

Woman's Realm/Social and Personal/Fashions/Literature

Happenings of The Week

Friends say Princess Elizabeth has benefited greatly by her stay in Malta. She looks sun-tanned and very fit. She spent much of her spare time sailing in "Cowslip", the racing yacht given to her and her husband by the townsfolk of Cowes. She also did a lot of swimming. So keen has she been to become on yachting there are reports that next summer she may race with the Duke in some of the smaller regattas. One of the keenest listeners to accounts of her stay in Malta is Princess Margaret—the most travel-loving member of the Royal Family. It would cause no surprise in court circles if Princess Elizabeth were to take her sister with her on the next trip to see her husband, probably in the spring.

Princess Margaret defied custom a few evenings ago by making a tour on top of a bus which enabled her to experience her first trip on this type of public vehicle and also to see the sights including the Christmas tree in Trafalgar Square. It was a trip she thoroughly enjoyed and, to her delight, she was able to make it while being recognized, at least by the majority of people. Her companions were one of her friends and a lady in waiting. Some years ago, with Princess Elizabeth, she travelled on the district railway and then transferred to the evening. The journey had the approval of Queen Mary, who at that time often took the Princesses to public exhibitions and institutions with the idea of broadening their view of life generally.

Lord and Lady Duncannon are in New York guests at the Sherry-Netherland. Lord Duncannon is the son of the Earl of Bessborough, a former Governor General of Canada. His marriage to the former Miss Mary Mann, transferred in Paris in September 1948. Lord and Lady Duncannon were guests of honor at a cocktail party this week given by Colonel Serge Obolensky, of the Sherry-Netherland, in his apartment there.

Mrs. George DeBois will entertain at bridge this afternoon at her home on West Street.

Mr. and Mrs. Keith Morrow are moving from Halifax to Toronto where they will take up their residence in the C.B.C. program staff. At present they are visiting in Boston renewing friendships made during their stay in the war years when Mr. Morrow was Liaison Officer for the Canadian Navy in the Port of Boston.

Mrs. A. A. Bartlett entertained on Thursday afternoon at two tables of bridge.

Mr. and Mrs. N. A. MacLellan had friends in for a musical at their home, 45 Ambrose Street, recently. During the evening Mr. Lorne MacLellan sang several solos and Mr. William Rogers of the Hamilton Conservatory was pianist.

On Wednesday afternoon Miss Daisy Hopkirk entertained at bridge at The Charlotte Residence.

Miss Agnes McQuaid has returned from Baltimore where she was the guest of her brothers and their wives.

Mrs. Holsby Hooper has returned from a three months' visit in Vancouver with her daughter, Mrs. George Burton, Dr. Burton and their young son, Kent Douglas.

Mr. and Mrs. E. M. Bagnall have returned from Ottawa where they visited with Mr. and Mrs. W. T. Inman and Major and Mrs. R. V. Inman.

Mr. and Mrs. Roy Ahearn, Summerside, entertained at their Summer Street apartment on Wednesday evening in honor of Mrs. Ahearn's parents, Mr. and Mrs. J. Abel Arsenault on the occasion of their 40th wedding anniversary. Four tables of bridge were played. The guests of honor were presented with some nice gifts along with the best wishes of their friends for many more years of happiness together. The hosts were assisted in serving by her sister, Mrs. Lorraine Hall and Mrs. Larry Gallant.

Mr. William Rogers who spent the Christmas and New Year holiday with his parents, Col. and Mrs. K. S. Rogers, has returned to Hamilton, Ontario.

Mrs. Alban Farmer had friends in at the tea hour on Tuesday afternoon.

Miss Rosemary Rogers who is a piano student at the McGill Conservatory of Music returned to Montreal by plane on Wednesday.

Mrs. G. S. Inman of Montague who spent some time in Ottawa visiting her sons and daughters-in-law, Mr. and Mrs. W. R. Inman and Major and Mrs. R. V. Inman, returned home on Wednesday.

