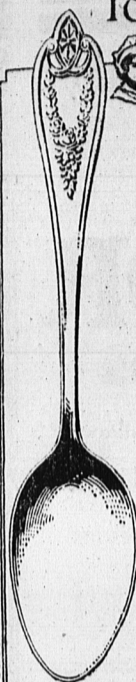


"SALADA" TEA

Every Leaf is of Virgin Quality.
Scaled Packets Only. Never in Bulk.
— Black, Green or Mixed —

1847 ROGERS BROS.
SILVERWARE



THE Old Colony Pattern is a reflection of the grace, beauty and simplicity of Colonial times.


Like all patterns bearing the trademark—1847 ROGERS BROS.—it gives you a pleasing combination of beauty and durability—the two-fold essential of utmost value.

It is important that you get the genuine—known as "The Seventy Year Plate." The date, 1847, identifies it.

Sold by leading dealers. Unqualifiedly guaranteed.

Made in Canada by
MERIDEN BRITANNIA CO., Ltd.
Hamilton, Ontario

A Nourishing, Laxative Food for Growing Children



Prescription

Wheat	30%
Rye	35%
Flax	25%
Bran	10%

It solves mother's food problem. Roman Meal is much more nourishing than wheat or oats used alone, and is twice as nourishing as corn; it is so thoroughly and easily digestible that even a baby of eight months or over thrives upon it. It keeps the liver active, prevents indigestion and relieves constipation.

Dr. Jackson's Roman Meal

is nothing but a simple, absolutely drugless combination of entire berries of wheat (30%), whole berries of rye (35%), flaxseed rendered tasteless and odorless by electricity (25%), and 10% wheat bran. That's all. This simple mixture is porous because it is granulated, thus letting the digestive juices reach every particle and preventing indigestion.

Flaxseed is the most nourishing seed known. In Roman Meal it prevents the irritating effect of bran on the lining of the bowel, and lubricates the digestive tract. It is laxative and keeps the skin clear.

The bran in Roman Meal provides the natural waste without which the muscles of the digestive tract positively will not act. The digestive system was fashioned for the express purpose of dealing with coarse, waste-containing food. Roman Meal is such a food; it relieves constipation, or money refunded. Ask your doctor.

You notice that entire berries of wheat and rye are used—important. Modern cereal foods are light in color because they are mostly starches, which so often ferment and cause trouble. Roman Meal retains the dark parts of the grains because they build up muscle, brain, nerves, organs and blood. These dark parts also contain the salines which keep the blood non-acid. They contain the flavor, too—the sweet, nutty flavor of the grains!

Roman Meal is an ideal food for children; it takes the place of drugs, keeping little folks healthy and strong. What delightful porridge it is; when you follow directions it is delicious, but when you stir it while cooking you spoil it. Do not stir except while mixing meal and water. It also makes all kinds of delicious baked products. At all grocers.

Roman Meal Company, Toronto, Canada; North Tonawanda, New York; Tacoma, Washington.



The Royal Naval Air Service

A limited number of men are required for the ROYAL NAVAL AIR SERVICE.

Very high physical and educational standards are required, and applicants must be natural born British subjects, and the sons of natural born British subjects.

All the training is done in England. Usual age from 17½ to 23; extreme age 25th birthday. Pay on entry \$2.50 per day; while undergoing training \$3.50

For further particulars apply to the Chief Naval Recruiting Officer

305 Wellington Street. OTTAWA

CANADA HAS ONLY 31 BLINDED SOLDIERS.

Sir Frederick Fraser Plans To Publish Daily Newspaper And Monthly Magazine for Blind.

It is interesting to note in the face of general horror of blindness, that the assumption in many quarters that the war will turn back into Canada hundreds of sightless men is without foundation. The records of the Military Hospitals Commission, under whose direction all disabled soldiers come when they return to this country, show that of the 400,000 Canadians sent overseas, only 31 have been blinded to date.

Nine Returned To Canada.

Nine of these men have been returned to Canada ready to carry on in professions which they learned at St. Dunstan's School for the Blind in London, England, and are making good; the rest are in England, still in training.

There have been several cases in which the men have become blind after their return to Canada, and provision for their re-education has been made in the School for the Blind at Halifax, under the direction of Sir Frederick Fraser.

Sir Frederick is planning a new institution now which will accommodate any further cases of this kind, and rival the St. Dunstan's School, and the Light House established by Miss Winifred Holt in Paris for the re-education of the blinded soldiers in France.

Newspapers and Magazine.

