

# Woman's Realm / Social and Personal / Fashions / Literature



## Household Scrapbook

By Roberta Lee

**Too Much Sugar**  
Be sure never to have your grapefruit or fruit cocktail too sweet when it is to start a large dinner. Sugar is an energy food and will take the appetite rather than encourage it. Sweeten lightly.

**Grinding Fruit**  
Dates, raisins, or figs will not stick to the grinder if lemon juice is squeezed into the chopper and then the fruit put through it.

**Whiter Clothes**  
Lettor lemon rinds thrown into the wash boiler with the white clothes will make them beautifully white.

Try to frequent the company of your betters. In books a life that is the most wholesome society. —Thackeray.

**For Reducing Diets**

**Kellogg's ALL-BRAN**  
For Constipation

**KING COLE**  
TEA AND COFFEE  
YOURS TO ENJOY

## Ellen's Diary

By an Island Farmer's Wife

My mending, however, did not end with the patching of James' overalls last night, as we sat chatting with Mr. C. our neighbor from the house on the hill, but of necessity, was continued this morning. For several of the freshly washed pieces, that "in the dear dead days" would have been discarded as worn-out must be mended and forced to again enter the daily fray. It is a curious irregularity that in times of scarcity like these, if one had the where with all, they might buy all sorts of luxuries while so many everyday necessities both in clothing and household needs had disappeared from store shelves. "Sorry—we may have some later on" some say, while others favor one only with a surly stare. So I placed patches above former ones in the warmth and coziness of the kitchen with Tabby snug beside me in James' armchair, purring an old, old song that perhaps had to do with her present alert family or else was full of dreams of Spring days to come.

My thoughts, were with those who must work out of doors in today's fitful weather—for James at the other farm and others who followed the plow. I had brief but brisk encounters with the weather myself, at the churning, which includes only the fetching of wood to the box and springing for the morning kindling and also when a wandering helper, who must have known something of my behind the stove attitude on a day like this, bawled loudly at the porch door. "Now Ellen, James has often advised me 'if any strange cattle ever come to the yard when we're away, don't turn them down the lane. Put them in a field or stable until we come home. It could be that you wouldn't know your own!"

## Modern Etiquette

By Roberta Lee

**Q.** When making a call of condolence, is it all right to remain for an hour or two?  
**A.** Not unless one is a very intimate friend and has been requested to stay; the call of condolence should otherwise be made as brief as possible.  
**Q.** Is it absolutely necessary that the table silver be kept shiny?  
**A.** Yes; a good rule is to "have silver that shines, or none at all."  
**Q.** Should a man wear his hat in an office where women are employed?  
**A.** No; a wellbred man will remove his hat.

## Mitchell-Salmond Nuptials



Mr. and Mrs. John Carmen Mitchell, Hampshire, nee Maxine Elaine, elder daughter of Mr. and Mrs. Neil K. Salmond of Bonshaw, whose marriage took place at the home of the bride's parents Wednesday, September 18th, at 7 P.M.

## Princess Pleased With Gift of Gloves

EXETER, Devon, England, Nov. 18 — Princess Elizabeth on Thursday, the final day of her visit to this ancient Cathedral city before returning to London that night by train, visited Exeter's famed orthopedic hospital which was named for her 19 years ago. The princess, appearing in a white dress, was presented her with a pair of gloves she had made.

"Thank you," said Princess Elizabeth. "They're very lovely."

Five black and brown cocker spaniels and a Highland cattle were also presented to the princess. The princess toured the wards and talked with many patients, including 16-year-old Margaret Fickard of Bude, Devonshire, who presented her with a pair of gloves she had made.

"Oh! they're lovely!" she cried to their owner, Mrs. Vinson Thomas, as she stowed to pat their sleek heads. When Mrs. Thomas said that she had brought them knowing that the Princess was a dog-lover, the Princess confided that she has three dogs at Buckingham Palace — two Welsh corgies and one "Bibstan" lion dog.

"I wish they could meet," she said smiling at the dogs frisking about her heels.

At Topham barracks, where sunshine flooded the square and gilded the Royal standard flying high above the city's spires, the princess inspected 1,100 uniformed boys and girls — navy, army and air cadets and girls of the British Red Cross and the St. John Ambulance Brigade units. Before leaving for lunch at the cathedral she took their salute as they marched past.

During the official luncheon with the mayor and alderman, mace sergeants stood behind her holding the sword of state and wearing the cap of maintenance. Later she was shown the city's seals and charters together with the coats-of-arms of the old trades and crafts guilds which were explained to her by the town clerk.

She returned to London after telling the mayor: "Goodbye. It's been wonderful seeing you all — thank you so much."

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A new rose shade. Be sure to get Rose-Glo today. \$1.25.

Other famous Dorothy Gray shades available in *Finishes Face Powder*.

## Living & Leisure — THE WOMAN'S REALM —

### RECOMMENDATION

By Madeleine Burch

They came a-knocking at my door—The hobs and his dog—A lean and shabby hungry pair From out the morning fog.

"Have you some chores that we could do  
In trade for breakfast here?  
My dog and I are travelling through  
Without our financier."

