

Fosters' Beef Iron and Wine

This is a delicious tonic worth trying. We never ask anyone to buy the second bottle, they always buy it without asking.

Delicious to the taste, it contains iron to enrich the blood, reptonized (digested) beef to feed the tissues and choice wine as an appetizer.

If you feel worn-out, tired and run down you need a tonic you couldn't find a better one than this—like all our remedies it is of the highest quality.

50c and 75c Bottles

E. A. Foster

Central Drugstore Sunnyside

NEWS FROM THE UNION COMMERCIAL COLLEGE

Miss Helen Block, spring graduate of the Union Commercial College, has received a wire from the Boston American newspaper offering her a position as stenographer and leaves next week to take up her duties with the company. Miss Block did considerable typewriting and stenographic work for Mr. Cleveland of this Journal who was here some time ago investigating the fox industry and was so pleased with her work that when he returned to the office he found a position there for her which he knew she could fill admirably.

"The busiest place I have seen for a long time," remarked a Montreal business man recently after a visit to the Union Commercial College, Royal Bank Building.

It is a fact worthy of note that local business men and visitors have nearly all their stenographic work done by Union Commercial College stenographers. Hardly a day passes without a call being sent in by a U. C. C. student.

The firm of Davis & Fraser of this city are among the best judges of competent office help in the Province. Four graduates of the Union Commercial College are now employed by this firm.

Several new students entered the Union Commercial College this week. The former attendance broke all records and now the mark is being set to make it hard to beat by any other Commercial college of its size in Canada.

Don't fail to attend the penmanship classes at the Union Commercial College. Just a few hours of your leisure time are required to make you 100 per cent. more efficient in penmanship and good writers are always in demand. The night classes at the Union Commercial College are growing. If you cannot attend during the day there is a vacant desk for you at night and you get the same thorough attention from the teaching staff the day students enjoy. 2469-11-mwff.

USES FOR LACE REMNANTS

Often at the remnant counters one comes upon odd lengths of lace—chiffon and net, which can be purchased for a trifling sum. From these fascinating breakfast caps, camisoles and tee aprons can be fashioned by the needle-woman. The Philadelphia "North-American" describes some of these.

Gather the crown to resemble a mobcap and line it with white, pale blue or pink china silk or chiffon. To this stitch two pleated ruffles of the points d'esprit, finish with a narrow edging of Valenciennes lace. About the base of the crown draw a band of pale blue or pink messaline ribbon, and tie the ends in a flat bow at the side or front.

The dainty tie aprons are easily made from dotted or plain net. Cut

Radway's Ready Relief

Frank Malt, 420 6th St., New York, writes: "My wife suddenly fell very sick with influenza. I called in the doctor, but he failed to help her. We have no time to be sick. So I became a doctor and with Radway's Ready Relief and Pills, I gave her according to Radway's directions, and she went back to work two days later."

GOLDS AND COUGHS

Apply the Relief to the throat and chest with the surface mints and rubbers. Give Radway's Pills in such doses as will freely move the bowels. For a sudden cold take a large dose Radway's Pills and a teaspoonful of Relief with a teaspoonful of mints, in a tumbler of hot water. Reste 30 seconds in bed, in the morning the cold will be gone. RADWAY & CO., Montreal, Can.

a pattern from paper in the required shape and size, then cut out the material. To the edge, stitch a three inch ruffle of the material bordered with narrow lace, and gather the narrow waist line. Attach strings of pale blue or pink ribbon at the sides. A peasant's apron is rectangular in shape, and extends nearly to the hem of the dress. There is no bib to this variety, and the ruffle is only placed at the hem.

From a strip of lace or net insertion or edging twelve inches in width and from a yard to a yard and a quarter long, can be made a handsome camisole. Line the lace, or net, with chiffon or china silk in any of the pastel tints, and run a shirring string through the top and bottom. Draw the lower one to fit the waist and bind with a strip of the silk or wash ribbon. To the top stitch a narrow heading and through this thread ribbon, which is then tied in a full bow at the front. Over each shoulder place a strip of ribbon tied in a bow covered with shirred bands of the lace. The more elaborate camisoles are trimmed with garlands of tiny roses fashioned of silk or gauze.