He is planning to include a printing house for the publication of literature in the raising type used by the blind, including a daily newspaper and a monthly magazine.

"Braille."

The Braille system of raised dots has restored the world to the blind. With an awl the blinded soldier learns to write in the Braille characters, and his finger tips, running quickly along the pricked lines, "see" what is written there. Even small children learn it readily, so simple is the system, and combining this new knowledge with the mastery of the typewriter by the touch system, generally in vogue in all the commercial schools, a man may qualify for efficiency in any business office.

The Braille shorthand is superior to any system heretofore developed for the seeing, it is said.

All sorts of table games are adapted for the blind, and even such active sports as skating, dancing, riding and push ball are engaged in.

Blind Can "Carry On."

From St. Dunstan's where the blinded soldiers of all the colonies of the Empire are trained, they are turning out stenographers, masseurs, insurance agents, gardeners, poultry men, shoe makers, saddlers, and basket makers; and men have been prepared by the classes in finger reading to go back to former occupations too innumerable for listing.

WAITING FOR YOUR CALL

(Maj.-Gen. T. W. Bliss of the American Army, in Association Men.)

What shall the conscripted man do between now and his going to the cantonments to fit himself mentally for the war? He has no time now to study books and learn the theory of what he will soon be learning by practice. But it is the mental and moral attitude in which he approaches his new duty that will constitute his best preparation for it. Let him read and do whatever will strengthen his devotion to the ideals of his country; that will make him realize that in his individual hands has been placed the honor of his family and his people, and that he must bring back unstained except perhaps, if he is redempted by his blood in defense of it. Let him read what will make him resolve that, in fighting to the end a war for justice and humanity, he shall not come back with the knowledge that he has wantonly done anything to add to the brutality and savagery of it. More than all, let him read those things that were read to him at his mother's knees, that will help him to keep a clean spirit in a clean body, so that if the time should come when he has to pay the full measure of devotion it will be a sacrifice without stain or blemish that he will lay on his country's altar.

THOUGHTS BY WISE MEN.

Be what your friends think you are. The men who conquer the world are the men who see beyond the world.

—Percy Ainsworth.

A friend may be well reckoned the masterpiece of Nature.

—Emerson.

Get an enthusiasm. You can't be enthusiastic and unhappy at the same time.

—Life.

Pray that Ye Enter not into Temptation.

Some men want to have religion like a dark-lantern, and carry it in their pocket, where nobody but them selves can get any good from it.

—H. W. Beecher.

Such triumphs as no mortal ever gained may yet be thine, if thou wilt but be true to thy Creator and thyself.

—Selected.

The heights by great men reached and kept Were not attained by sudden flight; But they, while their companions slept, Were toiling upward in the night.

—Longfellow.

If you wish to be agreeable in society, you must consent to be taught many things which you know already.

—Talleyrand.

In taking revenge You are but even with your enemy; In passing over an injury You are superior.

I have this day, its light, its sun, Its heat, its chance—no more, But if I would, this day I could Make great as none before.

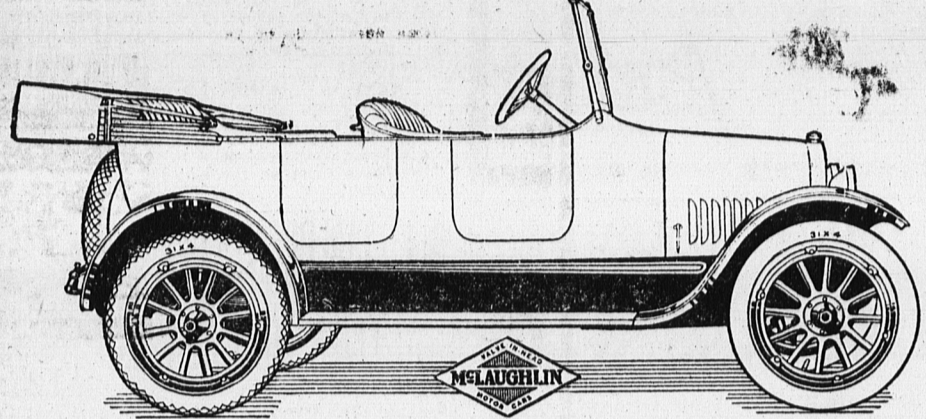
—Baltimore Sun.

This Automobile Costs Nothing JUST THINK OF IT!

