is straight and narrow, and that it runs along on the level.

But there is a mistake somewhere. The path is leading up hill at the time—and it's neither straight nor narrow. The path goes up. A man must climb to follow it. This path of humanity is broad—not narrow—requiring a broad understanding and appreciation of life to follow it. A broad gauge man is not upset by petty things of life.

The man today is beset with problems more like those of an automobile driver, than the old idea of the engineer on the track. It is often desirable to follow the highway—though not always—rather than to blunder ahead, unheedful of obstacles and difficulties.

Man can go anywhere that he chooses. An engine must follow an unchanging track. Man sits at the steering wheel of a human life, rather than at the throttle. Often he sees fit—if he is a pioneer—to drive across unbroken fields, where highways have never run, up-hill and down, across plowed fields, because he thinks that the best way for him to go.

The real man climbs over the fence, and detours here and there to help a brother. The straight and narrow path has been widened. It is not formed by a ready made Destiny, but is made up of highways and byways and detours, and each man selects his own route.

NAIL HEADS

Bright red, green or blue leather belts, tooled, or perforated or decorated with nail heads are smart accessories for the tailored frock or the white silk sport outfit.

Report of Women's Institutes, of Prince Edward Island

(Continued from Page 7)

LOWER MONTAGUE: The Annual meeting of this Institute was held at the home of Mrs. C. N. Poole on April 10th, and was attended by ten members and one visitor. After singing the Ode, the minutes of the last regular and annual meeting were read and adopted, also the report of the Sick Committee. This was followed by the President's report of the year's work and the Financial Statement. Roll call was answered with Hints on Housekeeping. A paper was read by Mrs. Horton on "How to Spend an enjoyable Sunday. "During the year this club has made purchases for the school, and supplied the children with cocoa and sugar, and has also done extensive work for the Orphanages and hospitals. They are at present sewing for a Bazaar. The election of officers resulted as follows: Pres. Mrs. V. I. Schirmer, Vice., Mrs. A. L. Adams, Sec'y-Treas. Mrs. D. P. Rose. The next meeting will be held at the home of Mrs. Wallace Aitken.

SOUTH BEDEQUE. Twenty-two members and eight visitors attended the Annual meeting of this Institute which was held at the home of Mrs. C. Henderson on April 4th. The President's report was read, followed by The Financial Statement. Funds were raised during the year by holding Pantry Sales, Ice Cream Socials and collections. Expenditures include painting the school, map and dictionary for same, fruit and flowers etc. Following the reports of the Sick and School Committees, the officers for the ensuing year were elected: Pres. Mrs. J. H. McFarlane, Vice. Mrs. Leslie McFarlane, Sec'y-Treas. Mrs. Geo. Henderson. Two new members were welcomed. The next meeting will be held at the home of Mrs. Leslie MacFarlane.

PORT HILL. The first Annual meeting of this Institute was held at the home of Mrs. Russel Birch on April 15th, and was attended by nine members and four visitors. Since organization last fall, considerable money has been raised by collections, Radio concert and sale on candy. Part of this money has been expended on helping pay for a stove for the hall, fruit, equipment and cleaning the school. Mrs Henry Newcombe was elected President, Mrs. Charlie Maynard, Vice. and Miss Montgomery Secy-Treas. The next meeting will be held at the home of Miss Mary Adams.

LOWER FREETOWN. The Annual meeting of this club was held at the home of Mrs. Alex Cairns on April 16th and was attended by twelve members and two visitors. After the usual opening, the Annual business meeting was conducted. Funds were raised during the year by Halloween party, fudge contest, and ice Cream Social. Expenditures include paint and supplies for the school, materials for sewing, etc. The President Miss Alice Cairns and the Sec'y Mrs. F. L. Cairns were re-elected, Mrs. Scott Jardine is the Vice-President One new member was welcomed. The next meeting will be held at the home of Miss Mable Burns.

O'LEARY. The Annual meeting of this Institute met at the home of Miss Alice Hunter on April 8th, thirteen members and one vistor being present. After the usual business opening, the Financial Statement was read, showing that of the $130.00 raised during the year, 30.00 was paid towards the sidewalk, $15.00 to Soldiers' Monument also other smaller donations, etc. Election of Officers resulted as follows: Pres. Mrs. Dr. Champion, Vice., Mrs T. M. Howatt, Sec'y Mrs James McWilliams, Treasurer, Mrs. Pate. At this meeting the sum of $10.00 was voted to Soldiers' Monument for flowers. The next meeting will be held at the home of Mrs. W. E. Turner.

