

Woman's Realm Social and Personal Fashions Literature

Living & Leisure The Woman's Realm

WE ASK FOR JOY

We ask for joy who walk this troubled way; For paths of pleasure, burdenless any way; Forgetting pain enriches common clay.

We ask for rest when toil would make us strong; We shun all sorrow in our quest for song; We doubt His Word to whom the worlds belong.

We ask for joy, and find it empty, vain; And then, remembering we cry again; "O Man of Sorrows, sanctify our pain!"

Verna Loveday Harden.

BLOUSES TRANSFORM TAILORED SUITS

NEW YORK—For the woman who must change quickly after a day of war work or the careerist who goes from office to an occasion where the "white collar effect" is not enough there are blouses put out to make music of a simple suit. They may be packed in tissue in a box and out on in a minute at the end of the day. But they make the wearer ready for an important evening ahead.

One chartruese satin blouse is tied with black velvet ribbon. It is a bright top to a practical suit and it is a vivid companion for dinner or a night spot later. Another striped blouse in blueblack and white rayon satin will gleam formally for the studded occasion—3 o'clock on.

HATPINS

Hatpins, decorative rather than practical are gaining fashion importance. Often simply styled shapes of felt or fabric, otherwise untrimmed, use a jewelled or spangled hatpin for a contrast touch. Short pins are highly decorative and may be matched to earrings. One milliner uses long hatpins with spangled or jewelled heads thrust through high crowns of swaggar or town felt as a trimming.

SYNTHETIC LUXURY JEWELRY

NEW YORK—For her with a heavy pocketbook, deep vibrant, well-made synthetic ruby is developing as a capture jewel color for luxury pieces. Giantic stones combined with clear lucette and gold-in bracelets pins and earrings, fabul-

ous in size. A few long dresses are being shown, but most women say they will cling to sons' floor-length frocks already in their wardrobe for the possible occasion when a dressy street-length dress will not be enough.

Since there is more food values in the tops of beets than in the roots, look always for beets which are small in the roots, with lots of good quality leaves. These should be clean, crisp and not wilted. Small young beets may be cooked and eaten separately. Larger ones are set aside and cooked separately.

COSMETICS

Gone for the duration are the exotic oils once imported from Europe. The cosmetic industry is now using such homely substitutes as cotton seed, peanut and soybean oils, and at a decrease in cost. Castor oil, which once gave your lipstick that gloss and stability, has gone to war, and is now used for waterproofing military equipment and as the fluid in retractable landing gear. Beeswax, an American cosmetic tradition since pioneer days, is now being diverted to ointments, rust preventives and other important industrial purposes.

CHEMILLE-EMBROIDERED CAPS

The latest addition to embroidered hats is the little suede catot with flowers embroidered in chenille. The flowers are worked out in soft pastel pinks and blues and greens. Some of these introduce a mesh back and are shaped like a baby bonnet.

HANDLELESS CUPS

Handleless British cups are the only ones being imported into Australia.

CHESTERFIELD STILL PET COAT STYLE

NEW YORK—The Chesterfield coat is to remain with us for yet another season and, in all probability, even longer, since the clothes conservation program has made us all very conscious of our duty toward our wardrobe—keeping it up, keeping it in repair and mended. Yes, even mended, for no one with sense is going to discard a good wool or silk dress, or a good coat that can be re-furred or fur lined or velvet edged or given a lift in some smart way.



VICTORY LUNCH BOX

HEALTH LEAGUE OF CANADA

LUNCH BOX

To pack a nutritional and attractive lunch you need several pieces of equipment; a thermos for the milk drink, a glass jar with a screw top for soups or desserts, paper cups for salads, wax paper, spoon and fork.

1. **Fruit or vegetables.** You could use fresh fruit such as apple, orange, peach or other fruits in season. The vegetable may be included in a salad, cabbage and raw apple salad or carrot strips, celery and radishes. You will probably be surprised to find that many of our vegetables served raw will improve the flavour of a salad. Try shredded beets, turnips, and parsnips. The British people are using these vegetables raw in salads, and nasturtium and dandelion leaves as garnishes. Any cooked vegetables left over from the day before may be used to make attractive salads.

2. **Milk.** This may be included in the lunch as a beverage, soup or dessert. For a change from whole milk you could use buttermilk, chocolate milk or cocoa. Cream soups of most any vegetable would add a hot dish to the lunch box.

3. **Interest in fur-lined coats** mounts to fever heat; shades of brown and gray are popular. Naturally there will always be the tried and true black coat. Surprising how many forms it takes from fur to all types of wool—from refer to fitted lines.

