

Woman's Realm Social and Personal Fashions Literature

YOUR INDIVIDUAL HOROSCOPE

(By FRANCES DRAKE)
Look in the section your birthday comes in, and find what your outlook is, according to the stars.

For Thursday, July 25, 1940

MARCH 21 to APRIL 20 (Aries)—Personal, general, business and sports activities are in favor this beneficent day. Engage in whatever interests offer you the most in substantial gain. Remain cheery.

APRIL 21 to MAY 20 (Taurus)—Be particularly careful in heart and other personal matters. Outlets may upset your plans or provoke delays unless you ward them off. Be ready to cooperate with the right forces in everything.

MAY 21 to JUNE 21 (Gemini)—Don't heed any temptation to laziness or indifference, they are mischief-makers. You may be called upon to work harder than usual, and to further something worthy, you should not hesitate to accept the challenge.

JUNE 22 to JULY 23 (Cancer)—Note these interests favored for Aries natives. Your day is similar. Be quick to get improvements and to offer your best efforts to achieve it. Gain probable through persons in high positions.

JULY 24 to AUGUST 22 (Leo)—

Both personal and business matters need watching. Handle very carefully anything entrusted to you. Bring your innate sense of humour into active play ALL DAY.

AUGUST 23 to SEPTEMBER 23 (Virgo)—You will have to dig up opportunities for yourself. However, this does not mean that you should exert to the point of straining. On the contrary, work AND PLAY AND RELAX in sensible divisions. No anxiety please!

SEPTEMBER 24 to OCTOBER 23 (Libra)—Heart affairs, romance, domesticity and artistic matters are highest in favor under today's star aspects, and these are especially favored for you born before October 8. Be eager to help bring about these indicated benefits.

OCTOBER 24 to NOVEMBER 23 (Scorpio)—If today you will go about things in the spirit of a true Scorpio native—one who practices his (or her) good traits and smother the bad ones—you'll reap many rewards. Be especially consistent and minus brusqueness.

NOVEMBER 24 to DECEMBER 23 (Sagittarius)—Waste no time accomplishing necessary easy tasks, then tackle the big jobs this friendly day. You are capable when you make up your mind to act with consistency and minus brusqueness.

DECEMBER 24 to JANUARY 21 (Capricorn)—Especially beneficent indications for dealing with superiors, relatives, those engaged in artistic, scientific and educational affairs, new appointments and engagements with friends.

JANUARY 22 to FEBRUARY 20 (Aquarius)—Five aspects. Whatever substantial and essential matters claim your attention should be attended to immediately. Then try to manage some time and energy for an interesting hobby or avocation.

FEBRUARY 21 to MARCH 20 (Pisces)—Financial and heart interests have approving star aspects. Keep yourself ready for any opportunities that may present themselves. Don't give in to lack of confidence.

Everybody Loves to Sing Stephen Foster Ditties



New Songbook Has Dixie Airs

When friends are gathered together, there's nothing like a favorite southern song to create a warm friendly atmosphere.

Stephen Foster's "Jeanie with the Light Brown Hair" appeals to every heart.

"I see her tripping where the bright streams play, Happy as the daisies that dance on her way."

And who, in leading through a southern songbook, ever skips Foster's "Oh Susanna"? Happily you warble:

"I came to Alabama wid my banjo on my knee, I'm g'win to Lou'iana, My true love for to see."

Of course you'll want to wind up the program with a stirring old-time spiritual, "Nobody Knows the Trouble I've Seen" calls for lots of feeling.

"Nobody knows the trouble I've seen, Glory Hallelujah! Sometimes I'm up, sometimes I'm down, Yes! Yes! Lord, sometimes I'm almost to the ground."

For club get-togethers, parties, picnics, our southern songbook has 27 songs complete with words, music, piano accompaniments, guitar arrangements. Includes eight Stephen Foster airs, as well as spirituals and other favorites.

Send 15c in coins for your copy of SONGS FROM WAY DOWN SOUTH to The Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

Name _____
Street Address _____
City _____ Province _____

AN OLD FAVORITE 467

DESIGN NO. 467

For those whose favorite doily is the pineapple pattern, this lovely circular luncheon doily will be appreciated. Pattern No. 467 contains list of materials needed, illustration of stitches and complete instructions.

To order this design write your name and address on a piece of paper and send with 15c in coin or stamps to Needlework Department, Charlottetown Guardian, 2 Charlotte Street, Needlework Department, Design No. 467.

