

ROYAL YEAST

MAKES THE WHITEST, LIGHTEST

ROYAL YEAST CAKES

MAKES LIGHT WHOLESOME BREAD. REFUSE SUBSTITUTES

THE WORKBAG

If silk stockings are washed after each wearing their life will be greatly prolonged. Another good thing to know is that if you rinse silk stockings or any other kind, before wearing at all, they will last as long again for the treatment.

I have found a way of keeping my silk stockings free from the ugly "runs" made by garters. I cut off the tops (about two inches deep) of a pair of old lisle stockings and sew these under the tops of the silk stockings. This plan has saved me many tedious hours of darning "runs".

When ribbons are removed from lingerie, if one has a medium sized mauling tube ready at hand and roll them on it, it takes but a minute and keeps them in perfect condition.

CANADIAN CAMP SWEEP BY A TERRIFIC STORM

Postoffice Was the Only Tent Left Standing.

UNITS DISCARDING COLORS.

Highlanders and Queen's Own Lose Trimmings.

SALISBURY PLAIN, Thursday, Nov. 12.—Something approaching a cyclone struck the Canadian Camp last night, and the volunteers from the Dominion had a merry half-hour. Tents were blown to shreds, marquees were dashed to the ground, and valuable documents and papers were scattered to the four corners of the wind-swept plain. Of all the weather experienced by the Canadians since their arrival in Britain, this was the worst. The storm broke practically without warning, and in five minutes about the only marquee left standing at Divisional Headquarters was the post office, which members of the postal detachment saved by building a wall of the heavy sacks around the tent. Not a single piece of mail matter was lost, the postmen having taken the precaution of placing everything in bags at the first sign of the gale.

Considerable inconvenience will be caused by the loss of important papers that were blown away when the office of the administrative staff was wrecked. Just before the marquee gave away, officers, seeing that it could not last much longer, fathered up a lot of the documents that were lying about and carried them to the paymaster's office. Hardly had they completed their task when the marquee also was swept away. In other parts of the Canadian Camp nearly every unit of the force suffered loss of some kind. Orderly offices, mess tents and kitchens by the score were blown about as if they had been so much paper, and their contents were scattered in all directions. In the Ontario camp a sergeants' mess tent crashed in as the men were sitting at their evening meal. Scores of the officers were compelled to tramp to adjacent villages for dinner, their canvas dining-rooms having failed to live through the storm. Canada's soldiers are surely having a taste of all kinds of English weather, but they are taking the life easy and thanking their stars that yesterday's storm broke at six in the evening instead of at midnight.

Changes in Motor Battery

According to experts, the cars in Canada's automobile battery will have to be remodelled before going to the front, as the experience of the British in the present war has proved that cars of greater speed and with better protection against rifle fire are essential. In the earlier stages of the war the British forces were using cars of the same type as the Canadian cars. It was soon discovered that what was needed was a high-speed car so constructed that the occupants would not be exposed to fire from the enemy's rifles. A number of the cars belonging to the Canadian auto battery have no shield at all and cannot make more than 35 or 40 miles an hour, so that they will have to be rebuilt before being sent to the continent.

To prevent the detection of the Canadian forces by the enemy all sorts of precautionary measures are being taken. When the King inspected the troops he noticed that the officers of the Queen's Own Rifles of Toronto were wearing back belts and leggings, and that the uniforms had black facings. His Majesty suggested that these would be easily picked out by the Germans, and the result is that all the black trimmings are being discarded. There was a sequel to this yesterday, when orders were issued that Stetson hats and red trouser-strips were to be discarded. The Highlanders had already decided to cease wearing red caps and hose tops, so that when the Canadians get into the firing line they will be clad entirely in khaki.

Will Hold Big Sham Battle

In the meantime training work is proceeding vigorously, and there is shortly to be a great sham battle in which the whole contingent will be engaged. The brigadiers are to meet tomorrow for the purpose of outlining the scheme. This week the men have been getting lots of practical experience, and the various camps in

GERMAN AEROPLANE HIT THIRTY-SEVEN TIMES, ESCAPED.

COPENHAGEN, Dec. 1.—A young German aviator, describing his first air duel with a British flyer, gave this thrilling story of his experience: "We were at about seven hundred feet altitude, and I had just taken my first observation photograph when suddenly, from God knows where, a hostile aeroplane approached us with great rapidity. I yelled to the pilot to quickly get up higher, and then began a furious combat in the clouds to become top dog.

