

# Woman's Realm Social and Personal Fashions Literature

## Living & Leisure

### The Woman's Realm

#### ALL THE ALPHABET IS HERE

God gives the grazing ox his meat, And quickly hears the sheep's low cry.

Eu-ean, who tastes His finest wheat, Should joy to life His pastures high.

#### HINTS ON ETIQUETTE

If you are dining with friends or in a public place and find a fish or meat bone in your mouth remove it with your thumb and first finger and lay it on the edge of your plate.

#### DECORATIVE PLANTS

The Chinese lantern is a weedy plant until autumn, when the large calyces begin to turn a bright red. They are easily dried for winter decoration and retain their brilliant color for a year or longer. It is a perennial with hardy tuberous roots, which have a tendency to spread. Because of its aggressive nature it should not be planted in the perennial border but in a plot where it can be held in check.

#### JUST A PRECAUTION

All the parts of the food chopper should be thoroughly scalded and dried before using just in case some particle of food was neglected after using and allowed to remain in a hidden part. It might prove a source of infection.

#### AVOIDING DULL PAINT

Sometimes we give the paints a particularly good scrubbing and it leaves them dull and unfinished. The following mixture will wash the paint and leave a fine glossy finish. Into one quart of hot water put one tablespoon turpentine, one tablespoon milk, and half a tablespoon soap jelly or powder. It will bring back the gloss immediately.

#### SALAD DRESSING

To one cup of mayonnaise, add a teaspoon curry powder, teaspoon chopped scallions, teaspoon water, and half a teaspoon radish slices. Blend together and chill.

Glass baking dishes need extra care to keep them clean. As soon as they have been used soak them in warm water. Scrub with a cloth dipped in fine scouring powder. Wash in hot soapy water and rinse in boiling water. Wipe with a soft cloth.

#### USE FOR PAINT BRUSH

A small paint brush with a long handle is perfect for cleaning the working parts of the sewing machine.

#### NEW JACKETS FOR BOOKS

Dress up your looking books in the home book case by making new jackets from wallpaper samples and left over. Cut out a window so the title will show.

When buying cabbage, select heads which are solid, firm and fairly heavy for their size. If you wish to strip the loose outer leaves, don't discard them, but shred them and add to soups or green salads. Because of high Vitamin C content (which helps to develop healthy gums and blood vessels), raw cabbage may be used in place of tomatoes or citrus fruits, the best sources of this vitamin. Vitamin C cannot be stored in the body. One-half cup of fresh shredded cabbage contains as much Vitamin C as a medium fresh tomato or four tablesp. of lemon juice.

#### NO IDEA

We're still not sure if we heard him right. But we met a bloke in the train last night. Who told us bluntly, as friend to friend. That he'd no idea when the war would end. Weekly News.

#### WRINGER STORY

When pillow cases are being put through the washing machine wringer, they should be run through a soap suds solution. This will save the force of water tearing out the seam and will make the pillow case last longer.

### New under-arm Cream Deodorant safely Stops Perspiration



1. Does not rot dresses or men's shirts. Does not irritate skin.

2. No waiting to dry. Can be used right after shaving.

3. Instantly stops perspiration for 1 to 3 days. Prevents odor.

4. A pure, white, greaseless, stain resisting cream.

5. Awarded Approval Seal of American Institute of Underwear for being harmless to fabric.

Arrid is the largest selling deodorant

39¢ jar

Also in 15¢ and 59¢ jars

**ARRID**

#### MUST DECIDE

Now that the A. U. S. in Great Britain has celebrated its fifth birthday, hundreds of girls who enrolled at the beginning of the war have to decide whether they want to stay with the army for the duration or take up some other form of war work. When these girls signed up in 1939 they signed for only four years, with the right to either drop out at the end of that time or sign up for the duration of the war. Nearly a year ago, a lot of others had to make the same decision. These were the original volunteers who joined the new Women's Auxiliary Territorial Service in 1938, about the time of the Munich crisis. They, too, signed on for four years and at the end of that time were asked whether or not they wished to resign. Only a small percentage resigned. The rest joined up for the duration.

### Child's Breath May Warn Of Something Wrong

Few things tell Mother so clearly that her child is "out of order" as bad breath. Don't wait until your child comes down sick before doing something. Get a pack of Children's Own Tablets today from your druggist. These are the little, easy to use, safe tablets which are specially made for the needs of youngsters from runabout age to 15 years. They give such quick relief to aches and pains, do not upset a child's system as do many other tablets, and are guaranteed by the makers of Baby's Own Tablets—your guarantee of a reliable product. Only 25¢ at your druggist.