Mr. and Mrs. N. A. MacLellan entertained at five tables of bridge during the week.

Mr. and Mrs. O. C. Craswell are spending some time in Ottawa the guests of Major and Mrs. R. V. Inman.

Mrs. J. H. Hill, Weymouth Street, entertained on Wednesday for her afternoon bridge club and on Thursday for her evening bridge club.

On Wednesday afternoon members of the Edgell School for Girls returned by plane after a holiday at their homes, Miss Anne Horne, Miss Mary Beth Harris, Miss Helen Holman, Miss Suzanne Palmer, Miss Jean Shannon, Miss Anne Stewart of Stratford, and Miss E. MacEachern of Mermaid.

Mr. and Mrs. Leslie Simmons left Summerside on Monday morning for Florida where they will spend the winter months.

Rev. and Mrs. G. N. Somers, Summerside, have as their guest this week, Miss Elma B. Inman, missionary on furlough from Trinidad.

Miss Joyce Coffin, daughter of Mr. and Mrs. E. S. Coffin, Greenfield Avenue, left on Monday for Toronto where she plans to take courses in advanced English and Political Science at Toronto University.

Friends of Mr. Charles H. MacLellan will be interested in learning of his appointment as manager of the Mulgrave Branch of The Royal Bank of Canada, where he will assume his duties on January 16th. Mr. MacLellan has served at the Charlottetown Branch on two different occasions.

Mrs. James Cery, Upper Prince Street, entertained at luncheon bridge on Thursday afternoon. Mr. and Mrs. Cery also entertained at bridge for their friends recently.

Mrs. H. B. Combe of Clinton, Ontario, is visiting with her daughter, Mrs. F. W. Troop and Mr. Troop, Brighton Road.

Mr. and Mrs. William Cotton are in Boston, Mass., where Mr. Cotton has undergone a successful operation.

Mr. and Mrs. George Bowness, Summerside, have as their guests, their daughters, Mrs. Omar Smith from Kilmara, Quebec, and Mrs. Robert Kitchen from Baltimore, Md.

Major and Mrs. T. H. E. Inman, Summerside, were at home to a number of their friends on Tuesday when a pleasant evening was spent.

Miss Wilna Monkley returned by plane on Wednesday evening to resume her duties as student nurse in the Prince County Hospital after a delightful vacation in the United States.

Mrs. J. W. Lecky, Summerside, entertained the East End Bridge Club at her home on Monday evening.

Mrs. W. A. Currie, who had spent the week-end with her daughter, Miss Barbara Currie, of Saint John, N. B., returned to Summerside accompanied by her daughter, Mrs. S. E. Martin and children, Christina and Barbara Joyce, of St. Hubert, Quebec.

Last evening Mr. and Mrs. Allison MacLellan, Summerside, entertained a number of friends at their home when six tables of bridge were in play.

Mrs. Byron Thompson, Summerside, was hostess to a number of her friends on Monday evening.

Dr. and Mrs. E. T. Tanton, Summerside, entertained a number of friends at mixed bridge on Friday evening.

The many friends of Mr. R. B. MacClure, Newtonville, Mass., are happy to learn that he is now convalescing following a serious operation. He is the son of Mr. C. C. MacClure, Brackley Point.

Best wishes to Mrs. Katherine MacInly, 136 Dorchester Street, who today celebrates her ninth birthday.