The present fashions strongly approve of the Marie Antoinette fichu, and odd lengths of lace, points d'esprit or net, can be successfully utilized to fashion one of these lovely pieces of neckwear. First cut a paper pattern so that it fits perfectly across the back and shoulders. Allow the ends to extend to the waist line, or below the girdle, in points. Finish the edges with a narrow pleated frill of the material or a gathered frill of lace.

ReXall Remedies—the non-secret, standard family preparation—a family of 365 sold, guaranteed and recognized by over 8,000 retail drug stores—these are the kind of preparations you should have in your medicine chest. All ReXall articles are guaranteed. You buy each and every preparation with the distinct understanding that if it is not so good as we claim it to be you can come back here and get the price you paid for it. If you are not satisfied the money belongs to you and we want you to have it. Try the ReXall service—the change will do you good. The MacKinnon Drug Co., Corner Great George and Kent Sts.—Mtl.

IN MEMORIAM

MISS LOIS GRAHAM (From Saturday's Evening Guardian) Once again the angel of death has visited the home of James A. and Catherine Graham, Graspereaux, on Sept. 15th, 1913, and claimed for its victim their beloved daughter, Lois, at the early age of fifteen years. Thus again showing, how uncertain is life and how soon the young may be called to meet God as well as old. Deceased had been in failing health for some time, and two of the best doctors, McIntyre and Fraser put forth their utmost endeavours to save her. But all their skillful nursing of her parents, brothers and sisters and kind words and acts of relatives and friends combined, were of no avail. True it must be said for one so young, she bore her sickness with Christian patience and fortitude and after receiving the last rites of her church, from the Rev. Father Gallant, who had been her spiritual adviser, thus on the 15th at seven a. m. surrounded by loved ones she passed peacefully away, trusting in Christ as her redeemer. The funeral took place on the seventeenth to the Roman Catholic Church, Sturgeon, where a solemn Mass was served for the repose of her soul, after which her remains were taken to the cemetery and interred therein, followed by a large concourse of relatives and friends. She leaves mourn a loving father and mother, four sisters and two brothers, whose names and residences are as follows—Mrs. George A. Hicken, of Graspereaux; Martha, Eveline, and Percy at home; Mary, and Jerome in Nova Scotia; one brother, James Samuel, predeceased her two years. Mr. and Mrs. Graham have the sympathy of the entire community in their sad bereavement for they know of troubles they have had their heavy portion in the past and just as the wound of sorrow had partly healed, it was opened afresh by the loss of their dear girl. May

POLES AND CROSS-TIES

In 1912 there were 608,550 poles manufactured by Canadian railways, and telegraph, telephone and light and power companies, according to a recent bulletin of the Forestry Branch, Ottawa. This represents an outlay of \$1,113,524, making the average cost per pole \$1.83. The total number of poles purchased and the average price per pole increased somewhat from corresponding figures for 1911.

Cedar made up 86 per cent. of the total number of poles cut, the western cedar being increasingly used for this purpose. Balsam fir, tamarack and spruce made up the balance of the cut, the greater part of the poles being between 20 and 25 feet in length.

In 1912, there were purchased 21,208,571 ties representing a value of \$9,373,869. This represents the large increase of 48.1 per cent. over the number of ties purchased in 1911, due probably to the extensive railway construction now going on.

Jack pine ties made up 36.5 per cent. of the total with an average value of \$0.44. Cedar was second on the list with an average cost at point of purchase of forty-five cents, followed by Douglas fir, averaging 30 cents per tie. In all twenty-one different species of wood were used.

Ties treated with preservatives made up 8.5 per cent. of the number purchased. These were chiefly hardwoods, it being found more economical to treat the heavier, stronger woods, than those which are liable to fall from mechanical wear before they have time to decay. Some of the eastern railways are now using hardwood ties exclusively.

