

Woman's Realm / Social and Personal / Fashions / Literature

Needlecraft FOR THE HOME



GOOD COMPANIONS

Three to make ready for a little girl's life—a V-necked jumper that has its own long sleeve jacket to wear when the winds blow, a little puff sleeve blouse with a Peter Pan Collar.

No. 2140 is cut in sizes 2, 4, 6 and 8. Size 4 jumper and jacket requires 1 1/2 yards 54-inch; blouse, 1 yard 35-inch.

Send 20c for PATTERN, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish. Include postal unit or zone number in your address.

Address Pattern Department, The Charlottetown Guardian.

Pattern No. 2140

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This is also excellent for linoleums. Burn the rags to prevent fires.

Q. What is an effective home remedy for toothache?

A. Try taking a fresh cabbage leaf and roll it with the rolling pin to crush all the veins. Then hold it to the fire until it is as hot as can be borne. Tie it to the face before retiring.

Q. How can I remove chewing gum from a garment?

A. By rubbing with pure lard, and then applying a quantity of soap. Follow by washing alternately with water and turpentine.

Hints on Etiquette

Flowers would be a perfect gift to send to one's best girl's parents as a wedding anniversary present.

How Can I!!!

By Anne Ashley

Q. How can I take good care of varnished floors?

A. Rub varnished floors once a week with a woolen cloth, wet in a solution of one part linseed oil and one part turpentine.

Ellen's Diary

By an Island Farmer's Wife

Notwithstanding regular and concerned readings taken from a glass at a cool house corner on recent nights before retiring, when stars glittered ominously, and the moonlight was cold, we have had no frost yet at Alderley, at least none to injure the potato tops even the dahlias about the yard. It is the morning of a day that is sad, when I rise from my bed to say to James in a listless tone "The dahlias went last night!" It is a sign for me that Summer with her clover and roses, and robins and yellow canaries, and poised humming birds and much that was enchanting and of frequent surprise has slipped away from me to the land of past Summers. But our dahlia blossoms only ordinary in size, and of either the pink or a red shade, remained bright and pretty in today's sun. Indeed Jamie, who much enjoys such pastimes, gathered bouquets of both to brighten dark corners of the house. "Yes, I'll remember," he nodded stepping off happily "only long stems" and when I from a strange sense of fitness would have kept each color in its own vase, he must mingle the pink and the red with "one will never hurt—besides they grow side by side, don't they?"

Karolyn's younger son, so she called up proudly to tell me, ate an arrowroot biscuit today, managing it "all by himself" which was a neat accomplishment for one so young. Small hands that can be so binding between husband and wife, and which hold so much destiny there, are awkward members of the body at first. Then too, there was a grave danger of the child choking. It was just as well for James' peace of mind, that as had been unaware of this initial performance and heard it for the first at day's end, in his old arm chair "to be very careful. Remember he's only got three teeth yet to chew with!" James had been in the field with the other men at the last of the grain-cutting, and tonight that part of our harvesting is complete.

(Continued on page 13)

DOROTHY DIX SAYS—

Clubs For Aged

English Darby And Joan Idea Should Be Adopted In U. S.

There is no other problem that is more complicated or more filled with heartaches and headaches than how to secure a comfortable and happy life for old parents, without jeopardizing the well-being of young people.

So many different factors come into the matter. On the one hand, there is the sense of duty we feel to our mothers and fathers; there is our pity for the helplessness of age; there is the love and gratitude for the years of devotion that have been given us.

And, on the other hand, there are the new obligations to the new loyalties to wife and husband and children that young people have taken upon themselves; the desire that every married couple who love each other feel to have their home to themselves, and the bitter knowledge that when that comes to live with them something intangible, the chances work of their solidarity of marriage, goes out the door, even as the old people enter it.

The old parents are not to blame for this. It is just that they cannot change the manners and characteristics that they have spent a lifetime in forming, and that they cannot realize that their middle-aged sons and daughters are not still little children who must obey them and subscribe to all of their whims and fancies.

Heretofore it has been taken for granted that Mom and Pop should go to live with their children, preferably with their daughters, when they got too old to fend for themselves, although everyone knew that the chances were that their presence would set their sons' wives to nagging, their husbands to philandering, and drive their grandchildren to the streets.

NOT A SOLUTION

The custom might be justified if it made the old people happy, but it doesn't. For they are too old to be transplanted, or to learn new ways, or to adapt themselves to a different environment. And, having nothing else to do except criticize and interfere, they are miserable themselves and become time bombs under their children's doorsteps.

But no one has known what to do about the situation, so it is comforting to learn that England is tackling the problem from a practical standpoint by organizing what are called Darby and Joan clubs for old people. These consist of a series of clubs and hostels that are moderately priced to which elderly people can go to spend their declining years.

In these they can find the peace and independence and society where they will not always have to be on their P's and Q's to get along with the in-laws. Also, it relieves the young people of the extra burden of taking care of the old when they are just starting married life and have all that they can do to shoulder their own loads.

I cannot think of anything that will do more to promote peace and happiness than such a movement. It will prevent the family squabbles that embitter so many lives and break up so many homes. It will give so many old people a freedom that they do not have. Half of the domestic friction is caused by people having to see too much of each other and getting on each other's nerves. We have seen homes that no siren could have loosened. Garrulous Grandmothers who drove domestic husbands to wandering away from home to escape being bored to death.