For Bad Cough, Mix This Splendid Recipe, at Home

You'll be pleasantly surprised when you make up this easily prepared mixture and try it for a distressing cough. It is no trouble to mix, and depends upon to give quick relief. Make a syrup by stirring 2 cups of granulated sugar and one cup of water for a few moments until dissolved. No cooking needed. (Or you can use corn syrup or liquid honey instead of sugar syrup.) Get a 2 1/2 ounce bottle of Pinex from any drugist, put it into a 16 ounce bottle and fill it up with your syrup. The 16 ounces thus made gives you four times as much cough medicine for your money, and is a very effective relief for coughs. Keeps perfectly and tastes fine. This splendid mixture soothes the irritated membranes, loosens the phlegm and helps to clear the air passages. Thus it makes breathing easy, and lets you get restful sleep. Pinex is a special compound of proven ingredients, in concentrated form, well known as a soothing agent for winter coughs. Money refunded if not pleased in every way. **Pinex Is Fast Relief!**

That Body Of Yours

By James W. Barton, M.D.

KEEPING DIABETICS COMFORTABLE AND HAPPY

Before the days of insulin, every man, woman and child with diabetes died. By using a diet low in starch, some diabetics were able to live a number of months up to perhaps a year or two, but the disease was always fatal. Today the number of cases of diabetes is as large if not larger than before insulin was discovered by Drs. Banting and Best. Many diabetics die, but the lives of the great majority are saved, many living as long as if they were not suffering with the disease.

Since the discovery of insulin, groups of diabetics are organizing Diabetic Associations throughout the world. These organizations deal with the problems of diabetes because, while life can be saved by strict attention to diet and the regular use of insulin, nevertheless circumstances arise which must be understood by the diabetic if he is to live "comfortably" at all times. The latest Association to be formed is the Diabetic Association of Ontario, Canada, which owes its existence largely to the stimulation of Dr. C. H. Best, co-discoverer of insulin. An editorial in "The Canadian Medical Association Journal" states that the formation of this Ontario Diabetic Association is a valuable and practical step in dealing with the problem of diabetes. "The actual treatment of the disease will still remain in the hands of the physician, but there are many problems connected with diabetes which are not strictly medical and yet call for solution; such, for instance, as camps where diabetic children can be dealt with; boarding houses where diabetics can obtain meals especially needed; education of employers with regard to employing diabetics; the promotion for plans for early detection of diabetes." The Association, by making known these plans can help diabetically minded people actually prevent the development of diabetes in many young men, women and children.

Physicians can greatly help by advising their diabetic patients to join, and as in other projects this organization "can give its weight" in directing projects for the betterment of the diabetic population.

The Stars Say --

By Genevieve Kemble

For Sunday, January 15
THE auguries are particularly encouraging for those disposed to put in overtime by sticking to the job, taking special thought, study, development of details, perplexing problems and putting concrete plans into motion. This is sure to attract desired funds, influence and collaboration from persons high in politics.

If It Is Your Birthday
Those whose birthday it is are encouraged to stick to the job, to give serious and shrewd attention to working out details, solving problems and gaining the hearty support of those whose capital, advice and wisdom are essential to rapid progress.

A child born on this day is excellently endowed for a progressive and thriving career, with new ideas, systematic attention to details, winning pleasant support from high places.

For Monday, January 16
MONDAY'S astrological forecast is for an emphasis on personal rather than business or practical affairs. There are definite influences on home, social, cultural, public or romantic life, in which the young their interests take precedence. Ideals, aspirations and the emotions take precedence over matter-of-fact vocations.

For the Birthday
Those whose birthday it is are encouraged to arrive at decisions, execute plans and ambitions on a basis of astute insight, strange uncertainties in which the emotions, ideals and feelings may prove more fruitful than workaday affairs at putting over concrete operations. Such may lag, meet obstacles or otherwise be blocked, while the more subtle, emotional and shrewd tactics could make definite progress, with public relations as well as intimate contacts or commitments flourishing.

A child born on this day may feel more disposed to the cultural, emotional, aspirational and subtle fulfillments of living rather than the workaday and prosaic. Its health may be frail.

Household Scrapbook

By Roberta Leo

Enamelware
If the white enamelware is blackened from burnt food, put a quantity of soap powder and boiling water in them and allow to stand for three or four days. All the blackness will then wash off with a soft cloth, without injury to the enamel.