ROSENEATH. On April 8th, nine members met at the Schoolhouse where the Annual meeting of this Institute took place. The report of the year's work was most encouraging—Total receipts $133.26 Expenditures include materials for comforts, building a school porch, and expenses on school grounds, etc,. Mrs. Charles McQuarrie was elected Pres. for the ensuing year, Mrs. Albert Dewar, Vice., and Miss Dorothy Doyle, Secretary-Treas. At this meeting it was decided to pay for the putting in of new windows in the schoolhouse. One new member was welcomed. A vote of thanks was tendered the retiring President, Mrs. Austin Donahoe, for her services and for the capable way in which she carried on the work while President. The next meeting will be held at the home of Mrs. Edward Bulpitt.

CENTRAL, LOT 16. Fourteen members attended the regular meeting of this Institute which was held in the hall on April 18th. After the reading and approval of the last meeting, roll call was answered by "riddles." Committees were appointed for the month. It was decided to undertake some repairs to the Lot 16, Hall. A guessing contest was the program of the meeting. This was followed by a sale of candy. One new member was welcomed.

BORDEN. The regular monthly meeting of this Institute was held at the home of Mrs. Wallace Field on April 23rd, and was attended by ten members and two visitors. After the regular opening, the new business was disposed of as follows: Decided to send the finished Couch cover in to Charlottetown to be put on exhibition at the Handicraf Exhibit, also to have the land donated for a park, prepared for planting. Exchanges of recipes and music were the feature of the meeting. Two new members were welcomed. The next meeting will be held at the home of Mrs. Wm. MacInnis.

Health and Happiness Are Your Birthright

If you are in less than perfect health—
If you suffer from any of the symptoms detailed below—
then this message brings encouragement and hope to you.

DO YOU SUFFER FROM:

Distress or pain in the pit of the stomach (especially about two hours after eating); Chronic Dyspepsia; Spells of Indigestion; Sour Stomach; Heart Burn; Feeling like a heavy weight drawn around the waist; Difficult, uneasy, distressful, or painful digestion; Biliousness or Bilious Colic Spells; pain in the right side or between or under the shoulder blades; Shifting, Shooting, Biting, Boring, Burning sensations, or pains in right side, or around the waist line below ribs or under shoulder blades. (In some cases pains are felt more in the left side.) Intercostal Neuralgia; spells of sick headache; Colic; Constipation (in a few cases Diarrhoea) Blues; Piles; Yellow, Sallow, Blotched or Itchy Skin; bad complexion; Gas on Stomach or in Bowels; Fermentation of food generating poisonous gases in the Stomach and Bowels, and absorbed through the blood, causing Anaemia, Pallor, Sallow Skin, Poor Blood, loss of memory, energy; Vitality all gone; Gloomy, depressed feeling; irritability; languor; constant desire to sigh; poor circulation; cold hands and feet; gas in Stomach crowding the heart, causing palpitation, fluttering, irregular or nervous heart; bad taste; coated tongue; light or clay colored stools; nervous weakness; general or special debility; dizzy spells; Yellow Jaundice; vertigo; dull, heavy feeling in the head; Sleep sometimes disturbed by dreams or nightmares; Emacintion (although some seem to gain weight. Consequently the old saying among the Doctors, "Fair, Fat, Forty and Gall Stones.")

Most folks who have Gall-Trouble in the earlier stages or later cases of Gall Stones, don't know what ails them, this is owing to the vague and misleading character of the symptoms. Consequently they spend large amounts of money and take most every kind of medicine they learn of to relieve something they have not got. They doom themselves to one disappointment after another and eventually lose faith in all medicine, They take all kinds of medicine which does them no good because it fails to reach all the Liver-Gall cause of their suffering, misery or distress. Great harm can come from this practice of doctoring symptoms.

Gall-Trouble is hard to recognize because the symptoms are so indirect and misleading; 90% of the people who have Gall Stones do not even suspect it until they have attacks of Gall Stone Colic, and these attacks come on only after the Gall Stone condition has been long present. (Liver trouble that has been long neglected) and in many cases the typical Gall Stone Colic is never experienced as the Gall Stones lie quiet for years, or for life, and never attempt the passage through the Gall Duct. If the Gall Stone condition were sooner treated relief could, of course, be much easier and more quickly accomplished. That is why we urge Liver and Stomach Sufferers to treat themselves NOW.

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