### THE COOK'S CORNER

#### CREAM SCONES

2 cups sifted all-purpose flour or 2 cups pastry flour  
1/2 cup butter  
4 teaspoons baking powder  
2 teaspoons sugar  
1/2 teaspoon salt  
4 tablespoons mild-flavored fat  
1 egg  
1/2 cup of top milk

Mix and sift dry ingredients. Work in fat with a pastry blender, fork or fingertips. Reserve a small amount of the egg white, beat the egg yolks and add slowly to the top milk. Toss on a floured board, pat and roll 1/4 inch thick. Cut in squares, diamonds or triangles. Slightly beat the reserved egg white, diluted with 1 teaspoon water and brush tops of scones. Bake in a hot oven at 400 degrees F. about 15 minutes. Make 16 small scones.

#### CARAMEL PUDDING

1-3 cup brown sugar  
1/2 cup water  
4 tablespoons cornstarch  
1/2 teaspoon salt  
3/4 cup brown sugar  
1/2 cup cold milk  
2 1/2 cups scalded milk  
2 eggs  
1/2 teaspoon vanilla

Melt 1-3 cup brown sugar in a heavy saucepan, stirring constantly. Until it turns a rich caramel shade. Slowly stir in the water and simmer 3 minutes. Mix cornstarch, salt and sugar with the cold milk and add slowly to hot milk. Stir in the caramel mixture and cook in a double boiler 30 minutes. Add well-beaten egg yolks and cook 10 minutes longer. Remove from heat and add flavoring. Cool slightly before adding stiffly beaten egg whites. Pour into moulds, chill and serve with top milk. Serves 6. Note—1/2 tablespoon of cornstarch may be substituted for 1 egg in this recipe.

### A Job Only You Can Do

Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have been received by the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board's Advisory Committee of Home Economics Experts. For more intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the War Time Prices and Trade Board.

Q. Recently the ration allowance of honey and syrup was increased. Was the amount of sugar allowed for "D" coupons increased?

A. No. The half pound per "D" coupon remains unchanged.

Q. My barber recently charged me more for a haircut than he did previously. Can he do that?


A. Barbering charges are subject to price control and no operator may increase his charges above the level of the basic period unless specific authority to do so has been received by him. Please forward full information and the case will be investigated.

Q. Is cranberry sauce rationed?

A. No. Cranberry sauce was not included in the rationing order covering preserves.

Q. Has the Controller set a temperature for heat in apartments where the same rent is paid all year, said rent to include heat? Can one apply for a reduction in rent if a temperature of at least 65° is not maintained throughout the suite whenever the weather is cold throughout the year?

A. If the tenant is of the opinion that the landlord is not providing sufficient heat or that he is drastically reducing the heat supply, the tenant should lodge a complaint with the Wartime Prices and Trade Board and an investigation will be made.



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ACADIA  
BAKING POWDER  
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### A Morning Smile

**TAKEN FIGURATIVELY**  
Judge—Why did you sue the lady's carpet?  
Tramp—I did not.  
Judge—She says you did.  
Tramp—She said I had a carpet and beat it.

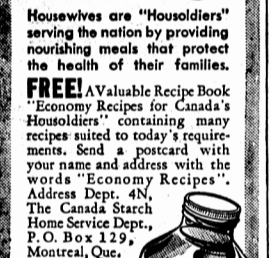
**GETTING EDUCATED**  
"Have you got so (ina) distinguish classical music?" asked Mrs. Newrich.  
"I think so," replied her husband.  
"When a piece threatens every minute to be a tune and always disappoints you, it's classical!"



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SYRUP

The Canada Starch Company, Limited



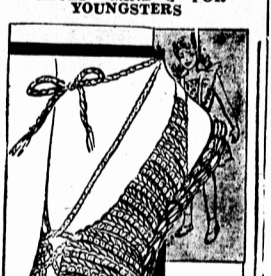
**LACED SANDAL FOR YOUNGSTERS**

DESIGN No. 496

These little sandals are easy to crochet for children between the ages of 5 and 10. Each contains complete instructions. To order, please send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.

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**All That Glitters**

By Frances Parkinson Keyes

CHAPTER XXXIV

The program which Dabney and Helen had jointly evolved was a startling success from beginning to end. But it reached its culmination with the barn dance which embodied their most brilliant idea.