Easily Identified
Write the names of your children on the insides of their overshoes in indelible ink, so they can readily identify them at school.

Frozen Paint
Do not allow cans of paint to stand where the temperature drops to freezing, as this will ruin the paint.



LEOPOLD III AT NICE — King without country is Leopold III, who is seen with his wife, Countess Rethy, and son, Alexander, at Nice. He formerly ruled Belgian people.

DOROTHY DIX SAYS -

Self-Pity

Women Delight In Own Misery, Says Miss Dix

Women's chief vice is self-pity. Practically the entire sex is cursed with this nasty complex. They are never so happy as when they are miserable, and there is nothing out of which they get such a kick as going on a jag of tears. When a fairy godmother drops her choicest gift in a girl baby's cradle she bestows upon her a constant grievance.

This explains so many things about women that are otherwise inscrutable mysteries of femininity. Most of all, it explains why men can never understand women because the whole trend of a man's mind is away from sadness and depression, while the woman goes out and borrows trouble if she hasn't any of her own.

A man pushes aside his worries and tries to forget them and makes the most of them. When death takes from a man he loves he does not shroud himself in funeral black, nor spend his days in a darkened room nursing his grief, nor do his men friends just augment his sorrow by pouring their tears upon him until the world just seems a welter of woe. On the contrary, he knows that life belongs to the living and that not rivers of tears could bring his dear one back again, and so he goes out among cheerful people and tries to divert his thoughts from his grief.

ESTEEM SADNESS

Women esteem sadness as a virtue in a woman. They look askance upon any woman who is gay and lighthearted and who laughs out loud, and are sure that she is no better than she should be. Now, as a matter of fact, women have no more troubles than men. Life is no more full of disappointments for women than it is for men. There are just as many unhappily married men as there are women. There are just as many unappreciated mothers who are shedding their tears and doing most of the lamenting, and this is not because they are more solely afflicted than men are, but because they are having the time of their lives indulging in their favorite indoor sport of self-pity.

The real riddle of the Sphinx that nobody could guess has always been why wives stand husbands who make their lives a hell on earth to them, while there is an easy escape for them from their torture through the doors of the divorce court. All of us have some woman friend who comes to us and sobs out a piteous story of domestic misery. Sometimes it is a story of a drunken husband who has dragged her and her children down into the gutter with him. Sometimes the husband is a brute who beats her black and blue and of whom she lives in mortal terror. Sometimes the husband is a grouch who wrecks her nerves with his silences and who never speaks except to insult her. Sometimes he is a tightwad who begrudges her the very food she eats and who never gives her a penny of her own. "But why don't you leave him?" you ask. "Why do you endure such abuse?" Why don't you go out and get a job and make your own living? You would never have to work as hard for any employer as you do for your husband, and you would get pay for your labor instead of doing it for nothing. There is no sense in letting your life be ruined by a man whose only use for you is to vent his ill-nature, and to have someone upon whom he can vent his ill-nature. And you come gradually to realize that they are getting so much fun out of pitying themselves and being an object of sympathy to all who know them that it offsets having a mean husband about whom they can complain.

ENJOY SELF-TORTURE

That women get a morbid, sadistic pleasure out of torturing themselves, nobody can honestly deny, because you see so many illustrations of it on every hand. You see so many women with so many things to make them happy who are yet miserable that you come to the conclusion that one might just as well have a real sorrow to worry over. She will make herself an imaginary one if she hasn't and she won't be happy until she gets it. Blessings, but they can do sums in compound interest in trouble in their heads. The woman who has a good job with a good pay envelope doesn't thank Heaven that she is financially independent. She moans and groans over her sad lot in having to work. The domestic woman laments over being a slave in her home instead of having a career.

