# Woman's Realm / Social and Personal / Fashions / Literature

## Living & Leisure

### THE WOMAN'S REALM

What shall I do with all the days
and hours
That must be counted ere I see
thy face?
How shall I charm the interval
that lowers
Between this time and that sweet
time of grace?

—Frances Anne Kemble.

Gasoline, turpentine, kerosene or similar solvents should not be used frequently as skin cleaners as they injure the skin, say health authorities. The safest skin cleaners are warm water and soap.

Navy blue keeps coming back like spring buds themselves, spring after spring. This year, navy blue is away up in the leads as basic color, and good news it is, too. According to fashion leaders there's a brand new make-up sequence just perfect with navy. It is a bright red, gay as a circus parade, a complete line of accessories in this bright stirring color will do something for the wearer.

**FAVOURED BY AUSSIES**

Feathers replaced flowers as favourite adornments in the millinery mannequin parade held at the Melbourne Town Hall to forecast fashion trends for the Australian autumn and winter seasons. Australian designers showed it's always possible to start something new in women's hats by featuring models of every colour, shape and size. The trend is for off-the-face hats, in striking colour combinations, while feathers are most frequently used. Hats sport French feathers, hackle strip and glycerine feathers.

Some may frown on black nylons, but, it's not so many years ago, that black stockings were quite the thing, and they, when they are very sheer, are extremely smart, as the fashion leaders are now proving to the younger set.

Your body includes about 98 pounds of oxygen, 30 of carbon, nearly 15 of hydrogen, three parts of nitrogen, and nearly two of phosphorus, if you tip the scales at 150 pounds.

**WASH WOOLLIES**

When putting away their heavy winter garments this spring, Canadians are advised by health leaders to have them thoroughly cleaned before they are stored. While dirt may not show as much on these articles as on lighter, summer wear, it is sure to exist, and may encourage the spread of vermin while the clothing is tucked away.

**EXPERT TIPS AID HOME SEAMSTRESS**

The budget-minded girl, determined to beat the high cost of clothing with self-made wardrobe prettiles will profit from these tips from sewing experts.

Stitch nylon fabrics with nylon thread. Cotton thread tends to shrink. Cotton-sewed nylon underwear may pucker at the seam after laundering. A clothes-conscious gal doesn't need to be told that puckering slip-seams may mar the sleek fit of her frock.

Sewing chintz? Or other stiff cloth? Stick needles or pins into tailor's chalk before basting with thread or pins. Coated with chalk, a pin or needle slides more easily through stiff cloth.

Putting a neat buttonhole into sheer or stretchy jersey fabric is no problem. Not i fuoy' no problem. Not if you'll machine-stitch fabric layers together through the markings where the buttonhole is to be made. This pre-stitching prevents fabrics from slipping out of line when you ply the sewing machine buttonhole attachment around small areas.

As a final reminder, keep a small magnet at your elbow for corralling stray pins and needles. This draws scattered strays from the floor back to the pin cushion when your sewing session is over.

**KINDLINESS**

I paused to thrill at a rose's beauty,
Set like a blush on an emerald
briar,
In the silver cool of early October,
Against the blue, a glow of soft
fire;
And I thought, how lovely a thing
is a rose,
Smiling from depths of its heart
as it grows.

—Myrtle Boa Armstrong.

**PURE LEMON JUICE**

Pure lemon juice is ideal for removing freckle pigment. Never use a strong chemical bleach on the face. Apply pure lemon juice (freshly squeezed) with a camel's hair brush. Allow it to dry and leave it on for thirty minutes, then rinse off with clear water. In addition to the daily use of lemon juice, a lemon-oatmeal

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PREVENT BABY RASH
Help prevent irritations, keep baby's skin healthier. Buy this highly advised, medicated oil today! Economical. Big value!
CUTICURA ANTISEPTIC BABY OIL

## Household Scrapbook

By Roberta Lee

**Gasoline Cleaning**

If the gasoline does not seem very dirty after using it for cleaning purposes, filter it through a chamois skin. All dirt will stay in the skin and the gasoline can be used again.

**Boiled Ham**

When serving cold ham as a luncheon dish, place it in iced water immediately after removing from boiling water in which it was cooked. The fat will be white and firm and the meat will be a good color.

**Cellar Steps**

A little kerosene in hot water will whiten the cellar steps and add much to their appearance.