There was an old stone stable at Sycamore forest, with four sturdy stone pillars supporting the overhanging roof which formed the portico, and for a long time Dabney had dreamed about using this stable as one side of an open restaurant, with fine modern stalls built around an open court. The dance with which the stable was after the lavish dinner in Dabney's huge, resplendent dining room was still in full swing in broad daylight.

Helen stopped momentarily at Welby's easy chair about midnight; he was going everywhere now, and the fact that he did not dance was not even noticeable, because there were always a few persons who



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### Dorothy Dix Says—

#### FAMILY QUARRELS TEAR DOWN DREAMS NEEDED IN MARRIAGE

Husband, Wife Reveal Illusions, Suspicions, Jealousies Never A fterward Retrieved

**DEAR MISS DIX**—When husbands and wives quarrel don't they really tell the truth to each other? I mean, don't they really bring out all the little grudges that they have against each other and say what is actually in the back of their minds and hearts? If husbands and wives want to know how they stand with each other, let them note what each says when they have a fight. They will give them the lowdown. G. H.

**ANGER UPSETS DISCRETION**  
ANSWER—There is an old proverb that says that truth lies in the bottom of the wine glass. When people are drunk all inhibitions have been swept away and they say what they really think. The same thing is true of anger. When people lose control of their tempers they say the things that prudence, or self-interest, or even common decency makes them keep silent about at other times.

That is what makes a family quarrel such a devastating thing. It is because when they are angry with each other the husband and wife draw out into the open all of the illusions, all of their suspicions and jealousies, all of their grudges. It is when they ventriloquize each other and call each other names and throw into each other's faces all the habits and shortcomings that have gotten upon their nerves, and openly regret their marriage.

No quarrel is spontaneous. It may come to a head suddenly and without any adequate cause, but the material with which it is made has been slowly gathering for a long time. Sometimes for years. It is the unspoken thoughts of each about the other.

After the quarrel the husband and wife may apologize and kiss and make up, but what has been said cannot be taken back. Each knows how he or she looks to the other, and something of fineness has gone out of their marriage that can never get back again.

For the happiness of marriage depends so much upon our illusions, our beliefs that our mates do not see our faults and peculiarities, that we never lose our attractions for them, that they always see us as young and beautiful and desirable. And when in some unguarded moment of passion they tear down this house of dreams, it leaves our spirits lonely and desolate and homeless.

Not many of us can bear to know the truth about ourselves.

**DEAR DOROTHY DIX**—I have just been reading the letter you received that was signed "Four Army Wives" who are worrying over whether their husbands, who are in the army, are faithful to them or not. I might answer back, how do we know whether our wives are being true to us or not while we are away. We don't. We have to take them on faith.

While I am speaking for myself, I am also speaking for about ninety-five per cent of the other married soldiers in the Service. I don't say that we wouldn't look at a pretty face or a nice pair of legs, but as far as being disloyal to our wives, that's an entirely different question. Dearie, you couldn't hire me to do such a thing!

I've got a little girl 18 months old. Do you think that I could go home on a furlough and let her put her arms around my neck and call me Daddy if I were harboring a guilty conscience of having run around with some woman? I couldn't look my wife in the face, either, for she is still that cute little blond who used to lie down in the next block. I would let her call me the MOTHER of my little girl. I wouldn't let her down for anything.

So I say, my dear Army Wives, if you will have just a little more confidence in a little more faith in your soldier husbands, you will find that your faith and confidence will be completely justified. SOLDIER.

**MOST SOLDIERS LOYAL TO WIVES**  
ANSWER—This tribute to the high morality of the married men in our Armed Forces is backed up by a recent article in one of the magazines written by a famous war correspondent in China, who speaks with admiration of the fact that there are very few philanderers among the air forces. He says that the great majority of the men are as loyal to their wives as they expect them to be to them, and to them there is just one woman in the world who is desirable, and that is the wife they have left behind them.

It is hard enough for the wives to be separated from their husbands, and it is a pity they add to their troubles by picturing their husbands as being gay Lotharios, who have forgotten the reality they owe to them and their little children, and who are running wild with wild women.

Such is far from being the case. Perhaps the men who are living in the shadow of death are not concerned with frivolities. They are wanting to keep their slates clean, just in case.

**DEAR MISS DIX**—Several years ago my nephew was in trouble and I borrowed money from him. He has since repaid me, but now I would like to repay them, and this is my problem.