He gave a friendly sort of grin  
And tightened up his belt;  
But I remembered front page news  
Of how a tramp had dealt.

A swift blow here, a gun-shot there,  
And left the farm in flames  
To pay for country kindness shown;  
And it gave place and names.

Of all involved except the tramp  
Who never had been caught,  
"No work!" I said, and stepped back  
In haste, although I thought

Of how another pair of hands  
Just now seemed heaven sent,  
The small dog thumped his mongrel tail  
And sniffed the bacon scent.

The adoration in his eyes  
That watched his master's face,  
Made reason falter while my heart  
Stepped up and took its place.

"Come in," I said, "and bring your pup;  
I never yet have seen  
A man his dog could love and trust,  
Be vicious, cruel, or mean."

### Hints on Etiquette

The dinner jacket is worn for restaurant and theatre wear, and on all informal evening occasions requiring more than street clothes but less formal than those that call for a full dress suit. A black or white waistcoat, black silk bow tie and plain, stiff-bosomed shirt are worn with the tuxedo.

The wedding ring was not neglected by the Romans. These rings were equipped with a seal—symbolizing the wife's right to seal up the property of the household, says The Goodwill Journal. Whether the wifely prerogative was ever used to coerce an erring husband is not stated, but the possibilities are quite apparent.

Save soap sippers; place them in a dish of water by sink and use on greasy pots and pans.

Go over the jabs on the kitchen shelves occasionally with a damp soapy cloth, to keep dirt from accumulating in the cabinets.

Slip an old cotton sock on each hand when you dust, and dust with both hands.

### FOOT CARE

Good shoes and care of the feet are recommended by the Department of National Health and Welfare, for both health and comfort. Feet, they say, should be washed, or given a brisk rub, daily in cold water. Socks should be washed frequently to keep them soft. A change of stockings after work is also recommended, and authorities warn health seekers that wet shoes and stockings should be changed as soon as possible.

HERE'S MY SECRET FOR A LOVELY COMPLEXION

**CUTICURA**  
SOAP & OINTMENT

## How Can I!!

By Anne Ashley

**Q.** How can I remove the odor of frying onions?  
**A.** Pour a little vinegar into the frying pan while it is still hot. This also removes fish odor. Or, sprinkle oil into the pan and shake it over the fire until the meal starts to sizzle.

**Q.** How can I make oatmeal soap for the bath?  
**A.** Melt a large bar of ivory soap and add a cup of oatmeal and two teaspoons of borax. Spread out in baking tins and when cool cut into cakes.

**Q.** How can I improve the taste of cauliflower?  
**A.** A decided improvement can be given by adding a cup of grated cheese to the white sauce.

## THE STARS SAY—

By GENEVIEVE KEMBLE

For Saturday, November 23

AN exceptionally propitious time for considering new propositions, changing positions or jobs, or for seeking advancement, promotion, increase of salary and as well putting aside something for the proverbial "rainy day." Higher-ups in all contacts and relationships are peculiarly approachable and understanding. Letters, writings and all contracts, flourish.

### The Birthday Forecast

Those whose birthday it is may find themselves in a mood for change, with much encouragement for seeking advancement, promotion, favors, increase of salary, as well as favors or promises in personal as well as business life. Things move along in high tempo, with change, travel, new contacts as well as the renewal of old agreements, but to enhanced advantage. Letters, writings, publishing, lectures, all forms of communication flourish and bring much happiness. Youth finds pleasure while the realistic and optimistic find profit. A child born on this day will be exceptionally versatile, adaptable, talented and sagacious, in business as well as intellectual judgment, finding favor with superior.

**You Brought Me Here...**

**Buckley's WHITE FLUID**  
To Give MOM DAD and ME Quick Relief from COLDS

**Now Bring Me Buckley's**

**Buckley's WHITE FLUID**  
To Give MOM DAD and ME Quick Relief from COLDS

**Mother knows!**

**Silverwood's**  
Evaporated Milk

**Silverwood's**  
Evaporated Milk

## DOROTHY DIX SAYS—

### Forgive and Forget

#### Wife Fud Difficult To Overlook GI's Affairs While in Service

DEAR DOROTHY DIX: My husband has come home after 18 months in Europe. He loved a girl over there, but says that has nothing to do with the way he loves me and that I should put it out of my mind and forget it, as he has done.

We had been married five years before he went overseas and it had always been a good marriage. We have one child whom we both love and adore. I love my husband, who is a swell fellow, anyway; but it is hard going, especially the forgetting. And what I want to know is how to go about forgetting?

ANSWER: Your problem is that of thousands upon thousands of other wives, for, as Mr. Kipling says in one of his poems, soldiers don't turn into plaster saints, and many a husband, lonely and bored in a strange land, strayed off the straight and narrow path with some pretty mademoiselle or fraulein.

And now that the men have come back again, their wives are finding it hard to forgive and forget. Especially do the wives who had been as true as steel, who had denied themselves all pleasure and amusement and spent lonely days and weeks and months waiting and praying for the return of the men who were the only men in the world to them, find it hard to condone their husbands' faithlessness.

