

A Clean Cellar makes a clean house



Panel off a Dustproof Fuel Bin and Furnace Room with BEAVER BOARD

YOU can't prevent coal or coke from being dusty or a furnace from giving off dust-laden fumes, but you can control this unavoidable dust from coming upstairs to soil drapes and furnishings. Just a few panels of Beaver Board will partition off the fuel bin and build a furnace room—quickly, easily, inexpensively. You can partition off a laundry and workroom in the cellar, too. Ask any carpenter for an estimate.

Beaver Board Keeps house cool in summer, warm in winter. Used to finish basement ceilings, it protects hardwood floors—eliminates shrinkage and buckling. Five-ply laminated construction.

Beaver Insulating Board For most satisfactory results in repairing and remodelling, use only genuine Beaver Board. Four-ply, laminated construction keeps Beaver Board permanently flat. Look for red Beaver trademark.

MADE IN CANADA
BEAVER BOARD **BEAVER INSULATING BOARD**
BEAVER BESTWALL—The Superior Plaster Wall Board
Send for interesting booklet showing many ways to improve the home.

WHEN YOU BAKE USE **MONARCH BAKING POWDER AND WHITE STAR YEAST**

E. R. BROW
146 Richmond St., Charlottetown
Fire, Life, Accident, Sickness and Plate Glass Insurance at Lowest Rate.
Good Strong Stock Companies
Agent at Summerside, Lloyd Lewis

Retains its original charm—
SUNWORTHY WALLPAPER
Its Beauty lasts

Bring Sunshine Into Your Home With Our New Wallpapers

Our new Staunton line of Sunworthy Wallpaper will give your living room or any other room a distinctive and modish character.

You will be certain of lasting pleasure from the Sunworthy Wallpapers which we are showing in all the newest styles. Their colors withstand sunlight and their beauty lasts.

We are again featuring the popular 22 and 30 inches widths, and our low prices will interest you.

All semi-trimmed and ready to put up. We invite you to pay us a call at your earliest convenience.

CARTER & CO., Limited
Phone 70 for our large sample book

Dr. Dan Nicholson Speaks On "Blood"

POPULAR LECTURE SERIES ADDRESS

The following from the Winnipeg Free Press Bulletin will be of interest here as Dr. Nicholson referred to is assistant Professor of Pathology in the University of Manitoba and a son of Mr. Murdoch N. Nicholson, of Commercial Cross, P. E. I. Dr. Nicholson attended the Canadian Medical Association meeting in Charlottetown and delivered an illustrated address on asthma in the P. W. C. hall where he was a student seventeen years previously.

In a clear, unadorned fashion Dr. D. Nicholson set forth a few facts about the blood and the changes it undergoes in certain diseases, on Friday evening, at the University Building, Kennedy St. He referred briefly to some interesting misconceptions entertained by the ancients about the heart, and circulation of the blood, and touched on the conclusions arrived at by modern experiment. The cells make up about one-half the total bulk of the blood, and this fact can be demonstrated by the centrifuge method. The number of cells present in any definite area can be computed by a microscopic count, using diluted blood.

There are three main types of cells in the blood, the red cells, white cells, and the blood platelets. There are 1,000 red cells for every white cell, and the platelets which are very tiny are also much fewer in number than the red cells. The bone marrow is really an enormous hatching plant in which blood cells grow in tiny nests and when full-grown they launch into the blood stream. The healthy adult has a great reserve of inactive bone marrow which may spring into activity in 24 hours if need be. The heads of the long bones and the flat bones supply sufficient blood cells for the ordinary demand of the body, but in case of great need, as after a hemorrhage or in illness, the bone marrow in the extremities which is ordinarily fatty turns into an active blood-forming organ.

