

Woman's Realm Social and Personal Fashions Literature

THE HOLY TERROR!

Story of a World Dictator
By H. C. WELLS
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CHAPTER VIII
THE ROAD TO ANYWHERE

Rudie went down home for the Long Vacation because there seemed to be nowhere else to go. But in his state of adventurous unrest he found home altogether unendurable before a week was out.

His father with a manifest disposition to administer discouraging advice, mother with her general air of asking him not to whatever it was for her sake, and his brothers with their ill-concealed jealousy of his Camford advantages, were all too tiresome, and the district when he was a lonely walk or so, so full of stale memories, that he felt himself drifting toward one of those smashing and screaming and live outbreaks that had disgraced his childhood. But among the disciplines time was imposing upon himself of self-control. He had buried, even if he had not killed, Rudie the knife-thrower. He had not buried him very deep. Once or twice his father exasperated him almost to the verge of a resurrection.

"You've got to work hard at Camford, my boy, and mind when they tell you," said his father, "for it's your only chance. And you must make enemies, my boy. You must make enemies."

"Ow! Who's making enemies?" asked Rudie.

"I didn't say you were making enemies, my boy. I didn't say you caught me up too quick. I said you mustn't make them."

"What I say is for your good, my boy. You've got a quick tongue and you may give offence before you know where you are. I know. I've lived. I've given way to wit in my time or I might have been a better off man than I am today. When I was young, before I learned to be a good deal like you, I was quick. I was quick. And something of our gift of the gab. No sooner did I think of a thing than I was out with it. It made me enemies, and it was this saying things about politics and socialism and people. Seems clever at times."

"Oh Crick!" said Rudie sotto voce.

He decided that somehow he would wrangle five pounds out of his mother and go off for a walking tour. Anywhere. He was wasting his time here. He couldn't be wanting study; he had no more to work in and no seclusion. He felt perhaps if he went through the country looking in on meetings, listening to speakers at street corners, talking to people, he might get ideas. He was old clothes, take his stuff in a rucksack, be a university gentleman, innocently so to speak. A lot of fellows nowadays were doing that. Odd lodgings and doss houses. And road houses. He'd manage all right. Anything was better than stagnation and more father.

Mother had been watching him. She was ready for his appeal, and helped him out with it. She got together six pounds ten shillings.

"Of course dear, you want more of a change than you get here . . ."

CHIFFAN

He found little to excite him in the first two days of his pilgrimage, and he was beginning to feel more than a little solitary when he came upon Chiffan. It was in the late afternoon and he was consuming as big a tea as he could manage.

There's a Good Reason You're Constipated!

When there's something wrong with you, the first rule is to get it fixed. If you are constipated, you should find out what's wrong with you. It's simple if you eat only what most people do: meat, bread, potatoes. It's likely you don't get enough "bulk." And "bulk" doesn't mean a lot of food. It's a kind of food that isn't consumed in the body, but leaves a soft "bulky" mass in the intestines and helps a bowel movement.

If that fits you, your ticket is a crisp crunchy breakfast cereal—Kellogg's All-Bran. It contains the "bulk" you need plus the intestinal tonic, vitamin B.

Drink All-Bran every day. Eat plenty of water, and brush your teeth. Made by Kellogg's in London, Ont.

Dorothy Dix

Every Girl Must Make Her Own Decision as to What She Wants Out of Her Married Life, and When She Gets It She Should Play Fair With Her Husband

A girl asks: Is it better to marry the man you prefer or the life you prefer? It depends upon the individual taste of the woman and whether she shatters more for romance or the fleshpots. Much is to be said on both sides of the question, but if a girl is an incurable sentimentalist, love is her diet. Her sweet tooth will always water for lollipops. She will always crave pie rather than roast beef. No matter how good and kind her husband is, no matter how good and kind her husband is, no matter how good and kind her husband is, she will be unhappy and dissatisfied unless he is her heart's desire.

Such women must pick out their mates with their hearts instead of their heads, because their emotions are all that count with them. It is folly for them to marry for money, or position, or because they are poor, industrious and reliable and could be relied upon to be a good provider and not run off after blonde goddesses.

And it is worse than folly, it is downright idiocy for a man to think that he could ever marry a girl who goes to bed with him for the sake of a good dinner. She must see the man she marries as the Fairy Prince of her dreams, or else matrimony is cinders, ashes and dust.