"Up we rose in spirals, the Englishman now on top and now we. Like a flash the Englishman altered his course when we were about a thousand feet above the earth, and flew right over our heads, just a few feet above us, in fact. I expected a crash or a bomb, but neither happened.

"I stood up on my seat and fired at him over my shoulders and at the head of the pilot. I missed, and the Englishman disappeared.

"We decided to return, but to our horror discovered that we had lost our bearings. Those minutes of suspense were the most terrible I ever endured. My hands were shaking as if paralyzed. We flew home as fast as we could. My tongue was glued to the roof of my mouth and I was terribly upset. As we glided to our base my courage returned and in the last minutes I was able to take a few photographs.

The aviator adds that an examination of the aeroplane showed that the wings had been pierced by the allies' guns thirty-seven times. A German artillery officer, who was watching

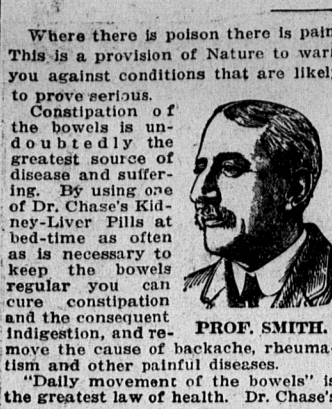
Constipation, Indigestion and Horrible Backaches

Searched for a Cure for Years—Advised to Try Dr. Chase's Kidney-Liver Pills and Was Cured.

Where there is poison there is pain. This is a provision of Nature to warn you against conditions that are likely to prove serious.

Constipation of the bowels is undoubtedly the greatest source of disease and suffering. By using one of Dr. Chase's Kidney-Liver Pills at bed-time as often as is necessary to keep the bowels regular you can cure constipation and the consequent indigestion, and remove the cause of backache, rheumatism and other painful diseases.

"Daily movement of the bowels" is the greatest law of health. Dr. Chase's



PROF. SMITH, indigestion, and remove the cause of backache, rheumatism and other painful diseases.

Kidney-Liver Pills will help you to form this habit, add four years, and bring comfort in old age.

Professor A. T. Smith, 1 Mt. Charles street, Montreal, and formerly of Boston, Mass., writes:—"I suffered for many years from bad digestion, constipation and horrible backaches. I have been treated by many doctors, without any results. One day a friend in Boston advised the use of Dr. Chase's Kidney-Liver Pills. After using two boxes I noticed great improvement, and after the fourth box I was completely cured. My digestion is good. I never feel any pain in the back. My head is clear, and I feel like a young man. I think Dr. Chase's Kidney-Liver Pills are one of the best medicines on earth."

Dr. Chase's Kidney-Liver Pills, one pill a dose, 25 cents a box, all dealers or Edmondson, Bates & Co., Limited, Toronto.

the duel through glasses, said the machine had thirty-four shells aimed at it.

UP TO JIM.

English farm hand (excitedly entering village inn)—What do you think, 'Emery? The bones of a prehistoric man have been discovered on Jim White's farm.

Inn Keeper—You don't say! Well, I 'opes poor Jim will be able to claim 'isself at the crowner's inquest.

GUARDIAN CLASSIFIED ADS.

One cent per word first insertion in this column, half cent per word each continuation. Cash must accompany order. Minimum charge Twenty-five cents.

AGENTS WANTED

AGENTS WANTED—PORTRAIT agents wanted. Send for catalogue. Solar and bromide prints, portraits flat and convex, frames and sheet pictures. Merchants Portrait Co., Toronto. 6732-11-30M61.

MALE HELP WANTED

BOY WANTED TO ATTEND TO OFFICE. Apply at 112 Kent St. 6073-10-16M1f

WANTED—A BOY ABOUT 15 years old as an apprentice. Apply to W. N. Tanton, Watchmaker, 604-4-10-12M1f.

STRAYED

STRAYED—There has been on my premises for the past two months a dog, color red and white, age one and one-half years. The owner may have the same by paying expenses and applying to L. A. ROSS, Eldon. 6724-11-28M5f

TO LET

WAREHOUSE TO LET ON PICKARD'S Wharf. Apply A. Pickard & Co. 6748-12-1M3f.