Should I pay back his debt entirely myself, or should I tell my nephew that it is his debt and that he should pay it. He knows about this loan and the people from whom I borrowed the money. He is married and has a family and is earning a fair salary. RELATIVE.

ANSWER—It is certainly your nephew's obligation and you should make him assume it, not only because it is fair and just, but because it will impress upon him, as nothing else will, that when there is a loan and that for our wrongdoing we must suffer.

If you pay back all of this money, your nephew will feel that there is no use in going straight when you will get him out of trouble and pay the piper for his dance.

would rather play bridge than do anything else. She waited until he had finished scolding, and then she asked him slyly if the music was all right. When he assured her with an answering laugh that it was, she floated away again and he danced with her any more until the next afternoon. Then she came into the room and showed away the account books which were spread out before him.

"Don't let's do sums today, Welby," she said. "Let's talk."

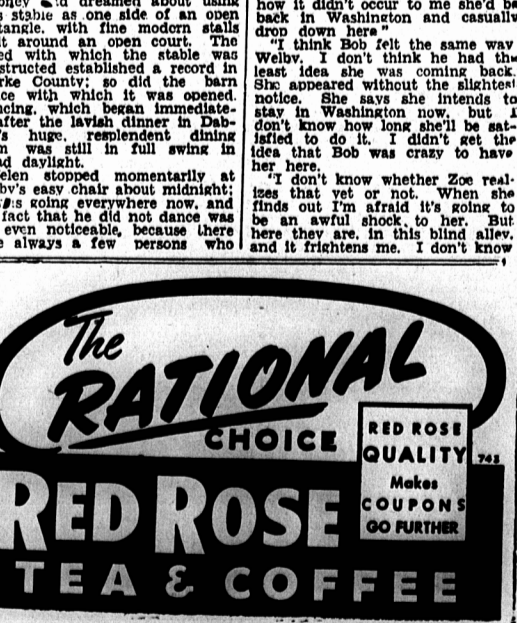
"Haven't you had a chance to talk to anyone about the party yet, you poor neglected girl?"

"No, I was asleep all morning. And you and Ronnie came home so early—Zoe looked stunning, didn't she?"

"Stunning isn't a strong enough word. I've not got so used to the idea of having her in Europe that somehow it didn't occur to me she'd be back in Washington and casually drop down here."

"I think Bob felt the same way, Welby. I don't think he had the least idea she was coming back. She appeared without the slightest notice. She says she intends to stay in Washington now, but I don't know how long she'll be satisfied to do it. I didn't get the idea that Bob was crazy to have her here."

"I don't know whether Zoe realizes that yet or not. When she finds out I'm afraid it's going to be an awful shock to her. But here they are, in this blind alley, and it frightens me. I don't know



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The girl that other girls envy! How does she manage that thrilling "what of a life?"

The answer is probably her lovely polished manners. Men are proud to have her out, because she always knows the right, the pleasing thing to do.

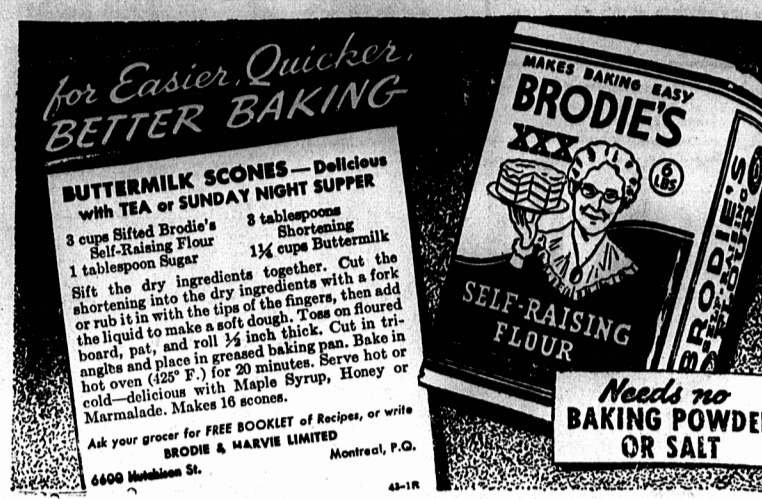
Then she always seems to know the right thing to say. Meeting a new man, she never spoils that important first impression with a cheap "fairy pleased, I'm sure." She correctly says: "How do you do."

