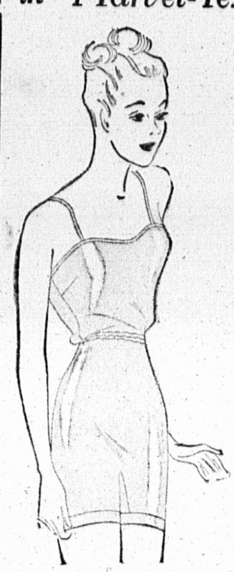
Woman's Realm — Social and Personal — Fashions — Literature



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THE COOK'S CORNER

CARROT AND APPLE SALAD

3 medium sized apples
2 medium carrots
1 tablespoon sugar
1-2 cup seedless raisins
Dash salt
Salad dressing

Method: Peel and core the apples and scrape the carrots. Either grate them or put them through the food chopper. [illegible] to plump them and mix with the apples and [illegible] and salt and moisten with salad dressing. Chill and serve on lettuce.

A cooked salad dressing or an oil mayonnaise, either one, is good with this salad, and as a change, try using chopped nuts in place of the raisins.

HONEY CREAM

1 [illegible] gelatin
2 cups milk
5 [illegible] honey
1-2 cup heavy cream

Method: Soak the gelatin in 1-2 cup of the cold milk and heat the remainder. Add the honey to the hot milk, enough to sweeten it to your taste, but remember that it doesn't taste quite so sweet when it is cold as it does while it is hot. Add the gelatin and stir until it is dissolved.

Set aside until it begins to set. Whip the cream very stiff and fold into the honey mixture. Turn into individual dishes and chill until very cold and firm.

COCOANUT MACAROONS

3 egg whites
1-8 teaspoon salt
1 cup fine fruit sugar
2 teaspoons cornstarch
2 cups shredded cocoanut
1 teaspoon vanilla

Method: Add the salt to the egg whites and beat them until they are stiff. Add the sugar gradually and continue to beat until the mixture stands in peaks. Add the cornstarch and vanilla and mix well. Then stir in the cocoanut.

Drop by small spoonfuls onto a lightly greased cookie sheet and bake in a slow, 300 deg. F. oven for about 25 or 30 minutes, until well baked and a delicate straw color. Set the pan on a wet towel for a few minutes before removing the macaroons.

Modern Etiquette

(By ROBERTA LEE)

Q. Is it proper to use a tea ball?

A. At an informal tea, when only two or three people are present, it is quite correct and practical as well. Some silver tea balls are a charming addition to any tea tray. However, the cloth tea bags are not correct.

Q. When on an ocean voyage, is it necessary for one to arrange a certain hour each day for a bath?

A. Yes. Unless you have a suite with a private bath, you should make arrangement with the bathroom steward.

Q. Is it correct to say, "This cake is lovely?"

A. No; say, "This cake is delicious."

Household Scrapbook

(By ROBERTA LEE)

Cleanliness

Always [illegible] for scrubbing before [illegible] them away. This also applies to floor clothes and the scrubbing brushes. Cockroaches are very much attracted to damp brushes and cloths, and besides, they are very apt to become evil-smelling and make one reluctant to use them again for cleaning purposes.

Silk Lampshades

If the silk lampshades are not too old and flimsy, they can be washed in lukewarm soapsuds. If they are pleated, use a soft brush to remove the dirt. Rinse in clear water and allow to dry in a warm, but not [illegible] place.

Something to Try

Rice pudding is delicious when made with coffee instead of milk.

Now It's Hen Who Rules Roost — **Dorothy Dix** — It Is Man's Own Fault

Husbands and Fathers do Not Need to be Autocrats, But They Should Insist That Families Live Within Their Financial Means

Have husbands, domestically speaking, got soft and wives become tough? There was a time, and not so long ago, when the man was the head of the house and the cock of the walk, but now it is the hen who rules the roost, and Chanticeleer crows very mildly in his own barnyard.

Consider the families you know, omitting, of course, your own. Isn't it the wife who is the supreme dictator and arbiter of the family destiny? Doesn't she decide where it shall live and in what style? Doesn't she rear the children singlehanded, according to her own formula, and settle every problem connected with them, from the kind of baby food they shall eat to what professions they shall follow and whom they shall marry, entrely without reference to their father's views on the subject?

Aren't the people that a family know solely the wife's friends and never the husbands? Don't the Smiths break their necks in trying to keep up with the Joneses if the wife has social ambitions, instead of living within their means in the old neighborhood as the husband would prefer? Doesn't the wife preempt the whole house for her own behoof and benefit and never so much as give the man who supports it a single hook in a closet for his very own?