TEACHERS WANTED

TEACHERS HOLDING PROFESSIONAL certificates required for graded and rural schools commencing New Year's. Apply stating qualifications in full to Canadian Teacher's Agency, Regina, for Saskatchewan schools; 209, Beveridge Block, Calgary, for Alberta positions, and 1850 Cotton Drive, Vancouver, for appointments in B. C. 659-11-4M1M0.

WANTED

WANTED BY DEC. 15th DELIVERY of two pair foxes one Class A, one Newfoundland or other kind. State lowest cash price. All correspondence confidential. Write A care Guardian. 6726-11-28M6f.

WANTED—At once to rent a small house or rooms for light housekeeping, furnished or unfurnished. Apply to "D" care of Guardian. 11-18M1f

FOR SALE

FOR SALE—PURE-BRED WHITE Wyandott cockerels. Apply 29 Villa St., Brighton. 6752-12-1M3f.

FANCY WORK SALE—MISS LORRAIN, 27 Alley St., will hold a sale of fancy novelties suitable for Christmas gifts during December. Everyone is invited to call. 6743-12-1M3p.

LOST

LOST—Saturday night in this city, a watch fob (engraved P. G. D.). Reward. Apply at this office. 6747-12-1m3p

MISCELLANEOUS

A QUIET, TRACTABLE HORSE, not afraid of motor cars can be had for his keep until 1st June. Apply Box 375. 6749-12-1m6p

HERE'S CHANCE TO LEARN—Fifty different trades, Wages, Room, Board, Railroad Ticket furnished by some of—"61 Co-operative Propos-

Fill out the Card
Mail it to
**H. W. Binning—Treasurer
Canadian Patriotic Fund**

DURING THE NEXT FEW DAYS a letter will be mailed to each household of this City, explaining the object of the Patriotic Fund, and enclosing a postal card form, which can be filled out with the amount you are willing to give toward this great and worthy Patriotic cause.

THE subscriptions may be either payable in lump sum, or weekly—monthly—or at other periods during the war. Periodical subscriptions such as this are recommended highly by the Committee.

PLEASE fill out the card which you receive—and mail it early as possible to Mr. H. W. Binning, Manager Bank of Nova Scotia, Treasurer of the above fund.

Acknowledgements will be made throughout the daily papers.

THE MEN WHO GO FORWARD to fight our battles leave those dependant on them as a trust to the people of Canada—no nobler patriotic duty can appeal to any of us, than the generous assistance of the Canadian Patriotic Fund, the mission of which is to take care of the dependants of our soldiers.

IF IT PROVE MORE CONVENIENT TO YOU USE THE COUPON BELOW—FILL OUT CUT OUT, MAIL TO THE TREASURER TO-DAY

Mr. H. W. Binning,
Treasurer Canadian Patriotic Fund,
Charlottetown, P. E. I.

Enclosed herewith please find \$.....
being my subscription to the Canadian Patriotic Fund.

Enclosed herewith please find \$.....
being first payment on subscription of \$.....
per month during the war.

