

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

Miss Ann Adam's Recipe for Bran Muffins

3/4 cup bran, 1 1/2 cups flour, 1/2 teaspoon salt, 3 teaspoons Magic Baking Powder, 1 egg, 1/2 cup milk, 1/2 cup molasses, 1/2 cup shortening.



Miss Ann Adam bakes her famous Muffins with Magic Baking Powder



"When selecting ingredients for my recipes," says Miss Ann Adam, cookery authority of the Canadian Home Journal, "I consider three points - economy, health value, and successful performance."

FREE COOK BOOK - When you bake at home, the new Magic Cook Book will give you dozens of recipes for delicious baked foods.



Magic Baking Powder has been home-tested and approved by the Home Service Bureau of Canada.

A Morning Smile

Rich Uncle (a strict Sabbatarian) - "I am extremely sorry to learn that Estace is in the habit of visiting a golf club on the Sabbath!"

Loyal Wife (brightly) - "Oh, but he doesn't play. He only pops over there for a few drinks and a game of bridge!" -Humorist (London).

Dorothy Dix Letter Box

Are Children a Necessary Part of a Happy Marriage? - Widower With One Daughter Who Would Marry a Woman of Poor Reputation - Are Blondes Not to be Trusted?

Dear Miss Dix - I am a man 31 years of age, very much in love with a splendid girl whom I have cared for for five years, but when I asked her to marry me she told me that she could never have any children.

Answer: Of course, that is a question that nobody in the world can settle for you, and before you decide it for yourself look very deeply into your own heart.

There are both men and women who are miserable unless they have children. They have an intense mother and father hunger that nothing but little hands can feed, but these people when they have no children of their own can almost always find a satisfactory substitute in adopting children over whom they seem to be more foolish than real parents are over their own.

But not all people, and especially not many men, have this craving for children. Regarding most of the families I know, I should say that the fathers welcome the new arrivals with little enthusiasm and generally seem to regard their offspring more in the light of burdens than blessings from on-high.

The old idea that childless couples were necessarily unhappy is a superstition handed down from the time when big families were the rule and had to be justified. Many of the happiest couples in the world have no children, and, as a rule, childless couples stay together longer than those with children.

Nor is it true that children bind a husband and wife more closely together. Children may keep them from getting a divorce, but as far as love goes children are more liable to push husbands and wives apart than they are to bring them into closer harmony.

Up to the time that Junior came, the wife has made a little tin god of her husband. She has dressed up for him. Flattered him, amused him, adored him, but after the children come she has not time for him, and it is then that most husbands who develop into philanderers begin to roam in search of the companionship and the adulation they have lost at home.

So you see the childless man doesn't always have the worst of the bargain, because he is always his wife's biggest baby and spoiled to death.

Dear Dorothy Dix - I am a middle-aged banker and hold quite an influential position in a small, conservative town. Last July my wife died, leaving me with one daughter who is away from home most of the time.

Answer: A young man may marry whom he pleases, provided he has the strength and courage to face the consequences, but a widower, and especially one with a daughter, has no right to marry a woman of bad reputation and put her over the girl.

To begin with, you give your daughter a social handicap that will blight her girlhood and ruin her chances of making a good marriage, because in a small, conservative town it is thumbs-down on the woman who is not like Caesar's wife.

Then you subject your daughter to the influence of a woman with loose ideals of conduct, and that is something that no decent man and no man who has any idea of his duty as a father should do.

Nor do I think that this marriage will turn out well for you, because

What the Fashionables are Wearing

Illustrated Dressmaking Lesson Furnished With Every Pattern

By Annabelle Worthington



No. 718 - Charming Day Dress. This style is designed in sizes 14, 16, 18, 20 years, 36, 38 and 40 inches bust measure. Size 16 requires 2 1/2 yards of 39-inch material with 1/2 yard of 35-inch all-over lace.

No. 765 - Tailored Undies. This style is designed in sizes 12, 14, 16, 18, 20 years, 36, 38 and 40 inches bust measure. Size 16 requires 1 1/2 yards of 35-inch material with 3/4 yards of binding.

No. 397 - Slenderizing Model. This style is designed in sizes 36, 38, 40, 42, 44, 46 and 48 inches bust measure. Size 36 requires 3 1/2 yards of 39-inch material with 3/4 yard of 39-inch contrasting.

No. 587 - Darling Frock. This style is designed in sizes 2, 4 and 6 years. Size 4 requires 1 1/2 yards of 39-inch material with 3/4 yards of ribbon.

No. 619 - Bloomer Frock. This style is designed in sizes 2, 4 and 6 years. Size 4 requires 1 1/2 yards of 39-inch material with 3/4 yards of ribbon.

after your infatuation for this woman has cooled off you will begin to feel that you have paid too high a price for marrying her. For you may be sure that Mrs. Grundy will send you to Coventry for snapping your fingers in her face.

Your old friends and neighbors will give you the cold shoulder and you will not find that it adds to your prestige as a banker to have a wife that people gossip about behind their hands and at whom other women look askance.

Dear Miss Dix - Are blondes any less to be trusted than brunettes? We are always hearing about blonde vamps and flirts and disreputable blondes, and blonde stenographers running off with married men, etc., etc.

Answer: Certainly not. The color of a woman's hair and skin have no relation to her morals. Just as many good women are blondes as brunettes.

The only reason we use the term "blonde" as a synonym for a seductress is because the fair woman with golden hair has always stood as our ideal of supreme beauty.

OUR JIMMY

A "Saucy" Message



"Please, Mr. Jones, will you give me a large tin of Clark's Pork and Beans right away, 'cause my Mom wants them in a hurry."

"Why sure, Jimmy, what does your Mom want them in? Tomato, Chili or Plain Sauce? Did she tell you?"

"Well, I don't know, Mr. Jones, but I think my Mom told me just to bring them in the tin, if you don't mind."

"I guess I like them best in Chili Sauce after all, Mom, although I guess I could eat Clark's Pork and Beans any old way... they're so good."

CLARK'S PORK & BEANS WITH TOMATO, CHILI OR PLAIN SAUCE.

We've yet to meet the appetite that could resist Clark's Governor Sauce... it's full of tang!

For The Cook

Waldorf Style Stuffed Potatoes

Cut 4 baked potatoes in half lengthwise with a sharp knife. Scoop out inside carefully in order not to break the shells. Put pulp and 2 hard-boiled egg yolks through a sieve or ricer.

Pres. Mrs. Alban McSwain. Vice-pres. Mrs. George Betton. Secy-treas. Mrs. Seymour Taylor, re-elected. Directors, Mrs. John McLeod, Mrs. John Beaton, Mrs. Janie Turner, re-elected. Auditors, Miss Edna Creed and Mrs. John McLeod.

Mrs. J. McLeod kindly invited the members to her home for the December meeting. Roll Call to be answered by Christmas recipes. Meeting then adjourned by singing National Anthem.

He who is continually tending towards perfection, who chooses the good and attaches himself strongly to it for fear of losing it, is the sage. - Confucius.

Philosophy teaches us to endure afflictions but Christianity to enjoy them by turning them into blessings.

Does Your Mirror Reflect Rough, Pimply Skin?

CUTICURA

And Have A Clear Skin! ANOINT the affected parts with Cuticura Ointment. Wash off in a few minutes with Cuticura Soap and hot water and continue bathing.

MR AND MRS.

Joe Does His Bit to Start a Boom