SPORTING NEWS WORLD RECORD AGAIN BROKEN

(Canadian Press) NEW YORK, Nov. 2.—Hannes Kolehmainen established a new record for America to-day by defeating all comers in a ten-mile National A. A. U. race in 53:02 2/5. He also broke all intermediate records between 3 1/2 and ten miles. The former American outdoor record for ten miles was 53:43.5, made ten years ago by Geo. Bonhag. The winner's time to-day is 23 2/5 seconds behind the world's record for the event made by Alfred Shrubbs.

FAMOUS CANADIAN PACER SOLD

CLEVELAND, Ohio, Nov. 1.—The famous gray pacer, Earl Jr., 2:10 1/2, was sold yesterday to R. C. Lasbury of Broadbrook, Conn., by P. W. Murphy, of Edmonton, Alta. Earl Jr. has been racing on the grand circuit and on Canadian tracks all summer, finishing his season at the Rockport track here in a Lake Erie circuit race Tuesday. He is eight years old and for three years was one of the stars in Walter Cox's stable. The price was not made public.

Buntin, Bell & Co. for best coal; lowest prices. 9-23Mfr.

Horsemen in general are unanimous in declaring that MacKinnon's Condition Powders work really splendid results in horses and cattle. These powders aid digestion, improve appetite, purify the blood, build up new bone and tissue and give new snap, vim and zest to the life and movements of the animal. Put up in sanitary tin cans 1 lb. 25c. The MacKinnon Drug Co., Corner Great George and Kent Sts.—Mtl.

THE TAILOR ON THE SECRET OF STYLE

Given two women equally well dressed, what is it that makes the one so much smarter than the other. This is something that no one has ever really found out. A tailor said the other day that he had two sisters for whom he made suits of exactly the same cut and material, but that for one of the sisters he always deducted \$10 because she wears my suits so well that people ask her where she gets them made. She is one of the best ways of advertising. Those two sisters look very much alike and it is difficult to tell why the one looks so much smarter than the other. The one who wears her clothes so well is not nearly as pretty as the other, but the pretty one has no presence, no air, and no one notices whether her suit is well cut or well made. But everyone notices the plainer sister and thinks that it is the suit that gives her so great an air of smartness. Not at all! It is she that gives the suit its air, and that is why I deduct \$10 from her price. Every time she gets a suit I am sure to have several orders from women who say, "I like Miss B's suit, could you make like hers?" Not a single order has ever come to me through the pretty sister's suit. How do I account for it? It is just one of the things you can't account for, except that one woman has an air, a presence as it were, that makes her noticed wherever she goes, even if she is not expensively dressed. A tailor or dressmaker knows such a woman at a glance and does his best to please her, for such a woman is, as I have said, one of the best advertisements any tailor or dressmaker can have. Of course, a good carriage and a good figure do much to make a suit noticeable, or a gown, or cloak, for nothing gives style like the well held neck and well carried head. But there is one more than this—but just what I can't say—only all we tailors and dressmakers recognize it instantly and not a woman but is instantly conscious of the woman who wears her clothes with an air that adorns them. Thus the tailor—and is he not right?

Delights Ladies

Parisian Sage, the Great Hair Beautifier is Guaranteed.

Hair that is irresistibly attractive will make any woman look more youthful.

In Paris the clever French women fully realize this and retain their youthful appearance even in the fifties.

While Parisian Sage is known the world over as a certain cure for dandruff and falling hair and is sold by Geo. E. Hughes on the no-cure-no-pay plan, it is especially recommended to society women who greatly desire lovely, fascinating hair.

It will put life and lustre into dull, faded hair in one week. Parisian Sage makes the head feel good the minute it is applied. The first application creates confidence, for the user cannot help but feel that such delightfully cooling and exhilarating tonic will do what ordinary commercial tonics have failed to do. Parisian Sage is sold in Charlottetown by Geo. E. Hughes and by leading druggists everywhere. Guaranteed to kill dandruff microbes, cure dandruff, falling hair and itching scalp in two weeks or money back. Comes in large 50-cent bottles and "The Girl with the Auburn Hair" is on every package.