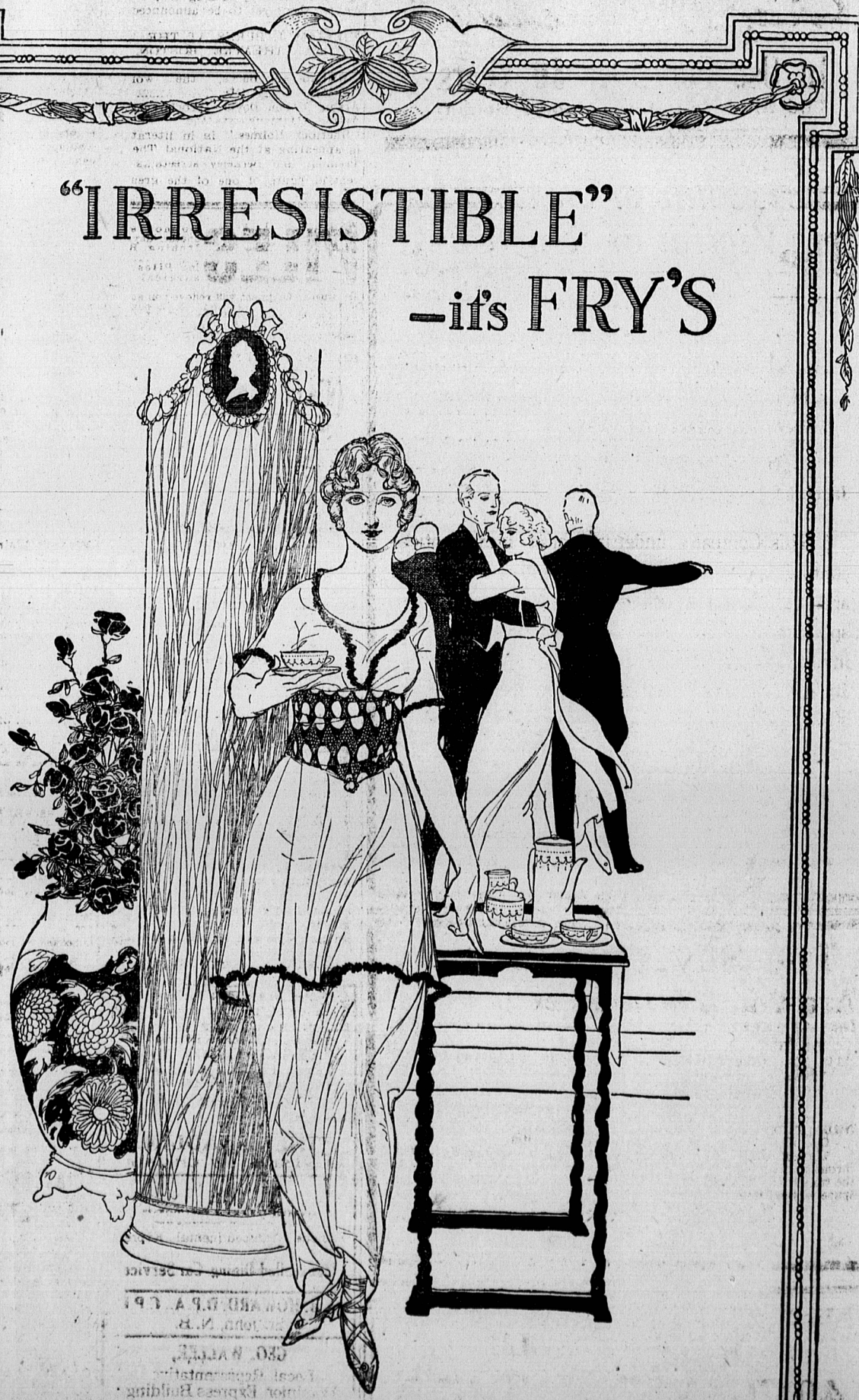
Name.....
Address.....

INSURING GOOD DIGESTION

Importance of Preventing Food Fermentation in Stomach

Good digestion usually means good health. So long as the stomach does its work properly disease can find no lodgment in the human system; the liver, kidneys and intestines will perform their work perfectly and remain in perfect health; but permit anything to interfere with the proper digestion of food, an unending train of troubles is set in motion. About the only thing that will upset the stomach and interfere with digestion is an excess of acid, usually caused by food fermentation. Food fermentation is due to chemical action in the food itself. This fermentation causes the formation of gas, or wind, as well as acid, resulting in the unnatural distention of the stomach and the burning by the acid of the delicate lining of the stomach.

Medicines and tonics cannot relieve this condition—they usually make it worse. The fermentation and acid are to blame and these must be overcome and prevented by taking after meals a teaspoonful of bisulphated magnesia in a little hot or cold water. Physicians recommend bisulphated magnesia especially because it stops and prevents fermentation of food and neutralizes the acid instantly, making it bland and harmless without irritating the stomach in any way. Get a little bisulphated magnesia from your druggist and try it the next time your food ferments and upsets your stomach. Note how quickly the acid is neutralized and how soon you forget that you have such a stomach.



FRY'S COCOA maintains the vigor and the bloom of youth because it is the most nourishing "food-drink" in the world. Every cup is brimful of buoyant health in concentrated form. Withal, of delicate and enticing flavor, it bespeaks the care and skill that have been taken since 1728 to make FRY'S a cocoa of exceeding fineness and purity. Always ask for FRY'S.

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