

# Woman's Realm / Social and Personal / Fashions / Literature

## Living & Leisure

### —THE WOMAN'S REALM—

**NOVEMBER**

The Architect Nature must work in grey. So he handles grey with a master hand. And the softened light, from a misted sky, Creates a wonder across the land. The earth seems old, with a hoary head. As if rather weary and rather worn. The landscape is empty of leaf and sound. Now, if ever, are ghosts reborn. RENA CHANDLER.

**APPOINT WOMAN**

The Foreign Office, hitherto almost exclusively a male preserve, established precedent by appointing 28-year-old Miss Monica Milne to a permanent administrative post. She may become Britain's first woman ambassador. Daughter of Surgeon Rear-Admiral Robert Milne, now a Harley Street specialist, Miss Milne worked in the Ministry of Economic Warfare for five years after leaving university. Although women are rare in Foreign Office employment there have been others, notably Mary Craig McGeochy, of Sarnia, Ont., who for a time was temporary secretary at the British Embassy in Washington.

If your loaf of bread is stale, put it into a paper bag, sprinkle the bread lightly with warm water, if very stale and close the bag tightly. Place in a 350 degree F oven for 10 to 15 minutes, and it will taste almost as good as freshly baked bread.

Children should be trained to sleep through the ordinary noises such as talking or a not-too-loud radio, but on the other hand you cannot expect them to sleep through shrill or loud tones that are nerve-racking to an adult.

Names of the notes of the musical scale were taken from the initial syllables of the lines of a hymn.

**SLANG BECOMES LITERAL TRUTH**

"No soap!" isn't just a slang expression. Housewives for some time have been complaining about the lack of soap flakes and laundry soap, but a new quirk has been developing the last week or so. Not only are there no soap flakes, soap powders, soap chips and soap for washing out the family lines, but now ordinary soap for washing hands

and faces is vanishing too. Hand soap bins in both big and little grocery stores are gaping like wide open mouths with nothing in them. The well-known brands have vanished almost completely, and even those that have never been seen before are being snapped up. "Haven't you any hand soap even?" the manager of one store was asked. "Hand soap?" he said. And that was the end of that conversation. Another one said, "Oh, sure we get it in sometimes. You just don't come at the right time." A wicked twinkle came into his eye when he was asked when the right time was. "Er," he said. Housewives are reportedly completely stymied now. Some of them caught onto the knack of cutting shavings from bar soap for washing out their silks and rayons. It was a lot of work but it did help. If there's no bar soap either, they're wondering if they're going to have to save their own fats and ashes and make some of their own. There is also the problem of the nerks and ears of their young offspring. It looks to them as if the atom age is going to produce a dirty-faced generation.

**MODERATION BEST**

While admitting the comforting effect of smoking on adults accustomed to it, health authorities condemn excessive smoking. This, they point out, can cause a tiresome chronic cough and catarrh, and will have a detrimental effect on endurance by making the heart irritable, with consequent onset of fatigue. Moderation is advised in smoking as in all activities.

The love charm of the Maori people of New Zealand, known as "hei tiki," usually is carved of nephryite.

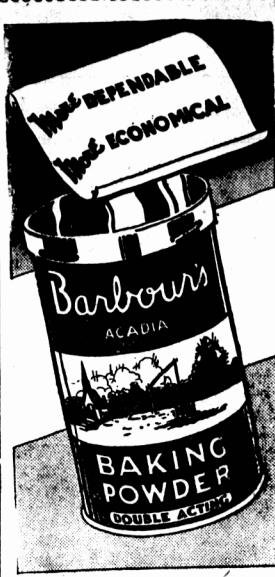
**HASTENS RECOVERY**

An adequate protein diet will cut down the time necessary for convalescence after illness.

When you are serving potato chips, pour them from the bag into a pan and place in the oven for about five minutes. The chips will then be extra crisp and delicious. The same applies to ready-to-eat cereals.