Don't even the children and the servants intuitively recognize that the woman is the she-who-must-be-obeyed and kowtow to her, while none is so poor as to do reverence to the man who wipes his feet on the doormat before he comes in and humbly hopes that his wife won't have lost enough at her afternoon bridge game to make her cross and start her to picking on him?

Now, of course, no man is going to admit that he is henpecked, that he is scared to death of his wife and that he doesn't dare to pipe in his own home, much less to stand up for his right, but he will concede that most men are nothing but bill-payers in their families and that they don't even have any say-so about where their money goes.

There is poor old Jones whose wife drags him around to parties at nights when he is so tired that all that he wants to do is to sit down in an easy chair and rest his feet. There is Smith whose wife bankrupted him in making him buy a house he couldn't afford to keep up. And so on and so on. But the reason that they, themselves, let their wives run everything and manage the children is because they are so much engrossed in their business, etc., etc. Which is as good an alibi as any.

As Brother Jasper says, "the world do move," and naturally no one would wish to go back to the time when a man's position as head of the house gave him the opportunity of exercising a grinding tyranny over his family, such as was so graphically portrayed in "The Barrets of Wimpole Street," where the father had so enslaved his children that they cowed before him.

But there is a long difference between the man who is an autocrat in his family and the one who washes his hands of all responsibility for it beyond supplying its physical needs. I for one, think it a great pity that husbands and fathers have abdicated and turned over the domestic thrones to their wives.

I believe that it would save many a family from coming to want if the man who earns the money regulated its expenditure and forced his wife to live within their income. There are wise and prudent women who can be trusted to spend judiciously, but there are thousands of others in whose hands a dollar burns until they throw it away who ruin their husbands with their extravagance and kill them trying to pay their bills.

And I am very sure there would not be so many wild girls and boys who bring their parents shame and sorrow if Father was still head of the house, and established an authority that had to be respected; if Father still laid down principles to which children had to conform and if his word was still law in his household.

It takes a cool head and a firm hand to guide children, especially in these lax days, and women have neither when it comes to dealing with their own precious pampered darlings. And I think that even women are happier when they are bossed by their husbands than they boss them.

DOROTHY DIX.

Idle Rainbow

(By PHOEBE SHELDON)

XXVIII

Julia Graham was pacing back and forth with anxiety. Dinner stood untouched on the table. Toby was lighting one cigarette from another. Johnny Raymond came bounding up the steps. "They aren't at the spring." Rufus was in the library telephoning the Alexanders.

"Yes, John, that's good of you. How many can you spare? Better, take the dog along too. Do you want to start from here or your house? They went to the spring. Take lanterns. I suppose you could enter the north woodlot from that old wood road on your place. We've got to search that, too. Of course they may have gone somewhere else. Do you think I ought to notify the police? There have been an unusual number of hobos on the road lately. And, John, you might call back in an hour."

"Listen," said Toby as Rufe came out of the study, "I've just got to do something. Can't I go somewhere, do something? They may be hurt. And Poppy's been ill. Oh, Lord!"

Rufus took Toby by the shoulders. "Ten chances to one they're all right. But you don't know this country and the first thing you'd do would be to get lost yourself. There ought to be a man here, but you can go with us if you want to while Johnny Raymond and I cover the ground from the spring out. I'd rather have you ring that bell back of the barn. We used it to call the men from the fields. If the girls are not too far away they may hear of it. Ring it at five minute intervals. If you get any news while we are gone, ring it constantly. If we find them I'll shoot off my gun."

He turned to Julia. "Call Dr. Shaw and tell him to be ready to drive up here at a moment's notice. Explain what has happened."

Rufus stood in the driveway holding a lantern. The rain rolled in streams off his hat. The lantern lighted up his face. It glistened with raindrops. "Remember, I'll fire the gun if I find them."

Julia watched him go up the road, the lantern light wavering and lighting up the back of his heels. She shivered with anxiety. Then she turned and said, "Nettie, maybe you'd better make up another pot of coffee and have some sandwiches ready. I'm horribly frightened. What in the world is that?"

The bell from behind the barn began to clang in the rain. A gust of wind flickered the flame in the lamp and Nettie pulled a sweater closer around her shoulders, went to the wood box, picked out two round sticks of birch wood, lifted up the lid on the stove and thrust them in with a quick movement, the flames lighting up and licking at her hand before she put the lid down again.

Rufus hadn't gone far up the hill when a dark figure joined him. It was Toby. "I couldn't see you go on ahead," he moaned. "I had to come along. Thought maybe I'd be of some help. Gave the job of bell ringing to Johnny's little boy."

Rufus nodded, "All right," and plodded along.

Toby said, "What do you think?"