In heart disease, where there is a slowing of the rate of blood flow, the remarkable compensating power of the body is shown by a material increase in the red cells, to make up for tardy circulation. The function of the red blood cells is mainly one of transporting oxygen from the lungs all over the body and this is done by a substance in the cell, the haemoglobin, which is capable of combining with oxygen or giving it up readily. The chief disease of the blood is anaemia, and this may be due to lack of correct nourishment to the bone marrow, poisonous substances, or loss of blood, as in large or frequent hemorrhage. As a result there is diminution in the number of cells or their haemoglobin content. To correct the condition it is necessary to attack the causes. Transfusion may be necessary to begin with in some cases, and then the general

method of giving proper nutriment may be practised. Liver diet and iron are very valuable here. The average life of a red cell is 28 days. The white blood cells are concerned with the defense mechanism of the body. They swarm in large numbers to the site of bacterial invasion and actively ingest these foreign elements. They appear at the body surface as pus. Meanwhile immunological processes are going on in the body which finally lead to a conquest of the infection by antibody elements. In the disease called leukaemia, the white-cell-forming areas of the bone marrow develop an uncontrollable reproduction quite out of proportion with all need for such cells. Furthermore the cells are so immature that they can perform no useful function.

The blood platelets are thrown off from large cells in the bone marrow. When a platelet comes in contact with a rough or injured surface, it ruptures and little particles fly in all directions. Along the lines of these particles threads of fibrin form. These unite to form a network like a strong spider web to catch up the blood cells and so close the opening. It is only by this process that a fatal hemorrhage is avoided even following the slightest injury.

Says Water Best Purifier of Blood
Water is the best blood purifier there is and every person should drink at least six glasses daily, he advised.

The pale face is no longer regarded as a reliable sign of anaemia, because people who spend much of their time indoors are frequently quite pale, while their blood is usually normal, the speaker said. Among the expressions one frequently hears is that a person's blood is bad. The diagnosis of bad blood dates back to before Pasteur discovered the role that bacteria played in the cause of disease, and it was then thought that conditions such as boils and pimples were due to poisons in the blood coming to the surface. As a matter of fact, the speaker declared, the blood had very little to do with them.

GLENWOOD AND VICINITY
Mrs Webster Boulier of Glenwood leaves this morning for a trip to Boston, Mass. where she will be the guest of her brother, Dr John Boyle

The earliest litter of foxes reported in this vicinity, arrived Sunday last and is owned by Mr Amos Gorrill of Dunblane.

Mr Alfred Gannet of Alberton was to West Point on a business trip recently.

Mr Chester East of Dunblane left recently for Truro, N. S. where he has secured a situation.

Friends of Miss Nelly Hart who has recently been ill at her home in Dunblane are glad that she is now somewhat improved in health.

Mrs Wellington McWilliams who is receiving treatment for a fractured hip at the Prince County Hospital is reported to be doing as well as could be expected under the circumstances.

Miss Sophie Clemens, R. N. of Hebron is now in attendance upon Mrs Angus McLean of Milo. The friends of the latter regret that she is not making satisfactory progress in recovering from her long illness.

The recent mild weather has played havoc with the roads which is unfortunate as many farmers are engaged in hauling home their supply of fertilizer from O'Leary. A large quantity of potatoes has been hauled from this section during the past few months. A part of these have been sold and the balance are being stored at the potato house for later sales.—O.

SOCIAL GATHERING—An enjoyable evening was spent in the hall at Springfield on March 11th, when the women's Institute of that place entertained the West Point and Dunblane Institutes. After Mrs (Rev) W. S Loring who presided in a capable and pleasing manner had welcomed the visitors, the creed was repeated in unison. This was followed by a splendid program after which a dainty repast was served. A sing-song which included several old-time favorites was then led by Mrs D. A McPherson. Instrumental music by Messrs Neil Boulier, Burton Boates and Wilbur McQuarrie were much appreciated parts of the entertainment. Mrs Amos Gorrill, on behalf of the Dunblane Women's Institute of which she is president thanked the Springfield Institute for their hospitality.

COFFEE a la "WEAR-EVER"

Now . . . a good Electric Percolator . . . in genuine "Wear-Ever" . . . to give you delicious "piping hot" coffee right at the breakfast table . . . good looking and smart . . . sensible and serviceable. Go and get one today at your "Wear-Ever" dealer's.

ALUMINIUM (VI) LIMITED
TORONTO & MONTREAL

"Wear-Ever"

Aluminum Kitchen Utensils

As the president of West Point Institute was unavoidably absent, the thanks of this branch was tendered by Mr Burton Boates. After three cheers and a tiger for Springfield Institute followed by singing "For They are Jolly Good Fellows", all departed for their homes feeling that such pleasurable social intercourse between the Institutes cannot fail to be productive of harmony and and good-will. Following is the program.

