

Woman's Realm Social and Personal Fashions Literature

Living & Leisure The Woman's Realm

THE LOSERS

I think they lose, who put away the best drawers and closets, saying, "I shall use it someday; it's too good for now." And so they live their decades out, possessed of the loveless until they die. Not having known, nor understood well, how this treasure in their rooms had held sunlight. Even for cloudy days, and that had lent.

A kind of courage, something else, content.

I shall not let most beauty out of sight.

—Elaire V. Emans.

DRESSED WOMAN

Stage star Mary Martin and the Metropolitan Opera's Miss Sasso were named to-day among America's best-dressed women by Emil Alvin Hartman, director of the Fashion Academy. Hartman selected nine individual winners from ten fields in which women have distinguished themselves. In the tenth field, public life, he chose "women in the armed services." The other winners were: Eileen Smith; business, Grace Austin, restaurant chain executive; radio, Penny Singleton; concert, Eleanor Steber; volunteer war work, Mrs. George Fielding Elliot; society, Mrs. Donald Tansill; and author, Cornelia Otis Skinner.

Defatted corn germ, now coming into production as a new human food as rich in proteins as beef, is made from the small yellow nuggets in the corn kernel by extracting the corn oil.

LEADLINE, a colorless viscous phosphorized fat produced by animals and plants, is used in the food and confectionery industries as an emulsifier or dispersing agent; it protects freshness.

USE UP THOSE BITS OF CHEESE

It's disappointing, isn't it to find a piece of cheese at the back of the cupboard, hard, mouldy, and unattractive. Of course the mould can be cut off and the rest grated, so it isn't entirely wasted. But here are tips on how to make sure that all the next piece of cheese you buy stays fresh. To prevent moulding or drying wrap tightly in wax paper and keep in refrigerator. If you have cheddar cheese, wrap in cloth wrung out in vinegar. This discourages mould. Last bits of cheese can be grated for cooking and kept in airtight jars.

To separate chilled bacon strips without tearing, warm bacon strips in frying pan or broiler until they come apart easily.

HINTS ON ETIQUETTE

Keep letters rolling to the men and women in the country's services, even if they don't find time to answer often. They will be ap-

preciated possibly more if the folk in the armed forces have little time to write answers.

COMBINE FABRICS IN SLIP COVERS

With so much depending on slip covers, the decorator is turning handspins to make them alluring. The most popular trick is combining more than one fabric, the same slip cover—especially effective with a plain dark high color or used with a bold big figured design. One of the smart sofa slips, for instance, is mostly dark green with a figured fabric in a square paneled design used for straight tailored skirt. Another has dark green on the inside for the flounce and white for the outside back and arms. Combinations of plaids and stripes as well as lowered designs look smart and fresh too.

EVENING GINGHAM

Evening gowns were very much to the fore in the recent Mainbocher showing, most of them narrow and with jackets. Two delightful plaid gingham dresses; gay as the gayest party, indulged in round peasant necklines, but gittered with sparkle of twinkling paillettes. Little inset-wide bracelets of the same gingham were worn at each wrist, while the sleeves in these dresses came half way between shoulder and elbow. Never is there a bare sea-side look to Mainbocher's evening clothes.

Color creeps into this collection frankly and fearlessly—more colors than have generally been shown by this designer who handles black with such finesse.

Linoleum is a very popular floor covering nowadays, adding a cherry note to the room, and requiring very little time and effort to keep scrupulously clean. But before linoleum is laid the floor must be perfectly smooth, otherwise the former will crack easily. To attain this degree of perfection, padding—consisting of newspapers, or prepared felt purchased at the store, should be laid down first.

Linoleum should only be washed when it is absolutely necessary. Use only warm water and a soft cloth—never use soap, soda or scrubbing brush. Dry very thoroughly afterwards, as water will crack and rot linoleum. Take special care at the edges of linoleum squares to see that the water does not soak underneath them.

Linoleum is given a coat of waterproof varnish, or one of wax, it will last much longer; also the colour will not wear off so easily. If the pattern does wear off, however, while the linoleum is still in good condition, the defect may be remedied by giving it two coats of good floor paint in the colour desired. Wash the linoleum well with warm soda water first, to remove any grease. Allow the first coat of paint to dry before applying the second coat, and finish with one or two coats of good floor varnish.

A Morning Smile

A well-to-do negro had been ill for some time and showed no signs of improvement. He was called by a doctor of his own race. So presently he dismissed him and summoned a white man. The new doctor examined the patient, and then asked: "Did the other doctor take your temperature?"

