Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

Lesson in English

By W. B. Gordon

WORDS OFTEN MISUSED: Do not say, "The boy with the overcoat is him." Say "is he."

OFTEN MISPRONOUNCED: Alfonso or Alphonso. Pronounce last syllable "so," not "zo," accent second syllable.

OFTEN MISSPELLED: laryngitis; note the yn.

SYNONYMS: ability, capability, efficiency, strength, energy, aptitude.

WORD STUDY: "Use a word three times and it is yours." Let us increase our vocabulary by mastering one word each day. Today's word: IMPRACTICABLE; not capable of being put into practice, or done. "His suggestion was scorned as an impracticable theory."

Etiquette

By Roberta Lee

Q. Does it show good form for a girl to announce her own engagement?

A. No, except, of course, to her family and close friends.

Q. Are scrolls and ornate trimmings in good taste on engraved invitations?

A. No, they are always in bad taste.

Q. What is the usual table decoration for a formal dinner?

A. A set center-piece with candles in individual holders or candelabra.

A Fashion Hint

A SMART FLARE

The flaring skirt with dipping sides as in Style No. 466 interpreted in capucine blue silk crepe, gives a very slenderizing effect stitched to a hip yolk pointed at front. The blouse has comfortable Vionnet neckline with a vest of lace which also makes the jabot frill. Sleeves are fitted with darts below the elbows. Style No. 466 can be had in sizes 16, 18, 20 years, 36, 38, 40, 42, 44 and 46 inches bust. Navy blue silk crepe with tiny white polka-dots with vest and jabot frill of plain blue crepe is lovely for all-around wear. Green in smart foliage shade in sheer crepe, is stunning for afternoons, with best and jabot frill

with the edges picoted of self-fabric. It is made with 3½ yards of 40-inch material with ⅞ yard of 36-inch contrasting as sketched. Printed voile, printed cotton foulard, and flowered chiffon are ideal selections. Pattern price 15 cents in stamps or coin (coin is preferred.) Wrap coin carefully.

We suggest that when you send for this pattern, you enclose 10 cents additional for a copy of our Spring sembles, and cute designs for the Fashion Magazine. It's just filled with delightful styles, including smart enkiddies.

Happenings of the Week

The ice breaks on the river, and the sun
Shines through the lingering cold with waxing heat,
While yesterday the last, faint flurry of sleet
Told us in very truth winter was done.
Outside the window, bell-like trills a run
Of bird-notes saying April will be sweet;
The earth is stirring underneath our feet
And a strange softness in the air is spun.

There is a tingling promise in the veins
Of garden plants that sense the warming rains
And feel the flush of recrudescent powers.
The still world turns its thoughts away from death
And men await, as with a half-held breath,
Another borning of the jeweled flowers.

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Princess Mary, Viscountess Lascelles, opened the new buildings at the Children's Hospital, Bradford on April 4.

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The Prince of Wales will open the Northeast Coast Exhibition at Newcastle on May 14.

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Mrs. Norman W. Lowther was hostess at one of the prettiest bridge parties of the season on Thursday evening, at her home, 26 Brighton Road, six tables being played. The color scheme was artistically carried out in blue and yellow, each detail being carefully thought out to make the event enjoyable to those invited. Mrs. Lowther entertained at a similar happy event last evening.

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The Prince of Wales' opportunities for dancing have, of late, been few and far between, but London notes that he made up for lost time, however, when he visited a fashionable dance and supper club recently when, with Lady Victor Paget as his partner, he spent the greater part of the time on the dance floor.

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Mrs. H. A. Richardson and her daughter, Mrs. Joseph De Pencier of Toronto who have many friends here left on Friday by the Montrose to spend six weeks in England and on the continent.

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The many friends of Mrs. Wm. L. McEachern, Mermaid, will be glad to know that she is convalescing nicely after an operation for appendicitis in the P. E. Island Hospital.

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Political concerts, consisting of popular songs, with electioneering speeches, have proved so popular in Liverpool, England, that people are being turned away.