**PEELING TEST**

The pectin test for determining time to add sugar to juice may be made with either alcohol or epsom salts. The alcohol method—table-



### Cook's Corner

**WINDBLOWN CAKE**

3 eggs, separated  
2-3 cup water  
1 1/2 cups sugar  
1 1/2 cups sifted cake or pastry flour  
1 teaspoon baking powder  
1 teaspoon vanilla  
1/2 teaspoon salt

**METHOD:** Separate the eggs and add the water to the egg yolks. Beat with a rotary beater or with an electric mixer until you have five times the original quantity. Beat in the sugar.

Sift the flour, then measure and sift again with the salt and baking powder. Fold the sifted dry ingredients into the egg mixture, a small amount at a time.

Beat the egg whites until stiff, but not dry, and fold into the first mixture, along with the vanilla.

Pour into an ungreased angel food pan and bake in a moderately slow oven (325 deg. F) for about 1 hour to 1 1/4 hours. Remove from the oven and invert the pan, allowing the cake to hang until thoroughly cold. Then remove pan and dust with icing sugar, if desired.

spoon of alcohol to be blended quickly and let stand. Do not taste. If a jelly-like mass is formed the juice contains enough pectin and the sugar may be added. With epsom salts mix together a tablespoon of juice, a teaspoon of sugar and a teaspoon of salts and let stand 20 minutes. If jelly-like mass forms sugar may be added.

## DOROTHY DIX SAYS—

### Men Are More Cheerful

#### Women Inclined More To Worrying And Seeking Sympathy

Men are the cheerful sex. Whether they are really happier than women is a moot question, for each heart knoweth its own bitterness, but women think they are, and it is the thing that they envy men more than anything else.

There is, of course, no reason why men should be any jollier than women are, for life plays no favorites. It distributes its trials and tribulations, with an equal hand, to both sexes, and men have just as many sorrows to weep over as women have, just as many anxieties and worries to bear, just as much hard work and struggling to do, but they don't do as much walling over their lots as women do.

It is very seldom that a man puts ashes on his head and spends his time telling all who will listen, his hard luck story, whereas the great majority of women take a pride in never getting over a grief and enjoy nothing so much as digging up their misfortunes and holding post-mortems over them.

There are sorrows that tear our hearts to pieces and leave wounds that never heal. The loss of a beloved one. The treachery of the husband or wife or friend we trusted. They took the sunshine of our lives with them, but even such tragedies as these men bear with greater courage than women do. They lock their troubles in the old kit bag, as the peppy war song used to go, and try to forget them. They nail on their faces the smile that won't come off, though, God knows, behind it may be deep despair instead of mirth.

#### TALENT FOR WORRYING

Woman's gift for melancholy and her ability to extract pain instead of pleasure out of every situation, shows itself in her talent for worrying. She may have every blessing that the Creator could bestow upon His favorite child, but it doesn't keep her from lying awake at night worrying over her husband running off with a blonde, or their losing their money and becoming beggars, or her baby girl growing up and marrying a man who beats her. A successful man feels that he is sitting on top of the world.

There are a number of reasons why women are less cheerful than men are. One is that men demand cheerfulness of other men. No Gloomy Gus could ever be elected to any office, or sell a bill of goods. But women encourage melancholy in other women by mingling their tears with the sob sister and lending a sympathetic ear to her tale of woe.

Another reason why men are more cheerful than women is because they have more interests to divert them and their careers force them to think about something besides their personal griefs. But women, and especially domestic women, don't have to use more than two lobes of their brains in sweeping and dusting and cooking, and that gives them time and opportunity to worry and borrow trouble and make a cult of their grievances.

And, of course, women are handicapped by a lack of a sense of humor. Like Queen Victoria, they are not amused. They don't enjoy a funny story and a good belly laugh, as a rule. What they really like is a good cry. If women ever want to be the optimists that men are, they will have to cultivate their funny bones more and their tear ducts less.