INDIAN COMMANDOS

NEW DELHI, (CP)—Wing Cmdr. S. Mukherjee of the Indian Air Force became the first Indian commander of an operational station with his appointment to that post.

VEGETABLES FOR VICTORY ON YOUR LAPPEL

will discover many different and attractive menus for your lunch-carrying family. You will probably wonder why I have not yet mentioned sandwiches. I have left them until the last because they are usually found in every lunch box and I wanted you to try something new. When making sandwiches there are a few points I would like to stress. Do not make the sandwiches too far ahead of time, as they dry up quickly—losing their palatability. Wrap the sandwiches carefully and separately for each different flavour. Have the filling moist but not wet. Use whole bread often as it provides a great deal more of the vitamin B complex. You will find some people prefer meat ground and mixed with a dressing or pickle instead of just sliced. Don't forget these few points when you are making up your next lunch box. Try to give your family a surprise each day.

THE COOK'S CORNER

LEMON SPONGE PIE

1 9-inch baked pastry shell
3 eggs
4 tablespoons water
1 cup sugar
Juice and rind of 1 lemon.
Separate eggs.
Beat egg yolks well. Add 1 tablespoon water at a time and beat after each addition. Add 1-2 cup sugar. Beat well. Add juice and rind of 1 lemon. Put in double boiler and stir and cook until thick. Beat 3 egg-whites stiff. Add 1-2 cup sugar. Beat well. Fold into custard. Pour into baked pie shell. Place in a slow oven, 325 degrees, and bake until brown.

CHOCOLATE WALNUT COOKIES

1 1-2 cups once-sifted pastry flour
1 1-3 cups once sifted bread flour
1-4 teaspoon baking soda
2-3 teaspoon salt
8 tablespoon shortening
1 cup (lightly packed) brown sugar
1 egg
2 ounces unsweetened chocolate
1-2 cup (about) milk
1 cup broken nuts.
1-2 teaspoon vanilla.
Measure flour and add baking soda and salt.
Cream shortening slightly and gradually blend in greased pan and add egg, then add chocolate, melted over hot water.
Sift in dry ingredients alternately with enough milk to make a dough of "drop" consistency. Add nuts and vanilla.
Drop mixture by spoonfuls an inch apart on greased pan.
Bake in moderately hot oven, 375 degrees, about 10 minutes. (Note: Bake one cookie first; if it spreads too much, work in a little additional flour.)

AIKMAN CARRIES PET IN POCKET

MONCTON, N. B., Sept. 15—There is a Leading Aircraftsman of the R. A. F. who probably has the smallest pet of any member of the armed forces in the United Nations. It is a mouse measuring two and a quarter inches in length and is carried around in the pocket of the airman's tunic. He passed through Moncton recently on the "Scotian", en route from Montreal to an unrevealed destination in the course of taking his training in Canada. The name of the airman is LAC. M. A. B. Horsley of London, England, and Airman Horsley has taught his pet a few tricks. "I have always had a penchant for mice and finally I picked this little fellow up two years ago and he has travelled thousands of miles with me. We started companionship in London, England, journeying together to many parts of Canada and over the border to Detroit." The mouse's diet consists of bread and milk and a little calcium.

General Sir Bernard I. Montgomery, commander of the Eighth Army, said of the Canadians at Sicily: "I am very pleased indeed to have Canadians under my command. They have done well. In fact, they were terrific on the beaches, and in the attack on the island."

A Job Only You Can Do

Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board Readers. Petitioners who have intelligent questions to ask on price control are invited to send them in writing to the Women's Reading Advisory Committee. Would I be allowed the canning sugar from the coupon in a boarder's book? The boarder came to stay at our house two months ago.

A Canning sugar coupons, like your regular ration coupons, are issued for the personal needs of the holder or member of his household. If you are canning fruit which will be used by your boarder during the winter, you would certainly be justified in using his canning sugar coupons. Of course such arrangements must be made privately between the two of you as fairly and equitably as possible.

Save Ready Cut Macaroni

GALETTI MACARONI PRODUCTS

To order pattern: Write, or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.

Charlottetown Guardian, Needlework Department.