THE COOK'S CORNER

CARROT FRUIT PUDDING

One cup each grated carrot, potato, suet, brown sugar, raisins, currants (well cleaned) sift together 1 teaspoon soda, 2 cups flour, 1-2 teaspoon each salt, cinnamon and cloves. (1-2 cup nuts may be added if desired). If not moist enough when all these ingredients are mixed add 2 table-spoons water. Steam for 6 hours in pan three-quarters full and serve like plum pudding. Hard sauce for this is made by creaming 1 cup powdered sugar with 1-4 cup butter, 1 egg well beaten, 1-4 cup boiling water, 1 teaspoon vanilla. Rub sugar and butter to a fine cream, add egg and beat well. Just before serving add boiling water, stirring, and vanilla.

DARK CHRISTMAS CAKE

Two cups butter, 3 cups brown sugar, 6 eggs (yolks and whites beaten separately), 3 pounds large, seeded raisins, 2 pounds currants, 1-2 pound shredded candied citron peel, 1-2 pound glazed cherries, 1-4 pound candied pineapple, 1-2 cup molasses, 1-2 cup sour milk, 1-2 cup each of baking soda, nutmeg and cloves, 1 tablespoon cinnamon, 4 cups flour. Cream butter and sugar, add beaten egg-yolks and molasses. Dredge with part of the flour, and sift spices with remaining flour. Add milk to the egg mixture, then add flour to this mixture, alternately with the beaten egg-whites. Beat in the soda dissolved in 1 teaspoon cold water, then the flour and the nuts. Place in lined and greased loaf cake tins, and bake in a slow oven for 3-4 hours. Or steam for 3 hours, then dry out in a very slow oven for 1 hour.

CARAMEL GINGER PUDDING

1 cup brown sugar
1-2 cup boiling water
4 table-spoons cornstarch
1-2 cup cold milk
1-2 cups scalded milk
1 egg, well beaten
1-3 teaspoon vanilla
1-3 cup chopped preserved ginger.

Melt sugar to caramel and gradually add boiling water.
Mix cornstarch and salt and combine with cold milk.
Add to the scalded milk, stirring constantly until thick.
Add caramel and cook over hot water for 45 minutes.
Return to double boiler and when cooked turn into serving dish.
Serve cold with cream.
Yield: Six servings.

WAKE UP YOUR LIVER BILE

And You'll Jump Out of Bed in the Morning Ravin' to go

The liver should pour out two pounds of bile into your bowels every day. If it is not flowing freely, your food doesn't digest. It is just as simple as that. Gas builds up your stomach. You get constipated. You get poisons go into the body, and you feel sour, sick and world looks puny.

A mere bowel movement doesn't always get it done. You need something that works on the liver. It takes three good Carter's Little Liver Pills to get these two pounds of bile flowing freely and make you feel "up and up." Harshness and gentleness make the bile flow freely. They do the work of a cathartic but have no cathartic effect in the bowels. Ask for Carter's Little Liver Pills by name! Stubbornly refuse anything else. 25c.

HELPS Sickly Women Who are Depressed

Tap Dancing Twosomes Make a Hit at Parties

You Can Easily Teach Yourself

The following letter tells how a very sick lady recovered health and strength.

"Last winter I was sick with grippe, and when spring came I was weak, bilious, and rheumatic, my head ached every morning. I didn't get any help till I tried Dr. Hamilton's Pills. They took the yellow color out of my face, put new tone in my stomach, and increased my appetite. The bilious attacks and rheumatic pains gradually departed. Dr. Hamilton's Pills made a new woman of me."

This was the experience of Miss Nanette Cadieux. What Dr. Hamilton's Pills did for her they may do also for you. Commence treatment without delay.

To Get "PEP" AMBITION

Test Dr. HAMILTON'S PILLS

Here's a bright plaid wool dress, small fashionables will love! It's the new "Monastic or Angel" although the older sister is wearing. This thrilling little rabbit's foot dress is cut on the bias... gives a smart tight bodice effect while swirl. The fullness is held in at the skirt flares with a provocative waistline by the belt which may be of self-material or leather. Note the cunning shoulder inset—cardigan neck. See small view! And by the way, the crisp snowy white plique collar and cuffs are made detachable. Sew a self bias binding around inner edge, so they can be easily removed for laundering. If daughter prefers cottons, the pattern also provides that it may be cut on the straight of the material. Pessant, print, etc., are a practical choice. Two for parts to the pattern! Cut it out and in a jiffy... it's finished!

Style No. 3077 is designed for sizes 8, 10, 12 and 14 years. Size 8 requires 1 7-8 yards of 36-inch material with 3-8 yard of 35-inch contrasting.

Send fifteen cents (15) in stamps or coin (coin preferred) wrap coin carefully, address to Charlottetown, P.E.I., Canada.

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DR. HAMILTON'S PILLS

ONE THE SYSTEM

Little salt before they are washed. Send 20c in coins for your copy of Tap Dancing Simplified to the Guardian Home Service, Address. Be sure to write plainly your Name, Address, and the Name of booklet.