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Mr. and Mrs. Nelson Rattenbury have returned from a visit to Montreal, where Mr. Rattenbury was attending a meeting of the C. N. R. directorate.

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Miss Mona Saunders, daughter of the Premier of Prince Edward Island, is spending a week in Ottawa. She is the guest of Senator and Mrs. Creelman MacArthur.

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Rev. and Mrs. J. S. Bonnell, who have been visiting in Providence, R. I., and Boston for the last ten days, have returned to Saint John.

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The Tuesday evening Bridge Club was entertained this week at the lovely home of Mrs. H.H. Horne on Elm Avenue.

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Mrs. G. W. Bell, of Summerside, left on Tuesday morning for New York to visit her daughter, Mrs. Beverly Owen, of Regina, Sask., who is at present in New York. It will be recalled that she recently suffered the loss of her only little daughter, who passed away in a sanatorium in Regina last week.

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The Firemen's dance on Wednesday was another public social event of the week which is being pleasantly discussed by those who attended.

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Rumor has it that wedding bells are to ring merrily in Charlottetown during the early summer months.

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It is with deep regret that farewells are being said to Mr. James O'Donnell who is leaving shortly to take up his permanent residence in Montreal where he is connected with the well known firm of Greenshields Ltd.

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It is now possible to buy liquid nail-polish put up in the usual bottles, but colorless. With the bottle is a small tube of deep rose which can be added drop by drop to the liquid until just the right shade is obtained.

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Mrs. A. McCannell and Miss Maud McCannell of the C. N. R. offices, who have been visiting Mr. and Mrs. L Ripley of St. Peters, C. B., have returned home. Mrs. Ripley's many friends will be glad to learn that she has completely recovered from her recent severe illness.

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Mrs. J. T. Lantz, who has been on an extended visit to Buenos Aires, sailed on Thursday for her home accompanied by her nephew, Mr. Jas. Murchison.

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Hon. John A. MacDonald, M. P., for Kings celebrated his 53rd birthday on Friday last.

The illness of Mr. F. J. Nash is deeply regretted and everyone hopes for his early recovery to renewed health.

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Miss Dora Denny entertained a number of her young friends at her home in Summerside to a charming party on Friday evening. There were about sixteen young people present and a very enjoyable evening was spent in games and dancing. A delicious lunch was served at the close of the evening.

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Miss Ina Gillan, R. N. was the recipient of a very pretty gift and address on Thursday evening on the occasion of the closing of the Home Nursing class which she has been conducting in connection with the Red Cross work here, for the past several weeks.

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Miss Charlotte Whitton of Ottawa, who has visited here in connection with her work is leaving in May for Victoria, B. C., in connection with her work on the Canadian Council of Child Welfare, and will also attend the annual meeting of the Imperial Order of the Daughters of the Empire.

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Lady Patricia Ramsay has returned to London from Gibraltar, where she has been painting pictures for the exhibition which she will hold next month.

Continued on Page 15

Feeling Tired And Depressed?

Then Try the Treatment With Dr. Williams' Pink Pills

It is good to be tired after hard work or play. Rest and food will banish that kind of a tired feeling. But to be weak all the time, never to feel strong and vigorous, to be breathless at the least exertion, denotes a condition of ill health that must be corrected or worse results will follow. Such a condition the doctors term anaemic, and is caused by thin blood. For relief in this condition nothing else can equal Dr. Williams' Pink Pills, which enrich and purify the blood, bringing new health and strength. Among those who have found new health through the use of these pills is Mr. G. E. Hooton, R. R. 4, Elgin, Ont., who says:—"For a long time I was greatly disturbed with pains in my back and felt tired and depressed most of the time. My blood seemed to be in a bad condition, so much so, that I slept poorly and scarcely felt like eating. I tried a doctor, but his treatment did not help. Then one day I read an advertisement of Dr. Williams' Pink Pills, describing a case much like my own and I decided to try this remedy. I took the pills for about two months, and the result was wonderful. I gained fifteen pounds in weight and felt like a new man. I know of nothing that will build up the strength like Dr. Williams' Pink Pills and I have since recommended them to many of my friends."