## DOROTHY DIX SAYS—

### Love-Smitten Girl

**Miss Errs In Throwing Self at Man She Doesn't Even Know**

DEAR MISS DIX: I am a girl of 16 and I want to know what I shall do about this fellow with whom I am very much in love. We were never introduced and he never even said hello to me, but the minute I saw him I was determined to have him. So I wrote him a letter telling him how much I loved him, but didn't sign my name. Then a week later, I found out his phone number and called him up, but all he said was that he was very flattered. And that was all. Then I called him up again and by that time he had found out that I was only 16 and he was very rude. He told me he didn't play around with kids of my age.

So now all that I do is just cry my eyes out. Would you tell me what I should do, for I am almost sure that there isn't any hope for me?

DESPERATE 16

ANSWER: My advice to you is to concentrate on the old proverb that says there are just as good fish in the sea as ever came out. Apply that to your case and you will find it a sure-fire remedy that always works. Forget about this young man who turns a deaf ear to all of your love-making and look around until you find some other lad just as good-looking and who is more responsive.

And, believe me, my child, you should be down on your knees thanking Heaven that your silly, adolescent fancy fell on a gentleman instead of a heel. For you have had a miraculous escape from a great danger. When young girls pick up strange men on the street and write them ardent love letters and make every advence to them, they become the easy prey of any cad who is unprincipled enough to take advantage of their folly.

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## How Can I!!

By Anne Ashley

Q. How can I make coffee syrup?

A. By adding one-half pound of roasted coffee to one gallon of boiling water. Reduce by filtering or percolating to one-half gallon; then add seven pounds of granulated sugar.

Q. How can I simplify the task of finding the clothing that needs mending, following laundry day?

A. A good plan is, when ironing, to pin a small piece of bright-colored paper to each article that requires mending.

Q. How can I keep eggs from cracking when boiling them?

A. If an egg is pricked with a pin before placing in the water it will not crack.

## Better English

D. C. Williams

1. What is wrong with this sentence? "All that is hearsay."
2. What is the correct pronunciation of "drollery"?
3. Which one of these words is misspelled? Militant, mineralize, milage.
4. What does the word "vibrant" mean?
5. What is a word beginning with la that means "weak"?

**ANSWERS**

1. "All that is conjecture" is preferable. 2. Pronounce the o as in roll, not as in doll. 3. Mileage. 4. Vibrating; pulsing. "The city was vibrant with life and energy." 5. Languid.

## Ellen's Diary

By an Island Farmer's Wife

The brilliant sunlight lifted the last of the snow from the hillsides to day and set streamlets to trickling happily down towards the mill pond. The day set nice winds to visiting quietly in our remnant of orchard trees and whispering in the old spruces beside. They brought me, about my choring, subtle reminders that presently tightly curled buds will unfold and grass will green. Jamie has already found blades of grass in some sheltered spot but as he told us by 'phone "jes' bare nibbles of it" for the rabbits there. He was not a visitor to Alderlea this afternoon, nor was our work at the potato grading continued. It was suspended for the time, while "ours" except James, joined some of the younger men from the neighborhood, and went to open a new grave in the cemetery beside the old Kirk at the corner Fashioning there a last resting place for "Jessie" friend to all of us, whose gentle spirit had passed within the home eternal yesterday about noon, leaving many to mourn her going.

* * *

James thought that perhaps he should go instead of Jock for as he said: "I don't suppose any one of these younger fellows know much about the like. You know Ellen" he said to me when following dinner he sat a few minutes in the comfort of his old armchair 't'hat work is just like everything else. There's a right and a wrong way to digging a grave and I like to see one neatly done." I overheard him call to Jock and Mack as they left the yard: "Now, make the corners even and be sure to tidy it all up nice." Many a new grave James has helped to hollow there, of those who through the years have gone from the rest of us in the community, silently and one by one, like leaves that drop earthward on a still and lovely Autumn day. I sometimes think that those of our forbears who in the dim past set aside certain areas as burying grounds might have selected them in quieter surroundings than those which now obtain near country roadsides. Though in those days, when roads were perhaps little more than country lanes, so slight was the traffic thereon, they could not for a moment visualize the busy highways these ways have become. "But it makes no difference, Ellen" James said when I mentioned this to him today "where our cemeteries lie." Very true that is, for the moment one steps on the hallowed ground immediately one forgets the turmoil of traffic nearby and is aware only of that peculiar tranquility that seems always to hover about the silent city of the dead. And so the lads came there this afternoon to make an earthy resting place for the one who in life had been most kind to them, laughing with them in their happiness and sympathizing with them in their troubles. She presided over a comfortable home, one from which because of its very neatness and quiet, folks came away rested in mind and refreshed in body. The depths of her grave is open to the starshine now; a fresh mound of clay is heaped beside it and there is an empty chair in a lonely farm kitchen on this road of ours tonight.