And given a compliment, she smiles. "Thank you so much!" Never a giggling, ungracious "Oh, you don't mean that."

The result is naturally dates, dates, and more dates! Our 32-page booklet has etiquette for dances, dates, theatre, autos. Tells correct thing when visiting, entertaining, on the phone, in the office.

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Sift the dry ingredients together. Cut the shortening into the dry ingredients with a fork or rub it in with the tips of the fingers, then add the liquid to make a soft dough. Toss on floured board, pat, and roll 1/4 inch thick. Cut in triangles, pat, and bake in greased bakings. Bake in hot oven (425° F.) for 20 minutes. Serve hot or cold—delicious with Maple Syrup, Honey or Marmalade. Makes 16 scones.

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"What to do about it?"

"There's one thing you can do: You can stop talking about it and stop worrying. You can't very well make a point of joining Zoe there when she's back in Washington herself. We'll just come along with you without you around here now, Helen."

"I was coming to that in a minute. I'll stay until the luncheon is over, because I promised. But in the spring I think I'll go to Mexico. You know I used to be afraid of my mother-in-law," she said. "Well, I want to be able to prove that I'm not afraid of her any longer. I believe, if I could do that, I would be ever so afraid of anyone or anything else again."

"I see the way you feel and I like it. Well, miss you, but you're right. Do you mean to go alone?"

"No—I wondered if you'd let me take Bessie with me. It would be wonderful for her. And of course she would be wonderful for me."

"Welby leaned forward and closed the books with a gesture of finality. "If we're not going to do any accounts today," he said, "we may as well put these away. I'll have to ask Ronnie about Bessie. And I'd rather like to ask Bessie herself. You've sprung a surprise on me, the way you love to do it. I thought perhaps you might ask Zoe."

"Welby's idea seemed to Helen so good that she acted on it fairly promptly. Bob had come back to Washington immediately after the barn dance. Bob and Zoe had consented to stay on for a few days and seemed to find time hanging rather heavily on her hands. She declined to hunt, saying she was out of practice, and since every one else she knew of her own age was hunting, she could find no one with whom to ride in a desultory fashion except Bessie, who had never shown the same affection for her that she lavished so freely on Helen. She did dance, and it was evident that her presence at balls was highly appreciated, quite aside from the sensation caused by her startling Paris clothes; but she was no dancing in the daytime, and she was more likely to be invited out with a large group, after dinner, than with a small one to dinner itself, as Helen was evidently now invariably invited. It was one of the occasions when Helen was dining out and her sister-in-law was not, that she sought Zoe out in her room and out the Mexican proposition up to her.

"She was going back to Mexico that spring, she said outlining her reasons much as she had done in talking to Welby. She would like



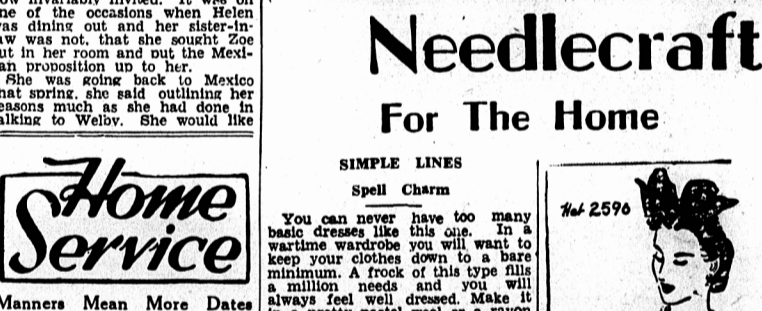
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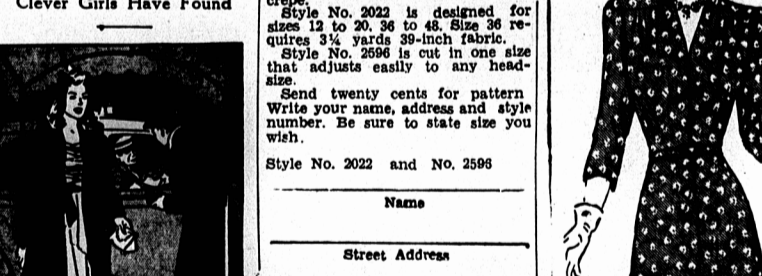
You can never have too many basic dresses like this one. In a wartime wardrobe you will want to keep your clothes down to a bare minimum. A frock of this type fits a million needs and you will always feel well dressed. Make it in a pretty pastel wool or a rayon crepe.

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