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Dorothy Dix Says—

HONEYED TONGUE CAN REWIN HUSBAND WHEN WRATH WON'T

Wife Should Have Sense Of Humor And Make Herself And Home Attractive

"DEAR DOROTHY DIX—My husband works hard, brings his money home as pleased to live with a good father to our son, and gives every indication of loving me. But I have reason to believe that he is unfaithful to me. The evidence is more or less circumstantial, but nevertheless convincing. However, I have not confronted him with it and don't exactly know what to do. I know a woman who found the gloves of another woman in her husband's car, and who merely laid them beside his dinner plate and said nothing about it. But in the end he left her for a woman of poor character, anyway. So I wonder if a devoted wife is the most successful one, and if I should go into a tantrum? What would you suggest? TROUBLED WIFE."

ANSWER—Did you ever hear of a wife who won't back her husband's wavering affections by having him and leaving him out? You never did. Nor did anyone else. There is nothing else in the world, not even raging lions or roaring guns, of which men are so much afraid and which they dread facing so much as an angry woman. So I wonder if you want to entice her husband back to his own fireside should you put honey on her tongue instead of pouring over him her vials of wrath. Job, aid there are no blue prints for doing it that woman can follow and be sure of success. But I am always struck with the fact that when following any good-looking woman are called upon to solve this momentous problem they almost invariably go about it the wrong way.

Of course, if a man is born with a wandering foot the case is hopeless. Nothing his wife can possibly do will stop him from getting up and following any good-looking woman who passes his way. When the average husband, however, wanders a little of the straight and narrow main thoroughfare it is not because he is driven by some cosmic urge. He is devoted to his home and children, but he has gotten fed up with domesticity and wants to have a little fling. He does it in precisely the same spirit that a boy plays hooky from school, and he expects his wife to take it just as his mother used to do when he was naughty—spank him, kiss him, and forget it.

If the wife meets the situation with this understanding, she laughs it off, teases him a little about his girl friend, gets herself some new clothes, reads him a little about the pleasures of sin are overrated, and rarely strays off of the log again. Instead of a farce of their husband's little affairs. They make a tragedy when their reproaches, tell them what good wives they have been and tears. Some wives go about like early Christian martyrs, and make home so dreary and unpleasant that their husbands cannot bear to come home at night, and that naturally drives them to consolation to women who do say and do things that are amusing and good to hear.

I seem to me that you are going out of your way to borrow trouble about your husband. As long as he is giving a convincing performance and making good and faithful mate you should give him the benefit of the doubt. When he slacks up on his job, quite bringing his money home and takes a staying out at night, you may begin doing some slouching about how the lipstick got on his shirt front, but not before.

"DEAR MISS SDIX—I am a decent, happy, young married man with a wonderful wife. I am a defense employe and work with hundreds of women whom the men call "she-wives." These girls are supposedly working for Uncle Sam in the war industry, but it looks to me as if their chief business is the pursuit of men. They ask men for dates, offer to pay the bills, and make men handsome presents. And whether a man is married or not does not make the slightest difference to them. These girls have no respect for marriage, or any of the conventions, or what we call the decencies of life. They don't wait for men to pursue them. Of course, there are many fine, good women working in defense plants, but there are so many of these "she-wives" that I wonder what the world is coming to? J. S. J."

ANSWER—I get so many letters similar to this from men workers in defense plants that it looks as if Uncle Sam will have to hire chaplains for the male employes instead of the females.

"DEAR DOROTHY DIX—I quite frequently go out with men in uniform. Should I go Dutch treat, or expect the man to pay for every form? After all, I know he is only making \$50 a month and hasn't much to spend on me. Yet I hesitate to do this because I am afraid it might be humiliating to a man for a girl to insist that he was unable to pay for her entertainment. Also, would it be proper for me to invite some one home for home-cooked meals? Would he consider it a hint for marriage if invited into the home? MURIEL."

ANSWER—The Dutch treat plan as between men and women is a made-up problem, that has not been definitely settled. On the face of it, this seems a common sense way of meeting an un-to-date situation, and that it is only fair for a girl, who is earning as much or more than a boy to pay her share of the expenses when they step out together. The majority of girls would like to do this, and it would enable them to have many more dates than they do now, since a boy has to save up and maybe go on a thin diet himself before he can afford to take Angelito to the movies and buy her a hamburger afterwards. But, while the girls have gone modern on the finance question, a lot of boys haven't. They still feel that they have to put on a show when they take a girl out, and they are afraid to be a Rockefeller. So the poor girl doesn't know what to do. She would like to grab the check, but she is afraid it would be a mortal offense to the boy if she did.

Hence, the best answer I can make to your question is that you will just have to feel your escort out, see how he stands on the Dutch treat proposition, and act accordingly.

Certainly, there is no reason why you shouldn't ask your soldier or sailor friend to a home dinner, and you need not be afraid that he would think you are making an overture to matrimony, and that you were trying to win his heart and hand through his stomach.