HOTEL ARRIVALS

VICTORIA
The following registered at the Victoria Hotel on Saturday: J. W. Carruthers, Montague, R. C. Blakeney, Halifax; H. B. Weeks, North Tryon; G. S. Inman, Charlottetown; G. W. Hart, St. John; J. W. Malloy, St. John; E. L. Jamieson, Halifax; G. E. Merryfield, Toronto; E. J. T. Robinson, E. L. Lawton, Toronto; J. A. Moffat, Montreal; F. D. Thorndike, C. D. Wreglow, Toronto; F. A. London, Montreal; D. Wadel, Montreal; G. H. White, Toronto.

QUEEN
The following registered at the Queen Hotel, Charlottetown on Saturday:—H. D. McEwen, Montreal; W. T. Anderson, Montreal; M. Pratt, St. Peter; J. E. Gocham, St. John; G. M. Keith, St. John; Harold Miller, Sydney, C. B.

REVERE

The following registered at the Revere Hotel, Charlottetown Saturday:—J. A. Cameron, New Glasgow, N. S.; E. D. McPhee, Fitchburg, Mass.; M. B. McPhee, Fitchburg, Mass.; J. A. Nicholson, Port Hill; P. M. Mahon, Emerald; B. Murphy, Emerald; J. M. Ladue, Bangor; W. Hogan, Montreal; P. Murphy, Montreal; G. G. Campbell and wife, Red Point; H. P. Cobwell, Murray Harbor; J. G. McDonald, Tracadie; Thos. Gorbe, Murray Harbor; J. D. Davy, Murray Harbor; W. A. Jenkins, Vernon; J. A. Chappell, City; C. S. Strickland, City; R. G. Bivy, Bangor, Me.; C. M. Smith, Bangor, Me.; Mrs. F. Camout, Summerside; G. S. Morrison, Fredericton; C. D. Morrison, Toronto.

GARDEN NOTES FOR OCTOBER.

Tulips, narcissi and hyacinth are better planted in borders or beds than in the lawns. Six inches is about the best depth at which to plant bulbs of narcissi, tulips and hyacinths, while for snowdrops and crocuses about half this depth will suffice.

Fall painting of trees is generally successful if the soil is not too low and wet. Trees and shrubs planted this fall send out roots and become well fixed in the soil before the time comes for putting on foliage next spring.

Fallen leaves should be raked up and saved, and packed liberally about the roots of shrubs, covered over the perennials, and even used for mulching around trees.

A good many kinds of herbaceous perennials may be more safely transplanted in autumn than in spring. This is especially true of such varieties as start into growth very early, such as Oriental poppies, columbines, peonies and irises.

Twelve good garden roses of modern introduction are: Antoine Riviere, Dorothy, Page Roberts, Dearlate, Florence Pemberton, Frau Karl Druschki, Joseph Hill, Lady Ashtown, Gustav Gruenwald, Madame Leon Pain, Pharisier, Prince of Bulgaria and Richmond.

When the last flowers have gone, cut the dead tops off all the perennials to within two or three inches of the ground, and spread a layer of manure four inches thick over them. This is a food as well as a protection, and though hardy plants do not require covering, they are improved by it.

EVEN THE BEST MAY GO WRONG

NEW YORK, Oct. 31.—Nathaniel Laird, superintendent of a Sunday School, was sentenced today to serve not less than one year nor more than four in Sing Sing prison, for the larceny of \$49,000 from his employers, the Kenito Company. Laird's speculations extended over two years. The money, he said, was spent in high living.

FATAL FRANKS

CHICAGO, Nov. 1.—Two boys are dead as the result of Halloween pranks. Morgan Campbell was electrocuted while trying to pull down an electric light. Thor. Laquinte, was killed by fire wagon unwinning a false alarm.

MONTAQUE MARKETS.

Corrected for every Wednesday and Saturday Issue.

Potatoes	85
Beets, per doz.	12
Lard, per lb.	14 to 16
Beef (small) per lb.	8 to 12
Beef (quarter) per lb.	5 1/2
Pork	10 to 10 1/2
Lamb, per lb. (small)	10 to 11
Fowl	9 to 11
Mutton	8 to 12
Butter	24 to 28
Eggs, per doz.	20 to 26
Oats	40 to 42
Hay (Pressed)	\$12 to \$14
Hay (Loose)	\$13 to \$15
Perk	71 to 91

SOURIS MARKETS.