Dr. Williams' Pink Pills are sold by all dealers in medicine, or direct from the Dr. Williams' Medicine Co., Brockville, Ont., at 50 cents a box. Write to-day for a copy of the free booklet, "Building Up the Blood."

Dorothy Dix Letter Box

Should Children be Spared the Burden of Housework?—Can a Wife Win Back Her Bachelor-Minded Husband — The Kind of Girl That Modern Men Like

Dear Miss Dix—I am a poor woman with a large family, and as we can't afford to keep any help I do all of the housework. I overwork, and the doctor says that I must not do so much. Now I have a daughter just entering her teens, but I do not want her to have the hard life that I have had, so I don't make her do any of the chores. The hardships of life come soon enough and I want her to spend her youth in play and pleasure, not in working. What is your idea?

MOTHER.

Answer:

I think you are wrong, and that it will be better for you, and far better for the girl herself, if you will let her help you with your work.

Your spirit of self-sacrifice is beautiful, but it is unwise and like most sacrifices, it will be a boomerang that will return to annihilate you. For if you slave and let your daughter idle; if you do without everything to give to her, you will not only make her selfish, you will teach her to put you below herself and despise you.

Believe me, it is not the mothers who work themselves to death for their children and who sacrifice everything for their children whom their children admire and reverence and appreciate. On the contrary, the adored mothers are those who put themselves up on a pedestal and make their children serve them.

I have known many mothers who have gone shabby in order to dress their daughters like the Queen of Sheba, and the only result was that the girls were ashamed of mama. I have known mothers to work themselves into nervous prostration cooking and scrubbing and dishwashing so that their daughters might keep their hands beautifully manicured, and the girls ordered mama around like a servant and complained of the way she did up their silk lingerie and because she always smelled of the cooking.

So, if you want to ruin your daughter and teach her to have contempt for you, go on doing all of the work while she loafs, but if you want her to love you and sympathize with you and understand you, teach her that she must help mother and save mother.

That won't curtail the pleasures of her youth. It will add to them. She will enjoy helping because it will make her feel important and grown up and of use in the world. And that is about the most satisfying feeling that any of us ever get. Besides this, it is a curious law of nature that the more we do for people the more we love them.

I think that parents always make a great mistake in not making partners of their children and in not making them feel that they are real factors in the happiness and success of the family, and that just as they are entitled to share in the good fortunes they should share in the bad.

People are always trying to keep things from children, especially when there is financial misfortune. I think this is wrong, and that if father and mother would talk it over with the children and explain why they couldn't have a car or go to a summer camp or have a new frock or gratify some other desire, it would take the sting out of the children's disappointment at being denied their heart's desire and they would acquiesce cheerfully in the sacrifices that father and mother were making.

I think from the time children are little tots they should each have their family responsibilities, the little jobs that they are capable of doing and that they should be held responsible for doing. This would not only teach them habits of efficiency, industry and reliability, but it would breed into them a sense of family loyalty. It would make them feel that they had a duty to the family and must do their part toward making it a success. I would have children brought up to feel that they must help beautify the home, they must help keep it orderly and clean and that they must help make it happy and cheerful.

There is no need for a mother with a houseful of children to work herself to death unless she is a poor manager and a worse disciplinarian. Even very small children can be taught to wait upon themselves and to do little chores about the house, and children like to be usefully employed just as much as grown people do. I often visit in a home where there are three boys in their early teens who can cook and serve a beautiful meal. And why shouldn't they? Are not the best cooks and waiters men? And these boys adore their mother and are proud as punch that she can sit up and entertain company while they get the dinner.

So, poor, tired mother, divide your burden among your children. The load that many shoulders bear is light for all.

DOROTHY DIX.

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Dear Miss Dix—What is the matter with the men to today? I have been married just three years and my husband came home one night and told me that he was tired of matrimony and wanted his freedom. He said I had been an ideal wife, but he just didn't want to be married. He left, and is now living in an apartment with two other men who work in his office, and he has a roadster and plays golf. But the queer part is that when he has anything to talk about he calls me up on the phone and we have dinner together, and he tells me about his investments, his troubles, his joys, etc. He never mentions divorce, neither does he mention going together. I never cross him, just advise him as I did when we were lovers.