### Ellen's Diary

By an Island Farmer's Wife

"Ellen" James said, in a hushed tone this morning, "I had expected myself up on his elbows so as to survey the ripple on the pond 'do you hear that?'" That was the patter of raindrops against the pane. "I wonder," he asked himself, "when the moon shifts." James has been so busy of late that he has had no time to note the moon's phases or times. "If" he went on "we're in for a spell of this, now that November's come, it won't be too good." Well, at least, there was the beginning of it. And all morning it fell in showers to stupor the work at the turnips. But in the ill wind, ours and Roy found an opportunity to catch up on many neglected duties about the barns and stables. There was, I think, a numbering of the inmates in the pig-pens and several were assigned new quarters. Once again, in the scheme of things at Alderley, the number has been reduced until, I would say only a fraction of what once we've had for years. Barely enough to "hold the fort."

But there are fine plump ladies, contrary to what I had expected, when I stopped to consider the hardships of their responsibilities since the first of the increase began last Summer. And sprightly and blessed with distinguishing looks and personalities that at first glance I am sometimes not able to discern. "That one, Ellen" James will say in surprise to me "don't you know her? She's our own breed, that one, and several were assigned new quarters. Once again, in the scheme of things at Alderley, the number has been reduced until, I would say only a fraction of what once we've had for years. Barely enough to "hold the fort."

Rain was continuing to fall heavily then, and the wind bent the tops of the old spruces nearby and tossed the branches of the apple trees, roughly, "tump" an apple landed on the ground—a luscious winter apple and at once as if to a given signal, the sows raced to capture it. "I've got it!" a broad-nosed dame with piky-pointed ears seemed to say, commencing to crunch it gleefully. And I called: "James do you see what those pigs are doing?" But James who had come to the door, a manure fork in his hand could not see the cause of my concern. "There's going to eat every one of those apples!" I shouted. "Well—let them!" he replied. "We can't keep the pigs indoors on account of a few apples. And besides," a new thought struck him, before he disappeared within the building "you had lots of time last week to pick them. So the living quarters in the piggery were set to rights and

(Continued from Page 2)

### Better English

D. C. Williams

1. What is wrong with this sentence? "It beats all how some people succeed."
2. What is the correct pronunciation of "elite"?
3. Which one of these words is misspelled? Domesticate, domination, domingering.
4. What does the word "quiescent" mean?
5. Why is a word beginning with mill that means "to have weight or effect"?

#### ANSWERS

1. Say, "It is remarkable how some people succeed." 2. Pronounce a-let, as in ate untrussed, e as in eat accent second syllable. 3. Domineering. 4. At rest; motionless. A quiescent body. "A quiescent fluid." 5. Militate.

### Morning Smile

A ramshackle jallopy pulled into a used car lot with a mighty rattle and an exasperating grinding of brakes and the driver asked to be shown some second-hand cars. The salesman inquired: "Tired of the old bus, I suppose?" But the motorist said it wasn't that. . . every time he parked his car, a policeman dashed up to make sure the accident had been reported.

A minister was invited to dinner. During the meal he was astonished to hear the little daughter of the house state that a person must be very brave to go to church.

Minister: "Why do you say that?" Little Girl: "Oh, I heard daddy telling mother that last Sunday there was a big gun in the pulpit, the choir murdered the anthem, and the organist drowned the choir."

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**FIXTURES COMING**

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**How Can I !!**

By Anne Ashley

Q. What is the best material to use for darning tablecloths?  
A. The best way is to save all the pieces that are cut off when hemming tablecloths. The threads can be pulled and wrapped onto a spool, and these threads used for darning.  
Q. How can I remove paint rust spots from linoleum?  
A. Rub lightly on the linoleum with fine emery paper. Do not use enough force to injure the fabric of the design.  
Q. How can I prevent color from drying?  
A. Keep an apple in the can box. Change whenever apple becomes withered or shows signs of decay.

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