Name _____
Street Address _____
City _____ Province _____

THE HOUSEWIFE - AND - HER ACTIVITIES

"What-to-day my fine fellow?" said Scrooge.

"To-day!" replied the boy. "Why, Christmas Day? They will merry as a school-boy. I am as giddy as a drunken man. A merry Christmas to everybody! A Happy New Year to all the world. Hallo here! Whoop! Hallo!"

—Dickens.

Take bath, hand and tea towels from the line just before they are dry. (If they are too dry sprinkle them slightly). Fold each one lengthwise, twice if desired, and run them through a tightly-adjusted wringer. They will look well and still have the freshness of the outdoor air in them.

Caviar is being given to undernourished children in Russia as a cure for rickets.

Chinese newlyweds always eat a ceremonious dinner of a pig's heart because they will marry "the same heart," which is the word for "harmony."

On elephants in captivity, the nails grow too long, and the soles of their feet too thick. Rasp, sandpaper, and draw-knives are used in the operation.

The sun makes its annual apparent north and south journey between the tropic of Cancer and the tropic of Capricorn. The word "tropic" is derived from the Greek word meaning "turn," and at each of these imaginary points, the sun appears to turn and start back toward the equator.

Washable silks should be cleaned gently in a mild warm suds (never in very hot water and never rubbed on a board), thoroughly rinsed until all the soap is removed, and wrapped in a towel until sufficient of the water is absorbed to iron easily. Silks that are allowed to dry and are then sprinkled for ironing may show water spots.

There's more to furniture shopping than merely selecting the style or piece you want. First of all, go to a real furniture dealer, one who handles only furniture that is well constructed and of the best materials. Construction should be strong, of good hard wood, reinforced, and extra stress and strain where necessary. Fabrics should be sturdy, colorfast. Many of the new upholstery are both durable and moisture resistant and some are processed against moth destruction. Strong springs, twines and webbing, the right filling, besides quality woods and veneers are all-important to the life and durability of the furniture you buy.

A tall pheasant quill gives height to a lavender bed which has a big pearl hat pin and a mauve point d'esprit veil.

Saturate thoroughly small cubes of granulated sugar with fresh orange juice and push one cube well down into the top of each tea biscuit. When baked they should be a shining golden brown on top and deliciously orange flavored.

Lemon juice and tomato juice are usually quite effective for removing most stains from the hands.

A comfortable living room has some sort of table within reach of every chair. It's mighty handy to cross a room every time one needs an ash tray or wants to lay down a book.

To keep lettuce and greens fresh over a long week-end, remove waste leaves, and after thoroughly wetting the outside only paper-bag place lettuce, cabbage or spinach inside and twist the top. When you open the bag you will find the leaves crisp and delicious.

If jelly has not "set" successfully, beat up with a fork and pile in a glass dish with custard or cream around; it will then "set" itself in a pyramid.

Jam that is rather juicy, or a custard mixture, frequently soaks into the pastry when tart are made with these fillings, and makes it soggy. If, however, the pastry is brushed over with beaten egg it will keep quite crisp and dry.

Use coarse salt mixed with vinegar to clean discoloured copper.

If sugar is added to mint before it is chopped, the mint will not stick to the knife.

Jelly that has moulded under the seal is not necessarily entirely spoiled. Skim off the top and taste a quantity first brushed over with beaten egg it will keep quite crisp and dry.

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CAROLS

Songs of joy and praise, often accompanied by dances, have been sung by the English for more than a thousand years, being handed down from the Druids to the Christian Church. "On Christmas Day in the Morning," and "The Cherry-Tree Carol" are found in many languages, with slightly different words.

A Morning Smile

ECLIPSED

A certain Welchman was the proud possessor of a very fine bass voice. Meeting a friend one day, he confided that he had had a remarkable dream.

"Dreamt I was in a mighty choir," he explained. "Oh, but it was splendid! There was such a choir as you've never seen. Five thousand sopranos, 5,000 altos, 5,000 tenors, all singing at once double forte. Oh, magnificent!" His friend gasped with amazement.

"But suddenly," continued the singer, "the conductor stopped the lot and turning to me, he said: 'Not quite so loud in the bass, Mr. Jones!'"

The hardware dealer's daughter threw her arms around the neck of the bridegroom-to-be.

"Oh, Walter," she said, "did a going to give us a check for a present."