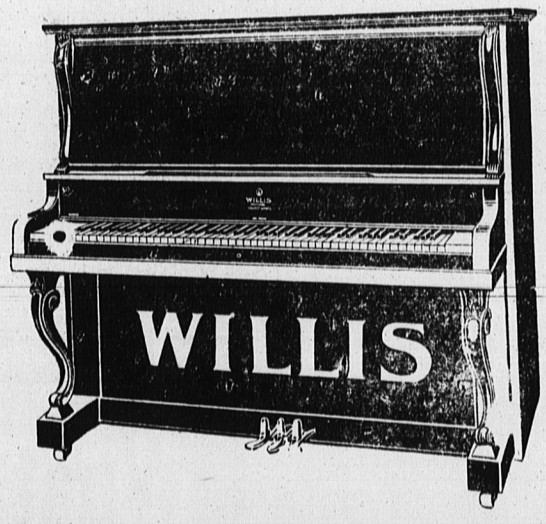
Your Spare Time Well Spent Among Your Friends is the Only Price Asked
No Money Will Buy These Prizes!

1st GRAND PRIZE
1135.00 McLaughlin Touring Car

SUMMERSIDE CH'TOWN
Dealer Dealer
R.T. Holman J. Stanley
Limited Wedlock

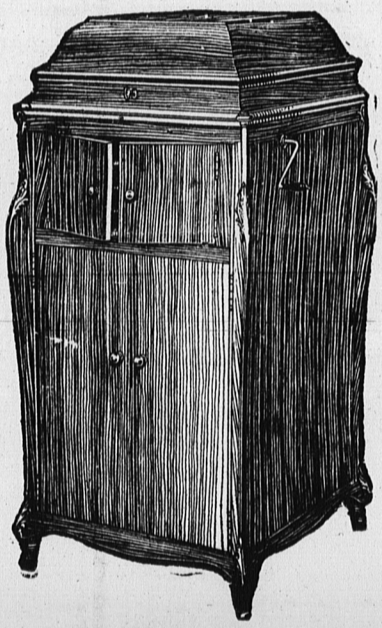


2nd GRAND PRIZE
\$400 Willis Louis XV.
Piano



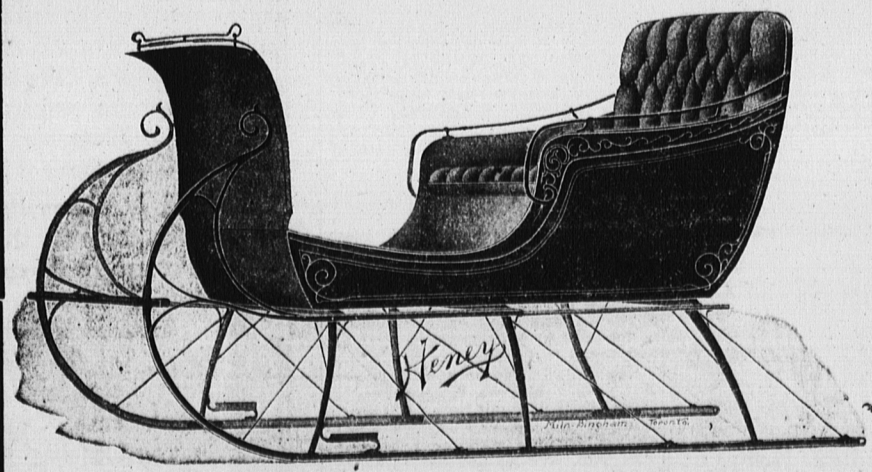
SUPPLIED BY
A. E. TOOMBS

3rd GRAND PRIZE
\$255.00 VICTROLA XVI.



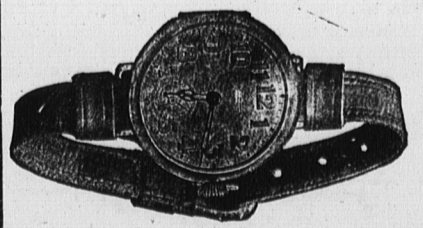
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Limited
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4th GRAND PRIZE
\$135.00 Sleigh, Harness and Robe



Purchased from GRANT & KENNEDY

District Prizes
\$100.00 Diamond Ring
\$75.00 Diamond Ring
\$50.00 Diamond Ring
Three Handsome Wrist Watches



Jewelry Prizes are on display at the Store of W. W. WELLNER, Ch'town

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For the sum of \$..... accompanying this order, please send the Morning or Evening Guardian for a period of months, and credit candidates named with votes

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Subscription to begin.....

Address.....

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There is No Question About The Prizes Offered

The Question is... Why not enter the Campaign and win one of them?

For Particulars Apply to Campaign Manager, Ch'town Guardian