The spinster weeps over the loneliness of not having a husband

Continued on page 11

Salada Tea Bags are handy for afternoon tea

"SALADA" TEA BAGS

ELLEN'S DIARY

By An Island Farmer's Wife

Now it is, we believe, if earnest, Winter is setting his seal upon land and stream. Out of the recent balmy and unseasonably warm weather, past a green Christmas and New Year's Day, we have arrived at this night in the first week's closing when snow clings damply to the windows. Nearing dusk, when by way of implementing a promise, we followed granddaughter-Hilda through the snow to have her as a supper-guest, the evergreen along the stream, and framing the mill in the valley of the countryside. "If it should chance to blow!" James remarks now with some misgivings to Mr. C. who came by way of the snowy short-cut in the dimness of evening, from his house on the hill. They listen intently now, fancying that a rising note has entered the gentle wind of day. The wind does moan at a time hurls about the eaves, and at times hurls the drifts against the panes.

However there is little depth of snow yet, and the fall of it continues lightly. Only minutes ago from a window we watched the younger farmer make his way in the family machine, the lights out, attending a beguiling path in the whitening snow, out along and over the hill toward the corner-store, there to attend to ends of shopping to take care of us over Sunday. At Alderlea coal-oil is one of our necessities which must be kept in sufficient supply to light our long evenings, and to maintain a bed-lamp for the children in the house across the lane, to burn dimly through the dark hours. Other watches will be kept to-night, we remember, in hospitals, in city and rural homes where illness is, and in parlors where one "loved and lost awhile" sleeps a long last sleep.

Gently falling was today's snow, the flakes sifting down lightly "as a feather is wafted downward from an eagle in its flight" to settle silently on weary meadow and tree, on roof and rail and post, but with a steady insistence which covered trails about the yards. Gray and quiet was our day, and very quietly we went about our duties, spoken words naming the one this first week of the year had taken away from our family circle, and distance going out to span the distance which lies between this house and that which rests briefly now, the kindly and much esteemed sister-in-law to us, in the Island home of her childhood. Unexpectedly she was summoned to that place "beyond Jordan", this good and kindly woman, leaving loved ones and friends sadly bereft. Even as friends sadly bereft and dear she, and many a friend and dear one that has gone before, we too shall one day set out along these "paths unknown." And what of the journey which each one, no matter how well beloved must take alone and unattended by mortal? But yet we trust not alone.

"When on my day of life the night is falling,
And in the winds from unshining and spaces blown,
I hear far voices out of darkness calling,
My feet to paths unknown.

Thou who hast made my home of life so pleasant,
Leave not its tenant when its walls decay;
O Love Divine, O Helper ever present,
Be Thou my strength and stay!

Be near when all else is from me drifting;
Earth, sky, home's pictures, days of shade and shine,
And kindly faces to my own uplifting

The love which answers mine —
I have but Thee, my Father! Let Thy spirit
Be with me then to comfort and uphold;
No gate of pearl, no branch of palm I merit
Nor street of shining gold.

Suffice it if—my good and ill unreckoned,
And both forgiven through Thy abounding grace —
I find myself by hands familiar beckoned
Unto my fitting place."
Until Monday — Diary—Good-night. . .

Better English

By D. G. Williams

1. What is wrong with this sentence? "He is a very disagreeable individual."
2. What is the correct pronunciation of "caucus"?
3. Which one of these words is misspelled? Philanthropy, phenomon, Pharaoh, philosophical.
4. Which does the word "impervious" mean?
5. What is a word beginning with gr that means "thankfulness"?

ANSWERS

1. It is better to say, "He is a very disagreeable person (or man)." 2. Pronounce ka-kus, as in an accent first syllable. 3. Phenomon. 4. Permitting no passage into or through. (Accent follows second syllable). "Glass is impervious to water." 5. Gratitude.