* * *

As in former Springs, April brings "gull time" to the folks at Alderlea, and to the two in the house on the hill. In numbers they flock inland from the reaches of the river and from dawn until evening calls them to return there, we are aware of their presence. Like great flocks of white geese, they come down to rest on the hillsides briefly, and noisily But very beautiful they are as they swoop and soar above the stream when the sun shines goldenly on

(Continued on Page 3)

"Cocoa or Chocolate—Baker's means Quality to me!"

THE PROMISE of a proud name—long ago made famous by Baker's Chocolate—and just as proudly fulfilled by Baker's Cocoa. Yes, Baker's Cocoa meets with ease the high standards of quality and reliability that generations of good cooks have learned to associate with the name, Baker's. You'll enjoy its tantalizing aroma—its rich, dark color—its full-bodied, deep-chocolatey flavor . . . a *true cocoa* flavor, because Baker's is all *pure* cocoa. For finest results, follow instructions on the label. You get up to 90 servings from the thrifty 1-lb. package.

BAKER'S CHOCOLATE GIRL SAYS:

Here's a grand idea for a between-meal pick-up, or a nourishing beverage. It's an Egg Nog, made with cocoa syrup (recipe on the Baker's Cocoa label). Mix 4 tablespoons syrup with 1 glass of milk, add egg yolk and shake well. Fold in egg white and pour over cracked ice in a tall glass.

BAKER'S COCOA

A Product of General Foods

C-146

## Morning Smile

"This theory of governing children by appealing to their reason isn't all it's made out to be," said a worried schoolteacher recently. "A youngster needs a little spanking once in a while."

"One of my boys had skipped his classes, deceived his mother, been found out, and caused much unhappiness all round. I took him aside, and we had a heart-to-heart talk. Johnny sat still, looking at me intently.

"I thought. I was making great headway. I never saw a child who seemed so absorbed, even fascinated, by my line of argument. But you can never tell. Just as I had reached the climax in my appeal to his better self a light of discovery broke over Johnny's face.

" 'Please teacher,' he said eagerly, 'it's your lower jaw that moves, isn't it?"

## Cook's Corner

**MOLASSES BRAN MUFFINS**

Two cups all-bran, 2-3 cup molasses, ½ cup milk, 1 egg (beaten), 1 cup sifted flour, ½ teaspoon salt, 1 teaspoon soda, 1 cup raisins.

Combine all-bran, molasses and milk and allow to soak for 15 minutes. Add egg. Sift dry ingredients together and stir into bran mixture. Add raisins, mix thoroughly. Fill greased muffin pan two-thirds full and bake in moderately hot oven (400 degrees F.) about 20 minutes.

**DARK NUT BREAD**

One-half cup molasses, 1 cup milk, 2 cups whole wheat flour, ¼ cup bread flour, ½ cup sugar, 1 teaspoon soda, ½ teaspoon salt, 1 cup chopped nutmeats.

Place the molasses and milk in a bowl and mix. Stir in the rest of the ingredients, which have been thoroughly mixed together and beat well. Place in a greased and floured loaf pan and bake in a moderate oven (350 degrees F.) for about 1 hour. Cool in the pan before slicing.

**Grape Fluff**

This is a delocate pudding, quite festive in character — you might consider it just the thing to offer as a light dessert that some of your diners might prefer to a rich plum pudding or pie.

Some one suggests a chilled custard sauce as accompaniment—it would be made with the left-over egg-yolks.

1¼ cups bolinig water
1 cup granulated sugar
Thinly shaved rind of ½ lemon
1 cup grape juice
5 tablespoons corn starch
¼ cup cold water
1/3 cup strained lemon juice
2 egg-whites
Few grains salt

Measure into top of double boiler the boiling water and sugar; add lemon rind and over direct heat bring the mixture to the boil, stirring until the sugar is dissolved. Boil hard 3 minutes.

Remove lemon rind and stir in the grape juice. Heat to boiling point.

Blend the corn starch to a smooth paste with the cold water and slowly stir into the hot mixture.

Cook, stirring constantly, until smoothly thickened. Place over boiling water and cook, covered, with occasional stirring, until no raw flavor of starch remains—about eight minutes.

Remove from heat and stir in the lemon juice. Cool thoroughly.

Beat the egg-whites, to which the salt has been added, until stiff but not dry; fold into cold pudding.