To millions of old people the Darby and Joan clubs will be temples of refuge for which they will thank God on their knees. Let's take the tip and organize them in our country. For much of the irritability and hard-to-get-along-withness of old people is just having nothing to do and nowhere to go.

Happy days will come again when Mother and Father join the Darby and Joan club instead of going to live with their children.

That Body of Yours

By James W. Barton M. D.

TAPEWORM AND PERNICIOUS ANEMIA

It is not unusual to have thin individuals with a large appetite accused of having a tapeworm. This accusation is received in good part by most of these lean individuals, who state that after feeding the tapeworm, they have to eat their own meal; hence the large amount of food eaten.

That a tapeworm can cause that formerly fatal disease, pernicious anemia, or at least be a partial cause is now known, so that after the removal of the tapeworm the blood must be built up to normal. In simple anemia there is no reduction in the number of red corpuscles in the blood, but a reduction in the amount of hemoglobin (iron) in these red corpuscles. In pernicious anemia there is not only a reduction in the amount of hemoglobin in the red corpuscles but also a reduction in the number of red corpuscles.

Pernicious anemia was always a fatal disease until Drs. Minot and Murphy of Boston discovered that liver and, later, liver extract could increase the number of red corpuscles in the blood and also increase the amount of hemoglobin in these corpuscles.

If, however, a tapeworm is present consuming the food and causing the usual symptoms—pain or colic in abdomen, nausea and vomiting, depression of spirits and passing segments of the worm—it must be removed by oleoresin of aspidium or other drug before liver and other blood-building foods can increase the number of red cells and hemoglobin. It is at this critical time when the tapeworm has been removed that the usual pernicious anemia treatment must be "strictly" followed, as getting rid of the tapeworm does not cure per-

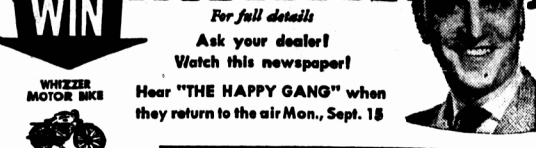
nicious anemia.

What are the foods that "must" be eaten to control pernicious anemia? These foods are meat, milk, yeast, peptone and soya bean protein, together with the usual amount (5 to 6 ounces) daily of liver of its equivalent of liver extract. Kidneys of animals and the lining of hog's stomach are also effective in increasing the number of red corpuscles and hemoglobin.

Removing the tapeworm is only part of the treatment of pernicious anemia.

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Modern Etiquette

By Roberta Lee

Q. Where should one introduce friends when meeting them in the theater?

A. Do not try to introduce friends in a crowded aisle. If necessary in the lobby, introduce them in the lobby, and if you are seated, even then, two persons who are seated some distance from each other should not be introduced.

Q. When a hostess has arranged for some kind of game or entertainment, is it permissible for a guest to ask to be excused?

A. Never; it is very discourteous to do so.

Q. Is it all right for a man, in the back seat of a car with two women, to sit between them?

A. Yes.

Household Scrapbook

By Roberta Lee

Ink Stains on Fabrics

Keep on hand for removing ink stains from white fabrics a solution of 1 ounce each of sal ammoniac and salts of tartar. Place in a quart bottle half full of water and shake well, then fill bottle with water, shake again, and cork. Soak the material in this solution and then launder.

Cake Batter

When the batter for the cake seems too heavy with flour, add beaten egg gradually until you have the right consistency. Never add milk, as it is apt to toughen the texture.

Nailing in Plaster

To prevent the plaster in a wall from chipping when driving a nail into it, first nail the nail and it will go through smoothly.

DISCARD BROKEN PIECES

It is a good idea to discard all broken, cracked or disfigured articles in your home. Add fresh lamp shades on your small lamps until you can replace them with shades that are more adequate pieces. These shades may all be the same type or color. The size will depend on the size of the lamps. It is feasible, sometimes, to raise an attractive lamp base by placing it on a block of wood which has been painted to harmonize, or is especially interesting in grain, and is suitable to the room.

The Stars Say -

By GENEVIEVE KEMBLE

For Friday, September 12

THE astral indications point to the definite and concentrated marshaling of all the forces, faculties, talents and skill in the effort to hold conditions in the groove of prosperity and productivity. Such seems to be under a baneful rule, possibly due to bad management, wasteful, lax or extravagant tactics, in which the feelings or emotions run away with better judgment. The setting aside of false notions or inflationary ideas may have to be rigidly subjected to calm, prudent and well-organized plans, pushed with accuracy and determination. Lasting security and far-seeing conduct of current conditions. Pause and consider well. Those whose birthday it is may find themselves up against a critical condition, in which false moves or inflationary ideas or over-acting, may have plunged matters into wasteful, unreasonable and extravagant impasse. It may require most practical and constructive attack with all forces and talents marshalled on breaking up a hazardous condition, affecting funds, credit, reputation and integrity. This rigid onslaught must be founded on a clear understanding of the blocked situation, followed by wise counsel, shrewd manipulation, plus determination and sound judgment, is stability and security for the future the issue. It will be demonstrated that the energies and initiative are highly stimulated.

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