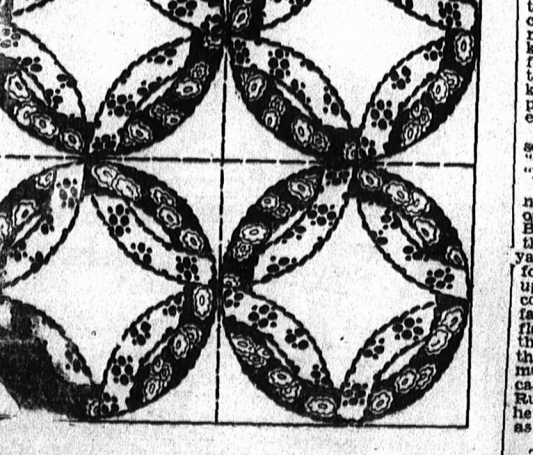
"Good!" said Walter, "then we'll have the wedding at noon instead of 2 o'clock."

"But, why, dear?"

"The banks close at 3!"

To-Day's Popular Design

By Carol Aimes



WEDDING-RING QUILT

DESIGN NO. 713

Miss Aimes receives at least 200 votes for each design before it is accepted in this column. Send us your votes. We print all the popular designs.

Dear Readers: Here is surely the ultimate in quilts—an authentic, hundred-year-old patchwork pattern adapted to applique which is so much more easy to do. While grandmother had to fit each little curve carefully together, her modern grand-daughter can applique each section in place in half the time. You will be delighted at the intricate effect of this intertwining "Wedding Ring" pattern, and at how easily it adapts itself to any type of bedroom furnishings.

The pattern includes patterns for applique sections, directions for assembling each block, material requirements, and full instructions for finishing the quilt.

Send 20 cents, coins preferred.

Pattern Order Form—To be used when ordering Patterns and Voting for POPULAR DESIGNS.

To The Charlottetown Guardian
Needwork Dept.
DESIGN NO. 713

Name _____
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I suggest the following as a POPULAR DESIGN

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Household Scrapbook

By ROBERTA LEE

Sewing Hint

Instead of cutting the thread at the end of a finished seam stitched on the machine, burn and stitch back again for an inch. Then cut the thread and this will avoid the task of tying the ends.

Removing Odors

To remove an odor from a bottle, fill it half full of cold water, to which a tablespoonful of dry mustard has been added, shake, and let stand for a half hour, and then rinse in clear water.

Cream of Tomato Soup

It has been discovered that when soda is used in cream of tomato soup to prevent curdling, it destroys the vitamin C, so necessary to good health. Curdling can be prevented in cream of tomato soup, without loss of food value, by thickening with a little flour first, and then adding hot to the cold milk. Heat the soup slowly and do not allow to boil. Serve at once.

How Can I ? ?

By ANNE ASHLEY

Q. How can I avoid wringing clothes used for hot applications?

A. When hot clothes are needed for application to relieve pain, wring them in the upper part of a steamer with the water boiling underneath. This method will eliminate wringing out the clothes.

Q. How can I economize in the use of eggs when making omelets?

A. When the omelet recipe calls for several eggs, one or more eggs may be left out if one-half tablespoon of cornstarch is added for each egg omitted.

Q. How can I prevent colored handkerchiefs from fading?

A. Wash them in cold water, containing a little salt before they are washed.

Modern Etiquette

By ROBERTA LEE

Q. Is it rude for a person to begin putting on his wraps before the last curtain falls at the theater?

A. Yes; it is rude and inconsiderate. If it is absolutely necessary to leave before the final curtain, probably to catch a certain train, one should leave as quickly and quietly as possible, and then put on the wraps at the back of the theater.

Q. What should one say when one wishes to be excused from the table before the others have finished eating?

A. "Will you excuse me, please?"

Marie School

Following is the standing of Marie School for November:

Grade X—A. Anna Jay; 2. Pauline How.

Grade VIII—1. Grace Dingwall; 2. Jean Webster; 3. Roy McEwen; 4. Jean Webster; 5. Reggie Cooper; 6. Kenneth Dingwall.

Grade V—Percy Jay; 3. Doris Sanderson; 3. Mildred Webster; 4. Mildred Webster; 5. Lawrence Sanderson; 6. Sidney Sanderson.

Grade 4—No exams.

Perfect Attendance: Mildred Webster, Doris Sanderson, Nora Sanderson, Robert Webster, Doris Bowley.

B. Cameron, teacher.

The Crow of Croup Worries the Mother

When the child wakes up in the night with a croupy cough, spasmodic croup, it strikes terror to the mother's heart.

The child can scarcely speak, can hardly breathe, and seems to be choking.

There is no time for delay; apply hot poultices to the throat and upper part of the chest, and give Dr. Wood's Norway Pine Syrup. We know of nothing better to give prompt relief. It is absolutely safe, does not contain any habit forming drugs, and will help to soothe the inflamed membrane, stop the irritation and subside the inflammation.

Dr. E. Wilson Co., Ltd., Toronto, Ont.

Tap Dancing Twosomes Make a Hit at Parties



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