Name _____
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2 GENUINE TUDOR PLATE TEASPOONS FOR ONLY 25¢

Get 2 lovely "Tudor Plate" silver-plated teaspoons. Just send 25c and 2 Quaker Spoon Staps to Box 100, Peterborough, Ont.

QUAKER PUFFED WHEAT AND PUFFED RICE

THE COOK'S CORNER

MEAT LOAF
1 teaspoon each of chopped onion, parsley and celery, 1 teaspoon salt, 1-4 teaspoon pepper, 2 teaspoons Worcestershire sauce, 1 cup stale bread crumbs, 4 cups minced cooked meat, 1 egg, well beaten, 2 tablespoons melted butter, left-over gravy, stock or milk.

Mix ingredients in order given. Add stock or milk to make the mixture moist enough to hold together. Bake in a well-greased bread-pan in a moderate oven (375 deg. F.) for 30 or 40 minutes. Baste with a mixture of butter or dripping and hot water. Serve with Tomato, Creole or Spanish Sauce.

POTATO DOUGHNUTS
Sift together 4 1-2 cup flour, 1-2 teaspoon soda, 4 (level) teaspoons baking powder and 1-2 teaspoon salt or nutmeg. Beat 3 eggs, add 1 cup sugar and beat again, then beat in 1 cup boiled-and-thickened potato and 2-3 cup buttermilk or sour milk. If the sour milk is skimmed milk, a generous teaspoon of baking shortening should be added. The fat for frying is at the right temperature when the cake engulfs into it rises at once to the surface without browning below. Turn once and often during the cooking.

BLUEBERRY ROLL
Make a rich baking powder biscuit dough using 1 cup flour, 2 teaspoons baking powder, 1-2 teaspoon salt, 1-4 cup sugar and 1-2 cup milk. Roll out to 1-4 inch thickness. Spread with drained blueberries and roll up like a jelly roll. Place in a baking pan and bake 20 minutes at 450 deg. F. Heat the blueberry juice and serve as sauce.

A Morning Smile

Mrs. Grimm: "So you have a situation with my friend, Mrs. Long, Mary. Did you tell her she had been with me for only two months?"

Mary: "Yes, ma'am, and she said that if I could stay with you for two months that was a good enough reference for her."

THE SECRET'S OUT
He worked at a large Government factory in the city today.

"I want my clean overalls today, missus," he said to his wife. "The King's coming to inspect the factory at ten o'clock. Mind you, this is a secret. Nobody's supposed to know—so don't go and blab it all round."

When he reached home that night, his wife said excitedly: "I saw the King this morning. I had a lovely view—right up against the factory gates. There was thousands there to see him!"

"Thousands!" said the husband, disgustedly. "I might have known you'd blab it out."

Dorothy Dix's Letter Box

GIRLS SHOULD NOT HAVE TO SUPPORT THEIR PARENTS

Able-Bodied Fathers Have No Right To Quit Their Jobs As Soon As Daughters Find Positions And Go To Work

Dear Miss Dix—I am a girl 20 years old. When I finished high school three years ago I started to work to help support my mother and father. For a while after I began working my father continued to help pay the bills, but gradually he contributed less and less to the upkeep of the household until finally he stopped working entirely and the whole responsibility of meeting all of the bills fell on me. He is a strong, healthy, able-bodied, middle-aged man and has plenty of chances to work, but he positively refuses to do so. I am terribly tired of supporting him. I even have to buy his cigarettes and give him money to spend for his amusements. My mother is very unhappy and worries a great deal about my being so hard-worked and never being able to afford even the simplest pleasure. And after I go to bed I cry myself to sleep about it. Is there any way out of this?

Answer: Certainly there is a way out of it if you have the courage to take it. It is for you and your mother to get up and leave your lazy and selfish father.

You will have to take the initiative in breaking up his free boarding house. He will never leave of his own accord. He has it too easy with a comfortable place to stay in, three square meals a day and a slave to provide him with clothes and cigarettes and money to spend in the poolroom.

Of course, he will be furious. He will upbraid you for being an ungrateful daughter and point out to you your duty to your poor old father. Don't let his entreaties move you. Tell him that the duty of a father to the child he brought into the world without its consent is a thousand times greater than the duty of the child to the parent, and that he should be supporting you, instead of you supporting him.

When parents are old, or sick, or helpless, it is their children's sacred obligation to care for them. But when parents are middle-aged and strong and healthy, there is no earthly reason why they should knock off work and become parasites upon their children. Nor is it the children's duty to support them when they are perfectly able to support themselves.