(Corrected for every Wednesday and Saturday Issue.)

Pork (lb.)	11c.
Oats (white)	38c.
Oats (black)	40c.
Hay (pressed, per ton)	\$14
Eggs (doz.)	20c.
Butter (lb)	24
Hides (lb)	9 to 10
Potatoes (bas.)	25c.
Mackerel (back)	5 to 6
Codfish (fresh)	\$1.00 to \$1.25
Codfish (ground)	\$1.15 to \$2.40

THE WEATHER THE TEMPERATURE TIDE, MOON, ETC.

(Special to the Guardian.) TORONTO, Nov. 3.—Northwesterly and Southwesterly winds, fair and a little milder. THE WEATHER.—Yesterday was beautifully clear, but decidedly cold. Saturday, high wind with snow flurries. The highest temperature recorded yesterday was 34 degrees above zero and the lowest was 30 above. The lowest the previous night was 24 above. At nine p. m. it was 30 above and at nine p. m. to-morrow. The tide will be high this afternoon at 2:45 and tomorrow at 3:37, it will be high tomorrow morning at 1:28 and Wednesday at 2:11. The sun sets this afternoon at 4:43 and tomorrow at 4:41; it rises tomorrow morning at 6:45 and Wednesday at 6:46. The moon sets tonight at 8:48. There was a new moon on Wednesday, Oct. 29th at 10:29 a. m. The first quarter of the moon will be on Wednesday, Nov. 5th at 2:34 p. m. The length of today will be nine hours and fifty-nine minutes.

SCHOONER IS ASHORE AT CENTERVILLE.

DIGBY, October 21.—The ninety-seven ton American schooner Theodore Roosevelt, Captain Bioe, loaded with 90,000 pounds of pickled fish, loaded at Tiverton and Centerville, and bound for Digby, to complete cargo for Gloucester, went ashore this afternoon just after leaving Centerville, and the latest reports tonight say that the vessel is in a precarious position. The vessel and cargo are insured.

THE TERMINALS TENDERS WERE TOO HIGH

OTTAWA, Oct. 31.—Fresh tenders will be called for the Halifax terminal contract, the figures submitted being regarded as excessive. The new tenders are to be in by November 20.

RELEASE OF MCMANIGAL

LOS ANGELES, Nov. 1.—Oritie McManigal, the confessed accomplice of McManara brothers in dynamiting will likely be released from prison in a week after serving 2 1/2 years.

92 YEARS OLD, 2 MEALS A DAY

LONDON, Nov. 1.—Leslie Fraser Duncan, ninety-two, four times a widower, the tallest Scotchman in London—6 feet, six inches in socks—gets up at noon every day and his invariable diet is as follows: 1 p. m., (Breakfast)—Three boiled eggs, tea and three thin slices of bread and butter. 2 p. m.,—Glass of milk. 4 p. m.,—Glass of milk. 6 p. m.,—Tea, one boiled egg, and thin bread and butter.

3 p. m., (Dinner)—One boiled egg and bread and butter. Mr. Duncan has a flowing white beard and a face glowing with health. He expects to pass the century mark. He was born in Elgin in Scotland and when he was five years old he began to walk six miles to school and six miles back home every day. In this way he walked 440,000 miles in his schooling. He did it all on two meals a day: His breakfast at 8 a. m., was porridge or brose. In 1845 he settled in London, and all through a busy career of fifty years he worked twelve and fifteen hours a day, on 2 meals a day, with no holidays. He never smoked in his life except one year in Edinburgh.

His alcoholic indulgence consist of four glasses of champagne a year—one each on his birthday, on his mother's birthday, on Christmas and on New Year. He has never used a telephone, and he retired from business with a fortune, twenty-five years ago, before the rush of modern commercial life was fairly begun.

Mr. Duncan's fourth wife, who died a month ago, was the widow of Whyte Melville, the novelist. He went to school as a boy with Lord Strathcona now High Commissioner of Canada in London, who is two years older and who also lives on two meals a day.

AMERICANS WANT TO EXCHANGE ALASKA.

