

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

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By Annabelle Worthington



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Two pounds short ribs of beef, one quart canned tomatoes, two medium-sized onions, one tablespoon butter, one cup hot water, six small dried, chilli peppers, one-half teaspoons salt, one teaspoon paprika, one-eighth teaspoon each of nutmeg and cinnamon. Slice the onions, and saute to a golden brown in the butter. Add the short ribs of beef cut in two-inch pieces, and the water. Simmer slowly for one-half hour. Then add the remaining ingredients, and cook together for one and one-half hours. Serve on a platter around a mound of hot rice.

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Etiquette

By Roberta Lee

Q. Is it proper for a man to take a woman's arm when crossing dangerous streets?

A. No; he offers his arm.

Q. What is the difference between a theater party and an opera party?

A. Full evening dress is obligatory at the opera.

Q. From which side should a waitress hand a guest a dish from which the guest must serve himself?

A. From the left, so that the guest may use his right hand conveniently.

Dark More Terrifying To Women Than Men

LONDON, Jan. 28.—This is an age when "nerves" are very much in evidence. An ordinary person might hesitate to publish a fact so familiar were it not that the discovery has just been proclaimed in the name of science.

Psychology was once defined as the science of what everybody knew in language which nobody understood. Some of the more up-to-date psychologists, without any pretensions of making contributions to human knowledge, are laudably endeavoring to translate the technical terminology into everyday language. Perhaps even psychologists have made the discovery, long known to editors, that a lot of people prefer to read something they know already from their own observation rather than something strange because new.

There is a body in England called the Industrial Health Research Board, and it has made a report which the government has published, entitled "The Nervous Temperament." The investigation was undertaken to secure first hand evidence of neurotic tendencies. More than a thousand people were examined by the psychologists, the examinees being of both sexes, of all sorts of occupations, from chief executives to office boys.

Most people working under authority will have sympathy with the victims who were questioned as to their feelings whenever they were told, "the chief wants to see you in his office." Most people have a certain palpitation when they receive such a summons. The investigators gave an alphabetical classification of the reactions of different types of individuals.

"A" mildly apprehensive at first; "B", interested wonder; "C", shaky at the knees; "D" will prepare for the most improbable worst; "E", will feel he has done something wrong; "F", will feel all right if he has done something wrong, and knows what it is, but apprehensive if innocent.

The report is not entirely free from technical jargon. For instance the psychologists note a morbid condition called "sentiment d'incompletude," the feeling of having left something undone. It is put on record that some people "are afflicted with doubts after they have done a trivial action such as turning off the light, locking a door, etc., and are compelled to go back and verify it."

It was discovered that fear of the dark is more common among women than among men, but other fears were found equally distributed between the sexes. On the whole women were no more nervous than men or rather men are not less nervous than women. The occupational statistics show that students have a very high percentage of nervous symptoms and factory workers suffer more from nerves than those employed in offices.

The investigators devote a great deal of attention to the relation between nervousness and fitness to hold positions of authority over others. It is said that firms find it one of their chief difficulties to get people who can manage subordinates well. A number of otherwise competent persons refuse positions of responsibility because they get so worried about their power to control subordinates.

The report says: "Differences of nervous behavior toward subordinates are easily recognized. Some behave as if the group they control formed in itself a superior of whom they stand in dread, with the result that they have to prove to themselves that they are not afraid, and in doing so assume a blustering or autocratic manner. Others show their difficulties in a propitiate manner expressed in speech, voice or attitude, and worry their subordinates with futile criticism and tactless opposition."

Minard's Liniment for all Pains.

Are Women Free?

Dorothy Dix

Thinks They Freed Men

At Last Women Have Succeeded in Emancipating Themselves, With the Cynical Result That They Have Quadrupled Their Own Burdens and Freed Men of Responsibility of Supporting Them

It is one of life's little ironies that women's long struggle for emancipation has had the cynical result of freeing men and quadrupling their own burdens. Which isn't at all what the lady meant. The man of the past was more or less the slave of women. He was bound to a certain chivalry toward all women and had very definite duties and obligations toward his own women. He recognized his responsibility toward his mother, his wife, his daughters, his sisters and his female relatives generally.



But the modern man is bowed down by no such sense of obligation toward the feminine sex. Women themselves have struck his shackles from him and he makes the most of his liberty, and he should worry about their troubles. Furnishing a support for clinging vines isn't his occupation any longer. Women have shown that they can stand on their own feet and earn their own bread and butter. Well, let 'em do it. And this is a merry old world for a man, tra la, tra la.