"The sick man shook his head doubtfully.

"—I dunno, suh," he declared, "I sartinly dunno. All I've missed so far is my watch."

He was handsome but hard up, so nobody was surprised when he wooed an heiress—what's more, he won her.

At breakfast on the first day of the honeymoon, the bride remarked: "Does the fact that I have so much money make any difference to you, dear?"

"To be sure, my love," he replied.

"What do you mean?" she asked in hurt surprise.

"It's such a comfort to know that if I die, you will be provided for."

"But I may die first."

"Then, darling," he said, with a smile, "I'd be provided for."

ASHES OF LIGHTING

CHAPTER XXI FRESH ORDERS FOR MORETON

It took a little time to get Gilroy to agree to remaining indoors. Moreton found a vulnerable spot, however. "Rolls the old setter, which had belonged to Carol's mother, needed careful attention if it were not to be lost. Gilroy promised to ring up the vet as he went, in the meantime, do what he could for the semi-conscious beast."

By this time two of the Security Police both by duty, had put on their boots and offered to help in the search. Altheoson, who had shot Hilda, was one of the two. He brought his gun and Calthrop, considering the cold pale eyes of a born killer, hesitated to give him permission.

"Then he remembered 'Flanagan' would be desperate. If he were behind Carol's disappearance, the traitor would not accept nor proffer quarter; he would be like a cunning wild beast, ready to deal death at an instant's opportunity. Round peasant necklines, but gittered with sparkle of twinkling paillettes. Little inset-wide bracelets of the same gingham were worn at each wrist, while the sleeves in these dresses came half way between shoulder and elbow. Never is there a bare sea-side look to Mainbocher's evening clothes.

Color creeps into this collection frankly and fearlessly—more colors than have generally been shown by this designer who handles black with such finesse.

Moreton stepped over and produced his papers. Group-Captain heard. Then he methodically scanned them. "Good evening," he greeted them. "My name's Fanshawe. Which of you is Moreton—Giles. Ponsbony—Giles?"

Moreton stepped over and produced his papers. Group-Captain heard. Then he methodically scanned them. "Good evening," he greeted them. "My name's Fanshawe. Which of you is Moreton—Giles. Ponsbony—Giles?"

Moreton, already distressed by the flight of impotent moments, felt a distinct throbbing of agony as he scanned those orders he had received from headquarters. He hoped, he prayed, that his face did not betray him, but Calthrop had seen something.

He drew Moreton aside.

"What's the matter, old chap? Anything you're allowed to tell a pal?"

"Roger—thank you," Moreton closed his eyes for a moment. "Yes, I can tell you I'm detailed to that Kew Gardens job. All set. I'm in a plane waiting." Calthrop heard him draw a sobbing breath. "Oh Lord—when Carol might be at—lost in the mist of that unutterably foul swine!—I recollect Hamburg. —the man's a semi-criminal—what you haven't said, Roger. I'll search for Miss Gilroy. You know I'll do my best. Can't say more."

"But, as I tell you, surely what you haven't said, Altheoson shall carry a round in the breach."

"Right! Good hunting, Roger. Scour those ruins. I've an idea they'll yield a clue. Without swimming the river, 'Flanagan's' distinct throbbing of agony as he scanned those orders he had received from headquarters. He hoped, he prayed, that his face did not betray him, but Calthrop had seen something.

PEOPLE over 40 often slowed down by CONSTIPATION

Your system is like an engine. It must be kept clean, smooth-running or it backs—up. The best way to clean a system clogged with about 40 minutes, or until done. Remove from the oven and turn onto a cake platter immediately. Serve with sauce, if desired, with plain cream.

Extra Choice KING COLE TEA

The Finest Money Can Buy

Dorothy Dix Says—

MEN PREFER FLUFFY RUFFLES

War's Sloppy Josies Prove Girls Don't Dress To Please Their Boy Friends

One of the subjects that has always been good for an argument is women's clothes. Do women dress to please men? Or do they dress to make other women envious? Or do they just dress? The war has apparently settled this burning question and proven that whatever other reason may motivate a woman in picking out her wardrobe, she doesn't take the taste of men into consideration.

Otherwise there wouldn't be a mother's daughter of them parading around in dirty slacks or stringy sweaters and goggled saddle-back shoes and looking like Sloppy Josies. For the time, men have arisen en masse and expressed their opinion of what they wanted the well-dressed woman to wear. And the cry has been, as with one voice, for fluffy ruffles.