A GOOD DINNER

Needs a tasty Appetizing Dessert...

The housewives of Canada, ever anxious to provide attractive and nourishing meals for their families, are "Householders". They have learned that delightful desserts, made easily and at little cost with Canada Corn Starch, are a welcome addition to meals prepared in accordance with Canada's Food Rules. They know the high quality of Canada Corn Starch ensures fine, smooth results.

Follow Canada's Food Rules for Health and Fitness.

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Needlecraft For The Home

THAT GOOD TWO-PIECER

For Year 'Round Wear

One of the most successful styles to bridge the seasons is the two-piece. For a perfect outfit by itself, equally good for under-coat wear later on. Here's one that's becoming cut for both average and large sizes. And right here we might throw out the suggestion that, if you make up two jackets, one in a matching fabric and one in a print to wear with plain skirt, you will really have two outfits!

Style No. 2799 is designed for sizes 14 to 20. Size 36 requires for the jacket with three-quarter sleeves, 2 1/4 ds. 39in. fabric with 2 1/2 yds. pleating; short-sleeved jacket, 2 yds. 39in. fabric; contrasting collar and skirt, 1 7/8 yds. 35-in., or 39-in. fabric.

Pattern is hand cut to United States Standard Measurements and includes chart with step by step instructions. Send twenty cents for pattern. Write your name, address and style number. Be sure to state size you wish.

City _____ Province _____

NAZI'S DESPARATE

LONDON, (CP)—C. R. Attlee, deputy prime minister, said at the opening of a Netherlands social center that the "growing savagery of the Germans in Holland and shows that they are becoming increasingly aware that the war is lost."

New under-arm Cream Deodorant

Stops Perspiration safely

1. Does not irritate or men's shirts. Does not irritate skin.

2. No staining to dry. Can be used right after shaving.

3. Instantly stops perspiration for 1 to 3 days. Prevents odor.

4. A pure, white, greaseless, stainless vanishing cream.

5. Awarded Approval Seal of American Institute of Laundering for being harmless to fabric.

ARRID is the largest selling deodorant

39¢ a jar

Also in 15¢ and 59¢ jars

Guaranteed by Good Manufacturing Practices

Under present conditions when manpower, equipment, and chemicals are urgently required in the active prosecution of the war, special efforts are being made by the Entomological Division, Dominion Department of Agriculture, to use as much as possible insecticides, parasites, predators, and other destructive insect pests. This work is concentrated at the Dominion Parasite Laboratory, Belleville, Ont., where a special staff and equipment are maintained for research and for large scale propagation projects.

A Morning Smile

An A. R. P. warden was giving his household an elementary lecture on the case of air raids.

"Afterwards," he said to the young maid, "is it all quite clear, Jane?"

"It you have to do in case an air raid happens?"

"Yes, sir," she replied, "but I'm going to be a sticky business using..."

750 SHEETS WHITE SWAN EMBOSSED TISSUE

SOFTNESS AND QUALITY

2250 SHEETS (3 Rolls) 25¢



I felt so humiliated

I thought my little girl's dress was white

... until I saw it next to Bob's RINSO-WASHED blouse

It's wonderful to see the whiteness of Rinsso-washed clothes. Not a cloudy white. Not a streaky white. But a radiant white.

So easy with Rinsso! Rinsso is all you need for heaps of richer, longer-lasting suds even in hardest water. With Rinsso's lively suds in your wash tub, dirt soaks out without the hard rubbing and boiling that wears clothes threadbare. And if you own a washer, just remember that the makers

of 26 leading Canadian washers recommend Rinsso for best results.

GRAND FOR DISHES!

Rinsso's soak and scrub way makes easy work of dishwashing. Just soak dishes in Rinsso's rich suds; then scrub—they're clean. Grease is gone! Just rinse and drain. They don't need a dish towel. And notice how gentle Rinsso is to your hands.

YOU'LL NEVER BE SATISFIED WITH ANYTHING ELSE ONCE YOU SEE RINSO WHITENESS

IN WARTIME OR ANYTIME

NEW Rinsso gives the whitest wash

GIVES THE WHITEST WASH

More washing power

Longer-lasting suds

Greater economy

Easier on hands

A LEYER PRODUCT

COMES IN THE SAME FAMILIAR PACKAGE

DESIGN NO. 813

Your victory garden can sprout on your lapel all year round. Crochet bunches of one kind or put carrot, beet, radish and string bean together. Pattern No. 813 contains complete instructions.

To order pattern: Write, or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.

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