WASHINGTON, Nov. 1.—A joint resolution requesting President Wilson to negotiate with the British and Canadian Governments for the exchange of South Eastern Alaska, for money or other British territory, was introduced to-day by Representative Smith, of Maryland, who is serving his first term in Congress. It was referred to the Foreign Affairs Committee. Similar measures have been put before previous Congresses.

PROMINENT NEW YORKER INDICTED FOR BURNING YACHT

NEW YORK, Nov. 1.—Captain John Fish, a member of the New York Yacht Club, and formerly a civil engineer with the British army during the Boer war, was arraigned in the federal court today charged with having burned the yacht Senta in Edgartown harbor (Mass.) three years ago, for the purpose of collecting \$15,000 insurance. The maximum punishment therefore is life imprisonment. Fish was indicted after losing his suit against the United States Lloyds to recover the insurance. He was held today on \$15,000 bail.

NEW TENDERS ON WELLAND.

OTTAWA, October 31.—The department of railways and canals is calling for tenders for section five of the new Welland Canal, the tenders to be in by November 18th. This will make the fourth section to be placed under contract, the contracts for sections one, two and three having been already let. Section five is a three mile division extending from a point in Port Robinson to a point in about the center of Allenburg. There is comparatively little rock cutting to be done on this section and the cost is not likely to exceed three millions. The contract for section two, awarded to the London and St. Catharines firm of Baldry, Yerburg and Hutchinson at \$5,377,185, was formally confirmed by the cabinet today.

The construction work now in progress for the car-ferry terminal at Cape Tormentine, N. B., has necessitated the closing of the public wharf there for the remainder of the present season and for a period of two months from the opening of navigation next year. The department of railways is issuing a notice to this effect to shippers and others.

HELD UP GIRL ENROUTE TO MARRY IN MONTREAL.

MONTREAL, Nov. 1.—Compelled to marry at the frontier or go back to her home on Maine mowed, and face the unkind gossip of the little town, Mary Wardlow, a young girl who was placed in an awkward dilemma, when she was compelled by Canadian immigration officers at Cotacook, to leave the train at the frontier and await a message from the man she said she was to marry.

When the young lady reached the border on the way from Assurn, (Me.), she was questioned by the immigration officer as to her fiancé. He found she had very little ready money but had a check for \$20. Regarding that as insufficient, the officer insisted on her leaving the train. She told him her fiancé was a fireman on the Grand Trunk, at Montreal and was going to meet her there in order to get married.

Explaining to her the great risks she ran if she landed in a strange city and her intended did not meet her, the officer obtained the young man's address and telegraphed to him.

The young man arrived by the next train much upset, but when the officer explained the circumstances to him he was very grateful. He and his sweetheart proceeded at once to the Baptist church and were wed by Rev. D. W. Terry.

WILLIAM BRAMWELL BOOTH ARRIVED AT NEW YORK.

NEW YORK, October 31.—William Bramwell Booth, who succeeded his late father as head of the Salvation Army, arrived on the steamship Lusitania today. He will go almost direct to Toronto and Winnipeg. The general was a little under the weather during the trip over and remained in his state room. He is 57 years old. For years he has his father's chief diet.

ULSTER MUST BE INCLUDED.

LONDON, November 1.—Joseph Devlin, M. P., said yesterday that the Irish party would refuse Home Rule if any part of Ulster was excluded from the Act.

THE STORE THAT PLEASES.

GORDON & KEITH

HOME FURNISHERS.

The great chance is offered you to buy your House furnishings by mail. Our big Illustrated Catalogue is sent to your nearest Post Office address for the asking.

In it you will find illustrated almost everything to make your Homes beautiful and cozy. Furniture, Carpets, Curtains, Draperies, Stoves and Ranges for Coal, Wood or Gas.

Our prices cannot be beaten in Canada. Quality being our first Consideration for our Customers. Our goods are packed by experienced men, freight paid to any place in Nova Scotia and P. E. Island for orders of \$10 or over.

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Cash and Credit House.

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No Early Holes! No Shrinking!

Continuous hard service, MANY washings and still NO signs of a hole and NO shrinkage!

Honest, old-fashioned yarn is one reason. Stanfield's secret process for taking the "shrink" out of wool is another.



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