"I'm trying not to. There are so many things. I can see Lindsay trapped in one of those bogs, or broken and bleeding at the foot of a crag, or one of these escaped lunatics——"

"And I keep seeing Poppy crushed under a falling tree——"

"Let's not talk about it. Johnny and I know these woods pretty well. They're thick and they're very misleading. It's easy to lose your bearings, and that's probably what has happened. This side of the spring the path is plain, but beyond it's tough and it's dangerous. We'll begin to shout when we reach the spring house. Of course they may have gone along the highway and been hit by a crazy driver. But my guess is that we'll find them somewhere in these woods. There goes the bell again. Hark! Did you hear something?"

(To be Continued)

Winning the hosiery game is a matter of weight, build, performance and teamwork! Kayser Mir-O-Kleer always wins because quality hose can take it. And how beautifully the new shades team up with new costumes!

"ON THE ISLAND IT'S MOORE & McLEOD LTD FOR FASHION AUTHENTICITY"

A Morning Smile

PROCESS REVERSED

A man saw a coat outside a pawnbroker's, priced $10, and thought he might buy it. He took it inside and said to the pawnbroker: "How much is this worth."

"Not more than $2," the pawnbroker replied.

"I'll take it," said the man.

"Take it," gasped the pawnbroker. "I thought you had come here to sell it."

FOR YOU ALONE

A church congregation was giving a reception to a former vicar and his wife. The present vicar greeted his predecessor heartly.

"Ah how pleasant to see you again!" he said. "And is this your most charming wife?"

The other vicar fixed his host with an accusing stare.

"This," he said reprovingly, "is my only wife."

DIAMONDS IN MILLIONS

CAPE TOWN — (CP) — Alluvial diamonds valued at £655,579 ($3,-186,779) were exported from the Union of South Africa during 1937, the export figures totalling 197,-525.45 carats.

How Can I ? ?

(By ANNE ASHLEY)

Q. How can I test the heat of the hot-water bag?

A. The temperature of the hot-water bag should always be tested against one's cheek before placing it on a sick person, as it might cause a burn. A burn should be carefully avoided, as it can be serious to a bedridden person.

Q. How can I preserve the most valuable minerals in vegetable soup?

A. Make vegetable soup from the water in which vegetables are boiled and it will preserve the most valuable minerals, also the vitamines.

Q. How can I improve the appearance of shiny and worn black silk garments?

A. Sponge them with strong, black coffee, and then iron on the wrong side.

BREAD RECORD TO CAPE

CAPE TOWN—(CP)—The England-Cape steamer crossing record has been smashed by the liner Carnarvon Castle with the time of 12 days, 18 hours, 38 minutes, the previous record being 13 days, five hours, 20 minutes.

TAKE THE LEAD OUT OF YOUR LEGS

Get Oxygen in Your Blood and You'll Get the Pep that Sends You Bounding Up the Stairs

People who smother to death die because oxygen has been completely cut off from them. Just as surely you are slowly smothering if your blood lacks red corpuscles. Red corpuscles are your oxygen-carriers. They carry the oxygen you breathe in to every part of your system. Without enough oxygen-carrying corpuscles, your kidneys, liver, stomach and bowels slow down. Your skin gets pale, flabby, often pimply. Your nerves may become jittery — you tire quickly — feel depressed.

What you need is Dr. Williams Pink Pills. These world-famous pills help make more and better red corpuscles and thus increase the oxygen-carrying power of your blood. Get Dr. Williams Pink Pills today at your druggist. See for yourself how quickly this time-proven blood-builder will help give you back your pep. Copr. 1938, G.T. Fulford Co., Ltd

To-Day's Popular Design

By Carol Aimes

FLOWERS-IN-A-BASKET CHAIR SET
DESIGN NO. 660

Miss Aimes receives at least 200 votes for each design before it is accepted for this column. Send us your votes. We print all the popular designs.

Dear Readers: We have a special file for your letters requesting crochet chair sets. Because filet heads the list of popularity this morning we are giving you this delicately artistic rdesign. It is very easily worked. A few evenings by the fire with needle and thread and you will have one or two sets ready for gift giving or for use in your own home.

The pattern includes complete instructions and graphs for crocheting the chair back and arm rests, materials required, diagrams of stitches and all finishing directions.

Send 20 cents, coins preferred.

Pattern Order Form—To be used when ordering Patterns and Voting for POPULAR DESIGNS.
To The Charlottetown Guardian
Needlework Dept.

DESIGN NO. 660

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I suggest the following as a
POPULAR DESIGN ——————————

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"Bon Ami is the one cleanser that does all the things I ask"

Bon Ami keeps the bathtub and sink smooth, gleaming and unscratched. It works fast—polishing as it cleans—then rinses away, leaving no gritty sediment to clog up drains. And it contains no caustic substances to roughen hands. Judge Bon Ami for yourself—you'll find it will save you both time and work!