Yet, I am sad to say, there are many men and women who regard parenthood as a racket, and who regard their children merely as slaves provided by nature to support them. When the oldest child takes out his or her working papers, his or her down on the go-noting stool and fold their hands and let George or Georgiana do it.

It is bad enough, heaven knows, when a middle-aged woman who is stronger, healthier and more able to work than she ever was before in her life, sits down and demands that her children support her for 30 or 40 years, instead of her hustling out and getting a job and taking care of herself.

But it is infinitely worse when an able-bodied man forces his frail and delicate daughter to toil to support him.

Yet such cases are common, and one wonders that the children are foolish and weak enough to stand for such imposition. They do it, of course, from a sense of duty, but it is no one's duty to support a lazy loafer.

The sacrifice is made in vain, for their parents would be much happier if they had something to do and were independent, instead of grafting money off their children. And the children's lives would be saved.

When A Girl Is Seventeen
Dear Dorothy Dix—We have a problem with our daughter, who is just 17. We have gotten along finely in managing her until within the last few months; but since starting school last fall she has been wanting to go to class plays, dances or something several nights a week, and she has been going with a boy who lives in our neighborhood.

We lectured her and told her about the tricks and tactics used by boys with girls, and she listened and seemed impressed; but I caught her



Because a slip of a British tongue may give Nazis vital information, Ministry of Information has placed "Chatter Boxes" in public places to help organize England into a "Silent Column". A careless word costs a contribution to charity. This London miss, too, makes over her afternoon tea, pays for her indiscreet words.

Bowel Complaints of Children

During the hot summer and early fall months most children, and especially those teething, are subject to diarrhoea, dysentery, colic, cholera infantum and other bowel complaints.

Every mother should keep a bottle of Dr. Fowler's Extract of Wild Strawberry in the home as a protection against sudden attacks of these troubles.

Don't experiment with new and untried remedies. Consider your child's health. Get "Dr. Fowler's". It has been successfully used by thousands of Canadian mothers during the past 94 years it has been on the market.

Don't accept a substitute. Get the genuine "Dr. Fowler's". The T. Milburn Co., Ltd., Toronto, Ont.

Twist Your Own

Turbans were never nicer than now, and so they are still tops. Somehow they don't squash down the hair as those of an earlier vintage did. Whatever your style of hair-dress, whatever your type, you'll find a turban to suit you. If you don't like anything you see in the shops, make your own. Or wind one of those big sports handkerchiefs or a scarf around your noggin and learn to become adept at making a decorative top-knot.

You'll like turbans for evening, too, and many designers have put out evening frocks with their own matching turbans. There's now no excuse for passing up a party because you couldn't get to the hair-dresser in time. The smart girl, however, won't take advantage of all this and neglect her coiffure. She wants the assurance of knowing that when she takes off her decorative turban she will disclose a neat, beautifully dressed head.

Living & Leisure - The Woman's Realm

FLAT TOPPED CAKES
Properly, the top of a cake or a muffin should be flat, not raised in the middle, and the perfect cake or muffin will be of the same height in the middle that it is at the sides. You will see the large sheets of cake from the bakers' ovens come out flat as a table, also the perfect cakes and muffins in the home kitchen. The swollen middle in the cake, or the funny little eruption in the centre top of a muffin, results from too rapid coagulation of the sides before the centre, so that when the heat reaches the centre the mass has to rise and expand along the line of least resistance, and consequently it bulges up and out at the top.

To clean chamolite gloves, make a strong acids of white castile soap. Dissolve 1 teaspoonful of borax in 1-2 pint hot water and add this to 1 quart of the suds. When cold, put gloves on hands and wash gently in the same manner as washing the hands. Rinse in the same way. When dry, rub between the hands to soften.

Grass-stains will yield to glycerine, spread over the patch, let for an hour or two and then washed off with warm water, rinsing several times and using soap gently if it feels bad. Grass-stains are best soaked off in cold water, warm water seems to set them more.

You can make a useful clothes dryer from an old umbrella. Strip off the cover, enamel the frame, work white, and hang up on a hook in the ceiling over your cooker or range. You then have a splendid dryer or airer which will hold a large number of small things, such as collars and handkerchiefs, and it can be folded up when not in use.

Only a wasteful housewife throws away a screw-top tin of polish without opening it up with a tin opener because there's always another day's supply clinging to the inside.