When we parted, he volunteered to pay me $25 a week, what he claims I will make in an office, and there was nothing to do but to accept it. Do you think I am to easy and that if I told him he couldn't come back if he would want to come back.

SUE.

Answer:

I doubt it. Evidently he has no strong affection for you. He only likes you as a friend and admires you as a woman, and he likes to have some womanto go to with whom he can talk over his personal affairs with a freedom he couldn't display with another man, but that is all. You don't inspire any feeling in his breast that makes him want to have you for his own.

There are a lot of men who are celibate by nature and who make a great mistake when they marry. To them a home is always a prison and a wife a jailer. They are always straining at their bonds, no matter how silken they are, and they are never happy until they break them. They chafe at the responsibilities of matrimony. Domesticity gets upon their nerves and the pity of it is that they don't realize this before they ruin some woman's life by marrying her.

Unfortunately the part-time husband is becoming very numerous and the only remedy for the situation is for their wives either to put up with them or else divorce them and marry some man who will not hear the call of the wild, but whom they can domesticate and teach to eat out of their hands.

DOROTHY DIX.

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Dear Miss Dix—Does the young man of today prefer the indifferent unsympathetic girl, or the sweet, sympathizing Jane who is always ready to offer her shoulder for Johnny to weep on?

PUZZLED.

Answer:

I don't think men ever like the girl who high-hats them. They like a girl who shows that she appreciates and admires them and one who is always ready to lend them an ear when they want to discourse about themselves.

Especially is this true of the spoiled young men of today. Dear Lady Lisdain would never get a date if she pursued her tactics of snubbing the modern sheik.

DOROTHY DIX.

Household Hints

By Roberta Lee

Storing Linen

Wrap linen in blue paper when storing it and it will not turn yellow. Or use a piece of cloth that has been dipped in very strong bluing water. Still another suggestion is to paint the walls of the box or closet with blue enamel.

Cakes

If a dish of water is placed in the oven when the cake is baking, there will be no scorching.

Hard Lemons

Lemons which have become hardened from long standing can be freshened by covering them for a few moments with boiling water.

Health Services of Canadian Medical Association

INDIGESTION

Indigestion is a term that is very frequently used and yet, it has but little meaning in so far as describing what is really the trouble or complaint. It is very much like stating that one has a pain. Just there as are many conditions of the body which cause pain, similarly, there are a large group of abnormal conditions which give rise to that condition or symptom which is called indigestion or dyspepsia.

It may be that after some years of over-eating, irregular eating, failure to eat the right kinds of foods, or because of worry or over-work, or on account of some condition such as decayed teeth, the body begins to falter in performing its regular, normal functions. One of the first evidences of this failure is an upset or disturbance of the digestive system. Usually, there is some headache, a feeling of lassitude, constipation, irregular or constant pain in the abdomen and, frequently, pain in the back under the right shoulder.

At this stage, one of two things may happen. The first is an attempt at self-treatment, buying and using some remedy which promises relief. This is a serious mistake. The other choice is to consult a physician. It is plain that the only proper way to treat a person complaining of indigestion is to find the cause of the condition and remove it. Treatment of the stomach itself may give relief from the symptoms, but uless the cause of the trouble is removed, the condition will persist and likely become worse.

In all cases, it is much better to prevent than to attempt to cure. To prevent indigestion, the right kinds of foods should be eaten slowly in proper amounts, meals should be served on clean plates, in an attractive way, under pleasant conditions. Regular toilet habits should be cultivated.

If any abnormal condition is present, such as diseased teeth, it should be attended to. If this is done, it will save pain, worry and expense. The person who neglects to take care of himself may get along for years without trouble, but trouble will come and he will suffer for his negligence.

Questions, concerning Health, addressed to the Canadian Medical Association, 184 College St., Toronto, will be answered personally by correspondence.