Just what a lucky break the man of today has got you can only appreciate by comparing his lot with the sad fate of the man of yesteryear. That this may be the better understood let us make, by way of illustration, a case study of grandpa and grandson at the age when petticoats first begin to flutter along the masculine horizon.

When grandpa, poor old sap, was young a man had actually to do the courting. Believe it or not, it is the truth. When a man fell in love with a girl he had to do the chasing. She didn't run after him and pursue him with letters and telephone calls and demands to know why he hadn't been to see her and when was he coming. Nor did the girl make the dates and furnish the automobile and the theatre tickets when they went out.

When a boy wanted to see his sweetie or take her out somewhere, he had to go to her own house and fetch her. She didn't meet him downtown at the corner drug store to save him from the effort of riding a few blocks on a street car. Nor did a girl come running joyously out of the house and climb in an automobile unassisted when a young man drove up to her door and honked his horn for her. No, indeed. In those days when a young man took a young lady buggyriding he first made a decorous call upon her and then helped her into the vehicle as carefully as if she had been something precious, and he seemed to think that she was conferring an honor on him by going instead of considering that he was doing her a favor for which she should be grateful by taking her out for a spin.

Poor grandfather, how much energy he used up pursuing women! How much effort he took to please them! How much money it must have cost him! And how much easier the sentimental life has been made for his emancipated grandson.

Grandson doesn't lose his breath chasing girls. He lolls back and lets them do the running. He doesn't waste his money on them. He lets their papas pay for the gas and the upkeep of the car and their mothers feed him and he feels that he has done all that could be expected of him if he deigns to notice their daughters. Positively he will not wear himself out paying calls or dancing with homely girls or going to parties where the punch isn't strong or taking a girl to the movies who won't pay for his attentions with petting.

"Let Mary do it" is the wailing slogan of grandson. She does, and it certainly does make courtship come a lot easier and cheaper for boys now than it did in grandpa's time.

Then poor grandpa had to shoulder the support of a family when he got married and before he escorted a girl to the altar he had to figure out whether he could make enough to feed and clothe two or three or more. Being the provider was all up to him. He never even dreamed that the holyton world would come when a man would not have to consider so much what he earned as what sort of pay envelope his wife could drag down on Saturday nights.

Now I am not objecting to wives working outside of their homes. In thousands of cases it is the best and wisest thing for them to do, but there is no denying that it makes marriage a much easier proposition for grandson than it was for grand-father who had to be the sole money-earner.

Also, there is no denying that more and more young men expect their wives to earn the dough as well as bake the bread and that they expect Mary and Eliza to keep on with their jobs after marriage so that they can spend their money on golf and sports models instead of perambulators and grocery bills as poor grandpa had to do.

And look at the way grandpa felt about his daughters and the way grandson does. Grandpa felt responsible for his daughters and that he had to provide for them, so he worked himself hump-shouldered trying to lay up enough to keep them comfortable after he died.

But grandson no more expects to support his daughters after they are grown than he does his sons. On the contrary, he spends what he makes as he goes along and takes life easily because he knows that Mary and Susie will go to work as soon as they are out of school and provide for him.

So it is a merry life for the freed man, tra la, tra la. And women did it. DOROTHY DIX.

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Frozen Meat Proves Tastier If Cooked Without Thawing

Frozen beef should not be thawed before cooking but should be allowed to cook in its own juices or chopped apart while still frozen and put on the grill or into the oven and cooked in that condition, allowing the thawing and the cooking to go on side by side. Meat so cooked, as reported by experts of the London Health Department, will be tendered and will have a better flavor than the same meat if allowed to thaw out, before cooking. Much beef and other meat now is frozen hard in Australia, South America, and elsewhere and is shipped thus to the markets of Europe or of the United States. Health authorities approve this frozen meat as wholesome but many cooks and other experts consider it inferior in flavor and eating quality to meat which is merely kept cool in a refrigerator but never actually frozen. The freezing and thawing, it is believed, break the

The reaction of the conservative Washington Post is: "Secretary Lamont's enquiry . . . gives no encouragement to those interests that are seeking to break down the American tariff on the ground that it tends to drive capital into foreign fields. . . . Originally transportation and (foreign) tariffs were the principal deciding factors but the department is now of the opinion that the most compelling motive is the desire to overcome foreign prejudices against outside products."

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