Opening Chorus—Dunblane and West Point Institutes. Solo—Miss Jennie McPherson. Reading—Mrs Neil Boulier. Solo—Mrs D. A. McPherson. Instrumental Music—Mr Neil Boulier and Mrs D. A. McPherson. Reading Mrs Wm. A. Gilcash. Solo—Mr Burton Boates, accompanist—Mrs Boates. Reading—Miss Verma Frizzel. Dialogue—Taking the Census—Miss Verma Frizzel and Ivan Buchanan. Duet—Mrs Amos Gorrill and Miss Glen Boulier. Reading—Mrs R. L. England. Chorus—Springfield Institute.—O.

INSTITUTE MEETS—The monthly meeting of Dunblane Institute was held on March 7th at the home of Mrs George East. The president, Mrs Amos Gorrill,

occupied the chair and ten members responded to roll-call by telling their pet superstition. Fifteen visitors were also present. Meeting opened with creed and ode followed by reading of minutes of last meeting. The sick committee, Mrs D. A. McPherson and Mrs Ralph Melisac then reported that they had visited two sick members of the community and taken them fruit and grape juice. The school committee, Mrs Neil Boulier and Mrs Wm. A. Gilcash, reported that they had visited the school and found that the drinking fountain and sign-board recently provided were satisfactory and that a new teacher's desk and book-shelf were required. Some discussion followed after which new committees were appointed as follows:—School Committee:—Misses Jennie McPherson and Margaret McDonald. Sick Committee:—Mrs Amos Gorrill, Mrs Geo. Easter. The next meeting is to be held at the home of Mrs D. A. McPherson, roll-call to be answered with "My Favorite Author." Receipts \$2.45.—O.

Mr L. Gamble, formerly of Bradshaw, P. E. I., has returned to

the Island for a visit. Mr Gamble has for several years been connected with the creamery business and has attained great success in this line. He recently spent a few days in O'Leary and vicinity.—O.

FUNERAL NOTICE—The body of Emma Rogerson, the five year old daughter of Mr and Mrs George Rogerson of Charlottetown was recently interred in Knutsford Cemetery. Mrs Rogerson is a daughter of Mr John Bernard and the couple once lived in O'Leary.—O.

Paris' latest is "python-skin" pajamas.

Czechoslovakia now has only 50,000 unemployed.

French cattle are being imported into Belgium for fattening.

Raising of funds for dole payment is one of Germany's biggest problems

American visitors are reported to have spent \$75,000,000 for entertainment and service in England last year.

Banks of Italy have been lending strong support to the nation's agriculture.



"PEERLESS" Brand Fox Netting

Foxes are valuable, and in order to insure their proper protection you should have the best therefore you should have "PEERLESS," the best English Fox Netting on the market.

Heavily galvanized before and after being woven, it will not rust. If any roll does not open up to your satisfaction, RETURN THE ROLL, we will gladly replace it or refund your money. We also carry a complete li of Fox Pans, Staples, Lacin Wire, Nails, Hinges, Fox Tongs, etc.

The Rogers Hardware Company Limited

C. M. Lampson & Co. LIMITED.
64 Queen Street
London, E. C. 4, England
Public Auction Sales OF RAW FURS
Shipping bags will be furnished without charge by applying to R. T. Holman, Ltd., Summerside, P. E. I.
represented by **Alfred Fraser, Inc.**
212 Fifth Avenue
New York, N. Y.



Why "IMPERIAL" Hold First Place?

- ECONOMY**—At one cent per meal, "Imperials" cost considerably less and give much better results than feeding a restricted meat diet.
 - A BALANCED RATION**—Imperial Cod Oil Fox Biscuits are required to balance the fox's ration at this season.
 - VITAMINES**—Contained in larger quantities in Cod Liver Oil than any known food.
 - HEALTH**—"Imperials" produce a laxative condition of the bowels, ensuring perfect digestion.
 - ENERGY FOODS**—Are only supplied by carbohydrates. Dietitians recommend the fox's diet to consist of from 33 to 50% cooked cereals, containing cod liver oil, during the gestation period.
- For sale by leading distributors or direct from the factory.
- Check up your stock today and make sure of having a liberal supply of "Imperials" always on hand. They ensure success.

Imperial Biscuit Co. Ltd.
Phone 721. Box 446
Charlottetown, P. E. I.