Bon Ami
cleans quickly, easily and thoroughly
"hasn't scratched yet!"

Don't Let Poor Speech Limit Your Success

What a drawback poor speech is! Joe doesn't know it—but what he calls "rotten luck" is just his meagre, misused vocabulary. Yesterday he missed that hoped-for promotion. Now comes Claire's disgusted "No, thank you" to his invitation:

"I WISHT you'd come to the emPLOYees dinner PROCEEDING the dance. QUITE A FEW of the FOLKS you know are GOING TO GO. I BET you'll have a REAL good time."

The answer might have been different if he'd said correctly, "I WISH you'd come to the employEES dinner PRECEDING the dance. SOME of the PEOPLE you know are GOING. I THINK you'll have a VERY good time."

With kinks like these straightened out of your speech, it's simple to freshen, brighten and strengthen your vocabulary. Our 32-page booklet tells you how. Learn to talk charmingly. Win your way with words.

Send 20c in coins for your copy of How To Improve Your Vocabulary to the Guardian Home Service, Address. Be sure to write plainly your Name, Address, and the Name of booklet.

Name

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Town Province

The Housewife and Her Activities

BREAKING THE APPLE

He took the apple I had given him
In both his hands and broke it clean in two
By way of sharing half and half with me
And showing me a trick strong hands can do

How neatly and directly it was done.
Here was a truth he never learned at school::
Bare hands are sometimes better than a knife;
The man may be superior to the tool.

—Robert Francis

NO ICE

To keep sweet cream without benefit of ice, wrap the bottle in a wet cloth and set it in a draught in a shady spot. Keep the cloth wet and the cream will keep nicely all day.

COFFEE FOR THE PARTY

If your percolator hold fewer cups of coffee than the guests at your party, make the coffee doubly strong and when pouring, add boiling water to each cup. It will do nicely in an emergency.

THE FRESHLY BAKED PIE

After removing the pie from the oven, do not put it on a flat surface to cool but put it on a wire rack so the air can circulate underneath. It will help greatly in keeping the bottom crust crisp. If you have no wire rack, use the one from your broiler.

DRIED VEGETABLES

When buying dried beans, peas, rice, etc., always place in a colander or sieve and wash thoroughly before putting them to soak preparatory to cooking. So often these articles are kept in bins that are more or less, exposed and are apt to be dusty and in need of a good wash before cooking. Then soak in fresh water after they are clean.

STRADIVARIUS

Mrs. Martin Moon, Brazil, Ind., looks with fonder eye on the old violin which she said had been cluttering up her cupboard for more than 50 years.

A violin authority told her it was a Stradivarius.

Mrs. Moon said the "old violin" had been in the family for more than 100 years and that it had "just been gathering dust in the cupboard for more than 50 years." Discovering the inscription, "Anton Stradivarius Cremoneux Faciebat, Anno 1736," she took it to Prof. A. Weber at Terre Haute, Ind.

Prof. Weber inspected the violin, played it, and pronounced it a "genuine Stradivarius."

A soiled duster leaves a soiled surface. The ideal duster is of soft cloth, washable and lintless. All dusters need a good laundering at least once a week in strong, hot soapsuds to cut dust and grime particularly those used on surfaces that have been oiled.

Every Day Styles for the Home Sewer

A smart young dress of wine red smooth woolen for school, college or business girl. This tiny-waisted, all-round gathered skirt dress, has a most becoming collared vee neck. Fitted fullness, at the top of the long tight sleeves, give the new square shoulders. It's the sort of dress you'll enjoy wearing to the football games and 'neath your fur coat all winter. With the same pattern, you can make a dirndl dress of jumper effect of popular rayon challis print with plain contrast. They're so simple to sew... at a very nominal price. Complete sewing instructions accompany the pattern.

Style No. 2135 is designed for sizes 11, 13, 15, 17 and 19 years. Size 15 requires 4 5-8 yards of 39-inch material with 3-8 yard of 35-inch contrasting.

Send fifteen cents (15) in stamps or coin (coin preferred) wrap coin carefully, address to Charlottetown Guardian giving:—

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AUSTRALIAN PAPER

BURNIE, Tasmania — (CP) — Established at a cost of £1,250,000 ($6,037,500) a new pulp industry with a capacity of 22,500 tons a year in printing, writing and typewriting papers has started production.

BLACKHEADS

Blackheads go quickly by a simple method that just dissolves them. Get two ounces of peroxine powder from your druggist, rub this with a hot, wet cloth gently over the blackheads—and you will wonder where they have gone. Have a Hollywood complexion.