

THE MAGAZINE GUARDIAN For Parents, Teachers, Pupils, Dairymen, Farmers, Horsemen

TO THE FARMER

Farmers and others interested are invited to contribute to The Farm Magazine...

Contributors are asked to have their articles at this office early each week...

THE SCHOOL AND THE HOME

Contributions for this Department should be addressed to P.O. Box No. 116, Charlottetown.

DOMESTIC SCIENCE

Owing to the great demand for complete sets of the Rules, Methods and Receipts given to the Short Course Students in the Cooking Classes...

RICE PUDDING WITHOUT EGGS. 4 cups milk, 1-3 cup rice, 1/2 teaspoon salt, 1-3 cup sugar, grated rind half a lemon.

CHOCOLATE BREAD PUDDING. (HOT)—2 cups stale bread crumbs, 4 cups scalded milk, 2 squares Baker's Chocolate, 1-3 cup sugar, 2 eggs, 1/2 teaspoon salt, 1 teaspoon vanilla.

COLD CHOCOLATE BREAD PUDDING. 1 cup soft stale bread crumbs, 1 1/2 squares unsweetened chocolate, 1 cup sugar, 2 cups milk, yolks 3 eggs, 2 tablespoons butter, 1/2 teaspoon salt, 1 teaspoon vanilla.

GINGER CUSTARD.—Canton Ginger, 4 eggs, 2 cups milk, 1/2 cup sugar, 1/2 teaspoon salt, 2 tablespoons vanilla.

CHOCOLATE CORN STARCH PUDDING.—2 squares Baker's Chocolate, 2 cups milk, 1/2 cup sugar, 3 tablespoons cornstarch, 1/2 teaspoon salt, 1/2 cup milk, 1 teaspoon vanilla.

ORANGE CREAM.—4 tablespoon cornstarch, 1 cup cold milk, 3/4 cups scalded milk, 1/2 teaspoon Orange extract.

tract, yolks 2 eggs, 1 tablespoon sugar, 1/2 teaspoon salt. Mix cornstarch with cold milk, add gradually to scalded milk and cook in double boiler mixture thickens and afterwards occasionally. Beat yolks of eggs and add sugar and salt, add to first mixture and cook three minutes.

COLD PINEAPPLE BOUFFLE.—Yolks 3 eggs, grated rind 1 lemon, juice one lemon, 1/2 cup sugar, 2-3 grated canned pineapple, 1 1/2 tablespoons granulated gelatine, 1-3 cup cold water, 1 cup heavy cream, few grains salt, whites three eggs, cup Beat egg yolks slightly and add grated rind, lemon juice, sugar, and salt.

THE DAIRY

KEEPING UP MILK FLOW

George G. Humphrey, of the Wisconsin College of Agriculture, has been giving considerable attention to the different ways of keeping up the summer flow of milk.

ECONOMICAL MILK PRODUCTION

The manufacturer perhaps more than the retailer looks closely after the matter of cost knowing that this principal hope of making a good production lies in attaining economy, in the actual production of the article.

This is all the more necessary because "men (and cows) were deceivers ever." They may appear to be good heavy producers, but their value as economical producers can only be determined when their yield of milk and fat is checked up by the scales and test. Of what use is it when the factory pays 95 cents per 100 pounds to keep cows whose milk costs \$1.25 per 100 pounds just for feed alone?

COST OF PASTEURIZING MILK

According to tests made by the Department of Agriculture, the average cost of pasteurizing milk with a properly designed and properly operated plant, is \$0.0313 a gallon, and of cream \$0.0634 a gallon.

partment of Agriculture, the average cost of pasteurizing milk with a properly designed and properly operated plant, is \$0.0313 a gallon, and of cream \$0.0634 a gallon. These tests also showed that the "flash" process, by which milk is raised to a temperature of 85 degrees F. and kept there for a moment only, is more expensive than the "holder" process, in which milk is maintained for 30 minutes at a temperature of 135 degrees.

THE FARM

PREPARE RASPBERRIES FOR NEXT YEAR

There is one operation on the raspberry plantation that should be carried into execution immediately after the crop is harvested, and that is to remove the old canes. If disease and insects are in the patch at all, wood that has borne the crop, and since it is of no further value it should be removed at once and burned.

TO SHIPPERS OF EGGS

The following instructions to merchants who ship eggs are sent out by the Swift Canadian Co. Farmers may profit by the suggestions:

- 1. If buying from others, insist on first quality eggs only. 2. Keep in mind the perishable nature of the product, and do not hold eggs, but ship while fresh. 3. Never keep eggs near kerosene, oil, fish, or any other strong smelling substance; they readily absorb odors. 4. Never expose eggs for market to direct sunlight, rain, or to extreme heat from any source. 5. Do not wash fresh eggs. 6. All eggs should be shipped in good strong cases, with flats in good condition, and packed with excelsior flats on top and bottom. Do not use newspapers as flats. 7. Remember that 10 per cent. of the eggs produced are wasted due to improper handling. 8. Tag all cases plainly, so as to assure prompt and proper delivery. 9. When shipping, always mail bill of lading, express receipt, and memorandum invoice. Your shipments can then be properly checked and in case a shortage occurs, it will not be necessary for you to write full particulars after you receive your returns.