Turn into dessert glasses and chill before serving.

**Hints on Etiquette**

Do not bore people by talking about a subject that doesn't in the least interest them, although it does you.

## Modern Etiquette

By Roberta Lee

Q. Is it all right, after dancing with a girl, for a man to thank her and leave her standing on the dance floor?

A. No; he should take her to her next partner, or to her friends.

Q. What is a nice thing to say when you meet a woman friend whose son is about to be married?

A. "Congratulate Bob for me. I know he's getting a fine wife."

Q. When calling on a friend, should one pay respects to the friend's mother and father?

A. Yes, it is the courteous thing to do.

## THE STARS SAY—

By GENEVIEVE KEMBLE

For Saturday, April 26

A RATHER critical state of affairs prevails on this day, largely due to a runaway tongue and temper, in which the impulses and emotions get the better of sane and logical judgment. The mental attitude may be found misleading, obscured by entanglements, snares and fraudulent circumstances put over with the intent of malicious and intriguing purpose.

**Birthday Forecast**

Those whose birthday it is may find themselves in a period of treacherous and dangerous circumstances, with deep-seated and malicious undercurrents at the very foundations of home, health and happiness as well as various forms of material advantage. While the sinister situation may arise from outside it may be heightened, stressed and prolonged by exhibitions of violence, hatred, suspicion and vengeance. The mind and health may be upset and various complications accrue from ungoverned conduct.

A child born on this day should benefit by an early supervision of its erratic, turbulent and whimsical emotions. Training and discipline may be required for its best character development.

**YEAR ROUND JACKET**

DESIGN NO. E-1237

Little time is required to crochet this bolero type hug-me-tight. Make it in your favorite color wool. Pattern No. E-1237 contains complete instructions for making sizes 32 to 42. Needlework Book 20 cents.

To order: Send 20 cents in coin to Needlework Bureau, Charlottetown Guardian.

Design No. E-1237

Name

Address

City Province

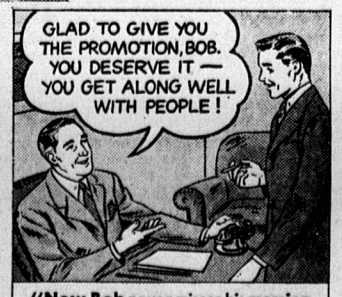
Children's wet hands should be dried immediately for chapped, cut hands with deep fissures and cracks can cause pain to active children and also lead to infection.

MY HUSBAND'S PLENTY SMART...WORKS AWFULLY HARD...
WHY DOESN'T HE GET AHEAD?

"Tell me, Grace, your husband works in the same office with Bob—what is the matter? He doesn't seem to fit in or get ahead."

"I was stunned at Grace's reply. To think that my husband was letting 'B.O.' stand in his way. I marched right out and got Bob some Lifebuoy."

"Bob told me he used to use Lifebuoy regularly before we were married. So all the trouble was my fault for not keeping Lifebuoy handy!"




"Now Bob never misses his morning Lifebuoy shower. And not long ago Bob's hard work and ability were rewarded. He got a fine promotion."

ARE WIVES TO BLAME?

Smart wives know the handicap "B.O." (body odor) can be to a man in business. They keep Lifebuoy handy as the first step toward helping their husbands to success.

A LEVER PRODUCT

HOW TO STEP UP PROTECTION AGAINST "B. O."

Tests prove not only that Lifebuoy stops "B.O." but that you can build increasingly better protection against "B.O." by always bathing with Lifebuoy. Try it. Bathe with Lifebuoy for just seven days. See how fresh and clean your skin feels. And when you know that a Lifebuoy bath stops "B.O." *faster*, gives you *longer-lasting* protection, you won't ever want to miss "YOUR BATH A DAY THE LIFEBUOY WAY!"

## Needlecraft / FOR THE HOMES

**HIT PARADE**

Stunning dress for your gayer hours features the smart diagonal line in bold contrast . . . can be made either in two lovely different fabrics or in the popular stripes going in two directions. Lilt of the line puts a song in your heart.

No. 2179 is cut in sizes 10, 12, 14, 16 ,18, and 20. Size 16 requires 1⅝ yards 39-inch, 1½ yards 39-inch contrast, 3 yards ribbon.

Send 20 cents for PATTERN, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state the size you wish. Include postal unit or zone number in your address.

Address Pattern Department, The Charlottetown Guardian.

Pattern No. 2179

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**Hints on Etiquette**

Don't talk "shop" unless all those present and with whom you are talking are engaged in the same business or profession.