SOLDIERS WANT FLUFFY CLOTHES

From one end of the land to the other, wherever soldiers have been entertained, the universal request has been for fluffy ruffles. They want long, swishy skirts. Lace and furrowels and gurgaws, and perfume behind their ears. They want the girls to look glamorous, instead of like a poor understanding of little brother.

And if this isn't a tip to the girls who are buying their Spring outfits, they are so dumb they are past-praying for. For the boys' demand for girls who are easy on the eyes is more than a reaction against their being fed up on having nothing but uniforms to look upon. It is a hunch that every woman expresses herself in her clothes, and by her clothes you may judge her.

Take the girl, for instance, who makes an imitation man of herself by dressing like a man. There is little of the feminine in her nature, and if she puts on trousers before marriage a man may be sure she will wear the pants afterwards. Such a woman is rarely satisfied with domesticity. She craves a career and while she makes a good business partner, she is generally a poor bet as a wife.

DRESS SHOWS LACK OF JUDGMENT

Then there is the girl who is always inappropriately dressed; who will wear a flowered hat to market and patent leather moccasins on a hiking party, and who invariably dikes herself out in colors that sweat at each other and clothes that call attention to all of her worst points. You don't have to take a second look at her to know that she lacks judgment and common sense. No matter how sweet and lovely her character is, her house will always look like a pig-sty, and she will throw half of her husband's earnings into the garbage can.

On the other hand, there is the girl who is always neat and tidy and who has on exactly the things she should have to suit the occasion. A reported benefits, Lydia Pinkham's Compound has proved some women's happiest days can be during their "40's." Made in Canada. Worth trying!

THE COOK'S CORNER

APPLE GINGERBREAD DESSERT

3 1/2 cups sliced apples
1-3 cup sugar
1/2 cup shortening
1/2 cup brown sugar
1 egg, well beaten
2 cups sifted flour
2 teaspoons baking powder
1/2 teaspoon soda
1 teaspoon ginger
1 teaspoon cinnamon
1/2 teaspoon salt
1 cup light molasses
1/2 cup hot water

Method: Pare, core and slice apples. Arrange in parallel rows in a well-greased square pan. Sprinkle with sugar, if desired.

A FASCINATOR IS A POPULAR HEADGEAR

Design No. 1254

This lovely fascinator is easy to crochet in a short time. Pattern No. 1254 contains complete instructions.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown, Guardian.

Design No. 1254

NAME _____

STREET ADDRESS _____

CITY _____ PROVINCE _____

A Job Only You Can Do

Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board Readers. Persons who have intelligent questions to ask no price control are invited to send them in writing to the Women's Regional Advisory Committee of the War Times Prices and Trade Board.

Q. Is unsweetened canned pineapple rationed?

A. Yes, it is. For each twenty fluid ounce tin you must surrender one D coupon. The reason unsweetened canned fruit are rationed is because of last year's short fruit crop.

Q. What canned fruits are not rationed?

A. Canned blueberries and maraschino cherries are not rationed. For the time, men have arisen en masse and expressed their opinion of what they wanted the well-dressed woman to wear. And the cry has been, as with one voice, for fluffy ruffles.

You must give the present tenant six months' notice, which must be given below the end of the winter regulations. You also must have a sworn statement from your brother showing that he is the person who is to occupy the house. This statement must be given to the present tenant on form provided by the W. P. T. B., and the brother must agree to occupy the house for one year after the tenant is required to vacate.

You Women Who Suffer From HOT FLASHES then CHILLY FEELINGS

If you—like so many women between the ages of 30 and 45—suffer from hot flashes, weak, dizzy, nervous feelings, irregular periods, are blue at times—due to this middle age period in a woman's life—start taking Lydia E. Pinkham's Vegetable Compound at once. It's one of the most effective medicines you can buy that's made especially for women, to relieve such painful distress.

In fact—taken regularly Pinkham's Compound helps build up resistance against such symptoms. It also is a fine stomach tonic.

Thousands upon thousands of women—rich and poor alike—have reported benefits. Lydia Pinkham's Compound has proved some women's happiest days can be during their "40's." Made in Canada. Worth trying!

Write with sugar and place in a moderately hot oven (400 deg. F.) for about 10 to 12 minutes—while preparing the gingerbread batter.

Cream the shortening and gradually cream in the brown sugar. In fact—taken regularly Pinkham's Compound has proved some women's happiest days can be during their "40's." Made in Canada. Worth trying!