OLD BRUSH
Never throw away that scrubbing brush that has gone bald at each end. Saw off the bald parts, leaving the centre only; file down the rough edges and keep the brush in the sink for scrubbing new potatoes and carrots.

WHEN SALAD IS MAIN COURSE
A good salad dish for warm weather meals might be made of a selection of three or four vegetables—cooked string beans, carrots and beets cut shoe-string style served with diced raw celery and shredded cabbage or crisp lettuce leaves. Garnish with devilled eggs and strips of cold boiled ham or spiced meat. Serve a clear, hot tomato soup as first course, toasted rolls with the salad, deep dish rhubarb pie, hot or iced tea or milk.

WINNIEPEG MINUTE-WOMEN
Winnipeg women want a crack at Hitler, too, and under the direction of Mrs. Gloria Queen-Hughes have organized a special volunteer reserve who want to learn the use of rifles and nearly all that goes with military training. Physically fit women between the ages of 18 and 45 will be accepted.

FAIL COSTUME JEWELRY
Flat, collar-type necklaces, fitting closely to the throat and neckline, will be the most important jewelry accessory for fall, says a noted stylist and designer. These necklaces will be of either metal or stone, with gold and silver of equal prominence. They will be bright and dramatic, creating interest and individuality for the starkly-slim frocks of the new silhouette.

Fit for a King THE TEA THAT IS always FULL-FLAVOURED

LIPINS TEA

Needlecraft - For The Home

This attractive dress was designed especially for larger sizes. It features a slender, upright waist flattering V-neck and becoming bodice fullness. The skirt fits smoothly over the hips; the cap sleeves are especially good in warm weather. Particularly worthy of note is the jacket cut to be just the right length to flatter the larger figure; the darts at the bottom assure a perfect hang. The dress, itself, may be made with a contrasting top, as shown, or all of one fabric and you may choose between sleeve caps or regulation sleeves.

Style No. 3386 is designed for sizes 16, 38, 40, 42, 44, 46, 48 and 50. Size 38 requires 3 1-4 yards of 36-inch material for jacket and skirt; 1 3-4 yards for contrasting waist.

Send Twenty (20c) coin is preferred for pattern. Write plainly your Name, Address and style number. Be sure to state the size you wish.

Style No. 3386 _____
Name _____
Street Address _____
City _____ Province _____

SOUTH AFRICAN TRADE INCREASES
LONDON, July 17 (CP)—Against Nazi claims that German operations are hampered, Minister of Railways and Harbors today quoted figures to show that tonnage handled in South African ports has increased under every heading since the war started, the British Broadcasting Corporation reported.



3386 SIZES 16-50

Prize Winning Experts Say.

"Make Jam and Jelly with CERTO - it's Quicker-Easier - gives Sure Results"

Start now to make lovely Jams and Jellies this Quicker, more Reliable way

Saves Time and Energy
It's astonishing how quickly you can make jam and jelly with Certo. Here's the reason. For jams you need give only a one-minute to two-minute full rolling boil—for jellies only a half-minute to a minute. "Certo saves me time, fuel and work over a hot stove," writes Mrs. Ed. Cooper, Prizewinner at Beechy Fair (Sask.).

Better Taste and Colour
The Certo boil is so short that the fresh fruit flavour and colour remains unchanged and unspoiled, whereas long-boiling affects both taste and colour. "The short boiling time keeps the colour and flavour of the fruit," writes Mrs. Arthur Stewart, Prizewinner at Edmonton Exhibition.

You Can't Go Wrong
If you follow exactly the recipes given with every bottle of Certo you can be sure of lovely jams and jellies. Mrs. E. M. Sawyer, Prizewinner at Sherbrooke Exhibition, knows how true this is. "You can depend on Certo if the instructions are carried out carefully," she writes.

3 out of 4 Prizewinners in Jam and Jelly Contests use CERTO

Writes Mrs. G. H. McLachlan of Magnetawan, Ont., Prizewinner at Magnetawan Fair: "I have been using Certo for a number of years, and would not think of using any other method for making my prize-winning jams and jellies."

FREE BOOK OF 72 RECIPES
Under the label of every bottle of Certo there is a book of 72 tested recipes for jams and jellies. Different fruits need different handling, so Certo gives you a separate recipe for each fruit... Be sure to follow each recipe exactly.

CERTO is concentrated FRUIT PECTIN - the natural jellifying substance extracted from fruit in which it is most abundant.

PUT CERTO ON YOUR SHOPPING LIST TODAY

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