### ONLY PASSING FANCIES

It is true that some of these husbands fell in love with strange women, but most of them, in their heart of hearts, still loved their wives, and their delinquency was a thing of the flesh and not of the spirit. In President Cleveland's immortal words, "it is a condition and not a theory" that confronts these wives. The situation is in their hands. If they will forget the girls overseas and their husbands' little affairs, and if they will love their husbands as they used to do, they can still have a happy married life together. But if they continue to be jealous and suspicious and cold, they will lose their husbands.

Of course, no wife ever really forgets the woman who has been her rival, but she can come to look at her with philosophic eyes as just a danger that is past, instead of keeping herself always stirred up about it.

You will be a stupid woman to ruin a good marriage because your husband had a few dates with a girl 2,000 miles away.

DEAR MISS DIX: When my son was six years old I took out an insurance policy on him and, when he was 15, I turned it into a larger one, and I had to save and scrape every penny to keep it up, as I was divorced from his father.

My son is in the Navy and on his leave home he married a nice girl. She demands that I turn this policy over to her. I told her that I wanted to keep it until he returned home from the war and that made both of them angry with me. Should I give her the policy to keep the peace?

A WORRIED MOTHER.

ANSWER: Not at all. You have paid for the policy and certainly his wife has no claim upon it, and she must be a greedy, grasping person if she is trying to get her hands on it. Parents make the mistake of their lives when they turn over all of the property they have been able to get by hard work and sacrifice to their children, in the fond belief that their children will take care of them when they are old and in need. They rarely do it.

## Morning Smile

## Better English

D. C. Williams

**HELP NEEDED**

As the motorist turned a corner in a quiet country road he saw a brother of the wheel just ahead, evidently in trouble. Immediately he slowed down.

"Want any help?" he asked gently.

The other motorist looked gratefully at him as he wiped the perspiration off his brow.

"I do," he whispered. "See that lady in the car! She's my wife, and I'd be much obliged if you'd answer her questions and keep her amused while I'm seeing to this burst tire."

**WAVERING SLIGHTLY**

"Nutm," said Aunt Mandy, "I ain't lost my faith in human nature but I can't hep notion! they is a lot moa articles lost then der is found."

What people call "presence of mind" is often nothing else than the presence of God.

**1.** What is wrong with this sentence? "You will find them everywhere."  
**2.** What is the correct pronunciation of "juror"?  
**3.** Which one of these words is misspelled: Kangaroo, kalidescope, kimono khedive.  
**4.** What does the word "militate" mean?  
**5.** What is a word beginning with dre that means "extreme in effect"?

**ANSWERS**

**1.** Say, "You will find them everywhere." There is no such word as everywhere. **2.** Pronounce jur-er, oo as in book, er as in her, not as or. **3.** Kaleidoscope. **4.** To have weight or effect, for or against. **5.** Multiplicity of talents has too often militated against the due fulfillment of some special bent. —Sharp. **5.** Drastic.

**CHEST COLDS**

Act promptly to relieve muscular soreness and tightness. For coughing in the night. Tonight, at bedtime, rub on time-tested VICKS.

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DESIGN NO. E-1134

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## Cook's Corner

### CHOCOLATE COOKIES

1/2 cup shortening  
1 cup granulated sugar  
1 beaten egg  
2 squares unsweetened cooking chocolate, melted  
2 1/2 cups sifted cake flour  
1/2 teaspoon salt  
1/2 teaspoon baking soda  
4 teaspoons milk  
1/2 teaspoon vanilla extract  
Cream shortening and sugar. Add beaten egg and melted chocolate. Sift dry ingredients together and add alternately with the milk, to which vanilla has been added. Press through cookie press, using desired forming plate, or drop from a teaspoon onto a greased baking sheet.

### POOR MAN'S CAKE

1 cup granulated sugar  
1 cup seeded raisins  
1 cup hot water  
1/2 cup shortening  
1/2 teaspoon nutmeg  
1/2 teaspoon powdered cloves  
1/2 teaspoon cinnamon  
1/2 teaspoon salt  
2 1/2 cups sifted cake flour  
1/2 teaspoon baking powder  
1/2 cup chopped walnuts  
Combine first 8 ingredients in saucepan, and bring to a boil. Let stand until cold. Sift together flour, baking powder and soda, and stir into cold mixture. Add walnuts. Bake in greased and floured 9 x 5 x 3 inch loaf pan in moderate oven of 350 deg. F. for 1 hour.

## Needlecrafts — FOR THE HOME —

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No. 2100 order by size for 14", 16", 18" and 20" dolls. Size 18" requires 1/4 yard 35-inch for dress, 1/4 yard 35-inch slip and panties, 1/4 yard 35-inch for pinafore.

Send 20 cents for PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish. Include postal unit or some number in your address.

Address: Pattern Department, The Charlottetown Guardian, Charlottetown, N.S. Pattern No. 2100

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Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

Marriage is a job. Happiness or unhappiness has nothing to do with it. There was never a marriage that could not be made a success, not a marriage that could not have ended in bitterness and failure.— Kathleen Norris.

**Christie's Biscuits**

CHRISTIE'S BISCuits

CHRISTIE'S BISCuits