For The Cook

Boiled Dressing

A nice solution for those who do not care for mayonnaise dressing. One tablespoon butter, 1 tablespoon flour, 1 cup milk, 1 egg yolk, 4 tablespoons vinegar, 1 teaspoon each of salt and mustard, ½ teaspoon sugar, ¼ teaspoon red pepper. Melt butter, add flour and when mixed, add milk slowly, stirring constantly. When the mixture boils, add beaten egg yolk and cook for 2 minutes. Add seasonings after removing from fire. Mix thoroughly, cool, and put in a covered jar. Keep in the refrigerator until ready for use. It will keep at least a week.

Baby's Own Tablets Win Great Praise

Many Mothers Always Keep Them in the House.

Thousands of mothers state that they know of no other medicine for little ones to equal Baby's Own Tablets—that they always keep the Tablets in the home as a preventive of childhood ailments, or if sickness does suddenly grip their little ones, they feel safe with such a remedy at hand.

Concerning the use of the Tablets Mrs. Donat Plourde, Tingwick, Que., writes:—"I have nothing but praise for Baby's Own Tablets. They are the only medicine I have ever given my two little ones and I am glad to state that the Tablets have always kept them in perfect health. I feel so safe with the Tablets that I always keep a box in the house."

Baby's Own Tablets are a mild but thorough laxative. They regulate the bowels, sweeten the stomach and thus banish constipation and indigestion; break up colds and simple fever and make the cutting of teeth painless. The Tablets are absolutely safe, being guaranteed free from all injurious drugs. They are sold by all medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Borckville, Ont.

Marble Baths For Us All

Some of you women may long for pearls and silks—I don't know. But I don't believe as many of us as men may think. If anyone were to walk up and ask me what I want more than anything else I should say, "A nice tiled bath room all to myself," and if I were asked to stretch my imagination I should say, "One of those tiled bath rooms such as the artists are now drawing for the advertisements of highgrade plumbers."

Have faith, my sisters, we all shall have our marble tiled and plated bath rooms some day—and not so very many years to wait. Once upon a time—it was not very long ago—our ancestors bathed, if at all, in the creek which was also their shaving mirror. If they were very up-to-date their wives used sulphur matches—broken one at a time off the card—instead of flint and steel. The old ox-cart was the one cylinder Lizzie of that day to carry the joy-rider to town or to Church and if your face chapped on the journey there was mutton tallow to cure the trouble. Nothing lies ahead of us but more comfort. The old days are dead and since so many luxuries have had their use widened by advertising until they have become accepted necessities I do not despair at all about having a marble bath room of my own. When I speak of marble baths, I mean all things intended for human use, comfort and convenience.

A Morning Smile

MRS. CANDOR

Charwoman (who has been recounting her matrimonial troubles)—I reckon you spinster ladies as the best time, ma'am—once you've got over the disgrace of it!

FREE BABY BOOKS

Write The Borden Co., Limited, Dept B 43, 140 St. Paul Street W., Montreal for two Baby Welfare Books.

Daily Arguments

AUNT HET

BY ROBERT QUILLEN

"Women don't fool themselves no more than men do, except I ain't never seen one that didn't blame her fat on somethin' else besides eatin' too much."

POOR PA

BY CLAUDE CALLAN

"Ma thinks it's a joke when Betty's beau drops cake on the floor, but she always slaps our Junior for doin' it."

Cuticura Talcum Powder

For the Toilet and Nursery

A Talcum Powder worthy of bearing a name that has become famous all over the world for sustained quality and purity for fifty years. You will be delighted with its fragrant, medicated efficiency as a cooling, soothing addition to your toilet, and as a sanative, antiseptic, deodorizing protection to your skin.

An Ideal After-Shaving Powder.

Sold everywhere. Sample free on request.
Address Canadian Depot: J. T. Wait Company, Ltd., Montreal.
Cuticura Soap and Ointment 25c. each.

4 oz. can 25c.

REGAL FLOUR

You may depend on it always—as being by long odds, the best.