TO EASE MISERY OF CHILD'S COLD RUB ON VICKS VAPORUB

Penicillin is being manufactured by 13 American and two Canadian firms in continually increasing amounts.

Make each package go farther!

FRUITS IN JELL-O RING

1 package JELL-O, any flavor
2 cups hot water
Mixed fruits

Dissolve JELL-O in water. Pour into wet ring mould. Chill until firm. Unmould on lettuce, and fill with mixed fruit—diced oranges, apples, canned or preserved peaches or pears, halved and seeded sweet grapes, etc., as available. Accompany by a fruit-salad dressing, and Cheese Straws or crisp wafers. Six or seven servings.

CHOCOLATE RICE PUDDING

1 package JELL-O Chocolate Pudding
2 cups milk
1 1/4 cups cooked rice

Prepare JELL-O Pudding with milk, as directed on package. Cool. Fold in rice, which has been boiled tender in salted water, then drained and cooled. Chill in dessert glass. Serve with top milk, or with Mint-Marshmallow Sauce. Six servings.

JELL-O AND JELL-O Puddings

If your grocer is temporarily out of JELL-O or JELL-O Puddings, please don't blame him. He's doing the best he can, to make his limited supplies go 'round.

HAVE ANOTHER SLICE!



YOU BET—hits the spot!

—to bake bread just right, use Fleischmann's FRESH Yeast!

Bread is extra important in war menus. It's not only an essential high-energy low-cost food, supplying Vitamin B, it's also a good stretcher for other foods. If you bake bread at home—use Fleischmann's fresh Yeast and be sure of light delicious loaves every time. This dependable yeast has been Canada's favorite for over 70 years. Ask your grocer for Fleischmann's fresh Yeast—with the familiar yellow label.

MADE IN CANADA SUPPLEMENT YOUR DIET by eating 2 cakes of FLEISCHMANN'S fresh Yeast every day. This fresh Yeast is an excellent natural source of the important B Complex Vitamins.

Needlecraft For The Home

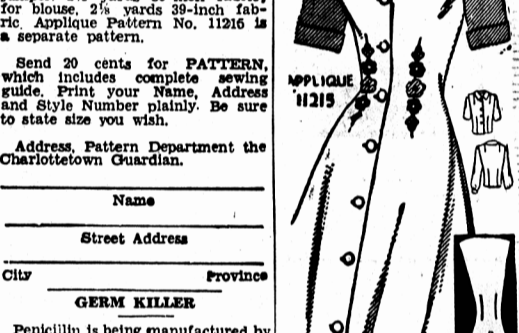
PRINCESS JUMPER

The classic simplicity of the long, slender lines of this charming jumper is dramatically emphasized by brilliant applique at the waist.

No. 2089 in size 36 requires for jumper, 2 1/2 yards 39-inch fabric; for blouse, 2 1/2 yards 39-inch fabric. Applique Pattern No. 11216 is a separate pattern.

Send 20 cents for PATTERN, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish.

Address: Pattern Department the Charlottetown Guardian.



2089 SIZES 12-46

ISLAND-STUDDED

There are 500 islands in the Aegean Sea.

WHY IS COCOA NOURISHING?

Cocoa is nutritious because of its high protein, fat, carbohydrate, and mineral content.

PERFECTION COCOA is exceptionally rich in these valuable energy-giving elements because it is guaranteed to contain 22% of rich, nourishing Cocoa Butter.

For an economical, nourishing food-drink which the whole family will enjoy, be sure to buy PERFECTION COCOA. Regardless of price, there is none better. Yet PERFECTION COCOA costs less!

ONLY 27¢ FULL POUND 16¢ HALF POUND

Why Pay More?

WHY IS COCOA NOURISHING?

Cocoa is nutritious because of its high protein, fat, carbohydrate, and mineral content.

PERFECTION COCOA is exceptionally rich in these valuable energy-giving elements because it is guaranteed to contain 22% of rich, nourishing Cocoa Butter.

For an economical, nourishing food-drink which the whole family will enjoy, be sure to buy PERFECTION COCOA. Regardless of price, there is none better. Yet PERFECTION COCOA costs less!

ONLY 27¢ FULL POUND 16¢ HALF POUND

Why Pay More?

JELL-O AND JELL-O Puddings

If your grocer is temporarily out of JELL-O or JELL-O Puddings, please don't blame him. He's doing the best he can, to make his limited supplies go 'round.