Living & Leisure

— THE WOMAN'S REALM —

If solid happiness we prize, Within our breast this jewel lies, And they are fools who roam, The world has nothing to bestow; From our own selves our joys must flow, And that dear hut, our home. —The Fireside, Nathaniel Cotton

This is the time of year when you'll find slightly more whimsy than practical sense, in fashion. But it's a time when everything takes on a lighter, gayer mood. So why not clothes too? Mid-season hats are on their way to point the way to spring. Colored furs are a big item across the border but I haven't been stopped by any navy blue persian lamb or pink mink on Vancouver streets yet. The lack of them will hardly be felt when you can look at the wonderful, light natural colors local furrriers have for the trade.

HOW TO USE TOILET WATER

1. Toilet water, though usually stronger in scent than cologne, is light enough to be used generously in any of the following manners:
 1. Pat or smooth it on the body after the bath.
 2. With an atomizer, spray the body after donning underclothes. This makes the scent cling, not only to the exposed portions of the body, but also to the clothing itself.
 3. Saturate a large piece of cotton, swab the body. Then, to make use of the scent still on the cotton, keep it with underclothing or in the linen closet.
 4. Toilet water may be used in the same ways as cologne for scenting the hair. It may be applied with a piece of cotton to the scalp itself. The alcohol tends to have a cleansing effect. In hot weather, when the scalp perspires, apply a bit of toilet water for a cooling effect.
 5. Toilet water on wrists and temples and the crook of the arms will give a refreshing effect on warm, humid days—or in a smoky, "close" room.
 6. After washing lingerie, put a few drops in the rinse water. When you don your slip or bra, the lingering scent will give you a feminine lift.
 7. A few drops of toilet water on shoulder pads help surround

Cook's Corner

BEAN AND CHEESE CASSEROLE

- 1 cup dried white (navy) beans
- 3 cups boiling water
- 1/2 teaspoon salt
- 1 small carrot
- 1 small onion
- 1/4 green pepper (optional)
- 2 stalks celery
- 3 tablespoons fat
- 3/4 tablespoons flour
- 2 cups milk
- Salt and pepper to taste
- 1/4 cup grated "medium" Cheddar cheese.

Soak beans in water to cover overnight. Drain, add the 3 cups boiling water and salt to beans and simmer covered until tender, about 1 1/2 to 2 hours. Drain. Cut carrot, onion, green pepper and celery into small pieces. Make a sauce of the fat, flour, milk, salt, pepper and cheese. Arrange vegetables and beans in alternate layers in a greased baking dish. Cover with the cheese sauce and top with a mixture of 1/4 cup grated cheese and 1/2 cup fine, dry bread crumbs. Bake in a moderate oven, 350 degrees F., until vegetables are tender, about 30 minutes. Left-over cooked vegetables may be used and the cooking time shortened to 15 to 20 minutes. Yield: six servings.

Modern Etiquette

By Roberta Leo

- Q. How can I make the new ironing board cover smooth and tight, when fastening it on?
- A. Wet the cloth immediately before tacking it to the board, and it will be smooth and tight. This is caused by its drying gradually.
- Q. How can I renew rugs or carpets that have discolored spots on them?
- A. Rub them with a sponge that has been dipped into ammonia diluted with water.
- Q. How can I cut fresh bread knife without difficulty?
- A. Pass the blade of the bread knife through a flame to heat it, and there will be no difficulty in cutting the bread.
- Q. If a guest shows no sign of pleasure, and does not even properly thank his hostess, is there any good way to make him see how he stands in the estimation of his hostess?
- A. Just about the best way to meet this situation is not to invite him again soon—or ever!
- Q. If a girl is sitting out a dance with a man and is away from the dance floor, is it all right for another man to ask the girl to dance?
- A. No; he should wait until she is dancing again.
- Q. Is it all right for a man, in the rear seat of a car with two women, to sit between them?
- A. Yes; this is the proper place for him to sit.

Needlecraft

— FOR THE HOME —

TIGHT OR DAY

Make this shoulder-strap dress as a short evening dress . . . or as just a jumper! Cuffed basque bodice and backpleated skirt. Companion rounded collar blouse included.

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FOR COLDS SORE THROAT

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