RESERVATION OF FENCE POSTS

An experiment covering twenty years, to determine the value of post treatment, was recently completed under eastern conditions, where decay is more rapid than in drier parts farther west.

SHOULD BUILD SILO

"Dairyman who do not have special silos for summer feeding may well at this time consider the advisability of building a silo and planting an extra amount of silage crop to enable them to take advantage of silage during the months of the following year."

ADVISES ABOUT CROPS

Early and late varieties of sweet corn and field corn probably provide the most acceptable summer silage crops, and may be fed to advantage stages, when the corn reaches the milk stage it has been found to be somewhat superior to corn silage for keeping up the flow of milk.

SANOL

The Greatest Medical Discovery of Modern Times An Absolute Cure for Gall Stones, Gravel and Other Kidney Diseases

THAT NOTHING is impossible to science is demonstrated by this great medical discovery—an absolute cure for Gall Stones, Kidney and Bladder Stones and other Kidney Diseases—diseases that hitherto were deemed incurable except in very few cases where surgical operations gave relief and sometimes cured.

SANOL WILL CURE YOU

Sanol is endorsed by physicians, hospitals, nurses, druggists and everyone who has witnessed its wonderful curative powers. Physicians in all parts of the Dominion are now using Sanol in their treatment of patients afflicted with Kidney Diseases.

If Your Kidneys Trouble You, Use Sanol

Have you backache in the region of the kidneys, puffy swelling under the eyes, feel tired out, dizzy, swollen feet and limbs, excessive and painful urination—rheumatic pains darting through your body and limbs? Then your kidneys are not doing their duty. SANOL KIDNEY REMEDY strengthens your kidneys, and enables them to throw off the uric acid poison with which your system becomes charged.

We publish a valuable booklet on the kidneys, giving full information regarding the diet to be followed, together with the full treatment necessary in cases of diseases of these organs. This booklet will be mailed free to anyone on request.

Sanol is sold by E. A. FOSTER, Distributing Agent Charlottetown THE SANOL MANUFACTURING COMPANY OF CANADA, LTD. 975 MAIN ST. WINNIPEG

SANOL ANTI-DIABETES never fails to effect a cure unless the patient has reached the last stages of the malady, when the vital organs have become irreparably damaged. SANOL BLOOD SALT, an invaluable aid to digestion. SANOL BLOOD BUILDER. A SURE CURE FOR ANAEMIA. Strengthens the system and rebuilds the blood.

THE TURF

BREAKING IN COLTS.

By An English Hired Man. Have the colt in a spar box and get the halter on him, and let him come outside to have a turn by trying to get him to lead. Then get the harness, and shake it about to make him get used to the rattle of the chains, etc. Then commence to put the harness on bit by bit, and as plowing is mostly the first work, put him in between two more horses, man each side leading the colt, and a boy to drive the other two. It is best to have a front horse that is quiet and that keeps his chains tight, and then the colt will not have a chance to plunge about, teach him to turn at the ends steady, and coax him when he has to turn at the end of the furrow. Never use the whip at the beginning of working the colt unless it has to be used to teach him to stop with the others, and the same at starting. Be gentle and quiet with him, and he will soon know his work, and after the day's work lead him home a part from and behind the other horses. After a few days, one man will be enough to go with the colt to finish the breaking in.

GOOD ROADS

THE MAINTENANCE OF EARTH AND GRAVEL ROADS

At this particular time of the year the matter of maintenance is particularly prominent in certain parts of the country, and it may not be quite useless to add one more to the long list of protests against the manner in which this work is too frequently carried out.

Probably few specifications for the construction of earth roads have ever been written in which it was not particularly stipulated that sods and other organic matter should not be allowed in the roadbed; and though there may be some having charge of small town road work who would deliberately place sods, roots and like material in the surfacing of an earth or gravel road, they are probably very few. Yet these sods, so-called road builders do not hesitate to go out in the spring with a road machine, open up the ditches and transfer the sods, stones, roots and the rest of the winter's collection of rubbish to the center of the road to be worn down by traffic. This is designated locally as "working the roads" and by various other equally apt terms.

FRECKLES

Now is the Time to Get Rid of Those Ugly Spots

There's no longer the slightest need of feeling ashamed of your freckles, as the prescription ointment—double strength—is guaranteed to remove these homely spots. Simply get an ounce of ointment—double strength—from any drugstore and apply a little of it night and morning and you should soon see that even the worst freckles have begun to disappear, while the lighter ones have vanished entirely. It is seldom that more than an ounce is needed to completely clear the skin and gain a beautiful clear complexion.

WE ARE QUALIFIED TO TEST FLAVORING EXTRACTS.

Be sure to ask for the double strength ointment as this is sold under guarantee of money back if it fails to remove freckles. We are qualified to test our knowledge of everything we sell by selling only the best. We will not sell an extract that is not absolutely pure and full strength. That is why the extracts you buy here go further and give more delicious results. MacKinnon Drug Co., Cor. Great George and Kent Streets, Mt.



Everybody feels better when Liver and Bowels are normal. Keep yours toned up with Abbey's Effer-Salt

(Take Abbey's VITA Tablets for Nerves)